



# Transcript

**SA HIV Clinicians Society Quarterly Newsletter**

**Editor: Chloe Hardy**

**September 2008**

Index:	Society contact details	P1	Society guidelines	P7
	Sponsored article	P1	Services available	P7
	Legal up-date: PEP for rape survivors	P2	Courses	P8
	Branch meeting dates	P3	Recommended reading	P9
	Nutrition focus group	P5	Internet discussion groups	P10
	CPD points	P6	ARV drug prices	P10
	Conferences	P6		

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**Pat & Jean Solan**, Database and Finance Managers: [patsolan@global.co.za](mailto:patsolan@global.co.za)

**Ramadaan Mubarak:** The Society wishes our Muslim members well during the month of Ramadaan.

**Rosh Hashanah:** The Society wishes our Jewish members all the best for a good year.

## Sponsored article by Adcock Ingram

Adcock Ingram has invested in and successfully developed a range of Antiretroviral (ARV) generic medicines, using South African expertise at its own WHO and MCC approved R&D site in Aeroton Today, Adcock Ingram proudly manufactures a range of 1st line adult and paediatric ARV products at its Wadeville factory. Adcock Ingram was granted MCC approval to sell three 1st line ARVs - Adco Nevirapine, Adco Lamivudine and Adco Zidovudine in February 2007. In August 2007, the paediatric products were launched. Adco Efavirenz followed in November 2007 – this was the first available Efavirenz generic in South Africa.

Adcock Ingram has been awarded a share of the Government Tender to provide Efavirenz to the public healthcare system. In terms of the results of the Tender, Adcock Ingram will provide the 600mg dosage of Efavirenz. This equates to R663million (VAT exclusive) in sales to the Government for the next 24 months.

Adcock Ingram is delighted to have been awarded a part of this Tender as this is the first submission that has been made by the company. Adcock Ingram's participation in providing essential ARV treatment to South Africans is an important milestone for the company. Not only are we proving that South Africa is able to develop and produce essential ARV medication, but we are also able to provide continuity of supply – this is essential for ARV treatments that may not be interrupted.

THIS EDITION OF TRANSCRIPT IS SPONSORED BY ADCOCK INGRAM

adco  hiv  
treatment Life wins

## Legal Update: Post-Exposure Prophylaxis for Rape Survivors

By Anneke Meerkotter, Director, Tshwaranang Legal Advocacy Centre

The *HIV & AIDS and STI National Strategic Plan 2007 – 2011* (NSP) emphasises the need for access to post-exposure prophylaxis (PEP) as part of a comprehensive package of services for rape survivors. In January 2005 the Department of Health released its *National Sexual Assault<sup>1</sup> Policy* and *National Management Guidelines for Sexual Assault Care*. One of the objectives of this policy was “to establish designated, specialized, accessible, 24 hour health care services for the holistic management of patients to improve health status after sexual assault.”<sup>2</sup>

The *National Sexual Assault Policy* sets out the relationship between health services and the SAPS. In line with the Policy, the *National 5 year Implementation Plan for the Service Charter for Victims of Crime 2007-2011* commits the South African Police Service to ensure that rape kits are properly managed and victims are transported to doctors and hospitals and back home. At some police stations, victim empowerment programmes are in place where volunteers assist rape survivors and take them to hospital. Many civil society organisations report that some police officers and health care professionals continue to treat rape survivors badly and fail to offer them the required support and services specified in the Policy.

The *Criminal Law (Sexual Offences) Amendment Act 32 of 2007* also entitles rape survivors to PEP at designated facilities. This chapter came into effect on 25 March 2008. The new Act (referred to as the Sexual Offences Act) now places a responsibility on a police official to whom a rape has been reported to inform a victim of the importance of obtaining PEP within 72 hours, the need to obtain medical advice regarding the possibility of other sexually transmitted infections and to provide him or her with a list of accessible public health establishments designated to provide free PEP (section 28). A victim is entitled to PEP from a public health facility if she lays a criminal charge with the police OR she reports the rape at a designated health facility. If a victim goes directly to a designated health facility and says that she has been raped, she does not have to prove that she was raped nor does she have to open a criminal case before she can access PEP. The Department of Health has not yet officially designated health facilities in terms of the Act.

The Sexual Offences Act's Regulations were published in the Government Gazette on 22 May 2008. In terms of the Regulations, “a medical practitioner or nurse to whom a sexual offence, where the victim may have been exposed to the risk of being infected with HIV as a result of that offence, is reported by a victim must complete the J88 form.” A medical practitioner or nurse to whom a rape is reported must also inform a victim where and how to obtain PEP and of her right to lay a criminal charge at the police station should she wish to do so.

The *Children's Act 38 of 2005* specifically states that consent to an HIV test may be given by a child if the child is 12 years or older or if the child is under the age of 12 but of sufficient maturity to understand the benefits, risks and social implications of such a test. The Act requires pre- and post test counselling by an appropriately trained person and entitles the child to confidentiality of his or her HIV results. The Act also specifically states

### NSP objectives on PEP

#### **Objective 2.9:**

Increase accessibility and availability of comprehensive sexual assault care including PEP and psychosocial support.

#### **Intervention:**

Increase the proportion of facilities offering the comprehensive package of sexual assault care in accordance with the *National Policy on Sexual Assault Care* of NDOH.

#### **Objective 19.2:**

Ensure implementation of existing laws and policies that protect women and children from gender-based violence.

#### **Intervention:**

Ensure that the National Sexual Assault Policy and Management Guidelines are implemented by health care workers in all districts.

#### **Objective 19.3:**

Address the needs of women in abusive relationships.

#### **Interventions:**

Distribute Guidelines on SAPS and their responsibilities in terms of the National Sexual Assault Policy.

Train SAPS on Guidelines

Train VCT and adherence counsellors to identify barriers that prevent women from accessing HIV prevention, treatment and care services.

<sup>1</sup> Reference to the term “sexual assault” in the NSP and Department of Health documents refer to all sexual offences including rape, whilst the term “sexual assault” in the *Criminal Law (Sexual Offences) Amendment Act* replaces and goes beyond the previous definition of indecent assault, and is different from rape which now refers to various forms of sexual penetration.

<sup>2</sup> The *National Sexual Assault Policy* identifies the following strategies to achieve this objective: 1. Provision of health care immediately after sexual assault; 2. Sexual Assault examination kits should be available at facilities that provide sexual assault services; 3. Providing proper treatment of injuries; 4. Ensuring safety and avoiding re-victimisation; 5. Preventing unwanted pregnancy; 6. Providing post-exposure prophylaxis for HIV; 7. Preventing and treating sexually transmitted infections; 8. Preventing and treating psychological distress; 9. Providing access to psychological/psychiatric care; 10. Medical certificates for sick leave; 11. On discharging the patient ensure that proper follow-up arrangements are in place; 12. Ensuring the integrity of the evidence chain; 13. Clinical management guidelines for health care professionals; 14. Provision of information to the patient; 15. Documentation of evidence; 16. Reporting of forensic evidence; 17. Giving evidence in court; 18. Accreditation of Providers of the service; 19. Provisions of support services for health providers to prevent vicarious trauma; 20. Services have to be supervised, monitored and evaluated on a regular basis; 21. Provision of adequate 24 hour facilities.

that no person may refuse to provide contraceptives to a child who is 12 years of age. These sections have been in operation since 1 July 2007.

#### Useful resources:

*List of public health establishments providing PEP*

[http://www.saps.gov.za/docs\\_pubs/legislation/sexual\\_offences/annexurea.pdf](http://www.saps.gov.za/docs_pubs/legislation/sexual_offences/annexurea.pdf)

*Criminal Law (Sexual Offences) Amendment Act*

<http://www.tlac.org.za/images/documents/sexual%20offences%20act%202007-32.pdf>

*Regulations of the Criminal Law (Sexual Offences) Amendment Act*

[http://www.tlac.org.za/images/documents/so\\_regulations\\_5\\_6.pdf](http://www.tlac.org.za/images/documents/so_regulations_5_6.pdf)

*National Sexual Assault Policy and Management Guidelines for Sexual Assault Care*

<http://www.tlac.org.za/content/view/200/81>

*HIV & AIDS and STI National Strategic Plan 2007 – 2011*

<http://www.info.gov.za/otherdocs/2007/aidsplan2007/index.html>

## Branch Meeting Dates July – December 2008

**IMPORTANT NOTICE: Johannesburg September branch meeting:** When we booked our meeting dates last year, we were informed by the venue that several Thursdays were already booked by other clients, and we therefore agreed to hold a few of our meetings on the last Tuesday of the month instead. One of these dates is **Tuesday 30 September**. As the calendar of religious holidays was not available at the time of making the booking, we were unaware that this is the date of **Rosh Hashanah** (Jewish New Year) in 2008. We have subsequently made every attempt to find an alternative date for the meeting, but the venue is now fully booked for the year, and we have been unable to change this date. We would like to express our sincerest apologies to our Jewish members who will not be able to attend the meeting as a result. We will do our best to ensure that such a mistake does not occur again.

### EASTERN CAPE

#### East London:

**Dates 2008:** To be confirmed. **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood, East London.

**Time:** 19:00. **More information:** Denise Lloyd: tel: (043) 743 4313, cell: 082 787 0755 or e-mail: [lloyd@ampath.co.za](mailto:lloyd@ampath.co.za)

#### Mthatha:

**Dates 2008:** 13 September, 22 November. **Venues:** various. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: [lunqisa@iafrica.com](mailto:lunqisa@iafrica.com)

#### Port Elizabeth:

**Dates 2008:** 23 October, 12 November. **Venue:** To be confirmed. **Time:** 19:00 for 19:30. **More information:** Dr Kas Kasongo: tel: (041) 451 4423 or e-mail: [kasongo@pathcare.co.za](mailto:kasongo@pathcare.co.za)

### FREE STATE

#### Bloemfontein:

**Dates 2008:** To be confirmed. **Venue:** Prosperitas Auditorium, Central University of Technology. **Time:** 18:00 for 18:30. **More information:** Prof Derick Veldman tel: (051) 507 3266 or e-mail: [dveldman@cut.ac.za](mailto:dveldman@cut.ac.za)

### GAUTENG

#### East Rand / Benoni

**Dates 2008:** To be confirmed. **More information:** Dr Nana or Dr Sarang: tel: (011) 421 1589, cell: 084 981 7101 or e-mail: [blinds@iafrica.com](mailto:blinds@iafrica.com)

#### Johannesburg:

**Dates 2008:** 30 September, 30 October, 27 November **Time:** Finger supper: 19:00 and meeting: 19:30. **Venue:** Pharmaceutical Society of SA, 52 Glenhove Rd, Houghton, JHB. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: [hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)

**Pretoria:**

**Dates 2008:** 4 September, 2 October, 6 November. **Times:** Light meal: 18:30 and talk: 19:15. **Venue:** Muelmed Hospital, Boardroom, Pretorius St, between Hamilton and Leyds Streets. **More information:** Dr Mariette Botes: [mariette@hivpractice.co.za](mailto:mariette@hivpractice.co.za); Dr Lynne Webber: [webber@lancet.co.za](mailto:webber@lancet.co.za); or Elizabeth Malela cell: 082 631 1588.

**KWAZULU NATAL****Durban:**

**Dates 2008:** 17 September, 15 October, 19 November. **Venue:** Susser and Stein Seminar room, Nelson R Mandela School of Medicine. **More information:** Dr Nombulelo Magula: tel: 031 260 4231 or e-mail: [magulan@ukzn.ac.za](mailto:magulan@ukzn.ac.za) or Dr. Nokukhanya Mdlalose at [khanyi@uovlwethu.co.za](mailto:khanyi@uovlwethu.co.za)

**Pietermaritzburg:**

**Dates 2008:** 9 September, 11 November. **Venue:** Grey's Hospital Lecture Theatre, first floor. **Time:** 18:30 for 19:00. **More information:** Ms Matanja Naomi Coetzee 033-3954146 or e-mail: [doug.wilson2@kznhealth.gov.za](mailto:doug.wilson2@kznhealth.gov.za)

**LIMPOPO****Thohoyandou**

**New branch launching soon: watch this space for details.**

**MPUMALANGA**

*Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.*

**NORTHERN CAPE**

**Dates 2008:** To be confirmed. **Venue:** To be confirmed. **More information:** Tsietsi Shushu: tel: (053) 343 0011; cell: 083 993 6976.

**NORTH WEST PROVINCE****KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):**

**Dates 2008:** 11 September, 20 November. **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075 or e-mail: [tnielson@auruminstitute.org](mailto:tnielson@auruminstitute.org)

**Lichtenburg:**

**Dates 2008:** 2 October. **Time:** 18:30 **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg (Venue website: <http://www.scottsmenor.com/>). **More information:** Dr John Musonda: tel: (018) 632 3041, cell: 078 360 9595 or e-mail: [jmusonda@nwpg.gov.za](mailto:jmusonda@nwpg.gov.za)

**Mafikeng:**

**Branch launch:** 4 September. **Time:** 18h30 – 21h00 **Venue:** Protea Hotel Mafikeng. **More information:** Dr Ntebo Mogashoa: cell: 082 7358167 or e-mail: [nmogashoa@rhru.co.za](mailto:nmogashoa@rhru.co.za)

**WESTERN CAPE****Cape Town:**

**Dates 2008:** 26 August, 30 September, 28 October, 5 November. **Time:** snacks: 17:45 and meeting: 18:15. **Venue:** Main Lecture Hall, Institute of Infectious Diseases and Molecular Medicine, UCT. **More information:** Glenda: tel: (021) 671 7551 or e-mail: [glenda.hardy@hivaidclinic.com](mailto:glenda.hardy@hivaidclinic.com)

**Paarl:**

**Branch launch:** 11 September. **Time:** 18:30 **Venue:** Nelson's Creek Estate. **More information:** Dr Dirk Hagemester: cell: 072 942 6218 or e-mail: [dirk@dr-hagemester.de](mailto:dirk@dr-hagemester.de)

**BOTSWANA****Gaborone (Southern Branch):**

**Dates 2008:** Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:** Dr. Victoria Nakimbugwe: e-mail: [sahivcs@gmail.com](mailto:sahivcs@gmail.com)

**Francistown (Northern Branch):**

**Dates 2008:** Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00. **More information:** Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

**LESOTHO**

**Dates 2008:** 24 September, 29 October, 26 November, 17 December. **Venue:** Lehakoe Conference Hall (next to Central Bank of Lesotho). **More information:** Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: [prithidel@gmail.com](mailto:prithidel@gmail.com)

**MALAWI**

*Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.*

**NAMIBIA****Windhoek and other centres**

**Dates 2008:** To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: [namhivsoc@namibnet.com](mailto:namhivsoc@namibnet.com)

**NIGERIA****Lagos**

**Dates 2008:** to be confirmed. **More information:** Dr Austin N Nwokedi, e-mail: [kediaustin@yahoo.com](mailto:kediaustin@yahoo.com)

**ZAMBIA****Kitwe**

*Seeking a new Branch Coordinator. Please contact Chloe if you are interested.*

**Lusaka**

**Dates 2008:** Third Wednesday of every other month. **Time:** 17:30. **Venue:** Variable location. **More information:** Dr Timothy Meade: tel: (+26) 097 865 279; e-mail: [corpmed@zamnet.zm](mailto:corpmed@zamnet.zm) or Dr. Mike Bush: tel: (+26) 096 750 999 email: [bush.doctor@zamnet.zm](mailto:bush.doctor@zamnet.zm)

**Ndola**

**Dates 2008:** Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: [docmulengajo@zamtel.zm](mailto:docmulengajo@zamtel.zm)

**ZIMBABWE****Harare**

**Dates 2008:** To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: [sharinghealth@zol.co.zw](mailto:sharinghealth@zol.co.zw)

**Mutare**

**Dates 2008:** 27 August, 24 September, 22 October, 19 November, 17 December. **More information:**

*If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or [hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)*

*Please note that branch coordinators are volunteers and do not receive a salary from the Society.*

***Nutrition Focus Group***

The group meets on alternative months, immediately prior to the Johannesburg Branch meetings, at the Glenhove Conference Centre.

**Next meeting on: 30 October 2008, 18h00 – 19h00.** If you wish to join this discussion group, please send your first name, surname and email address to [fatimas@sahivsoc.org](mailto:fatimas@sahivsoc.org)

## ***Important information on CPD Points***

### **Meetings**

All Society branch and focus group meetings held in South Africa are accredited with the HPCSA and SAMA. In terms of SAMA guidelines, health care workers who attend accredited meetings will receive **one CPD point for each hour** of the presentation (points are not awarded for time spent in registration, refreshment breaks or question and answer sessions). In order to receive your CPD certificate from us, you must complete the meeting register at each branch meeting that you attend. **If you do not complete the register in full, or if your details are not legible, we cannot provide you with a certificate.**

### **Questionnaires**

Three points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%. Please note that the Autumn Edition of the Journal, published in June 2008, was the last edition to contain a paper copy questionnaire that must be completed by hand. The growth in the Society readership has necessitated that we seek a quicker, more efficient system in awarding CPD points and certificates. **Questionnaires will in future be completed and submitted online.** The online submission of completed questionnaires will enable members to not only check their answers but to instantly collect the relevant CPD points for correct answers. Full details will be included in the Winter 2008 Edition of the Journal.

### **Publications**

The Society is always willing to accept articles from authors for consideration for inclusion in the *Journal of HIV Medicine*. Articles should be submitted to the editor online at [www.sajhivmed.org.za](http://www.sajhivmed.org.za). Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will then be subject to a peer review. The authors of all accepted and published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors.

## ***Conferences 2008***

### **Botswana International HIV Conference:**

**Venue:** Gaborone International Conference Center (GICC)  
**Date:** 17 – 20 September 2008  
**Registration deadline:** 30 June 2008 (Registration fee before 30 June: 1 000 Pula - Late registration: 1 250 Pula)  
**For more information:** <http://www.botshiv.org.bw/>

### **Rural Doctors Association Conference on Rural Health:**

**Venue:** Beaufort West, Western Cape  
**Date:** 18 – 20 September 2008  
**For more information:** <http://www.rudasa.org.za/>

### **Advanced Update in HIV Medicine and Clinical Research for Southern Africa:**

**Venue:** Southern Sun Elangeni, Durban, South Africa  
**Date:** 2-3 October 2008  
 For more information: <http://aids.med.harvard.edu/news/symposia/2008workshopdurban.htm>

### **AIDS Priority Symposium “Controversies in HIV”:**

**Cape Town:** 29 - 30 September 2008 at the Vineyard Hotel and Conference Centre  
**Johannesburg:** 6 - 7 October 2008 at the Glenhove Conference Centre  
**Registration closes:** 12 September 2008  
**For more information:** [www.phru.co.za](http://www.phru.co.za) or contact Heather Humphreys on [priorities@hivsa.com](mailto:priorities@hivsa.com)

## ***The Society Guidelines***

The following guidelines are available on our website [www.sahivsoc.org](http://www.sahivsoc.org) and will eventually be available on [www.sajhivmed.co.za](http://www.sajhivmed.co.za)

- **Nutrition:** Chapters 1 & 2 published in June 2007. Chapters 3 - 6 published in April 2008.
- **Adult ART:** Guidelines published in April 2008.
- **Cryptococcal Meningitis:** Published in December 2007, with poster.
- **Prisoners:** Published in June 2008, with poster.
- **Renal Replacement Therapy:** Published in June 2008.
- **Displaced Populations:** Published in 2007.

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

**ASPEN, ATLANTIC PHILANTHROPIES, CIPLA MEDPRO, PFIZER, THE UNHCR**

## ***Services Available***

### **PROBONO.ORG HIV / AIDS LEGAL CLINIC**

**When:** 9h00 – 12h00 every Tuesday

**Where:** 9th Floor Schreiner Chambers – South Wing

94 Pritchard Street, Johannesburg

Tel: 011 336 9510 fax: 011 336 9511

E-mail: [esther@probono.org](mailto:esther@probono.org)

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering **free legal advice and services** to people experiencing **HIV/AIDS related discrimination**.

The Clinic operates as follows:

- The clinic will open from 9:00 to 12:00 every Tuesday of the year (unless it is a public holiday).
- The clinic will be staffed by attorneys who make themselves available on a pro bono basis.
- Clients will be consulted on 'first come first serve' basis.
- Attorneys will assist clients with: advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation.
- As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a pro bono basis.

### **PROBONO.ORG REFUGEE LEGAL CLINIC**

**When:** 9h00 – 12h00 every Thursday

**Where:** 9th Floor Schreiner Chambers – South Wing

94 Pritchard Street, Johannesburg

Tel: 011 336 9510 fax: 011 336 9511

**E-mail:** [phumi@probono-org.org](mailto:phumi@probono-org.org)

Despite the good protection which the Refugees Act and the Constitution provide for the rights of those fleeing persecution in their home countries, on a daily basis asylum seekers and refugees struggle to realise their rights and make use of state services. There is very limited legal assistance available for refugees and asylum seekers to enable to help them with such challenges. It is for this reason that ProBono.Org, a non-profit clearing house increasing access to justice via *pro bono* legal services, provides a weekly legal clinic where refugees and asylum seekers can access free legal advice and services.

The weekly legal clinic operates as follows:

- It is open from 09h00 am to noon every Thursday.
- The clinic is staffed by attorneys from reputable law firms.

- Clients must make appointments, or are seen on a 'first come first serve' basis.
- Attorneys assist clients in any of the following ways: advice, opinions, non-litigious interventions, mediation, and/or litigation.
- As far as possible, attorneys attempt to resolve the problems immediately. Where this is not possible, the client becomes a client of the relevant firm, and the firm will finalise the matter on a *pro bono* basis.

### **PROBONO.ORG WILLS SESSIONS**

There is a day when all of us will die. It is a fact that we cannot avoid. Yet, for most of us it is hard to think about and hard to talk to other people about. Sometimes making plans for what is to happen after one's death, can feel like one is giving up on life. Yet, when we are ill or very old, concerns about will happen after our death, can lead to stress and worries. It can thus be very helpful to get advice on one's rights and the issues related to death and dying.

ProBono.Org, a non-profit clearing house increasing access to justice via pro bono legal services, are running Wills Sessions with the assistance of top law firms. These firms provide their professional advice and services for free. The Wills Sessions are for HIV+ people or old-aged pensioners who are indigent. The Wills Sessions are run at community-based organisations providing services to HIV+ people or old-aged pensioners.

The Wills Sessions focus on wills. It explains that a will is a document in which you can say who must look after your minor children after your death, and what must happen to your property (house, furniture, money, etc) after you die. For those people who then want a will, the attorneys will help you to draw up a will that suits your needs.

Please call our offices and we can arrange sessions at your organization:

**9th Floor Schreiner Chambers, South Wing, 94 Pritchard Street, Johannesburg**

**Tel: 011 336 9510; fax: 011 336 9511; e-mail: [lulama@probono-org.org](mailto:lulama@probono-org.org)**

### **TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE**

The Medicines Information Centre (MIC) is situated within the Division of Clinical Pharmacology, Department of Medicine at the University of Cape Town's Faculty of Health Sciences. It is the largest and only clinically-based medicine information centre in South Africa and provides information to both public and private sector health care professionals. The MIC in collaboration with the Foundation for Professional Development and USAID / PEPFAR, provides a **toll-free** national HIV hotline to all health care workers in South Africa for **patient treatment** related enquiries.

**Tel: 0800 212 506**

**E-mail: [pha-mic@uct.ac.za](mailto:pha-mic@uct.ac.za)**

**Fax: 021 448 0503**

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

### **AIDS LAW PROJECT NEWSLETTER**

Now available at: [http://alp.immedia.co.za/index.php?option=com\\_content&task=view&id=57&Itemid=1](http://alp.immedia.co.za/index.php?option=com_content&task=view&id=57&Itemid=1)

### **BACK ISSUES OF THE JOURNAL OF HIV MEDICINE**

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact Chloe at 011 341 0162 or email: [hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)

## ***HIV/AIDS Management Course, Diploma and other courses in 2008***

### **HIV MANAGEMENT COURSE: 3 DAYS (FOUNDATION FOR PROFESSIONAL DEVELOPMENT)**

**Course Objectives:** To enable participants to acquire or up-date skills with regard to:

- Diagnosis and management of HIV / AIDS, STDs and counseling (pre- and post-test & adherence)
- Developing empathy with people living with HIV
- How to fulfill a role in community mobilization
- Understand vaccine development and clinical trials

**Course format:** Self-study and face-to-face workshops by leading experts.

A regularly up-dated, comprehensive, easy to use self-study manual is supplied.



**CPD points:** 36 (self-study 18; workshop 18)

**More information:** Madelene Engelbrecht (FPD)

Tel: (012) 481 2000

Fax: (012) 481 2083

E-mail: [foundation@foundation.co.za](mailto:foundation@foundation.co.za)

Information on all courses is available on the Foundation website: [www.foundation.co.za](http://www.foundation.co.za)

### **COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA)**

#### **Examinations:**

27 August 08: Written Paper 1 – MCQ and OSCE

28 August 08: Written Paper 2 – Short essay-type questions

Further 2008 examinations to be confirmed.

There is no oral examination.

A Colleges of Medicine Diploma – Dip HIV Man (SA) is awarded to successful candidates.

**Syllabus and candidate requirements:** can be found on the Colleges' website: <http://www.collegemedsa.ac.za/>

### **MASTER CLASSES IN HIV MEDICINE**

Toga laboratory is hosting a monthly series of master classes in HIV Medicine for those wanting to upgrade their skills and knowledge in the discipline or in preparing for the diploma examinations. The classes are held once a month, the first Friday of the month, at Toga laboratory from 10h00-12h00 (noon) and will be presented by Dr Dave Spencer or Prof Des Martin.

Those who are interested in joining the group (it has been meeting since the beginning of the year) should call to reserve a place:

**Ms Lesleigh Beukes at Toga laboratory: 011 663 6313 or Dave Spencer: 011 663 6575.** A program (2008/2009) is available on request.

## ***Recommended reading***

**The Clinical Practice of HIV Medicine** by Dr David C Spencer. (Out of print - second edition now in progress.)

**Handbook of HIV Medicine** by Dr D Wilson, Dr S Naidoo, Dr LG Bekker, Dr M Cotton and Prof G Maartens.

Orders contact: Oxford University Press, tel: (021) 596 1222, to order e-mail: [orders.za@oup.com](mailto:orders.za@oup.com), website: <http://www.oxford.co.za/>

**Primary HIV/AIDS Care** by Dr Clive Evian

**Witness to AIDS** by Judge Edwin Cameron

**HIV/AIDS in South Africa** edited by SS Abdool Karim and Q Abdool Karim. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. Cost: R400 including VAT. Published by Cambridge University Press: tel: (012) 412 7800, fax: (012) 419 0594, email: [orders@cambridge.org](mailto:orders@cambridge.org) or website: [www.cambridge.org](http://www.cambridge.org)

**Health & Democracy - A guide to human rights, health law and policy in post apartheid South Africa** by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy contact the AIDS Law Project: (011) 356 4100.

**Shattered Dream: An Oral History of the South African AIDS Epidemic** by Gerald M. Oppenheimer and Ronald Bayer, is an oral history of how physicians and nurses in South Africa struggled to ride the tiger of the world's most catastrophic AIDS epidemic. Based on interviews with many of the Society's own members. To place an order, e-mail: [shattered\\_dreams\\_SAHIVCS@yahoo.com](mailto:shattered_dreams_SAHIVCS@yahoo.com)

## Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- Pediatric Discussion Group (Manager/Moderator - Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members who e-mail their responses to all participants. Once a case has been fully discussed, opinions are usually sought from overseas experts. The Discussion Group currently has over 930 subscribers/contributors. To join please send your e-mail address to Dr Leon Levin: [leonlevin@54.co.za](mailto:leonlevin@54.co.za). You may subscribe directly on URL: <http://www.mylistmanager.co.za/cgi-bin/uls/uls.cgi?ulspop=1476>
- Adult HIV Discussion Group (Manager/Moderator - Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection. We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study. You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list."
 

If you wish to join this discussion group which has grown to 375 participants, please send your first name, surname and email address to: [adhiv@witshealth.co.za](mailto:adhiv@witshealth.co.za)
- Policy and Ethics issues in HIV Group (Manager/Moderator: Ms Marlise Richter):** The Discussion Group has now been operating since October 2006 and currently has over 270 contributors/subscribers. 11 case studies have been discussed and includes topics such as HIV in the military, HIV testing and Dual Loyalties. To subscribe, email Marlise your name, surname and email address to [ethics.policy@gmail.com](mailto:ethics.policy@gmail.com). To view past debates, see: <http://groups.google.com/group/policy-ethics>

## The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

**NB WARNING: an additional fee may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at: <http://www.sahivsoc.org/index.php/arvpricelist>**

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE DIRECT FROM MANUFACTURER	GSK ACCESS PRICE
KALETRA CAPSULES	133.3 /33.3MG	700922	ABBOTT	180	R 359.36 INC VAT	
KALETRA SOLUTION	400/100MG /5ML	700924	ABBOTT	300ML	R 359.36 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	EACH	R 83.85 INC VAT	
NORVIR SOLUTION	400MG/5ML	838527	ABBOTT	EACH	R 71.88 INC VAT	
ALUVIA TABS	200/50MG	710028	ABBOTT	120	R 359.36 INC VAT	
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 81.50 INC VAT	
ADCO-LAMIVUDINE alcohol and sugar free	10MG/1ML	708713001	ADCOCK	240ML	R 64.88 INC VAT	
ADCO-LUMIVUDINE SOL	10MG/1ML	708708001	ADCOCK	240ML	R 64.88 INC VAT	
ADCO-ZIDOVUDINE (blister)	300MG	703809001	ADCOCK	60	R 225.00 INC VAT	
ADCO-ZIDOVUDINE SYR	50MG/5ML	708709001	ADCOCK	200ML	R 68.89 INC VAT	
ADCO-ZIDOVUDINE alcohol and sugar free	50MG/5ML	708711001	ADCOCK	200ML	R 68.89 INC VAT	
ADCO-NEVIRAPINE (blister)	200MG	707961001	ADCOCK	60	R 175.00 INC VAT	
ADCO-EFAVIRANZ	600MG	709545001	ADCOCK	30	R141.36 INC VAT	

ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 86.91 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 66.45 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 274.39 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R 110.12 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 219.97 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R 243.79 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 72.42 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R 182.12 INC VAT	
ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R 112.47 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 95.77 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 107.26 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 117.48 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 176.22 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 27.46 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 30.65 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 36.39 INC VAT	
ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 42.92 INC VAT	
TRUVADA		708254001	ASPEN	30	R 351.35 INC VAT	
VIREAD ( TENOFOVIR )	300MG	708253001	ASPEN	30	R 212.25 INC VAT	
ASPEN EFAVIRENZ	600MG	710019001	ASPEN	60	R 136.80 INC VAT	
VIDEX TABLETS	25MG	793221	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	50MG	842961	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 121.06 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 167.69 INC VAT	
VIDEX POWDER		847518	BMS	1	R 112.79 INC VAT	
VIDEX EC TABLETS	250MG	704783	BMS	30	R 164.42 INC VAT	
VIDEX EC TABLETS	400MG	703785	BMS	30	R 212.19 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 44.71 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 44.63 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 44.63 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 44.63 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 13.22 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 284.18 INC VAT	
REYATAZ	200MG	708258	BMS	60	R 357.56 INC VAT	
HYDREA CAPSULES	500MG	731706	BMS	100	R 184.23 INC VAT	
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER- INGELHEIM	60	R 180.52 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER- INGELHEIM	240ML	R 125.37 INC VAT	

CIPLA –EFAVIRENZ	600MG	709331001	CIPLA	30	R 145.69 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 274.39 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 251.32 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 251.32 INC VAT	
CIPLA-LAMIVUDINE	300MG	709337001	CIPLA	30	R 91.06 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 91.06 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R66.97 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 27.90 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 182.12 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 108.05 INC VAT	
CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 183.57 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 243.79 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 35.56 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 71.12 INC VAT	
STAVIR 30	30MG	701342001	CIPLA	60	R 35.25 INC VAT	
STAVIR 40	40MG	701344001	CIPLA	60	R 40.79 INC VAT	
3TC TABLETS	150MG	821632	GSK	60	R 112.18 INC VAT	R 45.68 INC VAT
3TC SYRUP	10MG/ML	821640	GSK	240ML	R 79.62 INC VAT	R 47.31 INC VAT
COMBIVIR TABLETS		875821	GSK	60	R 365.94 INC VAT	R 139.27 INC VAT
RETROVIR CAPSULES	100MG	784265	GSK	100	R 214.32 INC VAT	R 104.94INC VAT
RETROVIR CAPSULES	250MG	837350	GSK	60	R 294.12 INC VAT	R 142.25 INC VAT
RETROVIR CAPSULES	300MG	885317	GSK	60	R 320.45 INC VAT	R 114.08 INC VAT
RETROVIR INFUSION		825018	GSK	5X20ML	R 319.46 INC VAT	R 115.87 INC VAT
RETROVIR SYRUP	10MG/ML	794236	GSK	200ML	R 83.85 INC VAT	R 55.25 INC VAT
ZIAGEN TABLETS	300MG	898531	GSK	60	R 895.41 INC VAT	R 307.65 INC VAT
ZIAGEN SYRUP	240ML	898538	GSK	240ML	R 339.13 INC VAT	R 129.79 INC VAT
TRIZIVIR		703537	GSK	60	R 1517.72 INC VAT	R 459.63 INC VAT
CRIXIVAN CAPSULES	200MG	827258003	MSD	360	R 449.49 INC VAT	
CRIXIVAN CAPSULES	400MG	824445023	MSD	120	R 299.66 INC VAT	
CRIXIVAN CAPSULES	400MG	824445007	MSD	180	R 449.49 INC VAT	
STOCRIN CAPSULES	50MG	893536008	MSD	30	R 27.42 INC VAT	
STOCRIN CAPSULES	200MG	862371007	MSD	90	R 295.31 INC VAT	
STOCRIN TABLETS	600MG	703318001	MSD	30	R 177.75 INC VAT	
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 655.71 INC VAT	
BACTRIM DS		706442	ROCHE	10	R 61.11 INC VAT	
BACTRIM INFUSION		706418	ROCHE	AMPULES	R 182.12 INC VAT	
BACTRIM		706434	ROCHE	20	R 53 .30 INC VAT	
VIRACEPT POWDER	50 MG/G	857211	ROCHE	144	R 288.15 INC VAT	
VIRACEPT TABLETS	250 MG	857203	ROCHE	270	R655.55 INC VAT	

SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	
SONKE NEVIRAPINE	200MG	709533	SONKE	60	R 171.00 INC VAT	
SONKE LAMI NEV STAV		709840	SONKE	60	R 231.19 INC VAT	
SONKE ZIDOVUDINE	300MG	709531	SONKE	60	R 228.00 INC VAT	
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT	
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT	
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT	

Disclaimer: The views of the editor and contributors do not necessarily reflect the views of the Southern African HIV Clinicians Society's President, Executive Committee or the Society's 15 000 members.