Southern African HIV Clinicians Society
3rd Biennial Conference
13 - 16 April 2016
Sandton Convention Centre
Johannesburg

Our Issues, Our Drugs, Our Patients

www.sahivsoc.org
www.sahivsoc2016.co.za
My Road to Advocacy For a Marginalised, Invisible Population

Paul Semugoma MD
STIGMA
### What is Stigma?

<table>
<thead>
<tr>
<th>What is AIDS stigma?</th>
<th>Managing AIDS stigma</th>
</tr>
</thead>
<tbody>
<tr>
<td>a mark that, in ancient times, was burned or cut into the flesh of an unsavoury character</td>
<td>'a deviation from the attributes considered normal and acceptable by society'</td>
</tr>
<tr>
<td>'an attribute that is deeply discrediting within a particular social interaction'</td>
<td>'spoiled social identity'</td>
</tr>
<tr>
<td></td>
<td>'a construction of deviation from some ideal or expectation'.</td>
</tr>
</tbody>
</table>
Layering of Stigma & Multiple Stigmas

- HIV
- Sex
- HIV (Migration/Migrant)
- Gender
- TB
- Internal
- Sexual Orientation
- Drugs
- Race
- Poverty

Semugoma, 2016
Elements of Stigma

**PRE-EXISTING STIGMA**
- Deviation from norm
- Inferiority
- Gender, race, sex, sexual orientation

**HIV-SPECIFIC STIGMA**
- Illness of Immorality
- Exaggerated danger
- Imminent death

**ENACTED STIGMA**
- Identification
- Distancing
- Restricting

Internalised Stigma

INTERNALIZATION OF CONTEXT
- Experiences of stigma and discrimination
- Acceptance of denigration
- Loss of control

SELF-PERCEPTION
- Shame
- Guilt
- Fear

PROTECTIVE ACTION
- Avoidance
- Isolation
- Subterfuge
Stigma & the HCW

• HCWs stigmatize (are also members of community)
• Inability to ‘see’ stigma.
• Not recognizing challenge of stigma.
• Politics-
• Doing Nothing.
• Supporting the Stigma
Biological Determinants; Sexual Transmission of HIV

- Anal Intercourse
- Vaginal Intercourse
- STI Prevalence
- HIV Prevalence
- Sexual Violence
- PrEP
- PEP
- Viral Load
- Stage of Infection
- Antiretroviral Therapy

Semugoma, 2016
Risk of HIV Acquisition and Transmission

HIV Epidemic Stage
Prevalent transmission of HIV in the population

Public Policy
Content and implementation of policies promote or decrease ability to decrease HIV risk

Community
Determines the access to safe and competent prevention, treatment, and care services
Can promote health and well-being or reinforce stigma and discrimination

Social and sexual networks

1) Group of people who are predisposed to risk based on sexual or parenteral exposures
2) Family and Social Networks can provide social support or reinforce protective social norms

Individual-Level
Biological or behavioral factors associated with acquisition or transmission risks

Level of Risks


Network
Community
Stage of Epidemic
Public Policy
Individual
STIGMA AFFECTS ALL LEVELS

Stigma Bursting is necessary at ALL LEVELS
The Patient that Changed My Life

HIV positive, Recently diagnosed

Gay, Previously Bi

Uganda
Overall, MSM are **19 times** as likely to be living with HIV.

Source: Beyrer, 2011

"Health Policy Project, 2016"
Overall, transgender women are 49 times as likely to be living with HIV.
Decision: **FIGHT!**

- stigma
- discrimination
On 2 May, Kihumuro Apuuli, Director General of the Uganda AIDS Commission, stated that, "gays are one of the drivers of HIV in Uganda, but because of meagre resources we cannot direct our programmes at them at this time."

Activists arrested during attempt to highlight Uganda's neglect of HIV prevention for men who have sex with men

GayUganda

HIV TREATMENT BULLETIN

Ugandan activists acquitted of trespass charges after objecting to exclusion of sexual minorities from the national HIV/AIDS programme


On 15th August 2008 at Buganda road court before a fully packed court room that included LGBT activists from Uganda, Rwanda, Kenya and around the world, the prosecution told court that the Director of Public Prosecution has dropped the charges of trespass against Pepe Juliana Onziema, Valentine Kalende and Usaam Mukwaya.
High Level Interventions

Modified Social Ecological Model
Risk of HIV Acquisition and Transmission

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Prevalent transmission of HIV in the population

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Stage of Epidemic
Public Policy
Community
Network
Individual

Generalised Pockets of Hyper-endemicity
Total PLWHA: >6m
New infections 2014: >400,000
Peaked
No. on ARVs: 3m

Figure 4: The HIV prevalence estimates trend among antenatal women, SA, 1990 to 2013. (Source: NDoH, 2014).
HIV in Female Sex Workers, South Africa

- 72% in one area
- 54% in another area
- 40% in a third area

Map data ©2016 AfriGIS (Pty) Ltd, Google
Key Populations HIV Prevalence. Crane Survey, Kampala 2015

- General Adult Population: 6.7%
- Sex Partners of Female Sex Workers: 18%
- Female Sex Workers: 33%
Deputy President Cyril Ramaphosa said on Friday it's concerning that, while the Department of Health supplies sex workers with condoms, it is not uncommon for the police to confiscate them.
09 March 2016

The Southern African HIV Clinicians Society states its support for the decriminalisation of sex work

The Southern African HIV Clinicians Society supports evidence-based law- and policy-making. We believe that South Africa will not reach our own, as well as international, HIV reduction and treatment targets or related public health goals if it does not decriminalise adult sex work.

The Society notes the ongoing vulnerability of sex workers to contracting HIV and developing AIDS within the present socio-legal environment in South Africa and the rest of Africa. Research has established that the HIV prevalence among female sex workers who work with long distance truck drivers along the N3 highway (the KPNS Study) is as high as 88.4%.¹ Similarly, the HIV prevalence among female sex workers in Cape Town, Durban and Johannesburg is between 40-70% (the SAHMS-FSW study)².
Bill No. 18  

Anti Homosexuality Bill  


MEMORANDUM.  

1.1. The principle  
The object of this Bill is to establish a comprehensive consolidated legislation to protect the traditional family by prohibiting (i) any form of sexual relations between persons of
Predicted

• Health Workers forced to Report patients
• Inability to have HIV programming for MSM
• Increased hiding, decreased access to care
• Dis-incentive for MSM to test for HIV

An Act to prohibit any form of sexual relations between persons of the same sex; prohibit the promotion or recognition of such relations and to provide for other related matters.

DATE OF ASSENT:

Date of Commencement:

BE IT ENACTED by Parliament as follows:
(Nairobi) – A diverse group of Ugandan individuals and nongovernmental organizations filed a constitutional challenge to the Anti-Homosexuality Act on March 11, 2014. President Yoweri Museveni signed the bill into law on February 24.

10 challenge anti-homosexuality law

Written by derrick kiyonga

The Constitutional court petition filed yesterday by 10 Ugandans is clear and to the point: “the anti-homosexuality law is “draconian” and “unconstitutional.”
The petitioners include Prof Joe Oloka Onyango, MP Fox Odoi-Oywelowo, Andrew Mujuni Mwenda, Prof Ogenga Latigo, Dr Paul Nsubuga Semugooma, Jacqueline Kasha Nabagesera, Julian Pepe Onzimena, Frank Mugisha and Human Rights Awareness & Promotion Forum. Attorney General Peter Nyombi is the only respondent.
The petitioners contend that the passing of the Anti-Homosexuality Act on December 20, 2013 by Parliament was done without quorum, an act which contravened Rule 23 of the parliamentary rules of procedure, articles 2(1) & (2), 88 and 94 (1) of the Constitution of Uganda.
No Discrimination in Health: MoH

Uganda says healthcare is for all despite anti-gay law

Dr Ruhakana Rugunda told the BBC that all people, gay or otherwise, should get full access to medical treatment

Uganda's health minister says homosexuals will not be discriminated against when accessing healthcare despite the introduction of a tough new anti-gay
Uganda Police Raid HIV/AIDS Clinic Accused Of "Training Youths In Gay Sex"

Armed with machine guns, batons and pepper spray, police in US & Uganda argue over ‘Gay Recruitment Centre’

10 April 2014

The US government dismissed claims that the American-funded HIV/AIDS clinic raided by Uganda police was "recruiting gay people. The Makerere University Walter Reed Project (MUWRP), a clinic and medical research facility in Kampala that provides LGBTI-friendly services, was raided by the authorities on 3 April.

Initially, police denied they had conducted the raid, telling AP that a man pretending to represent the police had threatened workers at the site and they were now looking for him. In a subsequent press statement, the Ugandan police confirmed they had indeed swooped on the clinic.

Uganda President Yoweri Museveni in February signed into law a bill that imposes harsh sentences on LGBT Ugandans. (Photo by the U.K. Department for International Development; courtesy Wikimedia Commons).
A Win!

Uganda court annuls anti-homosexuality law

Activists celebrated after the anti-gay law was thrown out, reports Andrew Harding

Uganda’s Constitutional Court has annulled tough anti-gay legislation signed into law in February.
Lower Level Intervention

Stigma Bursting at the Individual, Community Level
Levels of HIV Acquisition and Transmission Risks

HIV Epidemic Stage
Prevalent transmission of HIV in the population

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Individual Level
Biological or behavioral factors associated with acquisition or transmission risks

Level of Risks
Stage of Epidemic
Public Policy
Community
Network
Individual

Engagement in the HIV Care Continuum among MSM in Togo and Burkina Faso
The HCW on The Sea of Life
Role of HCW

• Awareness of Stigma
• Awareness of the layering and multiplicity of Stigma
• Awareness of ETHIC OF SERVICE TO ALL
• Awareness of multiple effects of stigma
• Leadership- At workplace, In Community
Our Stigma Bursting Role

- Information
- Education
- Challenging Discrimination when we see it.
- Looking out for the marginalised
  - MSM, Transgender, Sex Workers, PIDU, Others
- ‘Culture competent Care’
- Policy Influence
References

• Morrison, K. (2006). *Breaking the cycle: stigma discrimination internal stigma and HIV.*


Acknowledgments

• Anova Health Institute, Health4Men Project
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• Coalition for Human Rights and Law
• Southern African HIV Clinicians Society
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