



Guidance for Healthcare Worker Colleagues in the North West as facilities and medicine supply returns to normal

For adults:

All patients must restart the ARV regimen they were on prior to the treatment interruption as soon as possible. These patients must have their Viral Load checked once they have been on their treatment again for **3 months**. If not virologically suppressed, manage according to national guidelines.

For training on 'Understanding the Viral Load and Management of the HIV+ Patient' contact Valencia on valencia@sahivsoc.org.

For paediatrics:

Where mothers and infants did not receive effective therapy OR you know or suspect that they are not suppressed they should get the PCR now and then follow the guideline. Where mothers were on continued effective therapy and you know they were suppressed, they can have their infants tested at the next opportunity, provided they have not passed the last timepoint in age, in which case they should also get an immediate test.

If this is too complex, the recommendation is for all to be tested.

Children on therapy who experienced an interruption should return to their previous regimen ASAP with VL 3-4 months later, similar to adults. New-borns should go back to a minimum of NVP until it is certain that their mothers are suppressed.

All patients must restart the ARV regimen they were on prior to the treatment interruption as soon as possible. These patients must have their Viral Load checked once they have been on their treatment again for **3-4 months**.

For any concerns and requests for information/advice, call the Right to Care Paediatric Helpline: **082 352 6642**.

SAHCS would like to urge healthcare workers to send a "Please Call Me", SMS, or Phone the SSP hotline on **084 855 7867** or Email: report@stockouts.org in order to report medicine shortages or facility closures.

Additional contact numbers:

National HIV & TB Health Care Worker Hotline: **0800 212 506** OR send an SMS or “Please Call Me” to **071 840 1572**

Vaccine Helpline **0860 160 160**

Medicine Information Centre (MIC) **021 406 6829**

The Southern African HIV Clinicians Society (SAHCS) **011 728 7365**

Advice compiled by the SAHCS Adult Treatment Guidelines Committee and the SAHCS Child and Adolescent Committee

