



Transcript

SA HIV Clinicians Society Newsletter

Editor: **Chloe Hardy**

September 2009

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Chloe Hardy, Office Manager: hardyc@sahivsoc.org

Welcome to Laurie and Kerry

The Society welcomes Laurie Schowalter and Kerry Solan. Laurie joined the Society in July as the Technical Advisor for Policy and Implementation. She has a Masters degree in Public Health and will be working on policy and advocacy issues. Kerry officially joined the Society in August. She has been a longstanding volunteer with the Society and has finally been employed as the database assistant. Kerry is a qualified Vet and has been employed to assist with the Society database programme and matters relating to Continuous Professional Development Accreditation. We hope that they will both enjoy their time at the Society, we are thrilled to have them as part of the team and we believe that their appointments will allow the Society the capacity to grow its various programmes.

Up-date on Advocacy by the Society

By Laurie Schowalter, Technical Advisor for Policy and Implementation, SA HIV Clinicians Society

Community Caregivers

The Society is working with the SANAC Treatment, Care and Support Technical Task Team (TCS TTT) to collect information on payment and contract disruptions to community caregivers (CCGs). We distributed a survey on payment disruptions to Society members in late July and we appreciate the responses received. The data collected will be shared with SANAC through the TCS TTT. The TCS TTT has initiated a CCG task team to provide input to the Department of Health on the ongoing drafting of a Community Caregiver Policy Framework.

Edendale Hospital

In July, the Society sent letters to the Minister of Health and KZN MEC for Health expressing concern about the stoppage of ART initiation at Edendale Hospital in Pietermaritzburg. Currently, the National and Provincial Departments of Health are engaged and working with the Hospital to address the situation and we are monitoring progress.

Aspen-GlaxoSmithKline merger

The Society provided a submission to the Competition Commission regarding the proposed merger between Aspen Pharmicare and GlaxoSmithKline South Africa's pharmaceutical division. While we did not object to the merger, we asked that the Commission review the potential impact of the merger on the pricing and supply of Abacavir.

If you have any questions or comments about the public policy and advocacy activities of the Society, please contact Laurie Schowalter at laurie@sahivsoc.org.

Important Information on CPD Points

Meetings

All Society branch and focus group meetings held in South Africa are CPD accredited by SAMA, and health care workers who attend meetings will receive one CPD point for each hour of the presentation.

The Society's branch meetings have traditionally been open to all, but as we are now holding a large number of meetings around the country every month, with a growing number of attendees, we are no longer able to issue certificates manually. We are therefore moving to an automated system, based on our membership database.

From 1 September 2009, the meetings will be open to SA HIV Clinicians Society members only, and you will be required to include your Society Membership Number on the meeting register. For your convenience, your membership number will be e-mailed to you with the meeting invitations. The benefit of the new system is that it will now be much quicker and easier for you to obtain your CPD certificates and keep track of the number of points you have accumulated from Society meetings.

If you wish to invite colleagues who are not members of the Society to meetings, you are still most welcome to do so, but please ask them to first apply for membership on line at <http://www.sahivsoc.org> or to complete and submit the membership forms that will be distributed with the meeting invitations.

If you have any queries about the new system, please contact Chloe at: hardyc@sahivsoc.org

Questionnaires

Three points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%.

We have now completed our transition to an electronic system, and questionnaires must now be submitted online at www.cpdjournals.org.za.

If you are experiencing any problems with completing your questionnaires on-line, please contact Gertrude Fani at: 021 681 7216.

Please note that the Society is no longer able to issue certificates for faxed questionnaires from current or back-issues of the Journal.

Publications

The Society is always willing to accept articles for consideration for inclusion in the *Journal of HIV Medicine*. Articles should be submitted to the editor online at www.sajhivmed.org.za. Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will be subject to a peer review. The authors of all published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors.

The latest edition of the Journal can be viewed online at: <http://www.sajhivmed.org.za/index.php/sajhivmed/issue> and previous editions are available on the Journal website: go to www.sajhivmed.org.za and click on "Archives".

Branch Meeting Dates 2009

Please note that some of the below dates may be subject to change. For more information, please contact the relevant branch coordinator.

EASTERN CAPE

East London:

Dates 2009: To be confirmed. **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood, East London. **Time:** 19:00. **More information:** Daphne Gernetzky: tel: 043 703 4000 or email: gernetzkyd@ampath.co.za

Mthatha:

Dates 2009: To be confirmed. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: lungisa@iafrica.com

Port Elizabeth:

Dates 2009: 16 September. **Venue:** The President's Suite, St George's Cricket Ground. **Time:** 19:00. **More information:** Dr Kas Kasongo: Tel: (041) 451 4423 or e-mail: kasongo@pathcare.co.za

FREE STATE

Bloemfontein

Dates 2009: 1 November. **More information:** Dr Riaan van Coller: e-mail: rvc@neuro.bfmcc.co.za

GAUTENG**East Rand**

Dates 2009: To be confirmed. **More information:** Dr Nana or Dr Sarang: tel: (011) 421 1589, cell: 084 981 7101 or e-mail: blinds@iafrica.com

Johannesburg:

Dates 2009: 22 September, 29 October, 26 November. **Time:** 19:00. **Venue:** 52 Glenhove Rd, Houghton. **More information:** Chloe Hardy: Tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Pretoria:

Dates 2009: 10 September, 1 October, 5 November. **Time:** 18:30. **Venue:** Muelmed Hospital, Boardroom, Pretorius St, between Hamilton and Leyds Streets. **More information:** Dr Mariette Botes: Tel: 012 440 0758 or mariette@hivpractice.co.za; Dr Lynne Webber: webberl@lancet.co.za; or Elizabeth Malela cell: 082 631 1588.

West Rand:

Dates 2009: To be confirmed. **Venue:** The Lecture Hall, Sir Albert Medical Centre, corner Main Rd and Ward Ave, Randfontein.

More information: Dr Zandile Mokgatle: tel: 082 553 7047 or e-mail: zandile.mokgatle@harmony.co.za

KWAZULU NATAL**Durban:**

Dates 2009: 16 September, 14 October, 11 November. **Venue:** Susser and Stein Seminar room, Nelson R Mandela School of Medicine. **More information:** Dr. Nokukhanya Mdlalose at: Mdlalose@ukzn.ac.za

Pietermaritzburg:

Dates 2009: 21 October. **Venue:** Grey's Hospital Lecture Theatre, first floor. **Time:** 18:30 for 19:00. **More information:** Dr Doug Wilson: tel: (033) 3954146 or e-mail: doug.wilson2@kznhealth.gov.za

MPUMALANGA**Nelspruit:**

Dates 2009: To be confirmed. **Venue:** Nou's Toeka, Nelspruit. **More information:** Dr Ebby Mkhabela: tel: (013) 755 4425
Or e-mail: ebby.mkhabela@righttocare.org

NORTHERN CAPE

Dates 2009: To be confirmed. **More information:** Mr Tsietsi Shushu: tel: (053) 343 0011; cell: 083 993 6976 or e-mail: gtshu@yahoo.com

NORTH WEST PROVINCE**KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):**

Dates 2009: To be confirmed. **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075 or e-mail: tnielson@auruminstitute.org

Lichtenburg:

Dates 2009: To be confirmed. **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg. **More information:** Dr John Musonda: Tel: (018) 632 3041, cell: 078 360 9595 or e-mail: jmusonda@nwpg.gov.za

Mafikeng:

Dates 2009: 28 October, 25 November. **Time:** 18h30 **Venue:** To be confirmed. **More information:** Dr Ntebo Mogashoa: Cell: 082 7358167 or e-mail: nmogashoa@rhu.co.za or Dr Sele Bogatsu: cell: 082 4039683 or e-mail: bogatsusele@yahoo.com

Rustenburg:

Dates 2009: To be confirmed. **More information:** Dorothy Tihalefang Mogwere: cell: 083 400 7167 or e-mail: dmogwere@auruminstitute.org

WESTERN CAPE**Cape Town:**

Dates 2009: To be confirmed. **Time:** 18:30 **Venue:** Wolfson Pavilion Lecture Theatre, Institute of Infectious Diseases and Molecular Medicine (IIDMM), Anzio Road, Observatory. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Paarl: **Dates 2009:** 1 October, 26 November. **Time:** 18:30 **Venue:** Nelson's Creek Estate. **More information:** Dr Dirk Hagemeister: Cell: 072 942 6218 or e-mail: Dhagemei@pgwc.gov.za

BOTSWANA**Gaborone (Southern Branch):**

Dates 2009: Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:**

Dr. Victoria Nakimbugwe: e-mail: sahivcs@gmail.com

Francistown (Northern Branch):

Dates 2009: Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00.

More information: Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

LESOTHO

Dates 2009: 28 October. **Venue:** Lehakoe Conference Hall (next to Central Bank of Lesotho). **More information:** Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: prithidel@gmail.com

NAMIBIA**Windhoek and other centres**

Dates 2009: To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: namhivsoc@namibnet.com

NIGERIA**Lagos**

Dates 2009: To be confirmed. **More information:** Dr Austin N Nwokedi: e-mail: kediaustin@yahoo.com

ZAMBIA**Lusaka**

Dates 2009: Third Wednesday of every other month. **Time:** 17:30. **Venue:** Variable location. **More information:** Dr Timothy Meade:

Tel: (+26) 097 865 279; e-mail: corpmed@zamnet.zm or Dr. Mike Bush: tel: (+26) 096 750 999 email: bush.doctor@zamnet.zm

Ndola

Dates 2009: Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: docmulengajo@zamtel.zm

ZIMBABWE**Harare**

Dates 2009: To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: sharinghealth@zol.co.zw

Mutare

Dates 2009: To be confirmed. **Time:** 17:30 – 19:00. **Venue:** Mutare Club. **More information:** Dr Munyaradzi Mukuzunga: e-mail: mukuzungam@vaccinetrail.africa.ac.zw or mmukuzunga@yahoo.com

If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or hardyc@sahivsoc.org

Please note that branch coordinators are volunteers and do not receive a salary or stipend from the Society.

Nutrition Focus Group

The group meets on alternate months, at 18:00 (immediately prior to the Johannesburg Branch meetings), at the Glenhove Conference Centre.

The next Nutrition Focus Group meeting will be on **22 September 09**.

If you wish to join this discussion group, please send your first name, surname and e-mail address to fatimas@sahivsoc.org

New Publications

Legal Aspects of Palliative Care published by the Hospice Palliative Care Association of South Africa and Open Society Institute / Open Society Foundation South Africa, 2009

The book is the first of its kind in the palliative care arena and makes an effort to make legal and medical issues accessible to anyone seeking to improve their understanding of the impact of life-limiting illness, particularly on patients, clients and their families. Constitutional Court Judge Edwin

Cameron writes in the foreword that the manual is a unique document encompassing a wealth of expertise and experience which expands the realms of both disciplines (law and palliative care).

The book is available in PDF on the HPCA website at: <http://www.hospicepalliativecaresa.co.za/legal.html>

For more information, please contact: nicola@hpca.co.za

HIV and AIDS by Marina Coleman with illustrations by Sifiso Yalo, published by Jacana Media, 2009

EVERYONE KNOWS SOMEONE WHO NEEDS TO KNOW MORE ABOUT HIV & AIDS

"We've been overwhelmed by the response to the book and I think it is because it is so accessible, with content that appeals to everyone from CEOs to domestic helpers and school learners," a spokesman from publishing house Jacana said.

"I'm excited that this book is not only in stores but that schools are asking about it, as are community centers and ordinary folk looking for simple, easy-to-follow information on a highly controversial and politicized subject." says author Marina Coleman

This ACCLAIMED new book, simply called HIV&AIDS, has sold over 20 000 copies in just three months and is a comprehensive guide to and information resource for HIV/AIDS. Written by Marina Coleman and illustrated by Sowetan newspaper cartoonist SifisoYalo, it is an extremely accessible and informative source on HIV/AIDS. Its no-holds-barred content and candid illustrations accompanying fresh perspectives on HIV and AIDS have made the book a hit. Companies and individuals have been buying it for their employees, their children and themselves. The book retails at R39.95 and we are able to adjust the price depending on numbers ordered. We are also able to brand the book at a small additional cost should you wish. We believe with HIV/AIDS having such an impact on South Africans today, this book is crucial to HIV/ AIDS education and training and awareness. We want to get this book out into communities, clinics, schools, work places and homes.

The book would also be an excellent product to use in connection with World AIDS Day in December.

For more information on the book and orders please contact Jane at: jane.helco@mweb.co.za or tel: +27 11 462 2302 / 083 2303655

Childhood HIV: A learning programme for professionals by Prof D Woods and Prof B Eley, published by Electric Book Works, 2008

Take control of your own learning in this innovative new book for nurses and doctors. You'll be taught to solve practical problems and to take a simple, logical approach to HIV in children.

- Clear learning objectives help you understand the most important lessons to be learned.
- Theoretical knowledge is presented in an easy, problem-solving way.
- Clear, step-by-step guides through definitions, causes, diagnosis, prevention, dangers and management.
- Case studies in story-form let you apply your new knowledge to solve common problems.
- Multiple choice questions help you monitor your progress.

This balanced and up-to-date guide can be used as a training course or as a reference manual for professionals and students.

For more information on down-loading or ordering a copy, go to: www.EBWhhealthcare.com

Perinatal HIV: A learning programme for professionals by the Desmond Tutu HIV Foundation, published by Electric Book Works, 2008

Take control of your own learning in this innovative new book for nurses and doctors. You'll be taught to solve practical problems and to take a simple, logical approach to HIV in pregnancy, labour, and the puerperium.

- Clear learning objectives help you understand the most important lessons to be learned.
- Theoretical knowledge is presented in an easy, problem-solving way.
- Clear, step-by-step guides through definitions, causes, diagnosis, prevention, dangers and management.
- Case studies in story-form let you apply your new knowledge to solve common problems.
- Multiple choice questions help you monitor your progress.

This balanced and up-to-date guide can be used as a training course or as a reference manual for professionals and students.

For more information on down-loading or ordering a copy, go to: www.EBWhhealthcare.com

A patient-centred approach to drug resistant tuberculosis treatment in the community: a pilot project in Khayelitsha. South Africa by Médecins sans Frontières South Africa, March 2009

This report describes the implementation of a pilot project providing decentralised, patient-centred care and treatment for patients with DR-TB in Khayelitsha. The project is based on the premise that more patients will be diagnosed and successfully treated if they are supported to follow treatment in their homes and communities, rather than being isolated in specialised hospitals. In addition, building capacity to manage DR-TB at the primary care level will enable the scaling up of treatment provision, so that more patients can access high quality care.

Increasing Access to Antiretroviral Care in Rural Malawi: 2003–2009 programme report by Médecins sans Frontières, 2009

Malawi is among the ten countries of the world with the highest prevalence of HIV. Despite a dire shortage of health workers and high levels of poverty, the Malawian government has introduced a 'public health' model of care that relies on non-physician clinicians to deliver antiretroviral drugs (ARV) and which today has enabled the country to treat more than half of the estimated 300,000 needing antiretroviral therapy (ART). Since 1997, together with the Ministry of Health, Médecins Sans Frontières has supported HIV/AIDS care in Malawi's southern Thyolo district. In 2003, MSF and the MoH developed a feasible model of care for a rural, highly impoverished district like Thyolo. Four years later, the Thyolo programme had managed to scale up ART to provide universal access to treatment across the district. At the end of 2008, the number of people on ART had increased further, indicating that, over a year and a half later, universal access was maintained. This is a remarkable achievement in a district where health structures are poorly equipped, human resources for health are insufficient, and the majority of the population lives in remote rural villages. The report provides an outline of this innovative model.

To download copies of the above reports, go to: www.msf.org.za

Conferences 2009

3rd Annual Workshop on Advanced Clinical Care (AWACC)

Date: 1 - 2 October 2009

Venue: Albert Luthuli International Convention Centre (ICC) Durban

The workshop aims to:

1. Provide updates in the management of HIV- infected patients, particularly in resource-scarce settings.
2. Create awareness of the complications associated with HIV therapy, including lactic acidosis, hepatotoxicity, metabolic complications and lipodystrophy.
3. Discuss antiretroviral treatment strategies with a particular focus on drugs available in resource-scarce settings.
4. Provide updates on evaluation and management of HIV/TB co-infection.
5. Educate on issues related to HIV in the paediatric population.

Registration Deadline: 15th September 2009

For registration and programme details please contact:

Marlon Govender, AWACC Administrator

Tel: 031 2685828

Cell: 072 2183581

Website: www.mccord.org.za

NB: A TOTAL OF 14 CPD POINTS CAN BE ACCUMULATED FOR ATTENDENCE ON BOTH DAYS.

HIV/AIDS Management Course, Diploma and Other Courses

1. CLINICAL HIV MANAGEMENT COURSE OFFERED BY THE REPRODUCTIVE HEALTH AND HIV RESEARCH UNIT, OF THE UNIVERSITY OF THE WITWATERSRAND

This full time, Johannesburg based two week course includes:

Module 1: Overview - History of HIV to palliative care

Module 2: Basic Science

Module 3: TB and other opportunistic infections – prevention, diagnosis and treatment

Module 4: ARVs

Both adult and paediatric treatment and care are covered during the course. Field trips to leading Johannesburg ARV clinics are also part of the 10 day learning experience. 36 CPD points are awarded to participants attending every session and the course provides sound preparation for doctors planning to take the College of Medicine's HIV management Diploma examination.

Courses are taking place from **7-18 September** and **2-13 November 2009**.

Fees are R6 000.00 or \$US 723.00 for non-South African residents, with limited bursaries available.

For further details and application forms please contact course co-ordinator Siyethemba Zwane:

Tel: (011) 358 5500 ext 5313 or E-mail: szwane@rhu.co.za

Website: www.rhu.co.za

2. TOGA AND KIMERA MASTERCLASS PROGRAMME IN HIV MEDICINE 2009

Toga Laboratory and Kimera are hosting a series of master classes in HIV Medicine for those wanting to upgrade their skills and knowledge in the discipline or in preparing for the diploma examinations. The programme is CPD accredited.

Venue: Boardroom, Toga Laboratory, Meadowdale Office Park, Edenvale, Johannesburg

Date: First Friday of the month

Time: 08:00 - 10:00

Date	Topic	Facilitator
04 September 2009	HIV and the Management of Cancer	Dr Dave Brittain (provisional)
02 October 2009	Counselling in the time of HIV. Is this still necessary?	Dr Joyce Marshall
06 November 2009	Cytomegalovirus: clinical and virological aspects of management	Dr Allison Glass

Those who are interested in joining should call to reserve a place:

Ms Lesleigh Beukes at Toga Laboratory: 011 663 6313 or

Coordinator: Dr Dave Spencer (Senior Physician, Toga Laboratory): 011 663 6575.

3. FOUNDATION FOR PROFESSIONAL DEVELOPMENT:

Course Name	Course Dates	City/town	Cost (VAT Incl)
HIV/AIDS Management Course: Given the current state of knowledge on HIV/AIDS management and the fact that anti-retroviral therapy is becoming more affordable, it is now feasible to approach HIV/AIDS as a chronic medical condition. This course will empower clinicians to adequately manage patients with HIV and or AIDS.			
HIV/AIDS Management Course	25-27 Sept 2009	Cape Town	R 3,000.00
HIV/AIDS Management Course	2-4 Oct 2009	Durban	R 3,000.00
HIV/AIDS Management Course	9-11 Oct 2009	Free State	R 3,000.00
HIV/AIDS Management Course	21-22 Nov 2009	Mpumalanga	R 3,000.00
HIV/AIDS Management Course	1-3 Dec 2009	PTA	R 3,000.00
HIV/AIDS Management Course	3-5 Dec 2009	Cape Town	R 3,000.00
HIV/AIDS Refresher Seminar: HIV/AIDS is an ever-evolving discipline and with ARV drugs becoming more affordable, health professionals therefore need to stay abreast with the latest developments. The Foundation for Professional Development, in association with the Southern African HIV Clinician Society, developed this one-day refresher seminar which is targeted at alumni who successfully completed the 3-Day HIV/AIDS Management Course. We encourage all our alumni who completed the 3-day course to enrol on this refresher course so that they have access to the most recent evidence-based information on drugs and the management of HIV/AIDS patients.			
HIV/AIDS Refresher Seminar	5-Nov-09	Cape Town	R 1,300.00
HIV/AIDS Refresher Seminar	1-Dec-09	Durban	R 1,300.00
Paediatric HIV/AIDS Management Course: Children with HIV/AIDS are dying unnecessarily because of a lack of access to ARV treatment. The problems arise mainly from a lack of cheap feasible diagnostic tests for children under 18 months, lack of trained health personnel and the affordable child-friendly ARV drugs. Simplified treatment guidelines coupled with a range of fixed-dose combinations of ARVs that require only one or two pills twice a day make it easier to treat HIV/AIDS in adults, but development of simplified drugs for children lags behind. Despite WHO simplified treatment guidelines that specify which drugs to use in children, countries have difficulty in getting simple and affordable combinations of the drugs. Two generic fixed-dose combinations should enter clinical trials this year, and there are frighteningly few second-line ARV drugs available for children in countries with large numbers of infected children.			
Paediatric HIV/AIDS Management Course	2-4 Oct 2009	PTA	R 3,200.00
Clinical and Ethical Refresher Course for GP's: The Clinical and Ethical Refresher Seminar is designed to offer a unique learning experience by combining clinical and ethical issues in an effort to help general practitioners to update their skills and knowledge in specific areas. Most healthcare professionals have limited time available to attend clinical programmes. Furthermore, attending individual courses is costly and may be time consuming. The FPD Summer Academy therefore intends to offer healthcare professionals an opportunity to get away, save time and money, gain CPD points for attending this learning experience and get the best of what FPD has to offer.			
Clinical and Ethical Refresher Course for GP's	26-28 June 2009	Durban	R 3,140.00

For more information contact on the above courses, please contact the FPD:

Ilana van der Merwe

Tel: (012) 481-2154 or 0861 98 88 98

Fax: (012) 481-2083 or 086 558 9535

E-mail: llanavdM@foundation.co.za or foundation@foundation.co.za

Website: www.foundation.co.za

4. COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA):

Examination Structure: Exit Examination: 2 written papers, no oral examination.

Requirements: 6 months supervised training at a teaching or CMSA-approved hospital OR 6 months in an HIV Clinic PLUS 10 day's attendance of HIV Management courses.

For more information on fees, examination dates, syllabus and candidate requirements, please contact the Colleges of Medicine:

Tel: 011 726 7037

Website: <http://www.collegemedsa.ac.za>

The Society Guidelines

The Society has published the following guidelines in the *Journal of HIV Medicine*:

- **Displaced Populations:** Published in 2007 (Issue 26).
- **Nutrition:** Chapters 1 & 2 published in June 2007 (Issue 27). Chapters 3 - 6 published in April 2008 (Issue 29).
- **Cryptococcal Meningitis:** Published in December 2007, with poster (Issue 28).
- **Adult ART:** Published in April 2008 (Issue 29).
- **Prisoners:** Published in June 2008, with poster (Issue 30).
- **Renal Replacement Therapy:** Published in June 2008 (Issue 30).
- **Post-Exposure Prophylaxis:** Published in November 2008 (Issue 31).
- **Criteria for Expedited ARV Initiation:** Published in March 2009 (Issue 33).

The above guidelines are available from the Society (contact Chloe at 011 341 0162 or e-mail: hardyc@sahivsoc.org). They can also be downloaded from the Society website: www.sahivsoc.org or the SA Journal of HIV Medicine website: www.sajhivmed.co.za

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

ATLANTIC PHILANTHROPIES, ASPEN, CIPLA MEDPRO, PFIZER, THE UNHCR

Services Available

HIV SUPPORT WEBSITE

www.hivsupport.co.za is a new website for people living with HIV and AIDS (PLWHA) in South Africa - and is aimed at the South African audience. The purpose is two-fold: to offer an information portal to South Africans LWHA and to provide a *free* 24/7 online support group for PLWHA, families and supporters. Featured topics will include PMTCT, children with HIV, TB and HIV, state drugs and other locally applicable information. Currently the site provides some basic information; with plans to grow and add the support group within the next couple of months. Please feel free to refer your patients to the website.

TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE

The Medicines Information Centre (MIC) is situated within the Division of Clinical Pharmacology, Department of Medicine at the University of Cape Town's Faculty of Health Sciences. It is the largest and only clinically-based medicine information centre in South Africa and provides information to both public and private sector health care professionals. The MIC in collaboration with the Foundation for Professional Development and USAID / PEPFAR, provides a **toll-free** national HIV hotline to all health care workers in South Africa for **patient treatment** related enquiries.

If you are a **doctor, nurse or pharmacist**, and need clinical assistance with the treatment of your HIV patients, contact the toll-free National HIV Health Care Worker Hotline:

Tel: 0800 212 506 or 021 406 6782

E-mail: pha-mic@uct.ac.za

Fax: 021 448 0503

Alternatively, send a **SMS or "Please Call Me"** to **071 840 1572**, and someone will call you back.

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

BACK ISSUES OF THE JOURNAL OF HIV MEDICINE

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact Chloe at 011 341 0162 or email: hardyc@sahivsoc.org

UNAIDS NEWSLETTER

The UNAIDS Quarterly Newsletter provides useful summaries of recent studies on HIV in developing countries. Subscribe online for free at: <http://www.unaids.org/Services/Subscribe.aspx?displaylang=en>

AID FOR AIDS CLINICAL GUIDELINES

The new (7th edition) of the Aid for AIDS Clinical Guidelines are now available on the Aid for AIDS website: www.aidforaids.co.za

PROBONO.ORG HIV / AIDS LEGAL CLINIC

When: 9h00 – 12h00 every Tuesday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg

Contact: Tel: 011 336 9510 fax: 011 336 9511

E-mail: esther@probono.org-org

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering **free legal advice and services** to people experiencing **HIV/AIDS related discrimination**.

The Clinic operates as follows:

- The clinic will open from 9:00 to 12:00 every Tuesday of the year (unless it is a public holiday).
- The clinic will be staffed by attorneys who make themselves available on a pro bono basis.
- Clients will be consulted on 'first come first serve' basis.
- Attorneys will assist clients with: advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation.
- As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a pro bono basis.

PROBONO.ORG REFUGEE LEGAL CLINIC

When: 9h00 – 12h00 every Thursday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg

Contact: Tel: 011 336 9510 fax: 011 336 9511

E-mail: phumi@probono.org-org

ProBono.Org provides a weekly legal clinic where refugees and asylum seekers can access free legal advice and services.

Recommended Reading

Adult HIV: A learning programme for professionals by the Desmond Tutu HIV Foundation, published by Electric Book Works, 2008. For more information on downloading or ordering a copy, go to: www.EBWhealthcare.com

Handbook of HIV Medicine (2nd Edition) edited by Douglas Wilson, Mark Cotton, Linda-Gail Bekker, Tammy Meyers, Francois Venter, and Gary Maartens, published by Oxford University Press. The second edition of the handbook is now available from: Oxford University Press: Tel: 021 5961222, e-mail: orders.za@oup.com or website: <http://www.oxford.co.za>

The Clinical Practice of HIV Medicine by Dr David C Spencer. (Out of print – second edition will be available in late 2009.)

HIV/AIDS in South Africa edited by SS Abdool Karim and Q Abdool Karim, published by Cambridge University Press. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. To order a copy, contact Cambridge University Press: tel: (021) 412 7800, fax: (021) 419 0594, email: orders@cambridge.org or website: www.cambridge.org

Health & Democracy - a guide to human rights, health law and policy in post apartheid South Africa by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy, contact the AIDS Law Project: tel: (011) 356 4100.

Primary HIV/AIDS Care by Dr Clive Evian, published by Jacana Media: www.jacana.co.za

Witness to AIDS by Judge Edwin Cameron, published by Tafelberg. To order a copy, go to: www.witnessstoaid.com

Medical Management of HIV Infection (South African Edition) by John G. Bartlett, MD, Joel E. Gallant, MD MPH and Dr FM Conradie, published by TheraSim in cooperation with the Foundation for Professional Development, 2008. The SA HIV Clinicians Society has a limited number of books available free of charge to members. To order a copy, contact Chloe Hardy at: 011 341 0162 or hardyc@sahivsoc.org
For an electronic version of the international edition of this book, go to: www.bartletthiv.org

Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- **Paediatric Discussion Group (Manager/Moderator: Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members. Members may respond if they wish and their responses are emailed to all participants. Once a case has been fully discussed, opinions are usually sought from overseas and local experts. To join please send your e-mail address to Dr Leon Levin: leonlevin@54.co.za
- **Adult HIV Discussion Group (Manager/Moderator: Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection. We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study. You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list."
If you wish to join this discussion group, please send your first name, surname and email address to: adghiv@witshealth.co.za
- **HIV Policy and Ethics Discussion Group (Manager: Ms Marlise Richter):** The Discussion Group was launched in October 2006 and currently has over 315 subscribers. Case studies include topics such as the ethics of AIDS funding, HIV in the military, HIV testing, treatment in prisons and Dual Loyalty. To subscribe, please send your name, surname and e-mail address to Marlise at: ethics.policy@gmail.com
To view past debates: <http://groups.google.com/group/policy-ethics?hl=en>

The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

WARNING: additional fees may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at: www.sahivsoc.org.za

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE	GSK ACCESS PRICE
KALETRA CAPSULES		700922	ABBOTT	180	R 406.80 INC VAT	
KALETRA SYRUP		700924	ABBOTT	300ML	R 406.80 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	84	R 94.92 INC VAT	
NORVIR SYRUP	80MG/ML	838527	ABBOTT	90ML	R 81.37 INC VAT	
ALUVIA TABS		710028	ABBOTT	120	R 406.80 INC VAT	
ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 89.86 INC VAT	
ADCO-LAMIVUDINE alcohol and sugar free	10MG/1ML	708713001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-LUMIVUDINE SOL	10MG/1ML	708708001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-ZIDOVUDINE	300MG	707960001	ADCOCK	60	R 248.07 INC VAT	
ADCO-ZIDOVUDINE SYR	50MG/5ML	708709001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-ZIDOVUDINE alcohol and sugar free	50MG/5ML	708711001	ADCOCK	200ML	R 75.96 INC VAT	

ADCO-NEVIRAPINE (blister)	200MG	707961001	ADCOCK	60	R 192.93 INC VAT	
ADCO-EFAVIRENZ	600MG	709545001	ADCOCK	30	R 153.72 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 310.60 INC VAT	
ASPEN EFAVIRENZ	600MG	710019001	ASPEN	60	R154.86 INC VAT	
ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 98.37 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 75.22 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R139.66 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 278.98 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R243.79 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 81.99 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R181.24 INC VAT	
ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R127.32 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 108.41 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 107.14 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 113.98 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 159.58 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 31.09 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 34.70 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 39.90 INC VAT	
ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 44.44 INC VAT	
VIREAD (TENOFVIR)	300MG	708253001	ASPEN	30	R 240.27 INC VAT	
TRUVADA		708254001	ASPEN	30	R 397.72 INC VAT	
AURO-EFAVIRENZ	50MG	710592001	AUROBINDO	30	R 25.65 INCL VAT	R 29.04 INCL VAT
AURO-EFAVIRENZ	200MG	710593002	AUROBINDO	90	R 245.10 INCL VAT	R 277.45 INCL VAT
AURO-EFAVIRENZ	600MG	710594001	AUROBINDO	30	R 135.66 INCL VAT	R 153.57 INCL VAT
AURO-LAMIVUDINE	150MG	710602001	AUROBNIDO	60	R 80.02 INCL VAT	R 90.59 INCL VAT
AURO-LAMIZIDO	150MG/300MG	710596001	AUROBINDO	60	R 267.90 INCL VAT	R 303.26 INCL VAT
AURO-LAMIVUDINE ORAL SOLUTION	10MG/ML	710603001	AUROBINDO	240ML	R 63.84 INCL VAT	R 72.27 INCL VAT
AURO-NEVIRAPINE	200MG	710606001	AUROBINDO	200	R 173.28 INCL VAT	R 181.19 INCL VAT
AURO-NEVIRAPINE ORAL SUSPENSION	50MG/5ML	710604001	AUROBINDO	240ML	R 106.02 INCL VAT	R 120.01 INCL VAT
AURO-STAVUDINE	30MG	710589001	AUROBNIDO	60	R 33.97 INCL VAT	R 38.46 INCL VAT
AURO-STAVUDINE	40MG	710590001	AUROBNIDO	60	R 39.67 INCL VAT	R 44.91 INCL VAT
AURO-STAVUDINE POWDER FOR ORAL SOLUTION	1MG/ML	710591001	AUROBINDO	200ML	R 22.57 INCL VAT	R 25.55 INCL VAT
AURO-ZIDOVUDINE	100MG	710597002	AUROBINDO	100	R 185.40 INCL VAT	R 206.48 INCL VAT
AURO-ZIDOVUDINE	300MG	710600001	AUROBINDO	300	R 223.44 INCL VAT	R 243.73 INCL VAT
AURO-ZIDOVUDINE ORAL SOLUTION	50MG/5ML	710634001	AUROBINDO	240ML	R 67.96 INCL VAT	R 77.30 INCL VAT
VIDEX TABLETS	25MG	793221	BMS	60	R 129.31 INC VAT	
VIDEX TABLETS	50MG	842961	BMS	60	R 129.31 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 137.05 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 189.82 INC VAT	

VIDEX POWDER	2G	847518	BMS	1	R 127.68 INC VAT	
VIDEX EC TABLETS	250MG	704783	BMS	30	R 186.13 INC VAT	
VIDEX EC TABLETS	400MG	703785	BMS	30	R 240.20 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 50.61 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 50.52 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 50.52 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 50.52 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 14.97 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 321.69 INC VAT	
REYATAZ	200MG	708258	BMS	60	R 404.76 INC VAT	
HYDREA CAPSULES	500MG	731706	BMS	100	R 208.54 INC VAT	
VIRAMUNE TABLETS	200MG	840645	BOEHRINGER- INGELHEIM	60	R 189.55 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER- INGELHEIM	240ML	R 131.64 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 310.61 INC VAT	
CIPLA -EFAVIRENZ	600MG	709331001	CIPLA	30	R 164.92 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Tabs	300MG	709337001	CIPLA	30	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 31.59 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R75.81 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 204.22 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 122.32 INC VAT	
CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 207.81 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 275.97 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 40.25 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 80.51 INC VAT	
STAVIR 30	30MG	701342001	CIPLA	60	R 39.90 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 284.49 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 251.32 INC VAT	
COMBIVIR TABLETS		64445	GSK	60	R 365.94 INCL VAT	R 144.64 INCL VAT
3TC TABLETS	150MG	64510	GSK	60	R 112.18 INCL VAT	R 46.81 INCL VAT
3TC SYRUP	10MG/ML	64232	GSK	240ML	R 79.62 INCL VAT	R 48.51 INCL VAT
RETROVIR CAPSULES	100MG	64363	GSK	100	R 214.32 INCL VAT	R 108.76 INCL VAT
RETROVIR TABLETS	300MG	64366	GSK	60	R 320.45 INCL VAT	R 118.31 INCL VAT
RETROVIR TABLETS	250MG	837350	GSK	60	R 294.12 INCL VAT	R 147.77 INCL VAT
RETROVIR SYRUP	10MG/ML	64367	GSK	200ML	R 83.85 INCL VAT	R 56.81 INCL VAT
RETROVIR INFUSION		64364	GSK	5X20ML	R 319.46 INCL VAT	R 120.18 INCL VAT
HIV POST EXPOSURE PACK		64368	GSK		R 49.80 INCL VAT	R 57.13 INCL VAT
ZIAGEN SYRUP	240ML	64447	GSK	240ML	R 339.13 INCL VAT	R 134.73 INCL VAT

ZIAGEN TABLETS	300MG	64446	GSK	60	R 895.41 INCL VAT	R 320.67 INCL VAT
TRIZIVIR		64389	GSK		R 1517.72 INCL VAT	R 449.55 INCL VAT
KIVEXA TABLETS		64471	GSK		R 922.26 INCL VAT	R 355.21 INCL VAT
CRIXIVAN CAPSULES	200MG	827258003	MSD	360	R 540.26 INC VAT	
CRIXIVAN CAPSULES	400MG	824445023	MSD	120	R 357.63 INC VAT	
CRIXIVAN CAPSULES	400MG	824445007	MSD	180	R 536.44 INC VAT	
STOCRIN TABLETS	50MG	712069001	MSD	30	R 39.10 INC VAT	
STOCRIN TABLETS	200MG	712070001	MSD	90	R 370.42 INC VAT	
STOCRIN TABLETS	600MG	703318001	MSD	30	R 202.67 INC VAT	
INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 742.26 INC VAT	
BACTRIM DS		706442	ROCHE	10	R 69.17 INC VAT	
BACTRIM INFUSION		706418	ROCHE	AMPULES	R 206.15 INC VAT	
BACTRIM		706434	ROCHE	20	R 60.33 INC VAT	
VIRACEPT POWDER	50 MG/G	857211	ROCHE	144	R 326.18 INC VAT	
VIRACEPT TABLETS	250 MG	857203	ROCHE	270	R742.08 INC VAT	
SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	
SONKE NEVIRAPINE	200MG	709533	SONKE	60	R 171.00 INC VAT	
SONKE LAMI NEV STAV		709840	SONKE	60	R 231.19 INC VAT	
SONKE ZIDOVUDINE	300MG	709531	SONKE	60	R 228.00 INC VAT	
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT	
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT	
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT	
SONKE STAVUDINE	30MG	709530001	SONKE	60	R 34.18 INC VAT	
SONKE EFAVIRENZ	200MG	709529001	SONKE	90	R207.94 INC VAT	
SONKE EFAVIRENZ	600MG	709528001	SONKE	30	R 134.52 INC VAT	

Disclaimer: The views of the editor and contributors do not necessarily reflect the views of the Southern African HIV Clinicians Society's President, Executive Committee or the Society's over 16 300 members.