



Transcript

SA HIV Clinicians Society Newsletter

Editor: **Chloe Hardy**

February 2009

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Society Contact Details

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Message from the General Manager

Dear Member

I hope that you are well and back into the swing of things for 2009. Kindly ensure that your contact details are updated to continue to receive notification of meetings via e-mail and the Journal through the post. You may also have noticed that we have increased the membership subscriptions for 2009. This was necessary since the cost of postage has increased dramatically. The fees for 2009 are as follows:

- Doctors in private practice: R290 per year
- Doctors in public sector: R145 per year
- Associate members: R115 per year

Please note that your membership is valid for 12 months from the date that you last paid, so please ensure that your subscriptions are paid.

We are pleased to report that our website is now up and running, with a fresh new look. We hope that you will find it useful. Please visit the site at: www.sahivsoc.org

A new edition of Transcript will now be distributed every two months, and the first edition of the Journal for 2009 will be published in time for the 4th AIDS Conference. We hope to see you all at the conference.

Warmest Regards

Fatima

Branch Meeting Dates 2009

Please note that some of the below dates are provisional and may be subject to change – for more information, please contact the relevant branch coordinator.

EASTERN CAPE

East London:

Dates 2009: 4 March (further dates to be confirmed). **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood, East London. **Time:** 19:00. **More information:** Daphne Gernetzky: tel: 043 703 4000 or email: gernetzkyd@ampath.co.za

Mthatha:

Dates 2009: 14 March, 12 June, 19 September, 14 November. **Venue:** Holiday Inn, Mthatha. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: lungisa@iafrica.com

Port Elizabeth:

Dates 2009: 26 February, 26 March, 23 April, 28 May, 25 June, 30 July, 27 August, 29 October, 26 November. **Venue:** To be confirmed. **Time:** 19:00 for 19:30. **More information:** Dr Kas Kasongo: tel: (041) 451 4423 or e-mail: kasongo@pathcare.co.za

FREE STATE

Seeking a new branch coordinator. Please contact Chloe if you are interested.

GAUTENG**East Rand**

Dates 2009: To be confirmed. **More information:** Dr Nana or Dr Sarang: tel: (011) 421 1589, cell: 084 981 7101 or e-mail: blinds@iafrica.com

Johannesburg:

Dates 2009: 26 February, 26 March, 30 April, 28 May, 25 June, 30 July, 27 August, 22 September, 29 October, 26 November. **Time:** 19:00.

Venue: 52 Glenhove Rd, Houghton. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Pretoria:

Dates 2009: 5 March, 17 April, 7 May, 4 June, 2 July, 6 August, 3 September, 1 October, 5 November. **Time:** 18:30. **Venue:** Muelmed Hospital, Boardroom, Pretorius St, between Hamilton and Leyds Streets. **More information:** Dr Mariette Botes: Tel: 012 440 0758 or mariette@hivpractice.co.za; Dr Lynne Webber: webberl@lancet.co.za; or Elizabeth Malela cell: 082 631 1588.

West Rand:

Dates 2009: 1 April, 3 June, 5 August, 7 October, 2 December. **Time:** 18:00 for 18:30. **Venue:** The Lecture Hall, Sir Albert Medical Centre, corner Main Rd and Ward Ave, Randfontein. **More information:** Dr Zandile Mokgatle: tel: 082 553 7047 or e-mail: zandile.mokgatle@harmony.co.za

KWAZULU NATAL**Durban:**

Dates 2009: 11 February, 11 March, 15 April, 13 May, 10 June, 16 July, 12 August, 16 September, 14 October, 11 November. **Venue:** Susser and Stein Seminar room, Nelson R Mandela School of Medicine. **More information:** Dr. Nokukhanya Mdlalose at: Mdlalose@ukzn.ac.za

Pietermaritzburg:

Dates 2009: 18 February, 22 April, 17 June, 19 August, 21 October. **Venue:** Grey's Hospital Lecture Theatre, first floor. **Time:** 18:30 for 19:00.

More information: Ms Matanja Naomi Coetzee (033) 3954146 or e-mail: doug.wilson2@kznhealth.gov.za

LIMPOPO**Polokwane:**

New branch launching soon! Watch this space for more information.

Thohoyandou

New branch launching soon! Watch this space for more information.

MPUMALANGA**Nelspruit:**

Dates 2009: Date of branch launch: to be confirmed. **Venue:** To be confirmed. **More information:** Dr Ebby Mkhabela: tel: (013) 755 4425, or e-mail: ebby.mkhabela@righttocare.org

NORTHERN CAPE

Dates 2009: 27 May- Kimberley, 24 June - Uppington (further dates to be confirmed). **Venue:** To be confirmed. **More information:** Mr Tsietisi Shushu: tel: (053) 343 0011; cell: 083 993 6976.

NORTH WEST PROVINCE**KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):**

Dates 2009: 25 March (further dates to be confirmed). **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075 or e-mail: tnielson@auruminstitute.org

Lichtenburg:

Dates 2009: 7 May, 2 July, 3 September, 5 November. **Time:** 18:30 – 21:00 **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg (Venue

website: <http://www.scottsm Manor.com>). **More information:** Dr John Musonda: tel: (018) 632 3041, cell: 078 360 9595 or e-mail:

jmusonda@nwpg.gov.za

Mafikeng:

Dates 2009: 25 February, 29 April, 24 June, 26 August, 28 October, 25 November. **Time:** 18h30 **Venue:** To be confirmed. **More information:** Dr Ntebo Mogashoa: cell: 082 7358167 or e-mail: nmogashoa@rhru.co.za or Dr Sele Bogatsu: cell: 082 4039683 or e-mail: bogatsusele@yahoo.com

Rustenburg:

Dates 2009: Branch launch: 24 March (further dates to be confirmed). **More information:** Dorothy Tlhalefang Mogwere: cell: 083 400 7167 or e-mail: dmogwere@auruminstitute.org

WESTERN CAPE

Cape Town:

Dates 2009: To be confirmed. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Paarl:

Dates 2009: 26 March, 28 May, 30 July, 1 October, 26 November. **Time:** 18:30 **Venue:** Nelson's Creek Estate. **More information:** Dr Dirk Hagemester: cell: 072 942 6218 or e-mail: Dhagemei@pgwc.gov.za

BOTSWANA

Gaborone (Southern Branch):

Dates 2009: Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:** Dr. Victoria Nakimbugwe: e-mail: sahivcs@gmail.com

Francistown (Northern Branch):

Dates 2009: Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00. **More information:** Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

LESOTHO

Dates 2009: To be confirmed. **Venue:** Lehakoe Conference Hall (next to Central Bank of Lesotho). **More information:** Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: prithidel@gmail.com

MALAWI

Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.

NAMIBIA

Windhoek and other centres

Dates 2009: To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: namhivsoc@namibnet.com

NIGERIA

Lagos

Dates 2009: to be confirmed. **More information:** Dr Austin N Nwokedi: e-mail: kediaustin@yahoo.com

ZAMBIA

Kitwe

Seeking a new Branch Coordinator. Please contact Chloe if you are interested.

Lusaka

Dates 2009: Third Wednesday of every other month. **Time:** 17:30. **Venue:** Variable location. **More information:** Dr Timothy Meade: tel: (+26) 097 865 279; e-mail: corpmed@zamnet.zm or Dr. Mike Bush: tel: (+26) 096 750 999 email: bush.doctor@zamnet.zm

Ndola

Dates 2009: Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: docmulengaio@zamtel.zm

ZIMBABWE**Harare**

Dates 2009: To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: sharinghealth@zol.co.zw

Mutare

Dates 2009: 24 February, 30 March, 28 April, 26 May, 23 June. **Time:** 17:30 – 19:00. **Venue:** Mutare Club. **More information:** Dr Munyaradzi Mukuzunga: e-mail: mukuzungam@vaccintrial.africau.ac.zw or mmukuzunga@yahoo.com

*If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or hardyc@sahivsoc.org
Please note that branch coordinators are volunteers and do not receive a salary from the Society.*

Nutrition Focus Group

The group meets on alternate months, immediately prior to the Johannesburg Branch meetings, at the Glenhove Conference Centre. The first meeting for 2009 will be on 26 February, 18:00 – 19:00.

If you wish to join this discussion group, please send your first name, surname and e-mail address to fatimas@sahivsoc.org

Important Information on CPD Points**Meetings**

All Society branch and focus group meetings held in South Africa are accredited with the HPCSA and SAMA. In terms of SAMA guidelines, health care workers who attend accredited meetings will receive **one CPD point for each hour** of the presentation (points are not awarded for time spent in registration, refreshment breaks or question and answer sessions). In order to receive your CPD certificate from us, you must complete the meeting register at each branch meeting that you attend. **If you do not complete the register in full, or if your details are not legible, we cannot provide you with a certificate.**

Questionnaires

Two points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%. Please note that questionnaires from Issue 31 and previous issues from 2008 can still be submitted by fax or post to the Society until **2 March 2009**. Questionnaires for Issue 32 and all subsequent issues must be submitted online.

Publications

The Society is always willing to accept articles from authors for consideration for inclusion in the *Journal of HIV Medicine*. Articles should be submitted to the editor online at www.sajhivmed.org.za. Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will then be subject to a peer review. The authors of all accepted and published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors.

The latest edition of the Journal can be viewed online at: <http://www.sajhivmed.org.za/index.php/sajhivmed/issue> and previous editions are available on the Journal website: go to www.sajhivmed.org.za and click on "Archives".

Conferences 2009**4th SA AIDS Conference:**

Venue:	International Convention Centre, Durban
Date:	31 March – 3 April 2009
Registration deadline:	Pre-conference registration closes 13 March 2009
For more information:	http://www.saaids.com
Local contact number:	0861 115 182
International contact number:	+27 12 460 8998

Conference Bursaries 2009

4th SA AIDS Conference:

The Society offers bursaries to enable doctors and other healthcare workers to attend the 4th SA AIDS Conference in Durban, 31 March to 3 April 2009.

The bursaries are available to members of the Society, particularly those working in **rural and other under-resourced areas**.

Bursaries will cover the conference registration fee, and each successful applicant will receive the sum of R2, 200.00, to assist with travel and accommodation costs, upon proven attendance at the conference. **NB:** The Society will organize the registration of successful applicants and pay the registration fee directly to the conference. **Please note that the Society cannot arrange, or pay for transport and accommodation – this will be the responsibility of the individual.** Bursary recipients who fail to attend the conference after we have paid their registration fees will be required to refund the Society for all expenses incurred.

Bursaries will only be awarded to members of the Society members whose annual membership fees have been paid in full at the time of the closing date for applications.

Closing date for bursary applications: **13 February 2009**

Applicants for the bursaries should submit the following by fax: + 27 (0)11 341 0161 or e-mail: hardyc@sahivsoc.org

1. A brief outline of involvement in the field of HIV in a rural area.
2. A letter of support from applicant's manager/superior.
3. A letter detailing a commitment to feed back, to colleagues, information gained at the conference.

Services Available

TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE

The Medicines Information Centre (MIC) is situated within the Division of Clinical Pharmacology, Department of Medicine at the University of Cape Town's Faculty of Health Sciences. It is the largest and only clinically-based medicine information centre in South Africa and provides information to both public and private sector health care professionals. The MIC in collaboration with the Foundation for Professional Development and USAID / PEPFAR, provides a **toll-free** national HIV hotline to all health care workers in South Africa for **patient treatment** related enquiries.

Tel: 0800 212 506

E-mail: pha-mic@uct.ac.za

Fax: 021 448 0503

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

PROBONO.ORG HIV / AIDS LEGAL CLINIC

When: 9h00 – 12h00 every Tuesday

Where: 9th Floor Schreiner Chambers – South Wing

94 Pritchard Street, Johannesburg

Tel: 011 336 9510 fax: 011 336 9511

E-mail: esther@probono.org-org

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering **free legal advice and services** to people experiencing **HIV/AIDS related discrimination**.

The Clinic operates as follows:

- The clinic will open from 9:00 to 12:00 every Tuesday of the year (unless it is a public holiday).
- The clinic will be staffed by attorneys who make themselves available on a pro bono basis.
- Clients will be consulted on 'first come first serve' basis.
- Attorneys will assist clients with: advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation.
- As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a pro bono basis.

PROBONO.ORG REFUGEE LEGAL CLINIC

When: 9h00 – 12h00 every Thursday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg
Tel: 011 336 9510 fax: 011 336 9511

E-mail: phumi@probono-org.org

ProBono.Org provides a weekly legal clinic where refugees and asylum seekers can access free legal advice and services.

The weekly legal clinic operates as follows:

- It is open from 09h00 am to noon every Thursday.
- The clinic is staffed by attorneys from reputable law firms.
- Clients must make appointments, or are seen on a 'first come first serve' basis.
- Attorneys assist clients in any of the following ways: advice, opinions, non-litigious interventions, mediation, and/or litigation.
- As far as possible, attorneys attempt to resolve the problems immediately. Where this is not possible, the client becomes a client of the relevant firm, and the firm will finalise the matter on a *pro bono* basis.

AID FOR AIDS CLINICAL GUIDELINES

The new (7th edition) of the Aid for AIDS Clinical Guidelines were printed at the end of January 2009. Members may obtain copies, free of charge as a service to the profession, by contacting Ms Lameez Samuels on (021) 514 1304 or by email on LameezS@medscheme.co.za. The Guidelines will also be shortly available on the Aid for AIDS website (www.aidforaids.co.za).

AIDSMAP DAILY NEWS UPDATES FROM CROI

The 16th Conference on Retroviruses and Opportunistic Infections (CROI) is taking place from **8 to 11 February** 2009 in Montreal, Canada. NAM will be reporting from the conference, publishing daily news stories on their website: <http://www.aidsmap.com> and a daily e-mail bulletin summarising the key developments reported each day during the conference. To subscribe to the daily e-mail bulletin, go to: <http://www.aidsmap.com/cms1189746.aspx>

BACK ISSUES OF THE JOURNAL OF HIV MEDICINE

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact Chloe at 011 341 0162 or email: hardyc@sahivsoc.org

UNAIDS NEWSLETTER

The UNAIDS Quarterly Newsletter provides useful summaries of recent studies on HIV in developing countries. Subscribe online for free at: <http://www.unaids.org/Services/Subscribe.aspx?displaylang=en>

The Society Guidelines

The Society has published the following guidelines:

- **Nutrition:** Chapters 1 & 2 published in June 2007. Chapters 3 - 6 published in April 2008.
- **Adult ART:** Guidelines published in April 2008.
- **Cryptococcal Meningitis:** Published in December 2007, with poster.
- **Prisoners:** Published in June 2008, with poster.
- **Renal Replacement Therapy:** Published in June 2008.
- **Displaced Populations:** Published in 2007.
- **Post-Exposure Prophylaxis:** Published in November 2008.

The above guidelines are available from the Society (contact Chloe at 011 341 0162 or e-mail: hardyc@sahivsoc.org). They can also be downloaded from the Society website: www.sahivsoc.org or the SA Journal of HIV Medicine website: www.sajhivmed.co.za

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

ATLANTIC PHILANTHROPIES, ASPEN, CIPLA MEDPRO, PFIZER, THE UNHCR

HIV/AIDS Management Course, Diploma and Other Courses

1. COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA):

Diploma in HIV Management of the College of Family Physicians of South Africa

Examination Structure: 2 written papers, no oral examination.

Scheduled dates for 2009: 25 and 26 March 2009

For information on fees, syllabus and candidate requirements, please contact the Colleges of Medicine:

Tel: 011 726 7037

Website: <http://www.collegemedsa.ac.za>

2. FOUNDATION FOR PROFESSIONAL DEVELOPMENT:

Course Name	Course Dates	City/town	Cost (VAT Incl)
HIV/AIDS Management Course: Given the current state of knowledge on HIV/AIDS management and the fact that anti-retroviral therapy is becoming more affordable, it is now feasible to approach HIV/AIDS as a chronic medical condition. This course will empower clinicians to adequately manage patients with HIV and/or AIDS.			
HIV/AIDS Management Course	27-28 Feb 2009	Cape Town	R 3,000.00
HIV/AIDS Management Course	28 -29 March 2009	Durban	R 3,000.00
HIV/AIDS Management Course	3-5 April 2009	JHB	R 3,000.00
HIV/AIDS Management Course	13-14 June 2009	JHB	R 3,000.00
HIV/AIDS Management Course	8-9 Aug 2009	Pretoria	R 3,000.00
HIV/AIDS Management Course	25-27 Sept 2009	Cape Town	R 3,000.00
HIV/AIDS Management Course	2-4 Oct 2009	Durban	R 3,000.00
HIV/AIDS Management Course	9-11 Oct 2009	Free State	R 3,000.00
HIV/AIDS Management Course	21-22 Nov 2009	Mpumalanga	R 3,000.00
HIV/AIDS Management Course	1-3 Dec 2009	PTA	R 3,000.00
HIV/AIDS Management Course	3-5 Dec 2009	Cape Town	R 3,000.00
HIV/AIDS Refresher Seminar: HIV/AIDS is an ever-evolving discipline and with ARV drugs becoming more affordable, health professionals therefore need to stay abreast with the latest developments. The Foundation for Professional Development, in association with the Southern African HIV Clinician Society, developed this one-day refresher seminar which is targeted at alumni who successfully completed the 3-Day HIV/AIDS Management Course. We encourage all our alumni who completed the 3-day course to enrol on this refresher course so that they have access to the most recent evidence-based information on drugs and the management of HIV/AIDS patients.			
HIV/AIDS Refresher Seminar	28-Feb-09	JHB	R 1,300.00
HIV/AIDS Refresher Seminar	11-Mar	JHB	R 1,300.00
HIV/AIDS Refresher Seminar	30-May-09	Durban	R 1,300.00
HIV/AIDS Refresher Seminar	5-Nov-09	Cape Town	R 1,300.00
HIV/AIDS Refresher Seminar	1-Dec-09	Durban	R 1,300.00
Paediatric HIV/AIDS Management Course: Children with HIV/AIDS are dying unnecessarily because of a lack of access to ARV treatment. The problems arise mainly from a lack of cheap feasible diagnostic tests for children under 18 months, lack of trained health personnel and the affordable child-friendly ARV drugs. Simplified treatment guidelines coupled with a range of fixed-dose combinations of ARVs that require only one or two pills twice a day make it easier to treat HIV/AIDS in adults, but development of simplified drugs for children lags behind. Despite WHO simplified treatment guidelines that specify which drugs to use in children, countries have difficulty in getting simple and affordable combinations of the drugs. Two generic fixed-dose combinations should enter clinical trials this year, and there are frighteningly few second-line ARV drugs available for children in countries with large numbers of infected children.			
Paediatric HIV/AIDS Management Course	13-15 March 2009	Pretoria	R 3,200.00
Paediatric HIV/AIDS Management Course	27-29 April 2009	CT	R 3,200.00
Paediatric HIV/AIDS Management Course	8-10 May 2009	CT	R 3,200.00
Paediatric HIV/AIDS Management Course	2-4 Oct 2009	PTA	R 3,200.00
Clinical and Ethical Refresher Course for GP's: The Clinical and Ethical Refresher Seminar is designed to offer a unique learning experience by combining clinical and ethical issues in an effort to help general practitioners to update their skills and knowledge in specific areas. Most healthcare professionals have limited time available to attend clinical programmes. Furthermore, attending individual courses is costly and may be time consuming. The FPD Summer Academy therefore intends to offer healthcare professionals an opportunity to get away, save time and money, gain CPD points for attending this learning experience and get the best of what FPD has to offer.			
Clinical and Ethical Refresher Course for GP's	30/5-1/6 2009	Midrand	R 3,140.00
Clinical and Ethical Refresher Course for GP's	26-28 June 2009	Durban	R 3,140.00

For more information contact on the above courses, please contact the FPD:

Ilana van der Merwe

Tel: (012) 481-2154 or 0861 98 88 98

Fax: (012) 481-2083 or 086 558 9535

E-mail: llanavdM@foundation.co.za or foundation@foundation.co.za

Website: www.foundation.co.za

3. TOGA AND KIMERA MASTERCLASS PROGRAMME IN HIV MEDICINE 2009

Toga Laboratory and Kimera are hosting a series of master classes in HIV Medicine for those wanting to upgrade their skills and knowledge in the discipline or in preparing for the diploma examinations. The programme is CPD accredited.

Those who are interested in joining should call to reserve a place:

Ms Lesleigh Beukes at Toga laboratory: 011 663 6313 or Dr Dave Spencer: 011 663 6575.

Venue: Boardroom, Toga Laboratory, Meadowdale Office Park, Edenvale, Johannesburg

Date: First Friday of the month

Time: 08h00-10h00 (please note that the starting time has changed to earlier in response to requests from the group)

Coordinator: Dr Dave Spencer (Senior Physician, Toga Laboratory)

Programme:

Date	Topic	Facilitator
06 February 2009	Women's Health and HIV	Dr Karin Richter
13 March 2009	Overview of Antiretroviral Therapy in 2009	Dr Dave Spencer
17 April 2009	Cytomegalovirus in HIV: Diagnosis and Management	Dr Allison Glass
08 May 2009	Basic Science: Current Developments in HIV Virology	Prof Des Martin
05 June 2009	Renal Disease in HIV: Diagnosis and Management	Dr Trevor Gertholtz
03 July 2009	The Prevention of HIV. PEP, PMTCT, Sexual and non-sexual transmission.	Dr Dave Spencer
07 August 2009	Immune Reconstitution and its Diagnosis and Management	Dr Prudence Ive
04 September 2009	HIV and the Management of Cancer	Dr Dave Brittain (provisional)
02 October 2009	Counselling in the time of HIV. Is this still necessary?	Dr Joyce Marshall
06 November 2009	Update on the Antiretrovirals: resistance, drug interactions and toxicities	Dr Dave Spencer

4. RESEARCH METHODS COURSE IN SEXUAL & REPRODUCTIVE HEALTH AND HIV

Monday 3rd August – Friday 28th August 2009, 4 weeks full time, Johannesburg

This course is an African response to the need to build research capacity in our region and has trained hundreds of researchers from 19 African countries. It improves practical skills and enhances abilities, thus building regional capacity in SRH research in African institutions and governments. In 2005 the Wellcome Trust assessors found the course "unique" and "world class" in provision for the African Region; *"The course materials are excellent, and are appropriately designed and delivered so as to be readily accessible to participants. The facilitators are very experienced, dedicated and experts in their respective fields"*

The course is organised by the Reproductive Health and HIV Research Unit of the University of the Witwatersrand (a World Health Organisation Collaborating Centre), the Medical Research Council and the Population Council. The objectives are to equip, skill and enable participants to understand the content and context of reproductive health in the region; to learn how to define priority research questions; to improve skills and abilities to design and conduct research; to analyse, interpret and present research findings and facilitate the dissemination of such research to impact on and improve services and influence policies and programmes. The course uniquely blends qualitative and quantitative methods; key to its importance and effectiveness.

Researchers, health service managers, clinicians and other professionals in the field can apply with the **minimum** qualification for acceptance onto the course: **a medical degree or a relevant honours degree and experience in the field of sexual and reproductive health and/or HIV/AIDS.**

There are a limited number of bursaries for South African citizens/residents obtained by competition. Bursary funding is provided by the Belgian Government, Ford Foundation, the HIV Research Trust, The Wellcome Trust and the WHO, who are gratefully acknowledged.

The closing date for applications to a selection committee is 2 March 2009. Application forms and further details from the RHRU Website: www.rhru.co.za or Manoj Chiba: mchiba@rhru.co.za

Phone +27 11 358 5422, Fax +27 358 5301, Fax2email: 086 529 2068, Cell: +27 82 784 5769

5. CENTRE FOR PALLIATIVE LEARNING: HOSPICE ASSOCIATION OF THE WITWATERSRAND

Two-Day Workshop: Introduction to HIV/AIDS

A two day workshop for professional nurses, doctors, psychosocial health care and allied health care professionals on palliative care in HIV/AIDS, incorporating comprehensive medical and psychosocial management of advanced stage AIDS and the use of ARV's (anti-retroviral medication):

- Management of pain and symptoms related to HIV/AIDS
- Effective communication skills
- An understanding of grief and loss
- Manage the challenges related to advanced HIV/AIDS, including ART resistance, drug interactions and treatment failure

Date: February 16 & 17, 2009

Time: 08.00 to 15.30 hours

Venue: Doug Beckingham Auditorium, 50 2nd Avenue, Houghton

Cost: R1200.00 per person (*includes manuals, teas and lunches*)

Booking essential – please call Chrissi on: 011 483 9128 (mornings only)

Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- **Pediatric Discussion Group (Manager/Moderator: Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members who e-mail their responses to all participants. Once a case has been fully discussed, opinions are usually sought from overseas experts. To join please send your e-mail address to Dr Leon Levin: leonlevin@54.co.za. You may subscribe directly at: <http://www.mylistmanager.co.za/cgi-bin/uls/uls.cgi?ulspop=1476>
- **Adult HIV Discussion Group (Manager/Moderator: Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection. We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study. You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list." If you wish to join this discussion group, please send your first name, surname and email address to: adghiv@witshealth.co.za
- **Policy and Ethics issues in HIV Group (Manager/Moderator: Ms Marlise Richter):** The Discussion Group has now been operating since October 2006 and currently has over 270 contributors/subscribers. Case studies include topics such as HIV in the military, HIV testing and Dual Loyalties. To subscribe, please send your name, surname and e-mail address to Marlise at: ethics.policy@gmail.com
To view past debates: <http://groups.google.com/group/policy-ethics>

Recommended Reading

The Clinical Practice of HIV Medicine by Dr David C Spencer. (Out of print – second edition will be available in late 2009.)

Handbook of HIV Medicine by Dr D Wilson, Dr S Naidoo, Dr LG Bekker, Dr M Cotton and Prof G Maartens. To order contact: Oxford University Press: tel: (021) 596 1222, e-mail: orders.za@oup.com or go to website: <http://www.oxford.co.za>

Primary HIV/AIDS Care by Dr Clive Evian. Published by Jacana Media: www.jacana.co.za

Witness to AIDS by Judge Edwin Cameron. For more information: www.witnesstoaid.com

HIV/AIDS in South Africa edited by SS Abdool Karim and Q Abdool Karim. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. Published by Cambridge University Press: tel: (021) 412 7800, fax: (021) 419 0594, email: orders@cambridge.org or website: www.cambridge.org

Health & Democracy - A guide to human rights, health law and policy in post apartheid South Africa by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order contact the AIDS Law Project: (011) 356 4100.

Shattered Dream: An Oral History of the South African AIDS Epidemic by Gerald M. Oppenheimer and Ronald Bayer, an oral history of how physicians and nurses in South Africa struggled to ride the tiger of the world's most catastrophic AIDS epidemic, based on interviews with many of the Society's own members. To order e-mail: shattered_dreams_SAHIVCS@yahoo.com

Medical Management of HIV Infection (South African Edition) by John G. Bartlett, MD, Joel E. Gallant, MD MPH and Dr FM Conradie, published by TheraSim in cooperation with the Foundation for Professional Development, 2008. The SA HIV Clinicians Society has a limited number of books available free of charge to members. To order a copy, contact Chloe Hardy at: 011 341 0162 or hardyc@sahivsoc.org
For an electronic version of the international edition of this book, go to: www.bartlettthiv.org

The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

WARNING: additional fees may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at: www.sahivsoc.org.za

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE DIRECT FROM MANUFACTURER	GSK ACCESS PRICE
KALETRA CAPSULES		700922	ABBOTT	180	R 394.07 INC VAT	
KALETRA SYRUP		700924	ABBOTT	300ML	R 394.07 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	84	R 91.95 INC VAT	
NORVIR SYRUP	80MG/ML	838527	ABBOTT	90ML	R 78.81 INC VAT	
ALUVIA TABS		710028	ABBOTT	120	R 394.07 INC VAT	
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 81.50 INC VAT	
ADCO-LAMIVUDINE <small>alcohol and sugar free</small>	10MG/1ML	708713001	ADCOCK	240ML	R 64.88 INC VAT	
ADCO-LUMIVUDINE SOL	10MG/1ML	708708001	ADCOCK	240ML	R 64.88 INC VAT	
ADCO-ZIDOVUDINE <small>(blister)</small>	300MG	703809001	ADCOCK	60	R 225.00 INC VAT	
ADCO-ZIDOVUDINE SYR	50MG/5ML	708709001	ADCOCK	200ML	R 68.89 INC VAT	
ADCO-ZIDOVUDINE <small>alcohol and sugar free</small>	50MG/5ML	708711001	ADCOCK	200ML	R 68.89 INC VAT	
ADCO-NEVIRAPINE <small>(blister)</small>	200MG	707961001	ADCOCK	60	R 175.00 INC VAT	
ADCO-EFAVIRENZ	600MG	709545001	ADCOCK	30	R141.36 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 310.60 INC VAT	
ASPEN EFAVIRENZ	600MG	710019001	ASPEN	60	R 136.80 INC VAT	
ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 98.37 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 75.22 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R 139.66 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 278.98 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R 275.97 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 81.99 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R 206.16 INC VAT	

ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R 127.32 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 108.41 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 121.42 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 132.98 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 199.48 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 31.09 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 34.70 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 41.19 INC VAT	
ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 48.59 INC VAT	
VIREAD (TENOFVIR)	300MG	708253001	ASPEN	30	R 240.27 INC VAT	
TRUVADA		708254001	ASPEN	30	R 397.72 INC VAT	
VIDEX TABLETS	25MG	793221	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	50MG	842961	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 121.06 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 167.69 INC VAT	
VIDEX POWDER		847518	BMS	1	R 112.79 INC VAT	
VIDEX EC TABLETS	250MG	704783	BMS	30	R 164.42 INC VAT	
VIDEX EC TABLETS	400MG	703785	BMS	30	R 212.19 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 44.71 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 44.63 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 44.63 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 44.63 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 13.22 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 284.18 INC VAT	
REYATAZ	200MG	708258	BMS	60	R 357.56 INC VAT	
HYDREA CAPSULES	500MG	731706	BMS	100	R 184.23 INC VAT	
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER- INGELHEIM	60	R 180.52 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER- INGELHEIM	240ML	R 125.37 INC VAT	
CIPLA –EFAVIRENZ	600MG	709331001	CIPLA	30	R 164.92 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 310.61 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 284.49 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 251.32 INC VAT	
CIPLA-LAMIVUDINE	300MG	709337001	CIPLA	30	R103.08 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R75.81 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 31.59 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 204.22 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 122.32 INC VAT	
CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 207.81 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 275.97 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 40.25 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 80.51 INC VAT	

STAVIR 30	30MG	701342001	CIPLA	60	R 39.90 INC VAT	
STAVIR 40	N/A	N/A	N/A	N/A	N/A	
3TC TABLETS	150MG	821632	GSK	60	R 112.18 INC VAT	R 45.68 INC VAT
3TC SYRUP	10MG/ML	821640	GSK	240ML	R 79.62 INC VAT	R 47.31 INC VAT
COMBIVIR TABLETS		875821	GSK	60	R 365.94 INC VAT	R 139.27 INC VAT
RETROVIR CAPSULES	100MG	784265	GSK	100	R 214.32 INC VAT	R 104.94 INC VAT
RETROVIR CAPSULES	250MG	837350	GSK	60	R 294.12 INC VAT	R 142.25 INC VAT
RETROVIR CAPSULES	300MG	885317	GSK	60	R 320.45 INC VAT	R 114.08 INC VAT
RETROVIR INFUSION		825018	GSK	5X20ML	R 319.46 INC VAT	R 115.87 INC VAT
RETROVIR SYRUP	10MG/ML	794236	GSK	200ML	R 83.85 INC VAT	R 55.25 INC VAT
ZIAGEN TABLETS	300MG	898531	GSK	60	R 895.41 INC VAT	R 307.65 INC VAT
ZIAGEN SYRUP	240ML	898538	GSK	240ML	R 339.13 INC VAT	R 129.79 INC VAT
TRIZIVIR		703537	GSK	60	R 1517.72 INC VAT	R 459.63 INC VAT
CRIVAN CAPSULES	200MG	827258003	MSD	360	R 477.26 INC VAT	
CRIVAN CAPSULES	400MG	824445023	MSD	120	R 315.93 INC VAT	
CRIVAN CAPSULES	400MG	824445007	MSD	180	R 473.89 INC VAT	
STOCRIN CAPSULES	50MG	893536008	MSD	30	R 27.42 INC VAT	
STOCRIN CAPSULES	200MG	862371007	MSD	90	R 321.47 INC VAT	
STOCRIN TABLETS	600MG	703318001	MSD	30	R 193.47 INC VAT	
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 655.71 INC VAT	
BACTRIM DS		706442	ROCHE	10	R 61.11 INC VAT	
BACTRIM INFUSION		706418	ROCHE	AMPULES	R 182.12 INC VAT	
BACTRIM		706434	ROCHE	20	R 53.30 INC VAT	
VIRACEPT POWDER	50 MG/G	857211	ROCHE	144	R 288.15 INC VAT	
VIRACEPT TABLETS	250 MG	857203	ROCHE	270	R 655.55 INC VAT	
SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	
SONKE NEVIRAPINE	200MG	709533	SONKE	60	R 171.00 INC VAT	
SONKE LAMI NEV STAV		709840	SONKE	60	R 231.19 INC VAT	
SONKE ZIDOVUDINE	300MG	709531	SONKE	60	R 228.00 INC VAT	
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT	
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT	
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT	

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