



Transcript

SA HIV Clinicians Society Newsletter

Editor: Chloe Hardy

June 2009



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Society Contact Details

Tel: + 27 (011) 341 0162

Fax: +27 (086) 564 7345

Website: www.sahivsoc.org

E-mail: sahivsoc@sahivsoc.org

Fatima Shaik, General Manager: fatimas@sahivsoc.org

Chloe Hardy, Office Manager: hardyc@sahivsoc.org

Pat & Jean Solan, Database and Finance Managers: patsolan@global.co.za

In Memory of Dr Steve Andrews (1970 – 2009)

We are all deeply shocked by the untimely death of Dr Steve Andrews. Steve passed away in his sleep on Friday night at the age of 39. He is survived by his wife Lyndall and daughter Sarah.

After qualifying as a medical doctor from the University of Cape Town, Steve received a postgraduate degree in immunology at Groote Schuur hospital. He obtained the Fellowship in the South African College of Family Physicians in 1997 and held a Masters degree in Bioethics from the University of Cape Town. Since 1995, Steve was involved in the design and implementation of large HIV programmes in the public and private sectors. He ran a private HIV practice in Claremont focusing on the problems of multi-drug resistant ARV patients, as well as running multiple industry-sponsored as well as investigator-initiated clinical trial protocols.

He was a senior medical advisor for the Aid for AIDS program and a Bioethics consultant to the Medscheme's Solution ICU committee, as well as The Open Society Foundation, The Road Freight Association Roadside Clinic Programme and Médecins Sans Frontières Khayelitsha Antiretroviral Programme. Steve was an external lecturer for the Department of Health Sciences at the University of Stellenbosch, and a tutor for the WebCT HIV/TB/STI MMed (Family Medicine) programme. He was also an honorary senior lecturer in the Division of Infectious Diseases, Department of Medicine, at the University of Cape Town and a member of the Committee for Clinical Trials at the University of Stellenbosch. Steve was the principal investigator on more than 25 phase II and phase III ARV drug trials and was widely published in the HIV academic arena.

Steve was an executive member of the Southern African HIV Clinicians Society, as well as a member of the committee for the development of antiretroviral guidelines for treatment and post-exposure prophylaxis in the sub-Saharan Africa region. Steve was also an active participant in various campaigns to lower the price of ARV medication and took the lead in the fight to reduce the cost of Fluconazole, a vital drug for the treatment of Cryptococcus meningitis and thrush in people living with HIV.

His death is a tragic loss not only to the Society but the wider HIV and medical community. Steve was a passionate clinician and activist, and actively demonstrated his political commitment in the fight against HIV. He gave to his patients the utmost care and compassion. He had an exceptional sense of humour; was a loving friend, a gifted teacher and a great mentor. We have lost a remarkable HIV champion.

We extend our condolences to his family, friends, colleagues and patients. He will be sorely missed but long remembered.

Disability and HIV/AIDS in Southern Africa: Implications for Health Services

By Jill Hanass-Hancock PhD, Health Economics and HIV/AIDS Research Division

Although the disabling experiences of HIV have been previously documented, the fact that HIV&AIDS affects people with disabilities (PWDs) has only been given attention in recent years. Part of the lack of attention in the field is the assumption that PWDs are not at high risk for HIV infections

because they are commonly believed to be asexual, not to use drugs or to be in danger of sexual exploitation or abuse (1-5). However, these beliefs are false (1, 6) (2, 7, 8).

People with physical, intellectual or sensory disabilities are as likely, if not more likely, to be at risk of HIV infection (6, 9). For example, the few prevalence studies that are available on the deaf population indicate that deaf people are as likely (10, 11) if not twice as likely (12, 13) to be infected with HIV as the general population.

However, people with disabilities have been largely ignored in HIV intervention prevention, treatment and care. In addition to myths about their behaviour and life experience, this is due to the lack of accessible health services and transport, insufficient training and negative attitudes of health professionals, lack of appropriate teaching material and information, and social isolation (9).

The first empirical survey in Southern Africa was conducted in Swaziland, as part of the global survey on HIV/AIDS and disability (4), and results



appeared in 2005 (14). This survey was conducted with a random sample of 191 participants and compared the HIV knowledge of hearing and deaf people. This survey found that the deaf participants were aware of HIV but they were more likely to believe incorrectly that HIV was transmitted by acts such as kissing, hugging, touching and sharing dishes (14) ($p=0.05$). Studies since then have affirmed the results of that initial study. A study in Malawi, which included 341 people with a disability (15) two studies in South Africa, one with 16 physically disabled people (16) and one with 90 learners with mild intellectual disability (17), found that the participants had some, yet limited knowledge of HIV and AIDS.

Studies have also revealed that people with disabilities engage in sexual behaviour that puts them at risk of being infected with HIV (18). In Southern Africa, the Malawi study cited above revealed that 76% of the participants were sexual active (15). A Kenyan study (1706 deaf people) (19) showed that 89% of the participants were sexual active. A study in Uganda on women with disabilities, recorded that 263 (77%) of the 341 participants had been pregnant at least once in their lifetime (20).

These and other studies have also shown that people with disabilities are subjected to sexual abuse. 17% of the participants in the Malawi study had been forced into sexual intercourse at least once in their lifetime. Similarly, research in Lesotho (21), Swaziland (14), Zimbabwe (7), Mozambique (22) and South Africa (2, 3, 5) indicates a high incidence of sexual abuse. Furthermore, there are indications that PWDs, irrespective of whether they have been abused, are less able to gain access to treatment and care than non-disabled people (4, 7, 18, 23-25). The Malawi study revealed that only 10% of the participants had ever visited a VCT centre (Volunteer Counselling and Testing). Stigma and inaccessibility of services were mentioned as main obstacles and expressed in various ways. For instance, many health facilities do not provide ramps or lifts, have no information or medical packaging available in Braille and have no sign interpreters for the deaf. The case of the South African activist John Maltese illustrates this: being deaf he did not receive counselling or any other form of explanation after an HIV test because the doctors and nurses did not engage sign interpreters or thought to use written text (26).

Recommendations for medical services:

Structural:

A primary need is to improve physical access to health facilities for PWDs. This implies that clinics and hospitals should have ramps and lifts where necessary. While is often not a feasible option in resource poor settings, innovative approaches have been suggested: for example, in double or multiple storey buildings, locating the administration offices on the upper floors and essential health services such as Maternal and Child health care and VCT services on the ground floor. Low cost innovations include providing Braille texts or tapes with information about HIV/AIDS, posters that use sign language illustrations, and tents to complement caravan mobile clinics for use by patients in wheel chairs.

Health professionals:

Skills of health care professionals have to be developed; for example training in sign language at VCT centres. The innovation at a site in Kenya, in which deaf peer counsellors were used, proved to be successful (10, 27). A basic need is for health professional to respect the privacy of PWDs. All too often family members or an assistant are addressed during clinical visits at the same time as, or rather than the disabled patient.

Medication:

The way medication is prescribed and explained is a critical factor that affects PWD's adherence to treatment. People with intellectual disabilities, for example, often do not understand instructions on when to take different types of medication. The challenge can be resolved by reference to occasions such as sunrise or sunset, mealtimes or even the times of popular TV programmes, and where feasible should be drawn onto the medicine packaging. Likewise, the packaging of medication and condoms should include Braille imprints.

As importantly, training is required for nurses and doctors on effective education of PWDs with regard to possible side effects of anti-retroviral drugs and possible complications when used in conjunction with medication for disabilities (e.g. epilepsy).

The interface of disability and HIV/AIDS is inspiring new questions and solutions in Africa. In Kenya, the NGO, Liverpool VSO (Volunteer Service Overseas), is providing VCT sites for deaf people using deaf peer counsellors (10, 27). The regional organization, DHAT (Disability HIV and AIDS Trust), is piloting VCT for PWD in Zambia and Malawi and seeks to motivate governments to implement their approach more broadly (28). In South Africa the NGO, Create (www.create-cbr.co.za), is launching specialized training for VCT counsellors in an attempt to make VCT sites accessible for PWDs. Some of the programmes have had initial success (10, 27) but, currently there is much experimentation in the search for effective approaches and solutions. Nonetheless, these innovative interventions show already that inclusion of PWDs in HIV/AIDS service delivery is achievable in resource-limited settings and that a significant barrier is actually ignorance and prejudice: it prevents health professionals from reaching an extremely marginalised population in Africa.

For more information please visit: www.heard.org.za

Branch Meeting Dates 2009

Please note that some of the below dates may be subject to change. For more information, please contact the relevant branch coordinator.

EASTERN CAPE

East London:

Dates 2009: To be confirmed. **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood, East London. **Time:** 19:00. **More information:** Daphne Gernetzky: tel: 043 703 4000 or email: gernetzkyd@ampath.co.za

Mthatha:



Dates 2009: To be confirmed. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: lungisa@iafrica.com

Port Elizabeth:

Dates 2009: To be confirmed. **More information:** Dr Kas Kasongo: tel: (041) 451 4423 or e-mail: kasongo@pathcare.co.za

FREE STATE

Bloemfontein

Dates 2009: To be confirmed. **More information:** Dr Riaan van Coller: e-mail: rvc@neuro.bfmcc.co.za

Kroonstad

New branch launching soon! Watch this space for more information.

GAUTENG

East Rand

Dates 2009: To be confirmed. **More information:** Dr Nana or Dr Sarang: tel: (011) 421 1589, cell: 084 981 7101 or e-mail : blinds@iafrica.com

Johannesburg:

Dates 2009: 30 July, 27 August, 22 September, 29 October, 26 November. **Time:** 19:00. **Venue:** 52 Glenhove Rd, Houghton. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Pretoria:

Dates 2009: 2 July, 6 August, 3 September, 1 October, 5 November. **Time:** 18:30. **Venue:** Muelmed Hospital, Boardroom, Pretorius St, between Hamilton and Leyds Streets. **More information:** Dr Mariette Botes: Tel: 012 440 0758 or mariette@hivpractice.co.za; Dr Lynne Webber: webberl@lancet.co.za; or Elizabeth Malela cell: 082 631 1588.

West Rand:

Dates 2009: To be confirmed. **Venue:** The Lecture Hall, Sir Albert Medical Centre, corner Main Rd and Ward Ave, Randfontein.

More information: Dr Zandile Mokgatle: tel: 082 553 7047 or e-mail: zandile.mokgatle@harmony.co.za

KWAZULU NATAL

Durban:

Dates 2009: 15 July, 12 August, 16 September, 14 October, 11 November. **Venue:** Susser and Stein Seminar room, Nelson R Mandela School of Medicine. **More information:** Dr. Nokukhanya Mdlalose at: Mdlalose@ukzn.ac.za

Pietermaritzburg:

Dates 2009: 19 August, 21 October. **Venue:** Grey's Hospital Lecture Theatre, first floor. **Time:** 18:30 for 19:00. **More information:** Ms Matanja Naomi Coetzee (033) 3954146 or e-mail: doug.wilson2@kznhealth.gov.za

LIMPOPO

Polokwane:

New branch launching soon! Watch this space for more information.

MPUMALANGA

Nelspruit:

Dates 2009: To be confirmed. **Venue:** Nou's Toeka, Nelspruit. **More information:** Dr Ebby Mkhabela: tel: (013) 755 4425 or e-mail: ebby.mkhabela@righttocare.org

NORTHERN CAPE

Dates 2009: To be confirmed. **Venue:** Garden Court, Kimberley. **More information:** Mr Tsietsi Shushu:

tel: (053) 343 0011; cell: 083 993 6976 or e-mail: gtshu@yahoo.com

NORTH WEST PROVINCE

KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):

Dates 2009: To be confirmed. **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075

or e-mail: t Nielson@auruminstitute.org

Lichtenburg:

Dates 2009: To be confirmed. **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg. **More information:** Dr John Musonda:
tel: (018) 632 3041, cell: 078 360 9595 or e-mail: jmusonda@nwpg.gov.za

Mafikeng:

Dates 2009: 26 August, 28 October, 25 November. **Time:** 18h30 **Venue:** To be confirmed. **More information:** Dr Ntebo Mogashoa:
cell: 082 7358167 or e-mail: nmogashoa@rhu.co.za or Dr Sele Bogatsu: cell: 082 4039683 or e-mail: bogatsusele@yahoo.com

Rustenburg:

Dates 2009: To be confirmed. **More information:** Dorothy Tlhalefang Mogwere: cell: 083 400 7167 or e-mail: dmogwere@auruminstitute.org



WESTERN CAPE**Cape Town:**

Dates 2009: To be confirmed. **Time:** 18:30 **Venue:** Wolfson Pavilion Lecture Theatre, Institute of Infectious Diseases and Molecular Medicine (IIDMM), Anzio Road, Observatory. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Paarl: **Dates 2009:** 30 July, 1 October, 26 November. **Time:** 18:30 **Venue:** Nelson's Creek Estate. **More information:** Dr Dirk Hagemeister: cell: 072 942 6218 or e-mail: Dhagemei@pgwc.gov.za

BOTSWANA**Gaborone (Southern Branch):**

Dates 2009: Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:** Dr. Victoria Nakimbugwe: e-mail: sahivcs@gmail.com

Francistown (Northern Branch):

Dates 2009: Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00.

More information: Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

LESOTHO

Dates 2009: 29 July, 26 August, 28 October. **Venue:** Lehakoe Conference Hall (next to Central Bank of Lesotho). **More information:** Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: prithidel@gmail.com

NAMIBIA**Windhoek and other centres**

Dates 2009: To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: namhivsoc@namibnet.com

NIGERIA**Lagos**

Dates 2009: To be confirmed. **More information:** Dr Austin N Nwokedi: e-mail: kediaustin@yahoo.com

ZAMBIA**Lusaka**

Dates 2009: Third Wednesday of every other month. **Time:** 17:30. **Venue:** Variable location. **More information:** Dr Timothy Meade: tel: (+26) 097 865 279; e-mail: corpmed@zamnet.zm or Dr. Mike Bush: tel: (+26) 096 750 999 email: bush.doctor@zamnet.zm

Ndola

Dates 2009: Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: docmulengajo@zamtel.zm

ZIMBABWE**Harare**

Dates 2009: To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: sharinghealth@zol.co.zw

Mutare

Dates 2009: To be confirmed. **Time:** 17:30 – 19:00. **Venue:** Mutare Club. **More information:** Dr Munyaradzi Mukuzunga: e-mail: mukuzungam@vaccinetrail.africau.ac.zw or mmukuzunga@yahoo.com

*If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or hardyc@sahivsoc.org
Please note that branch coordinators are volunteers and do not receive a salary or stipend from the Society.*

Nutrition Focus Group

The group meets on alternate months, immediately prior to the Johannesburg Branch meetings, at the Glenhove Conference Centre. The next Nutrition Focus Group meeting will be on **30 July 2009**.

If you wish to join this discussion group, please send your first name, surname and e-mail address to fatimas@sahivsoc.org

Important Information on CPD Points

Meetings

All Society branch and focus group meetings held in South Africa are CPD accredited by SAMA, and health care workers who attend meetings will receive one CPD point for each hour of the presentation. In order to receive your CPD certificate from us, you must complete the meeting register at each branch meeting that you attend. **If you do not complete the register in full, or if your details are not legible, we cannot provide you with a certificate.**



Questionnaires

Three points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%.

We have now completed our transition to an electronic system, and questionnaires must now be submitted online at www.cpdjournals.org.za.

Please note that the Society is no longer able to issue certificates for faxed questionnaires from current or back-issues of the Journal .

Publications

The Society is always willing to accept articles for consideration for inclusion in the *Journal of HIV Medicine*. Articles should be submitted to the editor online at www.sajhivmed.org.za. Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will be subject to a peer review. The authors of all published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points.

Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors.

The latest edition of the Journal can be viewed online at: <http://www.sajhivmed.org.za/index.php/sajhivmed/issue> and previous editions are available on the Journal website: go to www.sajhivmed.org.za and click on "Archives".

Conferences 2009

13th Annual RUDASA Rural Health Conference

Date: 27 – 29 August 2009

Venue: Alpha Conference Centre, Broederstroom, North West province

For more information contact:

Samantha Thompson

or

Roz Prinsloo

E-mail: sammy@butlerworldwide.net

E-mail: workshopsanon@mweb.co.za

Tel: 072 845 3827 Fax: 0866 224 530

Fax: 086-624-2926

Website: www.rudasa.org.za

3rd Annual Workshop on Advanced Clinical Care (AWACC)

Date: 1 - 2 October 2009

Venue: Albert Luthuli International Convention Center (ICC) Durban

Registration Deadline: 15th September 2009

About the workshop:

1. Provide updates in the management of HIV- infected patients, particularly in resource-scarce settings.
2. Create awareness of the complications associated with HIV therapy, including lactic acidosis, hepatotoxicity, metabolic complications and lipodystrophy.
3. Discuss antiretroviral treatment strategies with a particular focus on drugs available in resource-scarce settings.
4. Provide updates on evaluation and management of HIV/TB coinfection.
5. Educate on issues related to HIV in the paediatric population.

The Department of Health in KZN has been a major sponsor for the conference venue. We hope to open up the conference to delegates working in the public and private sector throughout Southern Africa. Over the last two years this conference attracted approximately three hundred delegates from KZN and SA. The positive feedback from the delegates has been a major motivation to make this an annual event.

You are cordially invited to participate in this conference.

For registration and programme details please go to: www.mccord.org.za

NB: A TOTAL OF 14 CPD POINTS CAN BE ACCUMULATED FOR ATTENDENCE ON BOTH DAYS.

HIV/AIDS Management Course, Diploma and Other Courses

1. TOGA AND KIMERA MASTERCLASS PROGRAMME IN HIV MEDICINE 2009

Toga Laboratory and Kimera are hosting a series of master classes in HIV Medicine for those wanting to upgrade their skills and knowledge in the discipline or in preparing for the diploma examinations. The programme is CPD accredited.

Venue: Boardroom, Toga Laboratory, Meadowdale Office Park, Edenvale, Johannesburg

Date: First Friday of the month

Time: 08:00 - 10:00

Date	Topic	Facilitator
03 July 2009	The Prevention of HIV. PEP, PMTCT, Sexual and non-sexual transmission.	Dr Dave Spencer
07 August 2009	Immune Reconstitution and its Diagnosis and Management	Dr Prudence Ive
04 September 2009	HIV and the Management of Cancer	Dr Dave Brittain (provisional)
02 October 2009	Counselling in the time of HIV. Is this still necessary?	Dr Joyce Marshall
06 November 2009	Cytomegalovirus: clinical and virological aspects of management	Dr Allison Glass



Those who are interested in joining should call to reserve a place:

Ms Lesleigh Beukes at Toga Laboratory: 011 663 6313 or

Coordinator: Dr Dave Spencer (Senior Physician, Toga Laboratory): 011 663 6575.

2. RESEARCH METHODS COURSE IN SEXUAL & REPRODUCTIVE HEALTH & HIV

Urgent notice: one place remains on this year's annual Research Methods Course in Sexual & Reproductive Health & HIV. Minimum qualification is a medical degree or relevant Honours degree with experience in the field/research.

Course is 4 weeks full time 3rd August - 28th August in Parktown, Johannesburg

Enquiries to Manoj Chiba: mchiba@rhu.co.za and at 011 358 5422 or www.rhu.co.za

3. FOUNDATION FOR PROFESSIONAL DEVELOPMENT:

Course Name	Course Dates	City/town	Cost (VAT Incl)
HIV/AIDS Management Course: Given the current state of knowledge on HIV/AIDS management and the fact that anti-retroviral therapy is becoming more affordable, it is now feasible to approach HIV/AIDS as a chronic medical condition. This course will empower clinicians to adequately manage patients with HIV and or AIDS.			
HIV/AIDS Management Course	8-9 Aug 2009	Pretoria	R 3,000.00
HIV/AIDS Management Course	25-27 Sept 2009	Cape Town	R 3,000.00
HIV/AIDS Management Course	2-4 Oct 2009	Durban	R 3,000.00
HIV/AIDS Management Course	9-11 Oct 2009	Free State	R 3,000.00
HIV/AIDS Management Course	21-22 Nov 2009	Mpumalanga	R 3,000.00
HIV/AIDS Management Course	1-3 Dec 2009	PTA	R 3,000.00
HIV/AIDS Management Course	3-5 Dec 2009	Cape Town	R 3,000.00
HIV/AIDS Refresher Seminar: HIV/AIDS is an ever-evolving discipline and with ARV drugs becoming more affordable, health professionals therefore need to stay abreast with the latest developments. The Foundation for Professional Development, in association with the Southern African HIV Clinician Society, developed this one-day refresher seminar which is targeted at alumni who successfully completed the 3-Day HIV/AIDS Management Course. We encourage all our alumni who completed the 3-day course to enrol on this refresher course so that they have access to the most recent evidence-based information on drugs and the management of HIV/AIDS patients.			
HIV/AIDS Refresher Seminar	5-Nov-09	Cape Town	R 1,300.00
HIV/AIDS Refresher Seminar	1-Dec-09	Durban	R 1,300.00
Paediatric HIV/AIDS Management Course: Children with HIV/AIDS are dying unnecessarily because of a lack of access to ARV treatment. The problems arise mainly from a lack of cheap feasible diagnostic tests for children under 18 months, lack of trained health personnel and the affordable child-friendly ARV drugs. Simplified treatment guidelines coupled with a range of fixed-dose combinations of ARVs that require only one or two pills twice a day make it easier to treat HIV/AIDS in adults, but development of simplified drugs for children lags behind. Despite WHO simplified treatment guidelines that specify which drugs to use in children, countries have difficulty in getting simple and affordable combinations of the drugs. Two generic fixed-dose combinations should enter clinical trials this year, and there are frighteningly few second-line ARV drugs available for children in countries with large numbers of infected children.			
Paediatric HIV/AIDS Management Course	2-4 Oct 2009	PTA	R 3,200.00
Clinical and Ethical Refresher Course for GP's: The Clinical and Ethical Refresher Seminar is designed to offer a unique learning experience by combining clinical and ethical issues in an effort to help general practitioners to update their skills and knowledge in specific areas. Most healthcare professionals have limited time available to attend clinical programmes. Furthermore, attending individual courses is costly and may be time consuming. The FPD Summer Academy therefore intends to offer healthcare professionals an opportunity to get away, save time and money, gain CPD points for attending this learning experience and get the best of what FPD has to offer.			
Clinical and Ethical Refresher Course for GP's	26-28 June 2009	Durban	R 3,140.00

For more information contact on the above courses, please contact the FPD:

Ilana van der Merwe

Tel: (012) 481-2154 or 0861 98 88 98

Fax: (012) 481-2083 or 086 558 9535

E-mail: llanavdM@foundation.co.za or foundation@foundation.co.za

Website: www.foundation.co.za

Module 2: Basic Science

Module 3: TB and other Opportunistic infections – prevention, diagnosis and treatment

4. CLINICAL HIV MANAGEMENT COURSE OFFERED BY THE REPRODUCTIVE HEALTH AND HIV RESEARCH UNIT, OF THE UNIVERSITY OF THE WITWATERSRAND

This full time, Johannesburg based two week course includes:

Module 1: Overview - History of HIV to palliative care

Module 4: ARVs

Both adult and paediatric treatment and care are covered during the course. Field trips to leading Johannesburg ARV clinics are also part of the 10 day learning experience. 36 CPD points are awarded to participants attending every session and the course provides sound preparation for doctors planning to take the College of Medicine's HIV management Diploma examination.

Courses are taking place from **7-18 September** and **2-13 November 2009**.

Fees are R6 000.00 or \$US 723.00 for non-South African residents, with limited bursaries available.

For further details and application forms please contact course co-ordinator Siyethemba Zwane:

Website: www.rhu.co.za

Tel: (011) 358 5500 ext 5313

E-mail: szwane@rhu.co.za



5. **COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA):**

Diploma in HIV Management of the College of Family Physicians of South Africa

Examination Structure: Exit Examination: 2 written papers, no oral examination.

Requirements: 6 months supervised training at a teaching or CMSA-approved hospital OR 6 months in an HIV Clinic PLUS 10 day's attendance of HIV Management courses.

Scheduled dates for the Diploma in HIV Management of the College of Family Physicians of South Africa

26 August 2009: Written paper 1 - MCQ and OSCE

27 August 2009: Written: Paper 2 - Short essay-type questions

For more information on fees, examination dates, syllabus and candidate requirements, please contact the Colleges of Medicine:

Tel: 011 726 7037

Website: <http://www.collegemedsa.ac.za>

The Society Guidelines

The Society has published the following guidelines in the *Journal of HIV Medicine*:

- **Displaced Populations:** Published in 2007 (Issue 26).
- **Nutrition:** Chapters 1 & 2 published in June 2007 (Issue 27). Chapters 3 - 6 published in April 2008 (Issue 29).
- **Cryptococcal Meningitis:** Published in December 2007, with poster (Issue 28).
- **Adult ART:** Published in April 2008 (Issue 29).
- **Prisoners:** Published in June 2008, with poster (Issue 30).
- **Renal Replacement Therapy:** Published in June 2008 (Issue 30).
- **Post-Exposure Prophylaxis:** Published in November 2008 (Issue 31).
- **Criteria for Expedited ARV Initiation:** Published in March 2009 (Issue 33).

The above guidelines are available from the Society (contact Chloe at 011 341 0162 or e-mail: hardyc@sahivsoc.org). They can also be downloaded from the Society website: www.sahivsoc.org or the SA Journal of HIV Medicine website: www.sajhivmed.co.za

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

ATLANTIC PHILANTHROPIES, ASPEN, CIPLA MEDPRO, PFIZER, THE UNHCR

Services Available

TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE

The Medicines Information Centre (MIC) is situated within the Division of Clinical Pharmacology, Department of Medicine at the University of Cape Town's Faculty of Health Sciences. It is the largest and only clinically-based medicine information centre in South Africa and provides information to both public and private sector health care professionals. The MIC in collaboration with the Foundation for Professional Development and USAID / PEPFAR, provides a **toll-free** national HIV hotline to all health care workers in South Africa for **patient treatment** related enquiries.

If you are a **doctor, nurse or pharmacist**, and need clinical assistance with the treatment of your HIV patients, contact the toll-free National HIV Health Care Worker Hotline:

Tel: 0800 212 506 or 021 406 6782

E-mail: pha-mic@uct.ac.za

Fax: 021 448 0503

Alternatively, send a **SMS or "Please Call Me"** to **071 840 1572**, and someone will call you back.

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

BACK ISSUES OF THE JOURNAL OF HIV MEDICINE

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact Chloe at 011 341 0162 or email: hardyc@sahivsoc.org

PROBONO.ORG HIV / AIDS LEGAL CLINIC

When: 9h00 – 12h00 every Tuesday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg

Contact: Tel: 011 336 9510 fax: 011 336 9511

E-mail: esther@probono.org-org

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering **free**



legal advice and services to people experiencing **HIV/AIDS related discrimination**.

The Clinic operates as follows:

- The clinic will open from 9:00 to 12:00 every Tuesday of the year (unless it is a public holiday).
- The clinic will be staffed by attorneys who make themselves available on a pro bono basis.
- Clients will be consulted on 'first come first serve' basis.
- Attorneys will assist clients with: advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation.
- As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a pro bono basis.

PROBONO.ORG REFUGEE LEGAL CLINIC

When: 9h00 – 12h00 every Thursday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg

Contact: Tel: 011 336 9510 fax: 011 336 9511

E-mail: phumi@probono-org.org

ProBono.Org provides a weekly legal clinic where refugees and asylum seekers can access free legal advice and services.

UNAIDS NEWSLETTER

The UNAIDS Quarterly Newsletter provides useful summaries of recent studies on HIV in developing countries. Subscribe online for free at:

<http://www.unaids.org/Services/Subscribe.aspx?displaylang=en>

AID FOR AIDS CLINICAL GUIDELINES

The new (7th edition) of the Aid for AIDS Clinical Guidelines were printed at the end of January 2009. Members may obtain copies, free of charge as a service to the profession, by contacting Ms Lameez Samuels on (021) 514 1304 or by email on LameezS@medscheme.co.za. The Guidelines are also available on the Aid for AIDS website: www.aidforaids.co.za

Recommended Reading

Handbook of HIV Medicine (2nd Edition) edited by Douglas Wilson, Mark Cotton, Linda-Gail Bekker, Tammy Meyers, Francois Venter, and Gary Maartens, published by Oxford University Press. The second edition of the handbook is now available from: Oxford University Press:

tel: 021 5961222, e-mail: orders.za@oup.com or website: <http://www.oxford.co.za>

The Clinical Practice of HIV Medicine by Dr David C Spencer. (Out of print – second edition will be available in late 2009.)

HIV/AIDS in South Africa edited by SS Abdool Karim and Q Abdool Karim, published by Cambridge University Press. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. To order a copy, contact Cambridge University Press: tel: (021) 412 7800, fax: (021) 419 0594, email: orders@cambridge.org or website: www.cambridge.org

Primary HIV/AIDS Care by Dr Clive Evian, published by Jacana Media: www.jacana.co.za

Health & Democracy - A guide to human rights, health law and policy in post apartheid South Africa by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy, contact the AIDS Law Project: tel: (011) 356 4100.

Witness to AIDS by Judge Edwin Cameron, published by Tafelberg. To order a copy, go to: www.witnesstoaid.com

Medical Management of HIV Infection (South African Edition), by John G. Bartlett, MD, Joel E. Gallant, MD MPH and Dr FM Conradie, published by TheraSim in cooperation with the Foundation for Professional Development, 2008. The SA HIV Clinicians Society has a limited number of books available free of charge to members. To order a copy, contact Chloe Hardy at: 011 341 0162 or hardyc@sahivsoc.org
For an electronic version of the international edition of this book, go to: www.bartlettthiv.org

Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- **Paediatric Discussion Group (Manager/Moderator: Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members. Members may respond if they



wish and their responses are emailed to all participants. Once a case has been fully discussed, opinions are usually sought from overseas and local experts. To join please send your e-mail address to Dr Leon Levin: leonlevin@54.co.za

- Adult HIV Discussion Group (Manager/Moderator: Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection. We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study. You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list."

If you wish to join this discussion group, please send your first name, surname and email address to: adghiv@witshealth.co.za
- HIV Policy and Ethics Discussion Group (Manager: Ms Marlise Richter):** The Discussion Group was launched in October 2006 and currently has over 300 subscribers. Case studies include topics such as the ethics of AIDS funding, HIV in the military, HIV testing, treatment in prisons and Dual Loyalty. To subscribe, please send your name, surname and e-mail address to Marlise at: ethics.policy@gmail.com

To view past debates: <http://groups.google.com/group/policy-ethics?hl=en>

The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

WARNING: additional fees may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at: www.sahivsoc.org.za

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE	GSK ACCESS PRICE
KALETRA CAPSULES		700922	ABBOTT	180	R 406.80 INC VAT	
KALETRA SYRUP		700924	ABBOTT	300ML	R 406.80 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	84	R 94.92 INC VAT	
NORVIR SYRUP	80MG/ML	838527	ABBOTT	90ML	R 81.37 INC VAT	
ALUVIA TABS		710028	ABBOTT	120	R 406.80 INC VAT	
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 89.86 INC VAT	
ADCO-LAMIVUDINE alcohol and sugar free	10MG/1ML	708713001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-LUMIVUDINE SOL	10MG/1ML	708708001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-ZIDOVUDINE	300MG	707960001	ADCOCK	60	R 248.07 INC VAT	
ADCO-ZIDOVUDINE SYR	50MG/5ML	708709001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-ZIDOVUDINE alcohol and sugar free	50MG/5ML	708711001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-NEVIRAPINE (blister)	200MG	707961001	ADCOCK	60	R 192.93 INC VAT	
ADCO-EFAVIRENZ	600MG	709545001	ADCOCK	30	R 153.72 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 310.60 INC VAT	
ASPEN EFAVIRENZ	600MG	710019001	ASPEN	60	R154.86 INC VAT	
ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 98.37 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 75.22 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R139.66 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 278.98 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R243.79 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 81.99 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R181.24 INC VAT	

ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R127.32 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 108.41 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 107.14 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 113.98 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 159.58 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 31.09 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 34.70 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 39.90 INC VAT	
ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 44.44 INC VAT	
VIREAD (TENOFVIR)	300MG	708253001	ASPEN	30	R 240.27 INC VAT	



TRUVADA		708254001	ASPEN	30	R 397.72 INC VAT	
AURO-EFAVIRENZ	50MG	710592001	AUROBINDO	30	R 25.65 INCL VAT	
AURO-EFAVIRENZ	200MG	710593002	AUROBINDO	90	R 245.10 INCL VAT	
AURO-EFAVIRENZ	600MG	710594001	AUROBINDO	30	R 135.66 INCL VAT	
AURO-LAMIVUDINE	150MG	710602001	AUROBNIDO	60	R 80.02 INCL VAT	
AURO-LAMIZIDO	150MG/300MG	710596001	AUROBINDO	60	R 267.90 INCL VAT	
AURO-LAMIVUDINE ORAL SOLUTION	10MG/ML	710603001	AUROBINDO	240ML	R 63.84 INCL VAT	
AURO-NEVIRAPINE	200MG	710606001	AUROBINDO	200	R 173.28 INCL VAT	
AURO-NEVIRAPINE ORAL SUSPENSION	50MG/5ML	710604001	AUROBINDO	240ML	R 106.02 INCL VAT	
AURO-STAVUDINE	30MG	710589001	AUROBNIDO	60	R 33.97 INCL VAT	
AURO-STAVUDINE	40MG	710590001	AUROBNIDO	60	R 39.67 INCL VAT	
AURO-STAVUDINE POWDER FOR ORAL SOLUTION	1MG/ML	710591001	AUROBINDO	200ML	R 22.57 INCL VAT	
AURO-ZIDOVUDINE	100MG	710597002	AUROBINDO	100	R 185.40 INCL VAT	
AURO-ZIDOVUDINE	300MG	710600001	AUROBINDO	300	R 223.44 INCL VAT	
AURO-ZIDOVUDINE ORAL SOLUTION	50MG/5ML	710634001	AUROBINDO	240ML	R 67.96 INCL VAT	
VIDEX TABLETS	25MG	793221	BMS	60	R 129.31 INC VAT	
VIDEX TABLETS	50MG	842961	BMS	60	R 129.31 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 137.05 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 189.82 INC VAT	
VIDEX POWDER	2G	847518	BMS	1	R 127.68 INC VAT	
VIDEX EC TABLETS	250MG	704783	BMS	30	R 186.13 INC VAT	
VIDEX EC TABLETS	400MG	703785	BMS	30	R 240.20 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 50.61 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 50.52 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 50.52 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 50.52 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 14.97 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 321.69 INC VAT	
REYATAZ	200MG	708258	BMS	60	R 404.76 INC VAT	
HYDREA CAPSULES	500MG	731706	BMS	100	R 208.54 INC VAT	
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER-INGELHEIM	60	R 189.55 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER-INGELHEIM	240ML	R 131.64 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 310.61 INC VAT	
CIPLA-EFAVIRENZ	600MG	709331001	CIPLA	30	R 164.92 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Tabs	300MG	709337001	CIPLA	30	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 31.59 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R75.81 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 204.22 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 122.32 INC VAT	

CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 207.81 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 275.97 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 40.25 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 80.51 INC VAT	
STAVIR 30	30MG	701342001	CIPLA	60	R 39.90 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 284.49 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 251.32 INC VAT	
COMBIVIR TABLETS		64445	GSK	60	R 365.94 INCL VAT	R 147.96 INCL VAT



3TC TABLETS	150MG	64510	GSK	60	R 112.18 INCL VAT	R 47.88 INCL VAT
3TC SYRUP	10MG/ML	64232	GSK	240ML	R 79.62 INCL VAT	R 49.62 INCL VAT
RETROVIR CAPSULES	100MG	64363	GSK	100	R 214.32 INCL VAT	R 111.26 INCL VAT
RETROVIR TABLETS	300MG	64366	GSK	60	R 320.45 INCL VAT	R 121.03 INCL VAT
RETROVIR TABLETS	250MG	837350	GSK	60	R294.12 INCL VAT	R 151.16 INCL VAT
RETROVIR SYRUP	10MG/ML	64367	GSK	200ML	R 83.85 INCL VAT	R 58.11 INCL VAT
RETROVIR INFUSION		64364	GSK	5X20ML	R 319.46 INCL VAT	R 122.94 INCL VAT
HIV POST EXPOSURE PACK		64368	GSK		R 49.80 INCL VAT	R 57.13 INCL VAT
ZIAGEN SYRUP	240ML	64447	GSK	240ML	R 339.13 INCL VAT	R 137.83 INCL VAT
ZIAGEN TABLETS	300MG	64446	GSK	60	R 895.41 INCL VAT	R 328.03 INCL VAT
TRIZIVIR		64389	GSK		R 1517.72 INCL VAT	R 490.57 INCL VAT
KIVEXA TABLETS		64471	GSK		R 922.26 INCL VAT	R 363.37 INCL VAT
CRIXIVAN CAPSULES	200MG	827258003	MSD	360	R 540.26 INC VAT	
CRIXIVAN CAPSULES	400MG	824445023	MSD	120	R 357.63 INC VAT	
CRIXIVAN CAPSULES	400MG	824445007	MSD	180	R 536.44 INC VAT	
STOCRIN TABLETS	50MG	712069001	MSD	30	R 43.23 INC VAT	
STOCRIN TABLETS	200MG	712070001	MSD	90	R 409.52 INC VAT	
STOCRIN TABLETS	600MG	703318001	MSD	30	R 219.01 INC VAT	
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 742.26 INC VAT	
BACTRIM DS		706442	ROCHE	10	R 69.17 INC VAT	
BACTRIM INFUSION		706418	ROCHE	AMPULES	R 206.15 INC VAT	
BACTRIM		706434	ROCHE	20	R 60.33 INC VAT	
VIRACEPT POWDER	50 MG/G	857211	ROCHE	144	R 326.18 INC VAT	
VIRACEPT TABLETS	250 MG	857203	ROCHE	270	R742.08 INC VAT	
SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	
SONKE NEVIRAPINE	200MG	709533	SONKE	60	R 171.00 INC VAT	
SONKE LAMI NEV STAV		709840	SONKE	60	R 231.19 INC VAT	
SONKE ZIDOVUDINE	300MG	709531	SONKE	60	R 228.00 INC VAT	
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT	
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT	
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT	
SONKE STAVUDINE	30MG	709530001	SONKE	60	R 34.18 INC VAT	
SONKE EFAVIRENZ	600MG	709528001	SONKE	30	R 134.52 INC VAT	

Disclaimer: The views of the editor and contributors do not necessarily reflect the views of the Southern African HIV Clinicians Society's President, Executive Committee or the Society's over 15 000 members.