



Transcript

SA HIV Clinicians Society Newsletter
February 2011

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Society Contact Details

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Important Reminder: Branch Meeting CPD Points

As noted in the October edition of *Transcript* and the September issue of the *Southern African Journal of HIV Medicine*, the Society has implemented a new policy on branch meeting CPD points. Effective 01st January 2011, **only members who have paid their subscription fees will receive CPD certificates for Society branch meeting attendance. CPD certificates will not be issued retroactively**; you must be a member in good standing on the date of the branch meeting to receive points. The Society branch meetings are still open to both members and non-members.

Message from the President

Linda-Gail Bekker has stepped down as editor of the Journal, after several years at the helm. "LGB" is one of Southern Africa's most notable (and liked!) HIV clinicians, and an internationally acclaimed scientist. We've been very lucky to have her in one of the Society's key posts. For those of you who do not know, editing a journal, even with the support of our colleagues at HPMG, is an enormous task, and she has pursued it with vigour and enthusiasm – we have a distribution list around 15 000 copies, making it one of the continent's largest medical journals.

But LGB, like so many of us, has many hats, is hopelessly oversubscribed, and has assessed that it is time to give someone else the chance to edit our Journal. She'll remain on our Exco, and we thank her for all her hard work in supporting the Society.

Below you'll find an obituary for Mick Graham, who helped the Society through a very difficult administrative patch in 2007/2008. He believed in the Society passionately, devoted time and energy to getting the boring bits of SOPS and TORS in the office sorted, enjoyed wine and argument equally and often, and was a good friend to me. We'll miss him.

Mick Graham

By Patrick Solan

Sadly we must say goodbye to Mick Graham who passed away in his sleep at his home in Johannesburg on the 6th of December 2010. A former Scunthorpe steelworker who became one of the most powerful leaders in the British trade union movement, Mick Graham was said by Paul Kenny, the general secretary of the 610,000 -strong GMB, to have helped improve the lives of people across the world.

Known to us all as the caring, warm Voluntary Services Overseas (VSO) member, who on retirement, chose to offer his services to South Africa. He initially joined RHRU, where he did wonderful work at The Golden Ark, a drop-in centre for children infected and affected by HIV/AIDS in Orange Farm.

He thereafter joined the SA HIV Clinicians Society as an Administrator, later filling the role of Acting General Manager until his VSO period expired and he chose to retire in August 2008.

His death came as a great shock to us all. He will be sadly missed by his son Matt, his grandchildren, his sisters and his many former colleagues and friends. Not the least of whom is myself.

Despite our different views regarding the role of trade unions in a modern democratic society, we became the very best of friends. Mick spent many weekends with me on my farm, and we often debated trade unions and other topics until the early hours of the morning. I miss him.

Now I Know Campaign

The Sunday Times and the 5th SA AIDS Conference have teamed up in a contest to encourage HIV testing. Winners will receive an all-expenses paid trip to the 5th SA AIDS Conference in Durban, scheduled 7-10 June 2011. Please help us spread the word and encourage patients, colleagues, partners and friends to enter the contest.

Enter the Sunday Times and the 5th SA AIDS Conference "Now I Know" Competition in just 3 easy steps:

1. Go for an HIV test
2. Take a photograph with your mobile phone of this memorable moment
3. Send it by MMS to 082 699 1710

Six lucky winners will be chosen to attend the 5th SA AIDS Conference from 7 – 10 June 2011 at the Durban International Convention Centre for free. All entries will be on display on the Wall of Fame at the Durban ICC during the Conference.

Contest Terms and Conditions:

- Entrants only need to go for an HIV test to qualify. The results of the HIV test remain confidential.
- Standard service provider MMS rates apply.
- Only mobile phone cameras may be used.
- Winners need to agree to be profiled by the Sunday Times.

Bursaries: 5th SA AIDS Conference

The Society is offering bursaries to its doctor and nurse members to attend the 5th SA AIDS Conference in Durban, scheduled 7-10 June, 2011.

Overview: The bursary will cover the conference registration fee, and each bursary holder will receive a reimbursement of R2, 200.00 towards their travel and accommodation costs (subject to eligibility – terms and conditions apply). The reimbursement will be paid after the conference, and bursary holders will be required to sign in at the Society exhibition stand on each day of the conference in order to be eligible for the reimbursement. The Society will organize the registration of successful applicants and pay the registration fee directly to the conference organisers. If you have already registered for the conference, please inform us of this in your application. Please note that the Society will not arrange for or pay for travel and/or accommodation – this is the responsibility of the individual.

Eligibility: All Society nurse and doctor members whose annual membership fees have been paid in full. Preference is given to members working in **rural and other under-resourced areas** and members **who have never before received a Society bursary**.

Bursary recipients who fail to attend the conference after the Society has paid their registration fees will be required to refund the Society for all expenses incurred.

- Application:** Please submit the following to fax: 011 341 0161 or e-mail: fatimas@sahivsoc.org
1. A brief outline of involvement in the field of HIV, with details of work in rural or under-resourced areas. Please include details of your current position and job title.
 2. A letter of support from applicant's manager/supervisor.
 3. A letter detailing a commitment and plan to provide information gained at the conference to colleagues.
 4. Contact information, including a telephone number, cell number, e-mail address and fax number. Please include your physical address and work address.

Closing date: 11 March 2011

Article: Identifying Mental Illness in People Living with HIV/AIDS

By: Diane Fine B.Soc.Sc (SW) Hons (PSW)

Emthonjeni Centre, School of Human and Community Development, University of the Witwatersrand, Johannesburg

In recent years clinicians working in HIV and AIDS have begun to recognise the relationship between mental health and HIV and AIDS. The indications are that as many as 43.7% of those living with HIV have a diagnosable mental illness and that this mental illness will impact on the progression of the disease and the ability to live optimally. Of these 43%, the largest numbers are experiencing mild depression (29%) while a further 11% are suffering from serious depression. Other common illnesses are anxiety, post-traumatic stress disorder and substance abuse. Smaller numbers of PLHA experience dementia though this is more frequently seen as the disease progresses.

It is important to identify possible mental illnesses in PLHA because those who are experiencing psychological distress are less likely to show good judgement and thus struggle to make responsible choices about behaviour. They may struggle to maintain a healthy lifestyle and adherence may be compromised.

Depression, substance abuse and mania or hypo-mania may increase the likelihood of engaging in risky sexual behaviours, and may reduce willingness to change these behaviours, which may in turn cyclically drive an increase in the abuse of substances.

People living with mental illness (PLMI) may struggle to fully understand prevention messages about HIV and Aids. They may be less assertive, may be forced to have sex, be unemployed and without steady income and may be homeless.

HIV infection may have an effect on the central nervous system and may cause deterioration in brain function. In addition, HIV associated dementia, depression, psychosis and cognitive motor disorder may manifest as the disease progresses. ARV's and particularly efavirenz may cause some of these symptoms so it is important to recognise where these symptoms originate.

Knowing your status can have a profound effect on mental well-being and could therefore contribute to the complex causal pathways that drive psychological disorders such as anxiety, depression and substance abuse.

Given the strong evidence of the impact that mental illness has on PLHA it is essential for practitioners to begin to identify, treat and support the psychological and psychiatric distress experienced by PLHA. Dr John Joska and his team in the Division of Psychiatry at UCT have been exploring the efficacy of a screening tool for identifying mental illness in PLHA. The tool being used is the SAMISS (the Substance Abuse and Mental Illness Symptoms Screener). In the SA Journal of HIV Medicine Dr Rita Thom, described this tool. The value of this tool is that it is reasonably quick and easy to administer and will identify most common mental illnesses.

The tool is attached below and scoring explanations can be found online at the [American Psychological Association website: \(http://www.apa.org/pi/aids/programs/bssv/integration.aspx](http://www.apa.org/pi/aids/programs/bssv/integration.aspx) under Mental Health Screening Instruments).

Substance Abuse and Mental Illness Symptoms Screener (SAMISS)

1. How often do you have a drink containing alcohol?

Never Monthly or less 2-4 times/mo 2-3 times/wk 4+ times/wk

2. How many drinks do you have on a typical day when you are drinking?

None 1 or 2 3 or 4 5 or 6 7-9 10 or more

3. How often do you have 4 or more drinks on 1 occasion?

Never Less than monthly Monthly Weekly Daily or almost daily

4. In the past year, how often did you use non prescription drugs to get high or to change the way you feel?

Never Less than monthly Monthly Weekly Daily or almost daily

5. In the past year, how often did you use drugs prescribed to you or to someone else to get high or change the way you feel?

Never Less than monthly Monthly Weekly Daily or almost daily

6. In the past year, how often did you drink or use drugs more than you meant to?

Never Less than monthly Monthly Weekly Daily or almost daily

7. How often did you feel you wanted or needed to cut down on your drinking or drug use in the past year, and were not able to?

Never Less than monthly Monthly Weekly Daily or almost daily

8. In the past year, when not high or intoxicated, did you ever feel extremely energetic or irritable and more talkative than usual?

Yes No

9. In the past year, were you ever on medication or antidepressants for depression or nerve problems?

Yes No

10. In the past year, was there ever a time when you felt sad, blue, or depressed for more than 2 weeks in a row?

Yes No

11. In the past year, was there ever a time lasting more than 2 weeks when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?

Yes No

12. In the past year, did you ever have a period lasting more than 1 month when most of the time you felt worried and anxious?

Yes No

13. In the past year, did you have a spell or an attack when all of a sudden you felt frightened, anxious, or very uneasy when most people would not be afraid or anxious?

Yes No

14. In the past year, did you ever have a spell or an attack when for no reason your heart suddenly started to race, you felt faint, or you couldn't catch your breath?

Yes No

If yes, please explain:

15. During your lifetime, as a child or adult, have you experienced or witnessed traumatic event(s) that involved harm to yourself or to others?

Yes No

If yes: In the past year, have you been troubled by flashbacks, nightmares, or thoughts of the trauma?

Yes No

16. In the past 3 months, have you experienced any event(s) or received information that was so upsetting it affected how you cope with everyday life?

Yes No

CONCLUSION

It is increasingly important to prevent, identify and treat mental illness in PLHA. This depends on the quality of the relationship between primary care providers and their patients. The counselling relationship provides the opportunity for PLMI to talk through their emotional distress, resolve some of their worries and find ways to live with their HIV status. It also provides an invaluable opportunity for the identification of mental illness within PLHA.

It is important to assess for suicide risk and to recognise when the primary health care worker cannot manage the patient and needs to refer for medication or further treatment. Remember though that mental illness carries similar levels of stigma to that

associated with HIV and that PLHA will be expected to deal with the dual stigma following this dual diagnosis. To effectively address the mental health concerns of PLHA it is necessary to develop skills in the service providers and a network for referral for further mental health services for those PLHA who require additional care.

References:

1. Joska, J.A., Kaliski, S.Z. & Benatar, S.R. (2005). Patients with severe mental illness: A new Approach to testing for HIV. *South African Medical Journal*, 95 (3).
2. Smart, T. (2009). Mental health and HIV: A Clinical Review. *HATIP: HIV and Aids Treatment and Practice* (145) Issue 145.
3. Collins, P., Holman, A., Freeman, M. Patel, V. (2006). What is the relevance of mental health to HIV/AIDS care and treatment programs in developing countries? A systematic review. *AIDS*, 20, 1571-1582
4. Freeman, M., Patel, V., Collins, P., & Bertolote, J. (2005). Integrating mental health in global initiatives for HIV/AIDS. *British Journal of Psychiatry*, 187, 1-3.
5. Thom, R. (2009). Common mental disorders in people living with HIV/AIDS. *Southern African Journal of HIV Medicine*, 35, 8-13
6. Substance Abuse and Mental Illness Symptoms Screener (SAMISS) www.hivresourcegroup.org

Branch Meeting Dates 2011

Please note that the below dates are provisional and may be subject to change. For more information, please contact the relevant branch coordinator.

PROVINCE /CITY	DATE	VENUE	TIME	COORDINATOR CONTACT DETAILS
EASTERN CAPE				
East London	To be confirmed	Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood	19:00	Ms Daphne Gernetzky Tel: 043 703 4300 Email: gernetzkyd@ampath.co.za
Mthatha	9 March 15 June 17 August 19 October			Dr Angela Smith Email: dr.angela.smith@gmail.com
Port Elizabeth	24 February 28 April 30 June 25 August 27 October 24 November	The President's Suite, St George's Cricket Ground	19:00	Dr Kas Kasongo: Tel: 041 451 4423 Email: kasongo@pathcare.co.za
FREE STATE				
Bloemfontein	To be confirmed	The Doctors Club, Medi-Clinic, Kellner Street, Bloemfontein	18:30	Dr Madaleen J Van Vuuren Email: mvanvuuren@pathcare.co.za
Welkom	31 March: launch 26 May 25 August 24 November			Dr Mandla Mphuthi Email: mandlamphuthi@hotmail.com Dr Ralph Nhiwatiwa Email: drnhiwatiwa2@hotmail.com
GAUTENG				
East Rand	To be confirmed			Dr Nana or Dr Sarang Tel: 011 421 1589 Email: blinds@iafrica.com
Johannesburg	24 February 31 March 28 April 26 May 30 June 28 July 25 August 29 September 27 October 24 November	Glenhove Conference Centre, 52 Glenhove Rd, Houghton	19:00 (subject to change)	Prof Francois venter Email: fventer@rhru.co.za Rsvp: Ms Natalie Martyn Tel: 079 393 4793 Email: nataliem@afrihost.co.za

Pretoria	3 March 7 April 5 May 2 June 7 July 4 August 1 September 6 October 3 November	Muelmed Hospital Boardroom, Pretorius St, between Hamilton and Leyds Streets	18:30	Dr Mariette Botes Tel: 012 440 0758 Email: mariette@hivpractice.co.za; Dr Lynne Webber Email: webberl@lancet.co.za Ms Elizabeth Malela Cell: 082 631 1588
POLOKWANE				
Pietersburg (New Branch)	To be confirmed	To be confirmed		Dr Sizeka Maweya Email: sizeka@webmail.co.za
KWAZULU NATAL				
Durban	16 March 18 May 20 July 21 September 16 November			Prof Yunus Moosa – moosay@ukzn.ac.za Ms Sue Anderson – sueand@absamail.co.za Dr Fundisiwe Chonco – choncof@ukzn.ac.za Ms Wendy Dhlomo Mphatswe – Mphatswe@ukzn.ac.za Rsvp Ms Natalie Martyn Tel: 079 393 4793 Email: nataliem@afrihost.co.za
MPUMALANGA				
Nelspruit	24 March 12 May 28 July 29 September	Nou's Toeka, Nelspruit	18:00	Dr Ebby Mkhabela Tel: (013) 755 1458 Email: ebby.mkhabela@righttocare.org
NORTHERN CAPE				
Northern Cape	30 March 25 May 31 August 30 November	Various locations		Mr Tsietsi Shushu Tel: 053 343 0011 Cell: 083 993 6976 Email: gtshu@yahoo.com
NORTH WEST PROVINCE				
KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein)	To be confirmed	Boardroom Klerksdorp Hospital		Ms Tanya Nielson Tel: 018 406 4241 Cell: 083 511 0075 Email: tnielson@auruminstitute.org
Lichtenburg	To be confirmed	Scott's Manor Guest House, 21 Bree St, Lichtenburg		Dr John Musonda Tel: (018) 632 3041 Cell: 078 360 9595 Email: jmusonda@nwpg.gov.za
Mafikeng	18 May 20 July 21 September 23 November		18:30	Dr Seli Bogatsu Email: bogatsusele@yahoo.com
Rustenburg	To be confirmed	Aurum Institute Rustenburg Research Centre, Corner Pretorius and Steen Streets, Rustenburg	18:30	Mr Benjamin Makhoana Tel: 014 592 2480 Email: bmakhoana@auruminstitute.org
WESTERN CAPE				
Cape Town	31 March 26 May 28 July 29 September 24 November			Dr Graeme Meintjes Email: graemein@mweb.co.za Rsvp: Ms Natalie Martyn Tel: 079 393 4793 Email: nataliem@afrihost.co.za
Paarl	24 February 31 March 26 May 28 July 29 September 24 November	Nelson's Creek Estate	18:30	Dr Dirk Hagemeister: Cell: 072 942 6218 Email: Dhagemei@pgwc.gov.za

BOTSWANA				
Gaborone (Southern Branch)	Meetings are held on the first Thursday of every month	Boehringer Institute	18:00	Dr Tafireyi Marukutira Email:sahivcs@gmail.com
Francistown (Northern Branch)	Meetings held on the first Wednesday of every month	Conference Room, Nyangabgwe Hospital	19:00	Dr KF Mompoti Tel: (00) 267 713 09897 Cell: (00) 267 241 2518 Dr Samba Nyirenda Tel: (00) 241 5222 ext 216 / 241 7105 Fax (00) 241 4704 Cell (00) 7131 8255
LESOTHO				
Lesotho	To be confirmed	Lehakoe Club (Central Bank of Lesotho)		Dr TG (Prithi) Prithiviraj Cell: (00) 266 6309 7068 Email: prithidel@gmail.com
NAMIBIA				
Windhoek and other centres	To be confirmed			Dr Flavia Mugala-Mukungu Tel: (00) 26 461 246 917 Email: namhivsoc@namibnet.com
ZAMBIA				
Lusaka	Third Wednesday of every other month	Various locations	17:30	Dr Timothy Meade Tel: (+26) 097 865 279 Email: corpmed@zamnet.zm Dr. Mike Bush Tel: (+26) 096 750 999 Email: bush.doctor@zamnet.zm
Ndola	Last Tuesday of every month	Savoy Hotel	18:00	Dr Mulenga Joseph: Tel: (+260) 955 889 571 Tel: (+260) 966 780 608 Tel: (+260) 977 572 462 Email: docmulengajo@zamtel.zm
ZIMBABWE				
Harare	To be confirmed			Dr Ingrid Landman tel: (00) 2634 704326 email: sharinghealth@zol.co.zw
Mutare	To be confirmed	Mutare Club	17:30	Dr Munyaradzi Mukuzunga Email: mukuzungam@vaccintrial.africa.ac.zw Email:mmukuzunga@yahoo.com

*If you are interested in starting up a Branch in your area please contact Fatima at (+27) 11 341 0162 or fatimas@sahivsoc.org
Please note that branch coordinators are volunteers and do not receive a salary or stipend from the Society.*

Emerging Issues Meetings - Johannesburg

The Emerging Issues meetings will take place on alternate months, at 18:00, immediately prior to the Johannesburg Branch meetings, at the Glenhove Conference Centre. The dates for Emerging Issues meetings in 2011 are as follows: **24 Feb, 28 April, 30 June, 24 August and 27 October.**

Important Information on CPD Points

Branch Meetings

All Society branch meetings held in South Africa are CPD accredited by SAMA, and health care workers who attend meetings will receive one CPD point for each hour of the presentation. Please note that as of 01 January 2011, CPD points **will only be awarded to Society members whose annual membership fees have been paid in full at the time of the branch meeting.**

We are now using an automated system for distributing CPD certificates, based on our membership database, so please remember to include your Society membership number on the meeting registers (for your convenience, your membership number will be e-mailed to you with the meeting invitations). If any of your colleagues who are not members of the Society would like to attend the meetings, they are most welcome to do so, but please ask them to first apply for membership on-line at:

www.sahivsoc.org

Questionnaires

Three points are awarded for the completion of each multiple choice questionnaire in the *Southern African Journal of HIV Medicine*, with a pass rate of 70%.

Questionnaires must be submitted online at: www.cpdjournals.org.za

If you experience any problems with on-line questionnaire system, please contact Gertrude Fani at: 021 681 7216.

Please note that the Society is no longer able to issue certificates for faxed or posted questionnaires from current or back-issues of the Journal.

Authors: Southern African Journal of HIV Medicine

Fifteen CPD points are awarded to the authors of all published articles, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points.

Why You Should Pay Attention to CPD Points: A Cautionary Tale

By: Prof Francois Venter

In 2009, I was deregistered from the HPCSA, along with hundreds of other health professionals, for not paying my annual fees on time. It transpired that I had in fact paid, and that there had been an administrative error, so I was reregistered. However, deregistration triggers an automatic audit of CPD points, and I got the dreaded 'submit or face the music' letter. Protests fell on deaf bureaucrat ears.

Luckily, I was a member of the Society (actually, headed it!), had been for years, so was able to get my various CPD certificates for the last few years, and submit. I didn't have sufficient ethics points, but that is a separate story.

Since then, it seems that more and more Society members are being audited, causing lots of anxiety.

So here's the rub. The Society maintains databases of CPD points, at a large administrative, financial and time cost. We also have a large number of members who don't pay their (small) membership fee, on time; we are an NGO, and therefore highly dependent on this income stream. The Society is under no obligation to issue CPD points to non-members or those not paid up, and we have taken a decision to no longer do so. MPS, SAMA and other organisations don't provide unpaid members with services.

So, if you are not paid up, you can attend branch meetings/ other events and fill in the register, but we will NOT capture this information, and we will not be able to bail you out when the CPD police come knocking. We will also not retrospectively capture points – so don't think waiting for the audit and then paying is going to work. Sorry to be draconian, but it doesn't seem a lot to expect from members, and the CPD maintenance is a large amount of work.

Pay up. It's cheap, and you get lots of benefits. And you'll thank me for pushing you when the scary letter comes in the post.

Articles for Society Publications

The Society is always willing to accept articles for consideration for inclusion in its publications, the *Southern African Journal of HIV Medicine*, *HIV and Nursing Magazine* and *Transcript*.

1. ***Southern African Journal of HIV Medicine***: Articles should be submitted to the editor online at www.sajhivmed.org.za. Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will be subject to a peer review. The authors of all published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors. The latest edition of the Journal can be viewed online at: <http://www.sajhivmed.org.za/index.php/sajhivmed/issue> and previous editions are available on the Journal website: go to www.sajhivmed.org.za and click on "Archives".
2. ***HIV and Nursing Magazine***: Articles cannot exceed 1500 words and should be submitted to the editor, Nelouise Geyer, via email: Nelouise@sahivsoc.org.
3. ***Transcript***: The Society will include resources relevant to clinicians, e.g. information on trainings, events, books, materials or other items, in *Transcript*. Short articles on timely issues are also considered. Please send resource information or article suggestions to Laurie Schowalter at laurie@sahivsoc.org.

Training Courses

1. CLINICAL HIV MANAGEMENT COURSE OFFERED BY THE REPRODUCTIVE HEALTH AND HIV RESEARCH UNIT, OF THE UNIVERSITY OF THE WITWATERSRAND

This full time, Johannesburg based two week course includes:

Module 1: Overview - History of HIV to palliative care

Module 2: Basic science

Module 3: TB and other opportunistic infections – prevention, diagnosis and treatment

Module 4: ARVs

Both adult and paediatric treatment and care are covered during the course. Field trips to leading Johannesburg ARV clinics are also part of the 10 day learning experience. 32 CPD points are awarded to participants attending every session and the course provides sound preparation for doctors planning to take the College of Medicine's HIV Management Diploma examination.

Fees are R6 000 or \$US 723.00 for non-South African residents with limited bursaries available.

For further details and application forms visit www.rhru.co.za or contact course co-ordinator Mercy Mopedi: Tel: 011 358 5312 or e-mail: mmopedi@rhru.co.za

Course Date	Closing date for applications
30 May - 10 June 2011	28 March 2011
5 - 16 September 2011	27 June 2011

2. TOGA AND KIMERA MASTERCLASS PROGRAMME IN HIV MEDICINE 2011

Time: 08:00 - 10:00

Venue: The Upstairs Boardroom, Toga Laboratory, Meadowdale Office Park, Edenvale, Johannesburg

Coordinator: Dr Dave Spencer, Senior Physician, Toga Laboratory

Contact: Ms Marie du Bois: tel: 011 663-6503

The classes are offered free of charge but space is limited, and those are interested in attending should call to reserve a place.

Date	Topic	Speaker
4 February	Basic Science and HIV: Update on Immunology	Marcelle Erasmus
4 March	Clinical HIV Medicine: The CNS. New Developments.	Dave Spencer
1 April	Epidemiology: South Africa. What are the Issues and what is the Future?	Francois Venter
6 May	The Virus. Current Developments in the Field.	Lynn Morris
3 June	The Politics of HIV Care in Africa	Nicola Natrass
5 August	HIV and the Respiratory Tract. What can we learn?	Mervyn Mer
2 September	HIV and Ethics Part I: Lessons from Non-disclosure. The Virus Speaks.	Joyce Marshall
7 October	HIV and Ethics Part II: Failure to Seek Care. Failure to Remain in Care.	Dave Spencer
4 November	Clinical HIV: The Skin and the HIV – Infected Patient.	Unconfirmed: Nella Grilo. Provisional dermatologist from Bara.

3. **COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA):**

Examination Structure: Exit Examination: 2 written papers, no oral examination.

Requirements: 6 months supervised training at a teaching or CMSA-approved hospital OR 6 months in an HIV Clinic PLUS 10 day's attendance of HIV Management courses.

For more information on fees, examination dates, syllabus and candidate requirements, please contact the Colleges of Medicine:

Tel: 011 726 7037

Website: <http://www.collegemedsa.ac.za>

4. **FOUNDATION FOR PROFESSIONAL DEVELOPMENT COURSES 2011:**

For more information please contact the Foundation for Professional Development:

Contact person: Stacey Dias

Tel (012) 816 9107 or 0861 98 88 98

E-mail: staceyd@foundation.co.za or foundation@foundation.co.za

Website: www.foundation.co.za

Course	Points	Dates	City
Clinical Management of HIV/AIDS for Health Care Professionals	30 CEU's (level 2)	11-13 Feb 18-19 March 13-15 May 16-18 Sept 11-13 Nov	Pretoria Kwa-Zulu Natal Cape Town Port Elizabeth Limpopo
HIV/AIDS Refresher Seminar	6 CEU's (level 1)	16 July 29 Oct	Kimberly Mpumalanga
Paediatric HIV/AIDS Management Course	30 CEU's (level 2)	08-10 April 08-09 Oct	Cape Town Pretoria
HIV/AIDS in the Workplace	30 CEU's (level 2)	08-10 July	Limpopo
Integrated Management of TB/STI & HIV	30 CEU's (level 2)	02-04 Sept 02-03 Dec	Kwa-Zulu Natal Pretoria

5. **STELLENBOSCH UNIVERSITY NURSING DIVISION: CERTIFICATE IN THE MANAGEMENT OF PATIENTS ON ANTIRETROVIRAL AND TUBERCULOSIS TREATMENT (CMART)**

The course consists of a 5 day initial workshop that includes specialized skills training, followed by 20 weeks of clinical practice and distance e-learning. Successful graduates will earn a certificate and have the expertise to assess, diagnose, prescribe medication and manage clients with HIV/AIDS and TB in Primary Health Care.

The course will begin in July and end in December. The application deadline is **10 June 2011**.

Who should enroll: Any registered nurse working in a Primary Health Care facility and who is able to work at clinics or hospitals where there are initiating adults, children and pregnant women on ART.

Course content: CMART provides the nurse participant with evidence-based clinical management strategies for HIV/AIDS and TB. The course includes training in adult and paediatric care, treatment guidelines and PMTCT.

Admission requirements: A professional degree or diploma in general nursing
Current registration with SANC
Computer literacy and internet access
Practicing in an ART site or future ART site within which HIV/AIDS and TB management is/will be an i service or able to do practical hours in an ART site to meet logbook requirements

Cost: R 9 000 tuition plus R 1 500 for course study material

Application process: Application forms are available: Faculty of Health Sciences, Tygerberg Campus, Nursing Div.
*Western Cape applicants must apply through the PGWC Nursing Directorate

6. **RESEARCH METHODS COURSE IN SEXUAL & REPRODUCTIVE HEALTH; HIV AND GENDER BASED VIOLENCE**

The objectives of the course is to strengthen the research capabilities of participants and through this to increase research capacity in the African Region; provide skills in research methodology allowing participants to initiate research, participate in research and to critically appraise research findings; familiarize participants with the major SRH/HIV issues affecting the African Region; create a network of alumni to facilitate information exchange and research collaboration in the African region.

The course begins on the **1st August** and ends on the **26th August 2011**. Daily attendance is compulsory.

The minimum criteria to apply:

- A medical degree as a minimum level of acceptance or relevant other first degree, at good honours level
- Experience in the field of sexual & reproductive health/HIV
- Applicant is conducting research or planning to conduct research in the area of reproductive health/HIV
- Willingness and ability to apply their knowledge in their current work situation and future career

Applicants with an MPH are considered to be overqualified and therefore not eligible to apply.

Closing date for applications: **4th March 2011**

Application forms and more information about the course are available on www.rhru.co.za

The fees are not set yet due to currency fluctuations. Please contact the course coordinator for more information:

jwhite@rhru.co.za or +27 11 358 5519

7. **SCHOOL OF NURSING, UNIVERSITY OF THE FREE STATE**

2011 CREDIT BEARING SHORT LEARNING PROGRAMMES

NAME	CREDITS	COST	DURATION	DATE/S
HIV & AIDS Care 1 st Course	36	R2,800.00	6 days	11/02/2011; 25/02/2011; 04/03/2011; 23/03/2011; 24/03/2011; 25/03/2011
HIV & AIDS Care 2 nd Course	36	R2,800.00	6 days	11/02/2011; 25/02/2011; 04/03/2011; 23/03/2011; 24/03/2011; 25/03/2011
IMCI 1 st Course	16	R3,700.00	10 days	28/03/2011 – 08/04/2011
IMCI 2 nd Course	16	R3,700.00	10 days	04/07/2011 – 15/07/2011
WOUND CARE: Assessment of a wound and wound bed preparation	6	R1,750.00	2 days	Dates to be advised for 2011
WOUND CARE: Diabetic foot	5	R1,100.00	2 days	Dates to be advised for 2011
WOUND CARE: Lower leg ulcers	5	R2,000.00	2 days	Dates to be advised for 2011
WOUND CARE: Pressure ulcers	3	R650.00	1 day	Dates to be advised for 2011
WOUND CARE: Burns	5	R1,720.00	2 days	Dates to be advised for 2011
BLOOD TRANSFUSION PRINCIPLES AND PRACTICE	32	R3,990.00	4 days	12/03/2011; 16/04/2011; 21/05/2011 + 1 elective date
SEXUAL & REPRODUCTIVE HEALTH 1 st Course	32	R3,500.00	5 days	09/03/2011; 23/03/2011; 13/04/2011; 11/05/2011; 08/06/2011
SEXUAL & REPRODUCTIVE HEALTH 2 nd Course	32	R3,500.00	5 days	20/07/2011; 10/08/2011; 24/08/2011; 07/09/2011; 21/09/2011

For further information and application forms please contact:

Diane Keegan

Tel: 051 - 4013629 Fax: 051 – 4013282

E-mail: KeeganD@ufs.ac.za

Conferences 2011

1. CONFERENCE ON RETROVIRUSES AND OPPORTUNISTIC INFECTIONS (CROI 2011)

Date: 27 February – 02 March
Venue: Boston, Massachusetts
Website: <http://www.retroconference.org/2011/>

2. 5TH INTEREST WORKSHOP

Date: 10-13 May 2011
Venue: Dar es Salaam, Tanzania
Website: <http://www.virology-education.com/>

3. 5TH SA AIDS CONFERENCE

Date: 7 – 10 June 2011
Venue: International Convention Centre, Durban
Website: <http://www.saaids.com>
South Africa contact: 0861 115 182 (Tel)
 0861 115 181 / 5 / 0 (Fax)
International contact: +27 (0)12 816 9000 (Tel)
 +27 (0)12 807 7191/7153 (Fax)

4. 6TH IAS CONFERENCE ON HIV PATHOGENESIS, TREATMENT AND PREVENTION (IAS 2011)

Date: 17–20 July 2011
Venue: Rome
Website: <http://ias2011.org>

Resources and Services Available

TOLL FREE NATIONAL HEALTH CARE WORKER HOTLINE

Contact details for the Hotline:

Tel: 0800 212 506 or 021 406 6782

E-mail: pha-mic@uct.ac.za

Fax: 021 448 0503

Alternatively, send a **SMS** or “**Please Call Me**” to **071 840 1572**, and someone will call you back.

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

HIV SUPPORT WEBSITE

www.hivsupport.co.za is a website for people living with HIV and AIDS (PLWHA) in South Africa. The purpose is two-fold: to offer an information-portal to South Africans LWHA and to provide a *free* 24/7 online support group for PLWHA, families and supporters. Featured topics will include PMTCT, children with HIV, TB and HIV, state drugs and other locally applicable information. Currently the site provides some basic information, with plans to grow and add the support group within the next couple of months. Please feel free to refer your patients to the website.

BACK ISSUES OF THE SOUTHERN AFRICAN JOURNAL OF HIV MEDICINE

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact 011 341 0162 or email: sahivsoc@sahivsoc.org

UNAIDS NEWSLETTER

The UNAIDS Quarterly Newsletter provides useful summaries of recent studies on HIV in developing countries. Subscribe online for free at: <http://www.unaids.org/Services/Subscribe.aspx?displaylang=en>

PROBONO.ORG HIV / AIDS LEGAL CLINIC

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering free legal advice and services to people experiencing HIV/AIDS related discrimination. The clinic is staffed by attorneys who make themselves available on a *pro bono* basis, and assist clients with legal advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation. As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter

on a *pro bono* basis.

When: 9h00 – 12h00 every Tuesday
Where: 1st Floor, West Wing
 Women's Jail, Constitution Hill
 1 Kotze Street, Braamfontein
Contact: Tel: 011 339 6080; E-mail: phumi@probono-org.org

The Society Guidelines

The Society has published the following guidelines in the *Southern African Journal of HIV Medicine*:

- **Displaced Populations:** Published in 2007 (Issue 26)
- **Nutrition:** Chapters 1 & 2 published in June 2007 (Issue 27). Chapters 3 - 6 published in April 2008 (Issue 29)
- **Cryptococcal Meningitis:** Published in December 2007, with poster (Issue 28)
- **Adult ART:** Published in April 2008 (Issue 29)
- **Prisoners:** Published in June 2008, with poster (Issue 30)
- **Renal Replacement Therapy:** Published in June 2008 (Issue 30)
- **Post-Exposure Prophylaxis:** Published in November 2008 (Issue 31)
- **Criteria for Expedited ARV Initiation:** Published in March 2009 (Issue 33)
- **ARV therapy in Children:** Published in December 2009 (Issue 36)

The above guidelines are available from the Society (contact: 011 341 0162 or e-mail: sahivsoc@sahivsoc.org). They can also be downloaded from the Society website: www.sahivsoc.org or the SA Journal of HIV Medicine website: www.sajhivmed.co.za
 The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines: **ATLANTIC PHILANTHROPIES, ASPEN, CIPLA MEDPRO, PFIZER, THE UNHCR**

Recommended Reading

Handbook of HIV Medicine (2nd Edition) edited by Douglas Wilson, Mark Cotton, Linda-Gail Bekker, Tammy Meyers, Francois Venter, and Gary Maartens, published by Oxford University Press. The second edition of the handbook is now available from: Oxford University Press: Tel: 021 5961222, e-mail: orders.za@oup.com or website: <http://www.oxford.co.za>

The Clinical Practice of HIV Medicine by Dr David C Spencer. (Please note this book is out of print and copies are no longer available. A second edition is planned for publication later this year.)

HIV/AIDS in South Africa edited by SS Abdool Karim and Q Abdool Karim, published by Cambridge University Press. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. To order a copy, contact Cambridge University Press: tel: (021) 412 7800, fax: (021) 419 0594, email: orders@cambridge.org or website: www.cambridge.org

Medical Management of HIV Infection (South African Edition) by John G. Bartlett, MD, Joel E. Gallant, MD MPH and Dr FM Conradie, published by TheraSim in cooperation with the Foundation for Professional Development, 2008. For an electronic version of the international edition of this book, go to: www.bartlettthiv.org

Aid for AIDS Clinical Guidelines 8th edition 2010/2011 Contributors: Prof. Gary Maartens, Prof. Mark Cotton, Prof. Graeme Meintjes, Prof. Marc Mendelson, Dr. Helena Rabie, AfA Clinical Staff. Editors: Dr. Leon Regensberg, Mrs. Colleen Whitelaw. The guidelines have been thoroughly revised and updated. New sections, including HIV and the Traveller, Infection Control / Prevention and Hepatitis B coinfection, have been added. The section on managing ART and TB drug hepatotoxicity has been expanded. In order to assist practitioners further, a poster-size simplified guide to antiretroviral therapy in adults has been included. To order a free copy, send an email to afa@afadm.co.za with your postal address, or phone AfA on 0860 100 646.

Adult HIV: A learning programme for professionals by the Desmond Tutu HIV Foundation, published by Electric Book Works, 2008. For more information on downloading or ordering a copy, go to: www.EBWhealthcare.com

Primary HIV Clinical Care (5th Ed) by Dr Clive Evian, published by Jacana Media. This is a practical guide for health care personnel in primary care centres. It includes HIV clinical care for adults, children and pregnant women with latest updated national guidelines. To order a copy, contact Jacana Media: tel (011) 628 3200, fax (011) 482 7282, email orders@jacana.co.za or website: www.jacana.co.za

Witness to AIDS by Judge Edwin Cameron, published by Tafelberg. To order a copy, go to: www.witnesstoaid.com

Health & Democracy - a guide to human rights, health law and policy in post apartheid South Africa by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy, contact the AIDS Law Project: tel: (011) 356 4100.

The Virus, Vitamins and Vegetables edited by Kerry Cullinan and Anso Thom of Health-e News Service, published by Jacana Media.

A collection of essays by some of South Africa's foremost HIV / AIDS writers, doctors and activists, examining the tragedy of AIDS denialism in South Africa. To order a copy of the book contact: editor@health-e.org.za

Changing the Course of AIDS: Peer Education in South Africa and its lessons for the Global Crisis by David Dickinson, Published by Cornell University Press, 2009. To order a copy of the book contact marketing@blueweaver.co.za or call 021 701 4477

HIV & the Criminal Law by Edwin J. Bernard, Published NAM, 2010. To order a copy of the book email info@nam.org.uk alternatively access the book online at www.aidsmap.com/law

Clouds Move by Derrick Fine, Published by the Openly Positive Trust, 2007. To order a copy of the book email opositive@iafrica.com or visit www.kalahari.net

Internet-based Discussion Groups

The Society currently operates three internet based discussion groups, which assist health care workers to build their capacity to deal with HIV-related clinical and ethical questions through the use of case studies:

- **Paediatric Discussion Group (Manager/Moderator: Dr Leon Levin):**
To join please send your e-mail address to Dr Leon Levin: leonlevin@54.co.za
- **Adult HIV Discussion Group (Manager/Moderator: Dr Francesca Conradie):**
To join please send your first name, surname and email address to Dr Francesca Conradie: adghiv@witshealth.co.za
- **HIV Policy and Ethics Discussion Group (Manager: Ms Marlise Richter):**
To join please send your name, surname and e-mail address to Marlise at: ethics.policy@gmail.com
(To view past debates: <http://groups.google.com/group/policy-ethics?hl=en>)

The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

WARNING: additional fees may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press.* Updated prices are available at:

www.sahivsoc.org

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE
KALETRA SYRUP		700924	ABBOTT	300ML	R 305.49 INC VAT
NORVIR CAPSULES	100MG	836095014	ABBOTT	84	R 98.39 INC VAT
NORVIR SYRUP	80MG/ML	838527035	ABBOTT	90ML	R 84.44 INC VAT
ALUVIA TABS	LOP 200MG + RIT 50MG	710028001	ABBOTT	120	R 370.99 INC VAT
ALUVIA 100/25	LOP 100MG + RIT 25MG	715433001	ABBOTT	60	R 77.07 INC VAT
ADCO-EFAVIRENZ	600MG	709545001	ADCOCK	30	R 165.10 INC VAT
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 96.51 INC VAT
ADCO-LAMIVUDINE SOLUTION	10MG/1ML	708708001	ADCOCK	240ML	R 76.82 INC VAT

ADCO-LAMIVUDINE ALCOHOL & SUGAR FREE	10MG/1ML	708713001	ADCOCK	240ML	R 76.82 INC VAT
ADCO-NEVIRAPINE (BLISTER)	200MG	707961001	ADCOCK	60	R 181.20 INC VAT
ADCO-ZIDOVUDINE	300MG	707960001	ADCOCK	60	R 243.60 INC VAT
ADCO-ZIDOVUDINE SYRUP	50MG/5ML	708709001	ADCOCK	200ML	R 81.57 INC VAT
ADCO-ZIDOVUDINE ALCOHOL & SUGAR FREE	50MG/5ML	708711001	ADCOCK	200ML	R 81.57 INC VAT
ABACAVIR SOLUTION	20MG/ML	713758001	ASPEN	240ML	R 254.35 INC VAT
ABACAVIR TABS	300MG	715063001	ASPEN	60	R 715.92 INC VAT
DIDANOSINE	25MG	703330001	ASPEN	60	R 116.43 INC VAT
DIDANOSINE	50MG	703332001	ASPEN	60	R 115.07 INC VAT
DIDANOSINE	100MG	703333001	ASPEN	60	R 122.41 INC VAT
DIDANOSINE	150MG	703392001	ASPEN	60	R 171.39 INC VAT
EFAVIRENZ	600MG	710019001	ASPEN	30	R 165.88 INC VAT
LAMIVUDINE	150MG	703716001	ASPEN	60	R 97.86 INC VAT
LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 76.90 INC VAT
LAMZID (AZT+3TC)	AZT 150MG+ 3TC 300MG	703627001	ASPEN	60	R 325.97 INC VAT
NEVIRAPINE	200MG	703718001	ASPEN	60	R 189.54 INC VAT
NEVIRAPINE SUSPENSION	10MG/ML	704731001	ASPEN	240ML	R 129.01 INC VAT
PREZISTA (DARUNAVIR)	300MG	715303001	ASPEN	120	R 977.72 INC VAT
STAVUDINE	15MG	704885001	ASPEN	60	R 33.39 INC VAT
STAVUDINE	20MG	701172001	ASPEN	60	R 37.27 INC VAT
STAVUDINE	30MG	701174001	ASPEN	60	R 42.85 INC VAT
STAVUDINE	40MG	701175001	ASPEN	60	R 47.73 INC VAT
TENOFOVIR	300MG	715056001	ASPEN	30	R 210.90 INC VAT
TENOFOVIR & EMTRICITABINE	TDF 300MG + FTC 150MG	715579001	ASPEN	30	R 313.50 INC VAT
TRUVADA (TDF+FTC)	TDF 300MG + FTC 150MG	708254001	ASPEN	30	R 427.15 INC VAT
VIREAD (TENOFOVIR)	300MG	708253001	ASPEN	30	R 258.05 INC VAT
ZIDOVUDINE	100MG	705452001	ASPEN	100	R 149.99 INC VAT
ZIDOVUDINE	250MG	705455001	ASPEN	60	R 299.63 INC VAT
ZIDOVUDINE	300MG	703712002	ASPEN	60	R 261.84 INC VAT
ZIDOVUDINE SYRUP	50MG/ML	703713001	ASPEN	200ML	R 88.05 INC VAT
AURO-ABACAVIR ORAL SOLUTION	20MG/ML	715494001	AUROBINDO	240ML	R 254.34 INC VAT
AURO-EFAVIRENZ	50MG	710592001	AUROBINDO	30	R 31.19 INC VAT
AURO-EFAVIRENZ	200MG	710593002	AUROBINDO	90	R 297.98 INC VAT
AURO-EFAVIRENZ	600MG	710594001	AUROBINDO	30	R 164.93 INC VAT
AURO-LAMIVUDINE	150MG	710602001	AUROBINDO	60	R 97.29 INC VAT

AURO-LAMIVUDINE ORAL SOLUTION	10MG/ML	710603001	AUROBINDO	240ML	R 77.62 INC VAT
AURO-LAMIZIDO	150MG/300MG	710596001	AUROBINDO	60	R 325.70 INC VAT
AURO-NEVIRAPINE	200MG	710606001	AUROBINDO	200	R 189.53 INC VAT
AURO-NEVIRAPINE ORAL SUSPENSION	50MG/5ML	710604001	AUROBINDO	240ML	R 128.89 INC VAT
AURO-STAVUDINE	30MG	710589001	AUROBINDO	60	R 41.31 INC VAT
AURO-STAVUDINE POWDER FOR ORAL SOLUTION	1MG/ML	710591001	AUROBINDO	200ML	R 27.44 INC VAT
AURO-ZIDOVUDINE	100MG	710597002	AUROBINDO	100	R 221.76 INC VAT
AURO-ZIDOVUDINE	300MG	710600001	AUROBINDO	60	R 261.78 INC VAT
AURO-ZIDOVUDINE ORAL SOLUTION	50MG/5ML	710634001	AUROBINDO	240ML	R 83.02 INC VAT
AURO-ZEFIN	300MG	715072001	AUROBINDO	30	R 219.34 INC VAT
HYDREA CAPSULES	500MG	731706	BMS	100	R 223.97 INC VAT
REYATAZ	150MG	708257	BMS	60	R 345.50 INC VAT
REYATAZ	200MG	708258	BMS	60	R 434.72 INC VAT
VIDEX TABLETS	50MG	842961	BMS	60	R 138.86 INC VAT
VIDEX EC TABLETS	250MG	704783	BMS	30	R 199.90 INC VAT
VIDEX EC TABLETS	400MG	703785	BMS	30	R 257.97 INC VAT
ZERIT CAPSULES	15MG	841315	BMS	60	R 54.36 INC VAT
ZERIT CAPSULES	20MG	837458	BMS	56	R 54.26 INC VAT
ZERIT CAPSULES	30MG	841323	BMS	60	R 54.26 INC VAT
ZERIT CAPSULES	40MG	837407	BMS	60	R 54.26 INC VAT
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER-INGELHEIM	60	R 189.55 INC VAT
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER-INGELHEIM	240ML	R 131.64 INC VAT
CIPLA-ABACAVIR	300MG	714098001	CIPLA	60	R 715.92 INC VAT
CIPLA-ABACAVIR SOLUTION	20MG/ML	714099001	CIPLA	240ML	R 270.80 INC VAT
CIPLA-DIDIVIR	300MG	715091001	CIPLA	30	R 313.50 INC VAT
CIPLA-DUOVIR		707300001	CIPLA	60	R 310.61 INC VAT
CIPLA-DUOVIR & EFAVIRENZ TABLETS CO-PACK	600MG	712993001	CIPLA	30 x tabs 3's	R 379.62 INC VAT
CIPLA-EFAVIRENZ	600MG	709331001	CIPLA	30	R 164.92 INC VAT
CIPLA-LAMIVUDINE TABS	150MG	701282003	CIPLA	60	R 103.08 INC VAT
CIPLA-LAMIVUDINE TABS	300MG	709337001	CIPLA	30	R 103.08 INC VAT
CIPLA-LAMIVUDINE ORAL SOLUTION	50MG/5ML	704041001	CIPLA	100ML	R 31.59 INC VAT
CIPLA-LAMIVUDINE ORAL SOLUTION	50MG/5ML	704041002	CIPLA	240ML	R 75.81 INC VAT
CIPLA-NEVIRAPINE TABS	200MG	704036001	CIPLA	60	R 189.54 INC VAT

CIPLA-NEVIRAPINE ORAL SUSPENSION	50MG/5ML	704040001	CIPLA	240ML	R 122.32 INC VAT
CIPLA-STAVIR 30	30MG	701342001	CIPLA	60	R 39.90 INC CAT
CIPLA-TENOFOVIR	300MG	714097001	CIPLA	30	R 210.90 INC VAT
CIPLA-TRIOMUNE-30		707970001	CIPLA	60	R 284.49 INC VAT
CIPLA-ZIDOVUDINE CAPSULES	100MG	704037001	CIPLA	100	R 173.18 INC VAT
CIPLA-ZIDOVUDINE	100MG	704037002	CIPLA	120	R 207.81 INC VAT
CIPLA-ZIDOVUDINE TABS	300MG	704038001	CIPLA	60	R 275.97 INC VAT
CIPLA-ZIDOVUDINE ORAL SOLUTION	50MG/5ML	704039001	CIPLA	100ML	R 40.25 INC VAT
CIPLA-ZIDOVUDINE ORAL SOLUTION	50MG/5ML	704039002	CIPLA	200ML	R 80.51 INC VAT
3TC TABLETS	150MG	821632019	GSK	60	R 120.48 INC VAT
3TC SOLUTION	50MG/5ML	821640003	GSK	240ML	R 85.51 INC VAT
COMBIVIR (AZT+3TC)	AZT 300MG + 3TC 150MG	875821006	GSK	60	R 365.94 INC VAT
HIV STARTER PACK (AZT+3TC)	AZT 100MG + 3TC 150MG	842346008	GSK	3 DAY KIT	R 53.48 INC VAT
KIVEXA (3TC+ABC)	3TC 300MG + ABC 600MG	707321001	GSK	30	R 922.26 INC VAT
RETROVIR CAPSULES (AZT)	100MG	784265003	GSK	100	R 230.18 INC VAT
RETROVIR CAPSULES (AZT)	250MG	837350026	GSK	60	R 315.88 INC VAT
RETROVIR TABLETS (AZT)	300MG	885317002	GSK	60	R 344.17 INC VAT
RETROVIR IVI	20MG/1ML	825018005	GSK	INF 200MG 5's	R 343.11 INC VAT
RETROVIR SYRUP	50MG/5ML	794236006	GSK	200ML	R 90.05 INC VAT
TELZIR (FOSAMPRENAVIR)	700MG	712478001	GSK	60	R 1481.48 INC VAT
TELZIR SUSPENSION (FOSAMPRENAVIR)	50MG/ML	713582001	GSK	225ML	R 494.89 INC VAT
TRIZIVAR (AZT+3TC+ABC)	AZT 300MG +3TC 150MG +ABC 300MG	703537001	GSK	60	R 1630.03 INC VAT
ZIAGEN (ABC)	300MG	898531003	GSK	60	R 961.67 INC VAT
ZIAGEN SOLUTION (ABC)	100MG/5ML	898538009	GSK	240ML	R 364.22 INC VAT
ATRIPLA TABLETS	EFV 600MG + FTC 200MG + TDF 300MG	715578001	MSD	30	R 483.78 INC VAT
CRIXIVAN CAPSULES	200MG	827258003	MSD	360	R 580.24 INC VAT
CRIXIVAN CAPSULES	400MG	824445023	MSD	120	R 384.09 INC VAT
CRIXIVAN CAPSULES	400MG	824445007	MSD	180	R 576.14 INC VAT
STOCRIN TABLETS	50MG	712069001	MSD	30	R 39.10 INC VAT
STOCRIN TABLETS	200MG	712070001	MSD	90	R 370.42 INC VAT
STOCRIN TABLETS	600 MG	703318001	MSD	30	R 217.67 INC VAT

BACTRIM		706434	ROCHE	20	R 64.79 INC VAT
BACTRIM DS		706442	ROCHE	10	R 69.17 INC VAT
BACTRIM INFUSION		706481	ROCHE	AMPULES	R 221.41 INC VAT
VIRACEPT POWDER	50MG/G	857211	ROCHE	144	R 350.31 INC VAT
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 797.18 INC VAT
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT
SONKE EFAVIRENZ	200MG	709529001	SONKE	90	R 207.94 INC VAT
SONKE EFAVIRENZ	600MG	709528001	SONKE	30	R 134.52 INC VAT
SONKE LAMIVUDINE	150MG	703378001	SONKE	60	R 44.40 INC VAT
SONKE LAMI+ZIDO	150MG + 300MG	707971001	SONKE	60	R 250.80 INC VAT
SONKE LAMI NEV STAV	150MG+200MG+ 30MG	709840001	SONKE	60	R 231.19 INC VAT
SONKE NEVIRAPINE	200MG	709533001	SONKE	60	R 171.00 INC VAT
SONKE STAVUDINE	30MG	709530001	SONKE	60	R 34.18 INC VAT
SONKE TENOFOVIR	300MG	714993001	SONKE	60	R 204.06 INC VAT
SONKE ZIDOVUDINE	300MG	709531001	SONKE	60	R 228.00 INC VAT

***Roche prices were last confirmed in October 2010.**

Disclaimer: The views of the editor and contributors do not necessarily reflect the views of the Southern African HIV Clinicians Society's President, Executive Committee or the Society's members.