



# *Transcript*

**SA HIV Clinicians Society Quarterly Newsletter**

**Editor: Chloe Hardy**

**May 2008**

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## ***Society contact details***

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## ***Important notice: Problem with e-mails sent to the Society***

Please note that due to technical problems, the SA HIV Clinicians Society was unable to receive e-mails between **Thursday 17 April and Monday 5 May 2008**. If you sent an e-mail to the Society and have not yet received a response, please could you resend the message, as we may not have received your e-mail. We apologise for any inconvenience.

## ***Sponsored article by Abbott***

Dear Doctor

As you may know, Abbott has developed a new tablet formulation called Aluvia™ to replace Kaletra Capsules. Designed for the realities of treatment in Africa, Aluvia does not require refrigeration, can be taken without regard to meals, and reduces the daily pill burden for your patients from 3 capsules BID to 2 tablets BID. Each tablet contains 200mg lopinavir/50mg ritonavir.

We are extremely excited to inform you of the regulatory approval and upcoming launch of the new Aluvia Tablet formulation in South Africa. The tablet will become available on June 2nd. During the transition period, Abbott will continue to supply capsules to the market, and you can continue to order normally until the launch. Depending on capsule stocks at your distributor or pharmacy, it may take some time for all pharmacies to convert to the tablet.

In the coming days, Abbott will provide you with tools to assist you in transitioning your patients to the new formulation. If you have any questions regarding the new formulation or the transition, please contact Abbott at + 27 11 858 2183.

Regards,

Abbott Laboratories

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## Conferences 2008: be at the cutting edge

A number of important international and local conferences take place during the second half of 2008. Make sure that you register in time!

### TB Conference:

**Venue:** ICC, Durban  
**Date:** 1 – 4 July 2008  
**Registration deadline:** For pre-conference registration: 13 June 2008  
**For more information:** <http://www.tbconference.co.za/>

### Botswana International HIV Conference:

**Venue:** Gaborone International Conference Center (GICC)  
**Date:** 17 – 20 September 2008  
**Registration deadline:** 30 June 2008 (Registration fee before 30 June: 1 000 Pula - Late registration: 1 250 Pula)  
**For more information:** <http://www.botshv.org.bw/>

### Rural Doctors Association Conference on Rural Health:

**Venue:** Beaufort West, Western Cape  
**Date:** 18 – 20 September 2008  
**For more information:** <http://www.rudasa.org.za/>

### Wits HIV/AIDS in the Workplace Research Symposium: Prevention and Next Steps in Responding to HIV/AIDS in the Workplace and Beyond:

**Venue:** Wits Business School, Johannesburg  
**Date:** 29-30 May 2008  
**For more information:** <http://www.hivaidsconference.co.za/>

### Internal Medicine Annual Update 2008:

**Venue:** Linder Auditorium, Wits Education Campus, Parktown, Johannesburg  
**Dates:** 8 – 9 August 2008

The University of the Witwatersrand, Faculty of Health Sciences, Department of Internal Medicine invites you to attend their Annual Update Meeting. The aim of the Update is to bring Specialist Physicians, General Practitioners and Registrars up to speed on current trends in Internal Medicine by presenting state-of-the-art lectures on a variety of topics and clinical quizzes.

#### **Exciting Topics to be covered:**

The Arthur Landau Memorial Lecture: Pheochromocytoma - Tumour Extraordinaire; Infectious Diseases; Advances in heart disease and Pulmonology; State-of-the-art lectures on various conditions in Endocrinology, Rheumatology, Medical Oncology, Clinical Haematology and Gastroenterology.

#### **Fees:**

	Specialists & GPs		Registrars	
	Early	Late	Early	Late
<b>Full registration</b>	R950	R1100	R550	R650
<b>One-day registration</b>	R600	R650	R350	R400

**For more information:** Contact Jean Johnstone:

Tel: +27 11 933 2040; fax: +27 11 938 1454

E-mail: [jean.johnstone@wits.ac.za](mailto:jean.johnstone@wits.ac.za) or website: <http://web.wits.ac.za/NewsRoom/Conferences/Medicine/>

## ***Bursaries available for conferences in 2008***

The Society offers bursaries to enable doctors, clinicians and other healthcare workers to attend the following conferences in 2008:

- **SA TB Conference, Durban, 1 - 4 July 2008**
- **Botswana AIDS Conference, Gaborone, 17 - 20 September 2008**
- **Rural Doctors Association Conference, Beaufort West, Western Cape, 18 - 20 September 2008**

The above bursaries are available to doctors, clinicians and healthcare staff, working in the field of HIV, particularly in **rural and other under-resourced areas**, to attend **ONE** of the above conferences.

Bursaries will cover the relevant conference registration fee, and each successful applicant will receive the sum of R2, 200.00, to assist with travel and accommodation costs, upon proven attendance at the conference. **NB:** The Society will organize the registration of successful applicants and pay the registration fee directly to the conference.

**Please note the Society cannot arrange, or pay for transport and accommodation – this will be the responsibility of the individual.**

Closing date for bursary applications:

- SA TB Conference: **Deadline for applications extended to 30 May 2008**
- Botswana AIDS Conference: **30 July 2008**
- RUDASA Conference: **30 July 2008**

Applicants for the bursaries should submit the following:

1. A brief outline of involvement in the field of HIV in a rural area.
2. A letter of support from applicant's manager/superior.
3. An abstract supporting the application.
4. A letter detailing a commitment to feed back, to colleagues, information gained at the conference.

Applications can be submitted by fax for e-mail to:

Fax: + 11 341 0161

E-mail: [hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)

## ***Branch Meeting Dates May – December 2008***

Since January 2008, 2 new branches have been established: Lichtenburg and Bo-Karoo. The Society is keen to establish additional branches. In order to encourage the establishment of new branches and provide support to branches, the Society can offer honoraria, assistance towards travel and accommodation for specific speakers at branch meetings, particularly for meetings outside the major urban centres. The Society can also provide financial and administrative assistance in arranging branch meetings.

***If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or [hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)***

***Please note that branch coordinators are volunteers and do not receive a salary from the Society.***

### **EASTERN CAPE**

#### **East London:**

**Dates 2008:** Dates to be confirmed. **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood, East London.

**Time:** 19:00. **More information:** Denise Lloyd: tel: (043) 743 4313, cell: 082 787 0755 or e-mail: [lloyd@ampath.co.za](mailto:lloyd@ampath.co.za)

#### **Mthatha:**

**Dates 2008:** 21 June, 13 September, 22 November. **Venues:** various. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: [lungisa@iafrica.com](mailto:lungisa@iafrica.com)

#### **Port Elizabeth:**

**Dates 2008:** 23 October. **Venue:** To be confirmed. **Time:** 19:00 for 19:30. **More information:** Dr Kas Kasongo: tel: (041) 451 4423 or e-mail:

[kasongo@pathcare.co.za](mailto:kasongo@pathcare.co.za)

## **FREE STATE**

### **Bloemfontein:**

**Dates 2008:** 7 August. **Venue:** Prosperitas Auditorium, Central University of Technology. **Time:** 18:00 for 18:30. **More information:** Prof Derick Veldman tel: (051) 507 3266 or e-mail: [dveldman@cut.ac.za](mailto:dveldman@cut.ac.za)

## **GAUTENG**

### **East Rand / Benoni**

**Dates 2008:** Dates for quarterly meetings to be confirmed. **More information:** Dr Nana or Dr Sarang. tel: (011) 421 1589, cell: 083 321 9932 or e-mail: [blinds@iafrica.com](mailto:blinds@iafrica.com)

### **Johannesburg:**

**Dates 2008:** 29 May, 24 June, 31 July, 28 August, 30 September, 30 October, 27 November **Time:** Finger supper: 19:00 and meeting: 19:30.

**Venue:** Pharmaceutical Society of SA, 52 Glenhove Rd, Houghton, JHB. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail:

[hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)

### **Pretoria:**

**Dates 2008:** 5 June, 3 July, 7 August, 4 September, 2 October, 6 November. **Times:** Light meal: 18:30 and talk: 19:15. **Venue:** Muelmed Hospital,

Boardroom, Pretorius St, between Hamilton and Leyds Streets. **More information:** Dr Mariette Botes: [mariette@hivpractice.co.za](mailto:mariette@hivpractice.co.za); Dr Lynne

Webber: [webberl@lancet.co.za](mailto:webberl@lancet.co.za); or Elizabeth Malela cell: 082 631 1588.

## **KWAZULU NATAL**

### **Durban:**

**Dates 2008:** 14 May, 11 June, 16 July, 13 August, 17 September, 15 October, 19 November. **Venue:** Susser and Stein Seminar room, Nelson R

Mandela School of Medicine. **More information:** Dr Nombulelo Magula: tel: 031 260 4231 or e-mail: [maqulan@ukzn.ac.za](mailto:maqulan@ukzn.ac.za)

### **Pietermaritzburg:**

**Dates 2008:** 8 July, 9 September, 11 November. **Venue:** Grey's Hospital Lecture Theatre, first floor. **Time:** 18:30 for 19:00. **More information:**

Ms Spume Ntuli: tel: 033-3954146 or e-mail: [doug.wilson2@kznhealth.gov.za](mailto:doug.wilson2@kznhealth.gov.za)

## **LIMPOPO**

### **Thohoyandou**

**New branch launching soon: watch this space for details.**

## **MPUMALANGA**

**Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.**

## **NORTHERN CAPE**

### **Bo Karoo**

**Dates 2008:** Branch launch: 28 May. Further dates to be confirmed. **Venue:** To be confirmed. **Time:** 14:00. **More information:** Tsietsi Shushu:

tel: (053) 343 0011; cell: 083 993 6976.

## **NORTH WEST PROVINCE**

### **KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):**

**Dates 2008:** 4 June, 3 September, 3 December. **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241,

cell: 083 511 0075 or e-mail: [tnielson@auruminstitute.org](mailto:tnielson@auruminstitute.org)

### **Lichtenburg:**

**Dates 2008:** Branch launch: 5 June, 7 August, 2 October. **Time:** 18:30 **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg (Venue

website: <http://www.scottsmantor.com/>). **More information:** Dr John Musonda: tel: (018) 632 3041, cell: 078 360 9595 or e-mail:

[jmusonda@nwpg.gov.za](mailto:jmusonda@nwpg.gov.za).

### **Rustenburg:**

**Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.**

## **WESTERN CAPE**

### **Cape Town:**

**Dates 2008:** 27 May, 24 June, 29 July, 26 August, 30 September, 28 October, 5 November. **Time:** snacks: 17:45 and meeting: 18:15.

**Venue:** Main Lecture Hall, Institute of Infectious Diseases and Molecular Medicine, UCT. **More information:** Glenda: tel: (021) 671 7551 or e-mail: [glenda.hardy@hivaidclinic.com](mailto:glenda.hardy@hivaidclinic.com)

## **BOTSWANA**

### **Gaborone (Southern Branch):**

**Dates 2008:** Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:** Dr. Victoria Nakimbugwe: e-mail: [sahivcs@gmail.com](mailto:sahivcs@gmail.com)

### **Francistown (Northern Branch):**

**Dates 2008:** Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00. **More information:** Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

## **LESOTHO**

**Dates 2008:** 28 May, 25 June, 30 July, 27 August, 24 September, 29 October, 26 November, 17 December. **Venue:** Lehakoe Conference Hall (next to Central Bank of Lesotho). **More information:** Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: [prithidel@gmail.com](mailto:prithidel@gmail.com)

## **MALAWI**

*Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.*

## **NAMIBIA**

### **Windhoek and other centres**

**Dates 2008:** To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: [namhivsoc@namibnet.com](mailto:namhivsoc@namibnet.com)

## **NIGERIA**

### **Lagos**

**Dates 2008:** to be confirmed. **More information:** Dr Austin N Nwokedi, e-mail: [kediaustin@yahoo.com](mailto:kediaustin@yahoo.com)

## **ZAMBIA**

### **Kitwe**

*Seeking a new Branch Coordinator. Please contact Chloe if you are interested.*

### **Lusaka**

**Dates 2008:** Third Wednesday of every other month. **Time:** 17:30. **Venue:** Variable location. **More information:** Dr Timothy Meade: tel: (+26) 097 865 279; e-mail: [corpmed@zamnet.zm](mailto:corpmed@zamnet.zm) or Dr. Mike Bush: tel: (+26) 096 750 999 email: [bush.doctor@zamnet.zm](mailto:bush.doctor@zamnet.zm)

### **Ndola**

**Dates 2008:** Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: [docmulengajo@zamtel.zm](mailto:docmulengajo@zamtel.zm)

## **ZIMBABWE**

### **Harare**

**Dates 2008:** To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: [sharinghealth@zol.co.zw](mailto:sharinghealth@zol.co.zw)

### **Mutare**

**Dates 2008:** To be confirmed. **More information:** Dr Munyaradzi Mukuzunga: [drmukumunya@yahoo.co.za](mailto:drmukumunya@yahoo.co.za) or Dr Nyaradzai Sthole: [nyariesit@yahoo.com](mailto:nyariesit@yahoo.com)

## ***Branch Coordinator contact details***

### **EASTERN CAPE**

#### **East London:**

Denise Lloyd: tel: (043) 743 4313, cell: 082 787 0755 or e-mail: [lloyd@ampath.co.za](mailto:lloyd@ampath.co.za)

#### **Mthatha:**

Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: [lungisa@iafrica.com](mailto:lungisa@iafrica.com)

#### **Port Elizabeth:**

Dr Kas Kasongo: tel: (041) 451 4423 or e-mail: [kasongo@pathcare.co.za](mailto:kasongo@pathcare.co.za)

### **FREE STATE**

#### **Bloemfontein:**

Prof Derick Veldman tel: (051) 507 3266 or e-mail: [dveldman@cut.ac.za](mailto:dveldman@cut.ac.za)

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#### **Johannesburg:**

Dr Francois Venter – contact via Chloe Hardy: tel: (011) 341 0162 or e-mail: [hardyc@sahivsoc.org](mailto:hardyc@sahivsoc.org)

#### **Pretoria:**

Dr Mariette Botes: [mariette@hivpractice.co.za](mailto:mariette@hivpractice.co.za); and Dr Lynne Webber: [webberl@lancet.co.za](mailto:webberl@lancet.co.za)

### **KWAZULU NATAL**

#### **Durban:**

Dr Nombulelo Magula: tel: 031 260 4231 or e-mail: [magulan@ukzn.ac.za](mailto:magulan@ukzn.ac.za)

#### **Pietermaritzburg:**

Dr Doug Wilson: tel: 033-395 4146 or e-mail: [doug.wilson2@kznhealth.gov.za](mailto:doug.wilson2@kznhealth.gov.za)

### **NORTHERN CAPE**

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Tsietsi Shushu: tel: (053) 343 0011; cell: 083 993 6976.

### **NORTH WEST PROVINCE**

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Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075 or e-mail: [tnielson@auruminstitute.org](mailto:tnielson@auruminstitute.org)

#### **Lichtenburg:**

Dr John Musonda: tel: (018) 632 3041, cell: 078 360 9595 or e-mail: [jmusonda@nwpg.gov.za](mailto:jmusonda@nwpg.gov.za)

### **WESTERN CAPE**

#### **Cape Town:**

Dr Glenda Hardy: tel: (021) 671 7551 or e-mail: [glenda.hardy@hivaidsclinic.com](mailto:glenda.hardy@hivaidsclinic.com)

### **BOTSWANA**

#### **Gaborone (Southern Branch):**

Dr. Victoria Nakimbugwe: e-mail: [sahivcs@gmail.com](mailto:sahivcs@gmail.com)

#### **Francistown (Northern Branch):**

Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 71318255.

## **LESOTHO**

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Dr Austin N Nwokedi: e-mail: [kediaustin@yahoo.com](mailto:kediaustin@yahoo.com)

## **ZAMBIA**

### **Lusaka**

Dr Timothy Meade: tel: (+26) 097 865279; e-mail: [corpmed@zamnet.zm](mailto:corpmed@zamnet.zm) or Dr. Mike Bush: tel: (+26) 096 750999 email: [bush.doctor@zamnet.zm](mailto:bush.doctor@zamnet.zm)

### **Ndola**

Dr Mulenga Joseph: tel: (+260) 955 889571, (+260) 966 780608, (+260) 977 572462 or e-mail: [docmulenga@zamtel.zm](mailto:docmulenga@zamtel.zm)

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### **Harare**

Dr Ingrid Landman: tel: (00) 2634 704326 or email: [sharinghealth@zol.co.zw](mailto:sharinghealth@zol.co.zw)

### **Mutare**

Dr Munyaradzi Mukuzunga: [drmukumunya@yahoo.co.za](mailto:drmukumunya@yahoo.co.za) or Dr Nyaradzai Sthole: [nyariesit@yahoo.com](mailto:nyariesit@yahoo.com)

## ***Important information on CPD Points***

### **Meetings**

All Society branch and focus group meetings held in South Africa are accredited with the HPCSA and SAMA. In accordance with SAMA guidelines, health care workers who attend accredited meetings will receive **one CPD point for each hour** of the presentation. Please note that points are not awarded for time spent in registration, refreshment breaks or question and answer sessions. Please make sure that when you attend any Society branch meeting you complete the attendance register fully and clearly. Failure to do so could result in CPD points not being awarded. The Society will forward an attendance certificate to all health care workers whose names appear on the meeting registers.

### **Questionnaires**

Three points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%. Please note that the Autumn edition of the Journal, to be published in June, will be the last edition to contain a paper copy questionnaire that must be completed by hand. Questionnaires will in future be completed and submitted online. The online submission of completed questionnaires will enable members to not only check their answers but to instantly collect the relevant CPD points for correct answers. Full details will be included in the Autumn edition of the Journal.

### **Publications**

The Society is always willing to accept articles from authors for consideration for inclusion in the *Journal of HIV Medicine*. Articles should be submitted to the editor online at [www.sajhivmed.org.za](http://www.sajhivmed.org.za). Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will then be subject to a peer review. The authors of all accepted and published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. Keep the articles flowing!

## ***The Society Guidelines***

On a regular basis, the Society produces up-to-date guidelines on the clinical management of key HIV-related issues. All these guidelines are produced by experts in their particular field, are evidence-based and are peer reviewed. The guidelines are nationally and internationally recognized as best practice. The Society has published, updated or is in the process of finalizing the following guidelines:

- **Nutrition:** Chapters 1 & 2 published in June 2007. Chapters 3 - 6 published in April 2008. Two posters to be published in 2008.
- **Adult ART:** Guidelines published in April 2008.
- **PEP/ Sexual Assault:** To be published in September 2008.
- **Cryptococcal Meningitis:** Published in December 2007, with poster.
- **Prisoners:** Now finalized - to be published in June 2008, with poster.
- **Renal Replacement Therapy:** Guidelines to be published in June 2008.
- **Displaced Populations:** Guidelines completed in 2007.

All the published guidelines are printed in the Journal of HIV Medicine and available on the Society website [www.sahivsoc.org](http://www.sahivsoc.org) and will eventually be available on [www.sajhivmed.co.za](http://www.sajhivmed.co.za)

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

**ASPEN, ATLANTIC PHILANTHROPIES, CIPLA MEDPRO, PFIZER, THE UNHCR**

**Guidelines planned for 2008 and early 2009 include:** Fertility, Blood-borne Infections, and Healthcare Workers. Consideration is also being given to producing guidelines on TB in HIV Infected Patients.

## ***New Services Available***

### **1. PROBONO.ORG HIV / AIDS LEGAL CLINIC**

**When:** 9h00 – 12h00 every Tuesday

**Where:** 9th Floor Schreiner Chambers, South Wing, 94 Pritchard Street, Johannesburg

People living with HIV often have to cope with more than illness. They frequently face discrimination with regard to health rights, access to treatment, access to housing and insurance, and workplace rights. Those most vulnerable to discrimination are also the ones with least access to legal services. For this reason, ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, has decided to provide a weekly legal clinic offering **free legal advice and services** to people experiencing **HIV/AIDS related discrimination**.

The Clinic operates as follows:

- The clinic will open from 9:00 to 12:00 every Tuesday of the year (unless it is a public holiday).
- The clinic will be staffed by attorneys who make themselves available on a pro bono basis.
- Clients will be consulted on 'first come first serve' basis.
- Attorneys will assist clients in the following ways: advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation.
- As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a pro bono basis.

For more information on the HIV/AIDS Legal Clinic:

Tel: 011 336 9510 or fax: 011 336 9511

[esther@probono.org-org](mailto:esther@probono.org-org)

### **2. TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE**

The Medicines Information Centre (MIC) is situated within the Division of Clinical Pharmacology, Department of Medicine at the University of Cape Town's Faculty of Health Sciences. It is the largest and only clinically-based medicine information centre in South Africa and provides information to both public and private sector health care professionals.



The MIC in collaboration with the Foundation for Professional Development and USAID / PEPFAR, provides a **toll-free** national HIV hotline to all health care workers in South Africa for **patient treatment related enquiries**.

CALL THE TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE:

Tel: **0800 212 506**

E-mail: [pha-mic@uct.ac.za](mailto:pha-mic@uct.ac.za)

Fax: **021 448 0503**

The hotline operates from **Mondays to Fridays 8:30 – 16:30**. All queries to the Centre are documented, referenced and stored for five years.

The toll-free national HIV health care worker hotline provides information on telephonic, faxed or e-mailed queries relating to:

- HIV testing
- Post exposure prophylaxis: health care workers and sexual assault victims
- Management of HIV in pregnancy, and prevention of mother-to-child transmission
- Antiretroviral Therapy
  - When to initiate
  - Treatment selection
  - Recommendations for laboratory and clinical monitoring
  - How to interpret and respond to laboratory results
  - Management of adverse events
- Drug interactions
- Treatment and prophylaxis of opportunistic infections
- Drug availability
- Adherence support

The centre is staffed by specially-trained and highly-skilled drug information pharmacists who share 46 years of drug information experience between them. They have direct access to:

- The latest information databases and reference sources
- The clinical expertise of consultants at the University of Cape Town's Faculty of Health Sciences, Groote Schuur Hospital and the Red Cross War Memorial Children's Hospital
- An international network of experts, and global resources including those of the World Health Organisation.

## ***Job Opportunities***

### **Job Opportunities with the Desmond Tutu HIV Foundation:**

An NGO specializing in HIV prevention research invites applications for the following positions:

**1. A Medical Officer** to assist with ground breaking clinical trials targeting men who have sex with men (MSM) in Cape Town. Experience in medical research is not required. The successful applicant will have excellent opportunities for postgraduate study and advancement.

**2. A Study Coordinator/Nurse** to assist with ground breaking clinical trials targeting men who have sex with men (MSM) in Cape Town. Experience in medical research is not required. The position is well suited for a Study Coordinator/Nurse who has an interest in HIV prevention research.

To apply for either of the above positions, please send concise CV and contact details of three references to [Jobs@hiv-research.org.za](mailto:Jobs@hiv-research.org.za) or fax to (021)650 6963 by 31 May 2008. Only short-listed candidates will be contacted.

We are fully committed to employment equity and particularly welcome applications for suitably qualified non-white and LGBT South Africans.

### **Job Opportunities with the University of the Western Cape School of Public Health:**

#### **Professor / Associate Professor**

The School of Public Health in the Faculty of Community and Health Sciences at the University of the Western Cape has an international reputation as a leading research and teaching institution.

A new Centre for HIV and AIDS Research is being developed, with a specific academic objective to build research capacity and strengthen partnerships in the areas of integrated HIV and AIDS prevention and care, with a specific focus on HIV and TB, education, gender-based violence, human resources development and systems strengthening. The resources attached to this centre include scholarships for postgraduate (doctoral and masters) support. The successful candidate will be expected to play a leadership role in developing the above centre, which will be housed in the School of Public Health but with responsibility for planning and coordinating research across relevant sectors of the University.

To qualify for this post, you should have the following:

- A PhD or equivalent qualification in Public Health, Social and Behavioural Sciences or a related field
- Demonstrated expertise in HIV/AIDS and/or TB, as well as in an area of health systems research
- At least five year's experience in planning, conducting and leading research in public health
- A good publications record
- Experience in teaching and supervising post-graduate students.

Further information on this post may be obtained from Professor David Sanders at 021 959 2809 or email [dsanders@uwc.ac.za](mailto:dsanders@uwc.ac.za)

Your application should highlight your strengths as a teacher and researcher and should be accompanied by a full curriculum vitae and the names and full contact particulars (email and postal addresses, telephone and cell numbers) of three referees. Applications should be addressed, in assured confidence, to Ms. Gail Alexander at [galexander@uwc.ac.za](mailto:galexander@uwc.ac.za) or to Human Resources, UWC, Private Bag X17, Bellville 7535. Tel 021 959 3626, fax 021 959 1447.

**Closing date for applications: 18 May 2008.**

In line with the University's commitment to diversifying its workforce, applications from the designated groups will be given priority consideration. The University reserves the right not to make an appointment or to make an appointment at a lower level. We will not acknowledge applications and only unsuccessful short-listed candidates will receive regret letters.

## ***HIV/AIDS Management Course, Diploma and other courses in 2008***

### **HIV Management Course: 3 days (FPD & SAHIVS)**

**Course Objectives:** To enable participants to acquire or up-date skills with regard to:

- Diagnosis and management of HIV / AIDS, STDs and counseling (pre- and post-test & adherence)
- Developing empathy with people living with HIV
- How to fulfill a role in community mobilization
- Understand vaccine development and clinical trials

**Course format:** Self-study and face-to-face workshops by leading experts.

A regularly up-dated, comprehensive, easy to use self-study manual is supplied.

**CPD points:** 36 (self-study 18; workshop 18)

**More information:** Madelene Engelbrecht (FPD)

Tel: (012) 481 2000

Fax: (012) 481 2083

### **Colleges of Medicine: Diploma in HIV Management – Dip HIV Man (SA)**

**Examinations:** The next 2008 examinations: to be confirmed.

The examination consists of 2 three hour papers: a multiple choice question paper (MCQ) in the morning and a short essay paper in the afternoon.

There is no oral examination.

A Colleges of Medicine Diploma – Dip HIV Man (SA) is awarded to successful candidates.

**Syllabus and candidate requirements:** can be found on the Colleges' website: <http://www.collegemedsa.ac.za/>

## Recommended reading

**The Clinical Practice of HIV Medicine** by Dr David C Spencer. (Out of print - second edition now in progress.)

**Handbook of HIV Medicine** by Dr D Wilson, Dr S Naidoo, Dr LG Bekker, Dr M Cotton and Prof G Maartens.

Orders contact: Oxford University Press, tel: (021) 596 1222, e-mail: General enquiries [oxford.za@oup.com](mailto:oxford.za@oup.com)

Orders [orders.za@oup.com](mailto:orders.za@oup.com), website: <http://www.oxford.co.za/>

**Primary HIV/AIDS Care** by Dr Clive Evian

**Witness to AIDS** by Judge Edwin Cameron

**HIV/AIDS in South Africa** edited by SS Abdool Karim and Q Abdool Karim. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. Cost: R400 including VAT. Published by Cambridge University Press: tel: (012) 412 7800, fax: (012) 419 0594, email: [orders@cambridge.org](mailto:orders@cambridge.org) or website: [www.cambridge.org](http://www.cambridge.org)

**Health & Democracy - A guide to human rights, health law and policy in post apartheid South Africa** by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy contact the AIDS Law Project: (011) 356 4100.

**Shattered Dream: An Oral History of the South African AIDS Epidemic** by Gerald M. Oppenheimer and Ronald Bayer, is an oral history of how physicians and nurses in South Africa struggled to ride the tiger of the world's most catastrophic AIDS epidemic. Based on interviews with many of the Society's own members. To place an order, e-mail: [shattered\\_dreams\\_SAHIVCS@yahoo.com](mailto:shattered_dreams_SAHIVCS@yahoo.com)

## Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- **Pediatric Discussion Group (Manager/Moderator - Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members who e-mail their responses to all participants. Once a case has been fully discussed, opinions are usually sought from overseas experts. The Discussion Group currently has over 850 subscribers/contributors. To join please send your e-mail address to Dr Leon Levin: [leonlevin@54.co.za](mailto:leonlevin@54.co.za). You may subscribe directly on URL: <http://www.mylistmanager.co.za/cgi-bin/uls/uls.cgi?ulspop=1476>
- **Adult HIV Discussion Group (Manager/Moderator - Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection.

We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study. You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list."

If you wish to join this discussion group which has grown to 350 participants, please send your first name, surname and email address to: [adghiv@witshealth.co.za](mailto:adghiv@witshealth.co.za)

- **Policy and Ethics issues in HIV Group (Manager/Moderator- Ms Marlise Richter):** The Discussion Group has now been operating for over a year and currently has over 250 contributors/subscribers. 8 case studies have been discussed, of which some have been written up for the Society's Journal.

To subscribe, email Marlise your name, surname and email address to [ethics.policy@gmail.com](mailto:ethics.policy@gmail.com)

To view past debates, see: <http://groups.google.com/group/policy-ethics>

## Nutritional HIV Focus Group

The group meets on alternative months, immediately prior to the Johannesburg Branch meetings, at the Glenhove Conference Centre.

If you wish to join this discussion group, please send your first name, surname and email address to [fatimas@sahivsoc.org](mailto:fatimas@sahivsoc.org)

### The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

**NB WARNING:** an additional fee may be incurred when purchasing per prescription, per month, for dispensing and door to door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at <http://www.sahivsoc.org/index.php/arvpricelist>

**PLEASE NOTE:** With effect from 12 May 2008 ARV prices posted on the Society website will be updated by the relevant pharmaceutical company. These up-dated prices will be reproduced in the subsequent issue of Transcript.

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE DIRECT FROM MANUFACTURER	GSK ACCESS PRICE
KALETRA CAPSULES		700922	ABBOTT	180	R 319.07 INC VAT	
KALETRA SYRUP		700924	ABBOTT	300ML	R 319.07 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	84	R 74.44 INC VAT	
NORVIR SYRUP	80MG/ML	838527	ABBOTT	90ML	R 63.73INC VAT	
ALUVIA			ABBOTT	120	R 319.07 INC VAT	
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 81.50 INC VAT	
ADCO-LAMIVUDINE SYR	240ML	708708001	ADCOCK	240ML	R 64.88 INC VAT	
ADCO-LAMIVUDINE <small>alcohol and sugar free</small>	240ML	708713001	ADCOCK	240ML	R 64.88 INC VAT	
ADCO-ZIDOVUDINE	300MG	707960001	ADCOCK	60	R 225.00 INC VAT	
ADCO-ZIDOVUDINE SYR	200MG	703809001	ADCOCK	200ML	R 68.89 INC VAT	
ADCO-ZIDOVUDINE <small>alcohol and sugar free</small>	50MG/5ML	708711001	ADCOCK	200ML	R 68.89 INC VAT	
ADCO-NEVIRAPINE	200MG	707961001	ADCOCK	60	R 171.00 INC VAT	
ADCO-EFAVIRANZ	600MG	709545001	ADCOCK	30	R141.36 INC VAT	
ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 86.91 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 66.45 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 274.39 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R 123.37 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 246.45 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R 243.79 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 72.42 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R 182.12 INC VAT	
ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R 112.47 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 95.77 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 107.26 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 117.48 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 176.22 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 27.46 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 30.65 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 36.39 INC VAT	

ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 42.92 INC VAT	
TRUVADA		708254001	ASPEN	30	R 351.35 INC VAT	
VIREAD ( TENOFOVIR )	300MG	708253001	ASPEN	30	R 212.25 INC VAT	
VIDEX TABLETS	25MG	793221	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	50MG	852961	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 121.06 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 167.69 INC VAT	
VIDEX POWDER		847518	BMS	1	R 112.79 INC VAT	
VIDEX EC TABLETS	250MG	105176	BMS	30	R 164.42 INC VAT	
VIDEX EC TABLETS	400MG	105175	BMS	30	R 212.19 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 44.71 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 44.63 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 44.63 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 44.63 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 13.22 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 284.18 INC VAT	
REYATAZ	200MG	707476	BMS	60	R 357.56 INC VAT	
HYDREA CAPSULES	500MG		BMS	100	R 173.66 INC VAT	
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER- INGELHEIM	60	R 180.52 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER- INGELHEIM	240ML	R 125. 37 INC VAT	
CIPLA –EFAVIRENZ	600MG	709331001	CIPLA	30	R 136.80 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 257.64 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 235.98 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 235.98 INC VAT	
CIPLA-LAMIVUDINE	300MG	709337001	CIPLA	30	R 85.50 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 85.50 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R62.88 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 26.20 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 171.00 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 101.46 INC VAT	
CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 172.37 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 228.91 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 33.39 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 66.78 INC VAT	
STAVIR 30	30MG	701342001	CIPLA	60	R 33.09 INC VAT	
STAVIR 40	40MG	701344001	CIPLA	60	R 38.30 INC VAT	
3TC TABLETS	150MG	821632	GSK	60	R 112.18 INC VAT	R 45.68 INC VAT
3TC SYRUP	10MG/ML	821640	GSK	240ML	R 79.62 INC VAT	R 47.31 INC VAT
COMBIVIR TABLETS		875821	GSK	60	R 365.94 INC VAT	R 139.27 INC VAT

RETROVIR CAPSULES	100MG	784265	GSK	100	R 214.32 INC VAT	R 104.94INC VAT
RETROVIR CAPSULES	250MG	837350	GSK	60	R 294.12 INC VAT	R 142.25 INC VAT
RETROVIR CAPSULES	300MG	885317	GSK	60	R 320.45 INC VAT	R 114.08 INC VAT
RETROVIR INFUSION		825018	GSK	5X20ML	R 319.46 INC VAT	R 115.87 INC VAT
RETROVIR/ 3TC PEP	1	64368	GSK		R 49.80 INC VAT	R 58.03 INC VAT
RETROVIR SYRUP	10MG/ML	794236	GSK	200ML	R 83.85 INC VAT	R 55.25 INC VAT
ZIAGEN TABLETS	300MG	898531	GSK	60	R 895.41 INC VAT	R 307.65 INC VAT
ZIAGEN SYRUP	240ML	898538	GSK	240ML	R 339.13 INC VAT	R 129.79 INC VAT
TRIZIVIR		703537	GSK	60	R 1517.72 INC VAT	R 459.63 INC VAT
KIVEXA		707321	GSK	30	R 922.26 INC VAT	R 340.69 INC VAT
CRIVAN CAPSULES	400MG		MSD	18	R 42.20 INC VAT	
CRIVAN CAPSULES	400MG	824445	MSD	120	R 281.37 INC VAT	
CRIVAN CAPSULES	400MG	824445	MSD	180	R 422.06 INC VAT	
CRIVAN CAPSULES	200MG		MSD	360	R 422.06 INC VAT	
STOCRIN CAPSULES	50MG	893536	MSD	30	R 25.75 INC VAT	
STOCRIN CAPSULES	200MG	862371	MSD	90	R 277.29 INC VAT	
STOCRIN TABLETS	600MG	703318	MSD	30	R 166.90 INC VAT	
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 615.69 INC VAT	
HIVID	0.375MG	797170	ROCHE	200	R 150.48 INC VAT	
HIVID	0.75MG	797189	ROCHE	200	R 305.52 INC VAT	
SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	

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Disclaimer: The views of the editor and contributors do not necessarily reflect the views of the Southern African HIV Clinicians Society's President, Executive Committee or the Society's 14 500 members.