



Transcript

SA HIV Clinicians Society Newsletter

Editor: Chloe Hardy

December 2009



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Society Contact Details

Tel: + 27 (0)11 341 0162

Fax: +27 (0) 11 341 0161

Alternative fax: (086) 564 7345

Website: www.sahivsoc.org

E-mail: sahivsoc@sahivsoc.org

Chloe Hardy, Office Manager: hardyc@sahivsoc.org

Fatima Shaik, General Manager: fatimas@sahivsoc.org

Pat Solan, Database and Finance Manager: patsolan@global.co.za

Jean Solan, Bookkeeper: jeansolan@global.co.za

Laurie Schowalter, Technical Advisor: laurie@sahivsoc.org

Kerry Solan, Database Assistant: kerrysolan@global.co.za

Nelouise Geyer, Editor of the Nursing Journal: nelouise@sahivsoc.org

Society Closing Dates for End of Year Holidays

Please note that the Society's offices will be closed between **16 December 2009 and 4 January 2010**.

We would like to wish all our Christian members a Merry Christmas, Geseënde Kersfees, Ukresimusi omnandi, Keresemese e monate, Mahlogonolo a Keresemose, Masego a Keresemose, Khisimusi lomuhle, A ku ve Khisimusi lerinene, Khushumusi yavhuqi, Krisimesi emnandi, Ukhisimusi omuhle, Krisimas yakanaka, Kuwa na Krismasi njema, Feliz Natal, Joyeux Noël!

Welcome to Nelouise Geyer

The Society is very pleased to welcome its newest member of staff, Nelouise Geyer. Ms Geyer joined the Society in November as editor of a new magazine for nurses working in HIV. Ms Geyer is a trained nurse with a wealth of experience and expertise as a trainer, lecturer, writer and editor. We hope that she will enjoy working at the Society on this exciting new venture.

Congratulations to Dr Linda-Gail Bekker

The Society would like to congratulate Dr Linda-Gail Bekker, Deputy Director of the Desmond Tutu HIV Centre, University of Cape Town, and editor of the SA Journal of HIV Medicine, who was recently awarded the Royal Society Pfizer Award for 2009. Dr Bekker received the award for her research into HIV and TB co-infection, and the funding included in this award will contribute to continuing this important research.

Article: Reflections from the ProBono.Org HIV Legal Clinic

By Amelia Vukeya Motsepe, Senior Associate, Bowman Gilfillan Attorneys

My colleagues and I were having a discussion about the impact attorneys have made by attending the HIV legal clinic at Pro Bono.org (the "Clinic"). One of them commented, *"I initially thought we attended the clinic to accumulate pro bono hours for the firm. It is shocking that people living with HIV go through this trauma everyday: the trauma perpetuated by ignorance and intolerance in communities, families, the government and in the workplace. I now realise that I have made an impact in these people's lives"*.

To me, the discussion was a clear indicator that we still underestimate the seriousness of HIV/AIDS - South Africa has clearly not covered all bases on issues of HIV/AIDS and much remains to be done.

Human rights and access to justice is one of the key priority areas of the HIV & AIDS and STI Strategic Plan for South Africa, 2007 -2011 ("NSP"). The goal of the NSP is, by 2011, to reduce the rate of new HIV infections by 50%, and, by 2011, to reduce the impact of HIV & AIDS on individuals, families, communities and society by expanding access to appropriate treatment, care and support to 80% of all HIV positive people and their families. The prevention of human rights abuses and access to justice is crucial in mitigating stigma and discrimination that continues to be a challenge in the management of HIV in South Africa. The attendance of volunteer lawyers at the Clinic is an important intervention programme in

the fight against HIV/AIDS in South Africa.

Many of the clients who visit the clinic have been subjected to stigma and discrimination in the workplace. Others have been dismissed as a result of their absenteeism, occasioned not only by the need to seek medical attention, but also by the side-effects of the medication. Most of these clients are made to feel unwanted. This is sometimes quite subtle, but almost always seems to be as a result of the employer's ignorance of the disease. In one instance, a client was suddenly (and falsely) accused of theft. His employer refused him access to the office, indicating that he had to show his employer a medical certificate from the door. This indicates to me that, even though some employers have HIV policies, they simply do not understand the disease. Nor are they doing enough to ensure that their staff are well-educated about HIV. The lack of awareness discourages HIV-testing and prevents the creation of an environment where employees can disclose their HIV without fear of discrimination.



We also deal with cases of intimidation, harassment and discrimination by members of communities and families (including spouses), after disclosure by clients of their HIV status. Most of our clients have reported cases to the police, but they are not getting sufficient, if any, assistance. This indicates that a lot still need to be done on educating communities and the police on how to handle HIV-related cases of this nature.

Also disturbing, are cases where clients cannot access treatment in hospitals and clinics. In some cases, non-citizens are simply denied access. Citizens are forced to wait for a long time to gain access to treatment even when their CD4 count is very low. We have also had a case where a doctor failed to provide a pregnant mother with medical treatment to prevent mother-to-child transmission. Sometimes health officials neglect to explain important information to patients regarding HIV and treatment. This contributes to lack of adherence to the medication; the result of which is resistance to treatment, and sometimes death. One of the challenges we face in this regard is that these matters cannot simply be resolved by a letter of demand - often by the time the letter gets to the hospital or clinic, the client is already on their death-bed.

We have also dealt with cases on insurance policy payouts where parents die of HIV-related illness, and children are denied payments from the policy. Other cases include allegations of willful transmission of HIV by spouses or partners, and disclosure by medical aid schemes of HIV status to employers without the employee's consent.

We have also found that most clients who attend the Clinic do it as a last resort. They feel that they have been failed by their families, communities, government, and employers. HIV is a cross-cutting epidemic that requires a response from all sectors of society. Attorneys can contribute to the fight against HIV/AIDS by giving their time to initiatives such as the ProBono.Org HIV / AIDS Legal Clinic; and health care workers can assist in improving access to justice by referring patients with legal problems to appropriate legal clinics and organizations.

PROBONO.ORG HIV / AIDS LEGAL CLINIC

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering free legal advice and services to people experiencing HIV/AIDS related discrimination. The clinic is staffed by attorneys who make themselves available on a *pro bono* basis, and assist clients with legal advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation. As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a *pro bono* basis.

When: 9h00 – 12h00 every Tuesday

Where: 1st Floor, West Wing
Women's Jail, Constitution Hill
1 Kotze Street, Braamfontein

Contact: Tel: 011 339 6080

E-mail: phumi@probono-org.org

Branch Meeting Dates 2010

Please note that the below dates are provisional and may be subject to change. For more information, please contact the relevant branch coordinator.

EASTERN CAPE

East London:

Dates 2010: 3 February, 14 April, 2 June, 4 August, 6 October and 1 December. **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood. **Time:** 19:00. **More information:** Daphne Gernetzky: tel: 043 703 4300 or email: gernetzkyd@ampath.co.za

Mthatha:

Dates 2010: To be confirmed. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: lungisa@iafrica.com

Port Elizabeth:

Dates 2010: To be confirmed. **Venue:** The President's Suite, St George's Cricket Ground. **Time:** 19:00.

More information: Dr Kas Kasongo: Tel: (041) 451 4423 or e-mail: kasongo@pathcare.co.za

FREE STATE

Bloemfontein

Dates 2010: 16 February, 18 May, 17 August, 16 November. **Venue:** The Doctors Club, Medi-Clinic, Kellner Street, Bloemfontein.

Time: 18:30. **More information:** Dr Riaan van Coller: e-mail: rvc@neuro.bfmcc.co.za

GAUTENG

East Rand

Dates 2010: To be confirmed. **More information:** Dr Nana or Dr Sarang: tel: (011) 421 1589, cell: 084 981 7101
or e-mail: blinds@iafrica.com

Johannesburg:

Dates 2010: 25 February, 25 March, 29 April, 27 May, 24 June, 29 July, 26 August, 30 September, 28 October, 25 November .

Time: 19:00. **Venue:** Glenhove Conference Centre, 52 Glenhove Rd, Houghton. **More information:** Chloe Hardy:
tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org



Pretoria:

Dates 2010: To be confirmed. **Time:** 18:30. **Venue:** Muelmed Hospital, Boardroom, Pretorius St, between Hamilton and Leyds Streets.

More information: Dr Mariette Botes: tel: 012 440 0758 or mariette@hivpractice.co.za; Dr Lynne Webber: webberl@lancet.co.za; or Elizabeth Malela cell: 082 631 1588.

West Rand:

Dates 2010: To be confirmed. **Venue:** The Lecture Hall, Sir Albert Medical Centre, corner Main Rd and Ward Ave, Randfontein.

More information: Dr Zandile Mokgatle: tel: 082 553 7047 or e-mail: zandile.mokgatle@harmony.co.za

KWAZULU NATAL**Durban:**

Dates 2010: To be confirmed. **Venue:** Susser and Stein Seminar room, Nelson R Mandela School of Medicine. **Time:** 19:00.

More information: Dr Nokukhanya Mdlalose at: Mdlalose@ukzn.ac.za

Pietermaritzburg:

Dates 2010: To be confirmed. **Venue:** Grey's Hospital Lecture Theatre, first floor. **More information:** Dr Doug Wilson:

tel: (033) 3954146 or e-mail: doug.wilson2@kznhealth.gov.za

MPUMALANGA**Nelspruit:**

Dates 2010: 4 February, 22 April, 24 June, and 23 September. **Venue:** Nou's Toeka, Nelspruit. **Time:** 18:00.

More information: Dr Ebby Mkhabela: tel: (013) 755 1458 or e-mail: ebby.mkhabela@righttocare.org

NORTHERN CAPE

Dates 2010: 18 February, 25 March, 29 April, 24 June, 22 July, 2 September and 25 November. **Venue:** Various.

More information: Mr Tsietsi Shushu: tel: (053) 343 0011; cell: 083 993 6976 or e-mail: gtshu@yahoo.com

NORTH WEST PROVINCE**KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):**

Dates 2010: To be confirmed. **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075 or e-mail: tnielson@auruminstitute.org

Lichtenburg:

Dates 2010: 3 February, 5 May, 4 August and 3 November. **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg.

More information: Dr John Musonda: Tel: (018) 632 3041, cell: 078 360 9595 or e-mail: jmusonda@nwpg.gov.za

Mafikeng:

Dates 2010: 24 February, 30 June, 25 August, and 24 November. **Time:** 18h30. **Venue:** To be confirmed.

More information: Dr Sele Bogatsu: cell: 082 4039683 or e-mail: bogatsusele@yahoo.com

Rustenburg:

Dates 2010: To be confirmed. **Venue:** Aurum Institute Rustenburg Research Centre, Corner Pretorius and Steen Streets, Rustenburg.

Time: 18:30. **More information:** Mr Benjamin Makhoana: Tel: 014 592 2480 or e-mail: bmakhoana@auruminstitute.org

WESTERN CAPE**Cape Town:**

Dates 2010: To be confirmed. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Paarl:

Dates 2010: 28 January, 25 March, 27 May, 29 July, 30 September and 25 November. **Time:** 18:30 **Venue:** Nelson's Creek Estate.

More information: Dr Dirk Hagemester: cell: 072 942 6218 or e-mail: Dhagemei@pgwc.gov.za

BOTSWANA**Gaborone (Southern Branch):**

Dates 2010: Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:**

Dr Tafireyi Marukutira: e-mail: sahivcs@gmail.com

Francistown (Northern Branch):

Dates 2010: Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00.

More information: Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda:

tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

LESOTHO

Dates 2010: 27 January, 31 March, 26 May, 28 July, 29 September and 24 November . **Venue:** Lehakoe Club (Central Bank of Lesotho).

More information: Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: prithidel@gmail.com



NAMIBIA**Windhoek and other centres**

Dates 2010: To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: namhivsoc@namibnet.com

ZAMBIA**Lusaka**

Dates 2010: Third Wednesday of **every other** month. **Time:** 17:30. **Venue:** Variable location.

More information: Dr Timothy Meade: tel: (+26) 097 865 279; e-mail: corpmed@zamnet.zm or Dr. Mike Bush: tel: (+26) 096 750 999 or email: bush.doctor@zamnet.zm

Ndola

Dates 2010: Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: docmulengajo@zamtel.zm

ZIMBABWE**Harare**

Dates 2010: To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: sharinghealth@zol.co.zw

Mutare

Dates 2010: 29 January, 26 February, 26 March, 23 April, 28 May, 25 June, 23 July, 27 August, 24 September, 22 October, 26 November, and 17 December. **Time:** 17:30. **Venue:** Mutare Club.

More information: Dr Munyaradzi Mukuzunga: e-mail: mukuzungam@vaccinetrail.africau.ac.zw or mmukuzunga@yahoo.com

*If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or hardyc@sahivsoc.org
Please note that branch coordinators are volunteers and do not receive a salary or stipend from the Society.*

Nutrition Focus Group

The group meets on alternate months, at 18:00 (immediately prior to the Johannesburg Branch meetings), at the Glenhove Conference Centre.

If you wish to join this discussion group, please send your first name, surname and e-mail address to fatimas@sahivsoc.org

Important Information on CPD Points**Meetings**

All Society branch and focus group meetings held in South Africa are CPD accredited by SAMA, and health care workers who attend meetings will receive one CPD point for each hour of the presentation.

We are now using an automated system for distributing CPD certificates, based on our membership database, so please remember to include your **Society membership number** on the meeting registers (for your convenience, your membership number will be e-mailed to you with the meeting invitations). If any of your colleagues who are not members of the Society would like to attend the meetings, they are most welcome to do so, but please ask them to first apply for membership on-line at www.sahivsoc.org or to complete and submit the membership forms that will be distributed with the meeting invitations.

If you have any queries about the new system, please contact Chloe at e-mail: hardyc@sahivsoc.org or tel: 011 341 0162.

Questionnaires

Three points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%.

We have now completed our transition to an electronic system, and questionnaires must be submitted online at www.cpdjournals.org.za.

If you experience any problems with on-line questionnaire system, please contact Gertrude Fani at: 021 681 7216.

Please note that the Society is no longer able to issue certificates for faxed or posted questionnaires from current or back-issues of the Journal.

Publications

The Society is always willing to accept articles for consideration for inclusion in the ***Journal of HIV Medicine***. Articles should be submitted to the editor online at www.sajhivmed.org.za. Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will be subject to a peer review. The authors of all published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors.

The latest edition of the Journal can be viewed online at: <http://www.sajhivmed.org.za/index.php/sajhivmed/issue> and previous editions are available on the Journal website: go to www.sajhivmed.org.za and click on "Archives".

HIV/AIDS Management Course, Diploma and Other Courses



1. COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA):

Examination Structure: Exit Examination: 2 written papers, no oral examination.

Requirements: 6 months supervised training at a teaching or CMSA-approved hospital OR 6 months in an HIV Clinic PLUS 10 day's attendance of HIV Management courses.

For more information on fees, examination dates, syllabus and candidate requirements, please contact the Colleges of Medicine:

Tel: 011 726 7037

Website: <http://www.collegemedsa.ac.za>

2. CLINICAL HIV MANAGEMENT COURSE OFFERED BY THE REPRODUCTIVE HEALTH AND HIV RESEARCH UNIT, OF THE UNIVERSITY OF THE WITWATERSRAND

This full time, Johannesburg based two week course includes:

Module 1: Overview - History of HIV to palliative care

Module 2: Basic science

Module 3: TB and other opportunistic infections – prevention, diagnosis and treatment

Module 4: ARVs

Both adult and paediatric treatment and care are covered during the course. Field trips to leading Johannesburg ARV clinics are also part of the 10 day learning experience. 36 CPD points are awarded to participants attending every session and the course provides sound preparation for doctors planning to take the College of Medicine's HIV Management Diploma examination.

Fees are R6 000 or \$US 723.00 for non-South African residents with limited bursaries available.

For further details and application forms visit www.rhru.co.za or contact course co-ordinator Siyethemba Zwane:

Tel: 011 358 5500 ext 5313 or e-mail: szwane@rhru.co.za

Course Date	Closing date for applications
1 - 12 March 2010	30 November 2009
31 May - 11 June 2010	28 February 2010
30 August - 10 September 2010	31 May 2010
1 - 12 November 2010	31 July 2010

3. TOGA AND KIMERA MASTERCLASS PROGRAMME IN HIV MEDICINE 2010

Time: 08:00 - 10:00

Venue: The Upstairs Boardroom, Toga Laboratory, Meadowdale Office Park, Edenvale, Johannesburg

Coordinator: Dr Dave Spencer, Senior Physician, Toga Laboratory

Contact: Ms Marie du Bois: tel: 011 663-6503

The classes are offered free of charge but space is limited, and those are interested in attending should call to reserve a place.

Date	Topic	Speaker
5 February	Managing Cancer in HIV Patients	Dave Brittain
5 March	Update on Paediatrics and HIV	Leon Levine
9 April	Basic Science: HIV and Laboratory Diagnostics	Des Martin and Allison Glass
7 May	Pregnancy and Breastfeeding: Current Management	James McIntyre
4 June	HIV Management: From Regimen 1 to Salvage.	Dave Spencer
2 July	Basic Science: HIV Vaccines	Allison Glass
6 August	Fungal Infections in HIV	Nelesh Govender
3 September	Women in HIV: HPV and Cervical Cancer	Cindy Firnhaber

1 October	Tuberculosis and HIV: Update	Gavin Churchyard
5 November	Micro and Macronutrients in HIV Management	Dave Spencer

4. FOUNDATION FOR PROFESSIONAL DEVELOPMENT COURSES 2010:

For more information please contact the Foundation for Professional Development:

Contact person: Stacey Dias

Tel (012) 816 9107 or 0861 98 88 98

E-mail: staceyd@foundation.co.za or foundation@foundation.co.za

Website: www.foundation.co.za



Course	Points	Dates	City
Management of HIV/AIDS for Doctors	30 CEU's (level 2)	19 – 21 February 5 – 7 March 26 – 28 March 9 – 11 April 20-22 August	Pretoria Cape Town Durban Johannesburg PE
HIV/AIDS Refresher Seminar	6 CEU's (level 2)	13 March 29 May 11 September 20 November 4 December	Pretoria Durban PE Johannesburg Bloemfontein
Paediatric HIV/AIDS management Course	30 CEU's (level 2)	12- 14 March 9 – 11 April 1 – 3 October	Pretoria Cape Town Pretoria

Conferences 2010

2nd SA TB Conference

Date: 1 – 4 June 2010

Venue: International Convention Centre, Durban

Deadline for abstracts: 21 January 2010

Registration deadlines: Early registration closes 21 January 2010
Regular registration closes 14 May 2010

Conference information: www.tbconference.co.za

Registration information: E-mail: info@tbconference.co.za
Local Tel: 0861 115 182
Local Fax: 0861 115 181 / 5 / 0
International Tel: +27 (0)12 816 9000
International Fax: +27 (0)12 807 7191/7153

Accommodation info: Local tel: 0861 988 898;
International tel: +27 (0)12 816 9000
E-mail: amandas@foundation.co.za

Conference Bursaries 2010

2nd SA TB Conference

The Society offers bursaries to enable doctors and other healthcare workers to attend the SA TB Conference in Durban, from 1 – 4 June, 2010. The bursaries are available to members of the Society, particularly those working in **rural and other under-resourced areas**. Bursaries will only be awarded to Society members whose annual membership fees have been paid in full at the time of the closing date for applications.

Bursaries will cover the conference registration fee. In addition to this, each bursary holder will receive a reimbursement of R2, 200.00 towards their travel and accommodation costs. The reimbursement will be paid after the conference, and bursary holders will be required to sign in at the Society exhibition stand on each day of the conference in order to be eligible for the reimbursement. The Society will organize the registration of successful applicants and pay the registration fee directly to the conference organisers. If you have already registered for the conference, please inform us of this in your application. Bursary recipients who fail to attend the conference after we have paid their registration fees will be required to refund the Society for all expenses incurred.

Please note that the Society cannot arrange or pay for transport and accommodation – this will be the responsibility of the individual.

Closing date for bursary applications: **26 February 2010**

Please submit the following to fax: 011 341 0162 or e-mail: hardyc@sahivsoc.org

1. A brief outline of involvement in the field of HIV, with details of work in rural or under-resourced areas. Please include details of your current position and job title.
2. A letter of support from applicant's manager/supervisor.
3. A letter detailing a commitment to feed back information gained at the conference to colleagues.
4. Contact information, including a telephone number, cell number, e-mail address and fax number.



The Society Guidelines

The Society has published the following guidelines in the *Journal of HIV Medicine*:

- **Displaced Populations:** Published in 2007 (Issue 26).
- **Nutrition:** Chapters 1 & 2 published in June 2007 (Issue 27). Chapters 3 - 6 published in April 2008 (Issue 29).
- **Cryptococcal Meningitis:** Published in December 2007, with poster (Issue 28).
- **Adult ART:** Published in April 2008 (Issue 29).
- **Prisoners:** Published in June 2008, with poster (Issue 30).
- **Renal Replacement Therapy:** Published in June 2008 (Issue 30).
- **Post-Exposure Prophylaxis:** Published in November 2008 (Issue 31).
- **Criteria for Expedited ARV Initiation:** Published in March 2009 (Issue 33).

The above guidelines are available from the Society (contact Chloe at 011 341 0162 or e-mail: hardyc@sahivsoc.org). They can also be downloaded from the Society website: www.sahivsoc.org or the SA Journal of HIV Medicine website: www.sajhivmed.co.za

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

ATLANTIC PHILANTHROPIES, ASPEN, CIPLA MEDPRO, PFIZER, THE UNHCR

Services Available

NEW WHO GUIDELINES

On 1 December 2009, the World Health Organisation released the new recommendations on adult and adolescent ART, PMTCT and infant feeding. All the documents are available on the WHO website:

<http://www.who.int/hiv/en/>

TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE

The Medicines Information Centre (MIC) is situated within the Division of Clinical Pharmacology, Department of Medicine at the University of Cape Town's Faculty of Health Sciences. It is the largest and only clinically-based medicine information centre in South Africa and provides information to both public and private sector health care professionals. The MIC in collaboration with the Foundation for Professional Development and USAID / PEPFAR, provides a **toll-free** national HIV hotline to all health care workers in South Africa for **patient treatment** related enquiries.

If you are a **doctor, nurse or pharmacist**, and need clinical assistance with the treatment of your HIV patients, contact the toll-free National HIV Health Care Worker Hotline:

Tel: 0800 212 506 or 021 406 6782

E-mail: pha-mic@uct.ac.za

Fax: 021 448 0503

Alternatively, send a **SMS** or "**Please Call Me**" to **071 840 1572**, and someone will call you back.

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

AWACC CONFERENCE 2009 REPORT

The Conference report and presentations from the AWACC Conference 2009 are available at:

https://www.givengain.com/cgi/%2Dbin/giga.cgi?cmd=cause_dir_news_item&cause_id=1285&news_id=68118&cat_id=1416

BACK ISSUES OF THE JOURNAL OF HIV MEDICINE

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact Chloe at 011 341 0162 or email: hardyc@sahivsoc.org

HIV SUPPORT WEBSITE

www.hivsupport.co.za is a new website for people living with HIV and AIDS (PLWHA) in South Africa - and is aimed at the South African audience. The purpose is two-fold: to offer an information-portal to South Africans LWHA and to provide a *free* 24/7 online support group for PLWHA, families and supporters. Featured topics will include PMTCT, children with HIV, TB and HIV, state drugs and other locally applicable information. Currently the site provides some basic information, with plans to grow and add the support group within the next couple of months. Please feel free to refer your patients to the website.

UNAIDS NEWSLETTER

The UNAIDS Quarterly Newsletter provides useful summaries of recent studies on HIV in developing countries. Subscribe online for free at: <http://www.unaids.org/Services/Subscribe.aspx?displaylang=en>



AID FOR AIDS CLINICAL GUIDELINES

The new (7th edition) of the Aid for AIDS Clinical Guidelines are now available on the Aid for AIDS website: www.aidforaids.co.za

Recommended Reading

Adult HIV: A learning programme for professionals by the Desmond Tutu HIV Foundation, published by Electric Book Works, 2008. For more information on downloading or ordering a copy, go to: www.EBWhealthcare.com

Handbook of HIV Medicine (2nd Edition) edited by Douglas Wilson, Mark Cotton, Linda-Gail Bekker, Tammy Meyers, Francois Venter, and Gary Maartens, published by Oxford University Press. The second edition of the handbook is now available from: Oxford University Press: Tel: 021 5961222, e-mail: orders.za@oup.com or website: <http://www.oxford.co.za>

The Clinical Practice of HIV Medicine by Dr David C Spencer. (Out of print – second edition will be available in early 2010.)

HIV/AIDS in South Africa edited by SS Abdool Karim and Q Abdool Karim, published by Cambridge University Press. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. To order a copy, contact Cambridge University Press: tel: (021) 412 7800, fax: (021) 419 0594, email: orders@cambridge.org or website: www.cambridge.org

Health & Democracy - a guide to human rights, health law and policy in post apartheid South Africa by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy, contact the AIDS Law Project: tel: (011) 356 4100.

Primary HIV/AIDS Care by Dr Clive Evian, published by Jacana Media: www.jacana.co.za

Witness to AIDS by Judge Edwin Cameron, published by Tafelberg. To order a copy, go to: www.witnesstoaid.com

Medical Management of HIV Infection (South African Edition) by John G. Bartlett, MD, Joel E. Gallant, MD MPH and Dr FM Conradie, published by TheraSim in cooperation with the Foundation for Professional Development, 2008. The SA HIV Clinicians Society has a limited number of books available free of charge to members. To order a copy, contact Chloe Hardy at: 011 341 0162 or hardyc@sahivsoc.org
For an electronic version of the international edition of this book, go to: www.bartlettthiv.org

The Virus, Vitamins and Vegetables edited by Kerry Cullinan and Anso Thom of Health-e News Service, published by Jacana Media. A collection of essays by some of South Africa's foremost HIV / AIDS writers, doctors and activists, examining the tragedy of AIDS denialism in South Africa. To order a copy of the book contact: editor@health-e.org.za

Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- **Paediatric Discussion Group (Manager/Moderator: Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members. Members may respond if they wish and their responses are emailed to all participants. Once a case has been fully discussed, opinions are usually sought from overseas and local experts. To join please send your e-mail address to Dr Leon Levin: leonlevin@54.co.za
- **Adult HIV Discussion Group (Manager/Moderator: Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection. We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study.

You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list."

If you wish to join this discussion group, please send your first name, surname and email address to: adghiv@witshealth.co.za

- **HIV Policy and Ethics Discussion Group (Manager: Ms Marlise Richter):** The Discussion Group was launched in October 2006 and currently has over 315 subscribers. Case studies include topics such as the ethics of AIDS funding, HIV in the military, HIV testing, treatment in prisons and Dual Loyalty. To subscribe, please send your name, surname and e-mail address to Marlise at: ethics.policy@gmail.com
To view past debates: <http://groups.google.com/group/policy-ethics?hl=en>

The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer



WARNING: additional fees may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at: www.sahivsoc.org.za

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE	GSK ACCESS PRICE
KALETRA CAPSULES		700922	ABBOTT	180	R 392.63 INC VAT	
KALETRA SYRUP		700924	ABBOTT	300ML	R 345.43 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	84	R 91.61 INC VAT	
NORVIR SYRUP	80MG/ML	838527	ABBOTT	90ML	R 78.63 INC VAT	
ALUVIA TABS		710028	ABBOTT	120	R 345.43 INC VAT	
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 89.86 INC VAT	
ADCO-LAMIVUDINE alcohol and sugar free	10MG/1ML	708713001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-LUMIVUDINE SOL	10MG/1ML	708708001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-ZIDOVUDINE	300MG	707960001	ADCOCK	60	R 248.07 INC VAT	
ADCO-ZIDOVUDINE SYR	50MG/5ML	708709001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-ZIDOVUDINE alcohol and sugar free	50MG/5ML	708711001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-NEVIRAPINE (blister)	200MG	707961001	ADCOCK	60	R 192.93 INC VAT	
ADCO-EFAVIRENZ	600MG	709545001	ADCOCK	30	R 153.72 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 310.60 INC VAT	
ASPEN EFAVIRENZ	600MG	710019001	ASPEN	60	R154.86 INC VAT	
ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 98.37 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 75.22 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R139.66 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 278.98 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R243.79 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 81.99 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R181.24 INC VAT	
ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R127.32 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 108.41 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 107.14 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 113.98 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 159.58 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 31.09 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 34.70 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 39.90 INC VAT	
ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 44.44 INC VAT	
VIREAD (TENOFVIR)	300MG	708253001	ASPEN	30	R 240.27 INC VAT	
TRUVADA		708254001	ASPEN	30	R 397.72 INC VAT	
AURO-EFAVIRENZ	50MG	710592001	AUROBINDO	30	R 29.04 INCL VAT	
AURO-EFAVIRENZ	200MG	710593002	AUROBINDO	90	R 277.45 INCL VAT	
AURO-EFAVIRENZ	600MG	710594001	AUROBINDO	30	R 153.57 INCL VAT	
AURO-LAMIVUDINE	150MG	710602001	AUROBNIDO	60	R 90.59 INCL VAT	

AURO-LAMIZIDO	150MG/300MG	710596001	AUROBINDO	60	R 303.26 INCL VAT	
AURO-LAMIVUDINE ORAL SOLUTION	10MG/ML	710603001	AUROBINDO	240ML	R 72.27 INCL VAT	
AURO-NEVIRAPINE	200MG	710606001	AUROBINDO	200	R 181.19 INCL VAT	
AURO-NEVIRAPINE ORAL SUSPENSION	50MG/5ML	710604001	AUROBINDO	240ML	R 120.01 INCL VAT	
AURO-STAVUDINE	30MG	710589001	AUROBNIDO	60	R 38.46 INCL VAT	
AURO-STAVUDINE	40MG	710590001	AUROBNIDO	60	R 44.91 INCL VAT	
AURO-STAVUDINE POWDER FOR ORAL SOLUTION	1MG/ML	710591001	AUROBINDO	200ML	R 25.55 INCL VAT	
AURO-ZIDOVUDINE	100MG	710597002	AUROBINDO	100	R 206.48 INCL VAT	



AURO-ZIDOVUDINE	300MG	710600001	AUROBINDO	300	R 243.73 INCL VAT	
AURO-ZIDOVUDINE ORAL SOLUTION	50MG/5ML	710634001	AUROBINDO	240ML	R 77.30 INCL VAT	
VIDEX TABLETS	25MG	793221	BMS	60	R 129.31 INC VAT	
VIDEX TABLETS	50MG	842961	BMS	60	R 129.31 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 137.05 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 189.82 INC VAT	
VIDEX POWDER	2G	847518	BMS	1	R 127.68 INC VAT	
VIDEX EC TABLETS	250MG	704783	BMS	30	R 186.13 INC VAT	
VIDEX EC TABLETS	400MG	703785	BMS	30	R 240.20 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 50.61 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 50.52 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 50.52 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 50.52 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 14.97 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 321.69 INC VAT	
REYATAZ	200MG	708258	BMS	60	R 404.76 INC VAT	
HYDREA CAPSULES	500MG	731706	BMS	100	R 208.54 INC VAT	
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER- INGELHEIM	60	R 189.55 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER- INGELHEIM	240ML	R 131.64 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 310.61 INC VAT	
CIPLA -EFAVIRENZ	600MG	709331001	CIPLA	30	R 164.92 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Tabs	300MG	709337001	CIPLA	30	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 31.59 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R75.81 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 204.22 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 122.32 INC VAT	
CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 207.81 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 275.97 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 40.25 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 80.51 INC VAT	
STAVIR 30	30MG	701342001	CIPLA	60	R 39.90 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 284.49 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 251.32 INC VAT	
COMBIVIR TABLETS		64445	GSK	60	R 365.94 INCL VAT	R 144.64 INCL VAT
3TC TABLETS	150MG	64510	GSK	60	R 112.18 INCL VAT	R 46.81 INCL VAT
3TC SYRUP	10MG/ML	64232	GSK	240ML	R 79.62 INCL VAT	R 48.51 INCL VAT

RETROVIR CAPSULES	100MG	64363	GSK	100	R 214.32 INCL VAT	R 108.76 INCL VAT
RETROVIR TABLETS	300MG	64366	GSK	60	R 320.45 INCL VAT	R 118.31 INCL VAT
RETROVIR TABLETS	250MG	837350	GSK	60	R 294.12 INCL VAT	R 147.77 INCL VAT
RETROVIR SYRUP	10MG/ML	64367	GSK	200ML	R 83.85 INCL VAT	R 56.81 INCL VAT
RETROVIR INFUSION		64364	GSK	5X20ML	R 319.46 INCL VAT	R 120.18 INCL VAT
HIV POST EXPOSURE PACK		64368	GSK		R 49.80 INCL VAT	R 57.13 INCL VAT
ZIAGEN SYRUP	240ML	64447	GSK	240ML	R 339.13 INCL VAT	R 134.73 INCL VAT
ZIAGEN TABLETS	300MG	64446	GSK	60	R 895.41 INCL VAT	R 320.67 INCL VAT
TRIZIVIR		64389	GSK		R 1517.72 INCL VAT	R 449.55 INCL VAT



KIVEXA TABLETS		64471	GSK		R 922.26 INCL VAT	R 355.21 INCL VAT
CRIXIVAN CAPSULES	200MG	827258003	MSD	360	R 540.26 INC VAT	
CRIXIVAN CAPSULES	400MG	824445023	MSD	120	R 357.63 INC VAT	
CRIXIVAN CAPSULES	400MG	824445007	MSD	180	R 536.44 INC VAT	
STOCRIN TABLETS	50MG	712069001	MSD	30	R 39.10 INC VAT	
STOCRIN TABLETS	200MG	712070001	MSD	90	R 370.42 INC VAT	
STOCRIN TABLETS	600MG	703318001	MSD	30	R 202.67 INC VAT	
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 742.26 INC VAT	
BACTRIM DS		706442	ROCHE	10	R 69.17 INC VAT	
BACTRIM INFUSION		706418	ROCHE	AMPULES	R 206.15 INC VAT	
BACTRIM		706434	ROCHE	20	R 60.33 INC VAT	
VIRACEPT POWDER	50 MG/G	857211	ROCHE	144	R 326.18 INC VAT	
VIRACEPT TABLETS	250 MG	857203	ROCHE	270	R742.08 INC VAT	
SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	
SONKE NEVIRAPINE	200MG	709533	SONKE	60	R 171.00 INC VAT	
SONKE LAMI NEV STAV		709840	SONKE	60	R 231.19 INC VAT	
SONKE ZIDOVUDINE	300MG	709531	SONKE	60	R 228.00 INC VAT	
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT	
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT	
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT	
SONKE STAVUDINE	30MG	709530001	SONKE	60	R 34.18 INC VAT	
SONKE EFAVIRENZ	200MG	709529001	SONKE	90	R207.94 INC VAT	
SONKE EFAVIRENZ	600MG	709528001	SONKE	30	R 134.52 INC VAT	

Disclaimer: The views of the editor and contributors do not necessarily reflect the views of the Southern African HIV Clinicians Society's President, Executive Committee or the Society's over 16 300 members.