



Transcript

SA HIV Clinicians Society Newsletter

Editor: **Chloe Hardy**

April 2009

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Chloe Hardy, Office Manager: hardyc@sahivsoc.org

Pat & Jean Solan, Database and Finance Managers: patsolan@global.co.za

Farewell to Natalie Martyn

The Society bids farewell to Natalie Martyn, who will be leaving our permanent employment at the end of April. Natalie joined the Society in 2007 as the project manager for the Atlantic Philanthropies grant. One of her first achievements was to rebrand and profile the Society. She has since been our in-house style guru.

Natalie is meticulous in her organisational skills and has single-handedly organised the various skills-building programmes at national and regional conferences, which have all been an exceptional success. She was also instrumental in coordinating the Society's guideline meetings and the development of posters and information pamphlets. Natalie, together with our new webmaster, worked tirelessly to redesign our website, which is now an excellent source of information and a pleasure to navigate. She has become a wonderful friend to all of us and has diligently encouraged us to adopt good nutrition and exercise habits (with varying degrees of success).

We are pleased that Natalie will continue to work with the Society on a contract basis and we wish her all the best in her new endeavours.

One Year Later: an analysis of queries received by the National HIV Health Care Worker Hotline from March 2008 – February 2009

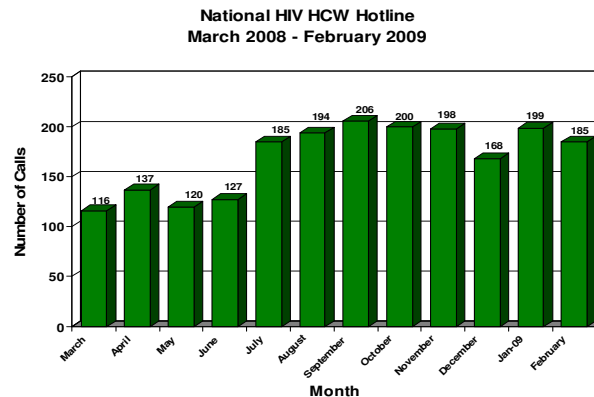
By **Annoesjka Swart**, Manager: Medicines Information Centre, Division of Clinical Pharmacology, University of Cape Town

The Medicines Information Centre, at the University of Cape Town, is the largest centre for drug and therapeutics queries in Southern Africa. It aims to provide unbiased, up-to-date, critically reviewed information to health care professionals to guide safe and rational prescribing. Since March 2008, the MIC, in collaboration with the Foundation for Professional Development and USAID/PEPFAR, has provided a toll-free national HIV hotline to all health care workers in South Africa. The hotline provides clinical information on a broad range of HIV/ARV treatment-related enquiries.

The centre is staffed by four drug information pharmacists. These pharmacists answer queries by accessing electronic information databases, reference sources and a broad network of clinical consultants. The toll-free national HIV health care worker hotline provides information on telephonic, faxed or e-mailed queries and operates from Mondays to Fridays, 8:30am – 4:30pm.

All queries answered by the hotline are entered into an ACCESS™ database, together with information about the caller and origin of the call. Queries are sub-categorised into the following subject areas: Adherence, Adverse Drug Reaction, Availability/Supply, Complementary Medicines, Failure, Resistance, Switching Therapy, Second Line, Interactions, Lactation, Medico-legal, Opportunistic Infections Other than Tuberculosis, Other, Paediatrics, Post Exposure Prophylaxis, Pharmacology (Pharmacokinetics + Pharmacodynamics), PMTCT, Poisoning/Overdose, Porphyrin, Pregnancy, Initiating Therapy, Therapeutic Drug Monitoring, Tuberculosis, Dosage and IRIS.

During the 12 month period from March 2008 to February 2009, 2035 HIV queries were answered by the National HIV Health Care Worker Hotline. There was steady growth in the number of queries answered per month, from 116 in March 2009 to 185 in February 2009 (see graph below). 72% of the queries were received from doctors. 16% and 8% were received from pharmacists and nurses respectively. The majority of calls (72%) came from the public sector, whilst only 28% queries came from the private sector.



The 5 most common query categories over the 12 month period, in order of descending size, were adverse drug events, interactions, opportunistic infections other than TB, switching therapy and tuberculosis.

Before this service became available nationally it was provided to the Western Cape region for three years. As a result, initially many calls were received from the Western Cape (90% in March 2008). This is changing over time, and with marketing. During February 2009, 48% of all queries came from provinces other than the Western Cape. Research is planned to investigate whether, and how, the information provided by the hotline impacts on the management of patients.

CONTACT DETAILS FOR THE TOLL-FREE NATIONAL HIV HEALTH CARE WORKER HOTLINE

If you are a doctor, nurse or pharmacist, and need clinical assistance with the treatment of your HIV patients, contact the toll-free National HIV Health Care Worker Hotline:

Tel: 0800 212 506 or 021 406 6782

E-mail: pha-mic@uct.ac.za

Fax: 021 448 0503

Alternatively, send a **SMS** or “**Please Call Me**” to **071 840 1572**, and someone will call you back.

The hotline operates from **Mondays to Fridays 8:30 – 16:30**.

Branch Meeting Dates 2009

Please note that some of the below dates may be subject to change. For more information, please contact the relevant branch coordinator.

EASTERN CAPE

East London:

Dates 2009: 6 April (further dates to be confirmed). **Venue:** Drs du Buisson & Partners, Ampath Laboratory, 58 St James Rd, Southernwood, East London. **Time:** 19:00. **More information:** Daphne Gernetzky: tel: 043 703 4000 or email: gernetzkyd@ampath.co.za

Mthatha:

Dates 2009: To be confirmed. **More information:** Dr L. Nojoko: tel: (041) 485 3985, cell: 072 786 0207 or e-mail: lungisa@iafrica.com

Port Elizabeth:

Dates 2009: To be confirmed. **More information:** Dr Kas Kasongo: tel: (041) 451 4423 or e-mail: kasongo@pathcare.co.za

FREE STATE**Bloemfontein**

Branch re-launching soon! Watch this space for more information

Kroonstad

New branch launching soon! Watch this space for more information.

GAUTENG**East Rand**

Dates 2009: 28 May (further dates to be confirmed). **More information:** Dr Nana or Dr Sarang: tel: (011) 421 1589, cell: 084 981 7101 or e-mail: blinds@iafrica.com

Johannesburg:

Dates 2009: 28 May, 25 June, 30 July, 27 August, 22 September, 29 October, 26 November. **Time:** 19:00. **Venue:** 52 Glenhove Rd, Houghton.

More information: Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Pretoria:

Dates 2009: 7 May, 4 June, 2 July, 6 August, 3 September, 1 October, 5 November. **Time:** 18:30. **Venue:** Muelmed Hospital, Boardroom, Pretorius St, between Hamilton and Leyds Streets. **More information:** Dr Mariette Botes: Tel: 012 440 0758 or mariette@hivpractice.co.za; Dr Lynne Webber: webberl@lancet.co.za; or Elizabeth Malela cell: 082 631 1588.

West Rand:

Dates 2009: To be confirmed. **Venue:** The Lecture Hall, Sir Albert Medical Centre, corner Main Rd and Ward Ave, Randfontein.

More information: Dr Zandile Mokgatle: tel: 082 553 7047 or e-mail: zandile.mokgatle@harmony.co.za

KWAZULU NATAL**Durban:**

Dates 2009: 13 May, 10 June, 16 July, 12 August, 16 September, 14 October, 11 November. **Venue:** Susser and Stein Seminar room, Nelson R Mandela School of Medicine. **More information:** Dr. Nokukhanya Mdlalose at: Mdlalose@ukzn.ac.za

Pietermaritzburg:

Dates 2009: 17 June, 19 August, 21 October. **Venue:** Grey's Hospital Lecture Theatre, first floor. **Time:** 18:30 for 19:00. **More information:** Ms Matanja Naomi Coetzee (033) 3954146 or e-mail: doug.wilson2@kznhealth.gov.za

LIMPOPO**Polokwane:**

New branch launching soon! Watch this space for more information.

Thohoyandou

New branch launching soon! Watch this space for more information.

MPUMALANGA**Nelspruit:**

Dates 2009: 14 May (further dates to be confirmed). **Venue:** Nou's Toeka, Nelspruit. **More information:** Dr Ebby Mkhabela: tel: (013) 755 4425, or e-mail: ebby.mkhabela@righttocare.org

NORTHERN CAPE

Dates 2009: 21 May - Kimberley (further dates to be confirmed). **Venue:** Garden Court, Kimberley. **More information:** Mr Tsietsi Shushu: tel: (053) 343 0011; cell: 083 993 6976.

NORTH WEST PROVINCE**KOSH (Klerksdorp, Orkney, Stilfontein and Hartebeestfontein):**

Dates 2009: To be confirmed. **Venue:** Boardroom: Klerksdorp Hospital. **More information:** Tanya Nielson: tel: (018) 406 4241, cell: 083 511 0075 or e-mail: t Nielson@auruminstitute.org

Lichtenburg:

Dates 2009: To be confirmed. **Venue:** Scott's Manor Guest House, 21 Bree St, Lichtenburg. **More information:** Dr John Musonda: tel: (018) 632 3041, cell: 078 360 9595 or e-mail: jmusonda@nwpg.gov.za

Mafikeng:

Dates 2009: 24 June, 26 August, 28 October, 25 November. **Time:** 18h30 **Venue:** To be confirmed. **More information:** Dr Ntebo Mogashoa: cell: 082 7358167 or e-mail: nmogashoa@rhru.co.za or Dr Sele Bogatsu: cell: 082 4039683 or e-mail: bogatsusele@yahoo.com

Rustenburg:

Dates 2009: To be confirmed. **More information:** Dorothy Tlhalefang Mogwere: cell: 083 400 7167 or e-mail: dmogwere@auruminstitute.org

WESTERN CAPE**Cape Town:**

Dates 2009: 26 May (further dates to be confirmed). **Time:** 18:30 **Venue:** Wolfson Pavilion Lecture Theatre, Institute of Infectious Diseases and Molecular Medicine (IIDMM), Anzio Road, Observatory 7925. **More information:** Chloe Hardy: tel: (011) 341 0162 or e-mail: hardyc@sahivsoc.org

Paarl:

Dates 2009: 30 July, 1 October, 26 November. **Time:** 18:30 **Venue:** Nelson's Creek Estate. **More information:** Dr Dirk Hagemeyer: cell: 072 942 6218 or e-mail: Dhagemei@pgwc.gov.za

BOTSWANA**Gaborone (Southern Branch):**

Dates 2009: Meetings are held on the first Thursday of every month. **Time:** 18:00. **Venue:** Boehringer Institute. **More information:** Dr. Victoria Nakimbugwe: e-mail: sahivcs@gmail.com

Francistown (Northern Branch):

Dates 2009: Meetings held on the first Wednesday of every month. **Venue:** Conference Room, Nyangabgwe Hospital. **Time:** 19:00. **More information:** Dr KF Mompoti: tel: (00) 267 713 09897, cell: (00) 267 241 2518 or Dr Samba Nyirenda: tel: (00) 241 5222 ext 216/241 7105, fax (00) 241 4704 or cell (00) 7131 8255.

LESOTHO

Dates 2009: To be confirmed. **Venue:** Lehakoe Conference Hall (next to Central Bank of Lesotho). **More information:** Dr TG (Prithi) Prithiviraj: cell: (00) 266 6309 7068 or e-mail: prithidel@gmail.com

MALAWI

Seeking a new volunteer Branch Coordinator. Please contact Chloe if you are interested.

NAMIBIA**Windhoek and other centres**

Dates 2009: To be confirmed. **More information:** Dr Flavia Mugala-Mukungu: tel: (00) 26 461 246 917 or e-mail: namhivsoc@namibnet.com

NIGERIA**Lagos**

Dates 2009: To be confirmed. **More information:** Dr Austin N Nwokedi: e-mail: kediaustin@yahoo.com

ZAMBIA**Lusaka**

Dates 2009: Third Wednesday of every other month. **Time:** 17:30. **Venue:** Variable location. **More information:** Dr Timothy Meade: tel: (+26) 097 865 279; e-mail: corpmed@zamnet.zm or Dr. Mike Bush: tel: (+26) 096 750 999 email: bush.doctor@zamnet.zm

Ndola

Dates 2009: Last Tuesday of every month **Time:** 18:00. **Venue:** Savoy Hotel. **More information:** Dr Mulenga Joseph: tel: (+260) 955 889 571, (+260) 966 780 608, (+260) 977 572 462 or e-mail: docmulengajo@zamtel.zm

ZIMBABWE**Harare**

Dates 2009: To be confirmed. **More information:** Dr Ingrid Landman: tel: (00) 2634 704326 or email: sharinghealth@zol.co.zw

Mutare

Dates 2009: To be confirmed. **Time:** 17:30 – 19:00. **Venue:** Mutare Club. **More information:** Dr Munyaradzi Mukuzunga: e-mail: mukuzungam@vaccinetrail.africau.ac.zw or mmukuzunga@yahoo.com

*If you are interested in starting up a Branch in your area please contact Chloe at (+27) 11 341 0162 or hardyc@sahivsoc.org
Please note that branch coordinators are volunteers and do not receive a salary or stipend from the Society.*

Nutrition Focus Group

The group meets on alternate months, immediately prior to the Johannesburg Branch meetings, at the Glenhove Conference Centre. The next Nutrition Focus Group meeting will be on 28 May 2009.

If you wish to join this discussion group, please send your first name, surname and e-mail address to fatimas@sahivsoc.org

Conferences 2009**5th IAS Conference on HIV Pathogenesis, Treatment and Prevention**

Date: 19 – 22 July 2009

Venue: Cape Town International Convention Centre

Registration deadline: 6 May 2009

For more information:

Website: www.ias2009.org

Tel: +49 (0) 30 24603 270

Fax: +49 (0) 30 24603 200

Email: registration@ias2009.org

13th Annual RUDASA Rural Health Conference

Date: 27 – 29 August 2009

Venue: Alpha Conference Centre, Broederstroom, North West province

Deadline for abstracts: 31 May 2009

Registration fees:

Full Conference Registration Before 1 July 09	Non-RUDASA members	R 1 150
	RUDASA members	R 1 000
	Students / Nurses / Allied Health Professionals	R 800

Full Conference Registration After 1 July 09	Non-RUDASA members	R 1 350
	RUDASA members	R 1 200
	Students / Nurses / Allied Health Professionals	R 1 000

For more information contact:

Website: www.rudasa.org.za

Samantha Thompson

or

Roz Prinsloo

E-mail: sammy@butlerworldwide.net

E-mail: workshopsanon@mweb.co.za

Tel: 072 845 3827 Fax: 0866 224 530

Fax: 086-624-2926

Conference Bursaries 2009

13th Annual RUDASA Rural Health Conference

The Society offers bursaries to enable doctors and other healthcare workers to attend the 13th Annual RUDASA Rural Health Conference in Broederstroom, North West Province, from 27 – 29 August 2009.

The bursaries are available to members of the Society, particularly those working in **rural and other under-resourced areas**.

Bursaries will cover the conference registration fee, and each successful applicant will receive the sum of R2, 200.00, to assist with travel and accommodation costs, upon proven attendance at the conference. The Society will organize the registration of successful applicants and pay the registration fee directly to the conference. Please do NOT register for the Conference if you intend to apply for a bursary.

Bursaries will only be awarded to members of the Society members whose annual membership fees have been paid in full at the time of the closing date for applications. **Please note that the Society cannot arrange, or pay for transport and accommodation – this will be the responsibility of the individual.** Bursary recipients who fail to attend the conference after we have paid their registration fees will be required to refund the Society for all expenses incurred.

Closing date for bursary applications: **29 May 2009**

Applicants for the bursaries should submit the following by fax: 086 564 7345 or e-mail: hardyc@sahivsoc.org

1. A brief outline of involvement in the field of HIV in a rural area.
2. A letter of support from applicant's manager/supervisor.
3. A letter detailing a commitment to feed back, to colleagues, information gained at the conference.
4. Contact information, including a telephone, cell number, e-mail address and fax number, and an indication of whether or not you are a RUDASA member.

New Publications

Handbook of HIV Medicine (2nd Edition) edited by Douglas Wilson, Mark Cotton, Linda-Gail Bekker, Tammy Meyers, Francois Venter, and Gary Maartens, published by Oxford University Press. The second edition of the handbook is now available from: Oxford University Press: tel: 021 5961222, e-mail: orders.za@oup.com or website: <http://www.oxford.co.za>

The Virus, Vitamins and Vegetables edited by Kerry Cullinan and Anso Thom of Health-e News Service, published by Jacana Media. A collection of essays by some of South Africa's foremost HIV / AIDS writers, doctors and activists, examining the tragedy of AIDS denialism in South Africa. To order a copy of the book contact: editor@health-e.org.za

Dare to Care by Thys von Mollendorff, published by Reach Publishers. A first-hand account of a doctor's struggle to provide PEP to rape survivors in the context of AIDS denialism. To order a copy of the book, go to: www.dare-to-care.co.za

Clouds Move: My journey of living openly with HIV by Derrick Fine, published by the Openly Positive Trust. For more information, go to: www.openlypositive.com

Umzala: A woman's story of living with HIV by Elaine Maane, published by the Openly Positive Trust. For more information, go to: www.openlypositive.com

Recommended Reading

The Clinical Practice of HIV Medicine by Dr David C Spencer. (Out of print – second edition will be available in late 2009.)

Handbook of HIV Medicine (2nd Edition) edited by Douglas Wilson, Mark Cotton, Linda-Gail Bekker, Tammy Meyers, Francois Venter, and Gary Maartens. (See details above.)

Primary HIV/AIDS Care by Dr Clive Evian, published by Jacana Media: www.jacana.co.za

Witness to AIDS by Judge Edwin Cameron, published by Tafelberg. To order a copy, go to: www.witnesstoaid.com

HIV/AIDS in South Africa edited by SS Abdool Karim and Q Abdool Karim, published by Cambridge University Press. This book covers all aspects of HIV/AIDS in SA from epidemiology, prevention strategies, basic science, medicine, sociology, economics, politics and treatment. To order a copy, contact Cambridge University Press: tel: (021) 412 7800, fax: (021) 419 0594, email: orders@cambridge.org or website: www.cambridge.org

Health & Democracy - A guide to human rights, health law and policy in post apartheid South Africa by Adila Hassim, Mark Heywood and Jonathan Berger, Published by Siber Ink, 2007. To order a copy, contact the AIDS Law Project: tel: (011) 356 4100.

Medical Management of HIV Infection (South African Edition) by John G. Bartlett, MD, Joel E. Gallant, MD MPH and Dr FM Conradie, published by TheraSim in cooperation with the Foundation for Professional Development, 2008. The SA HIV Clinicians Society has a limited number of books available free of charge to members. To order a copy, contact Chloe Hardy at: 011 341 0162 or hardyc@sahivsoc.org
For an electronic version of the international edition of this book, go to: www.bartletthiv.org

HIV/AIDS Management Course, Diploma and Other Courses

1. TOGA AND KIMERA MASTERCLASS PROGRAMME IN HIV MEDICINE 2009

Toga Laboratory and Kimera are hosting a series of master classes in HIV Medicine for those wanting to upgrade their skills and knowledge in the discipline or in preparing for the diploma examinations. The programme is CPD accredited.

Those who are interested in joining should call to reserve a place:

Ms Lesleigh Beukes at Toga Laboratory: 011 663 6313 or

Coordinator: Dr Dave Spencer (Senior Physician, Toga Laboratory): 011 663 6575.

Venue: Boardroom, Toga Laboratory, Meadowdale Office Park, Edenvale, Johannesburg

Date: First Friday of the month

Time: 08:00 - 10:00

Date	Topic	Facilitator
08 May 2009	Basic Science: Current Developments in HIV Virology	Prof Des Martin
05 June 2009	Renal Disease in HIV: Diagnosis and Management	Dr Trevor Gertholtz
03 July 2009	The Prevention of HIV. PEP, PMTCT, Sexual and non-sexual transmission.	Dr Dave Spencer
07 August 2009	Immune Reconstitution and its Diagnosis and Management	Dr Prudence Ive
04 September 2009	HIV and the Management of Cancer	Dr Dave Brittain (provisional)
02 October 2009	Counselling in the time of HIV. Is this still necessary?	Dr Joyce Marshall
06 November 2009	Cytomegalovirus: clinical and virological aspects of management	Dr Allison Glass

2. COLLEGES OF MEDICINE: DIPLOMA IN HIV MANAGEMENT – DIP HIV MAN (SA):

Diploma in HIV Management of the College of Family Physicians of South Africa

For information on fees, examination dates, syllabus and candidate requirements, please contact the Colleges of Medicine:

Tel: 011 726 7037

Website: <http://www.collegemedsa.ac.za>

3. FOUNDATION FOR PROFESSIONAL DEVELOPMENT:

Course Name	Course Dates	City/town	Cost (VAT Incl)
HIV/AIDS Management Course: Given the current state of knowledge on HIV/AIDS management and the fact that anti-retroviral therapy is becoming more affordable, it is now feasible to approach HIV/AIDS as a chronic medical condition. This course will empower clinicians to adequately manage patients with HIV and or AIDS.			
HIV/AIDS Management Course	13-14 June 2009	JHB	R 3,000.00
HIV/AIDS Management Course	8-9 Aug 2009	Pretoria	R 3,000.00
HIV/AIDS Management Course	25-27 Sept 2009	Cape Town	R 3,000.00
HIV/AIDS Management Course	2-4 Oct 2009	Durban	R 3,000.00
HIV/AIDS Management Course	9-11 Oct 2009	Free State	R 3,000.00
HIV/AIDS Management Course	21-22 Nov 2009	Mpumalanga	R 3,000.00
HIV/AIDS Management Course	1-3 Dec 2009	PTA	R 3,000.00
HIV/AIDS Management Course	3-5 Dec 2009	Cape Town	R 3,000.00
HIV/AIDS Refresher Seminar: HIV/AIDS is an ever-evolving discipline and with ARV drugs becoming more affordable, health professionals therefore need to stay abreast with the latest developments. The Foundation for Professional Development, in association with the Southern African HIV Clinician Society, developed this one-day refresher seminar which is targeted at alumni who successfully completed the 3-Day HIV/AIDS Management Course. We encourage all our alumni who completed the 3-day course to enrol on this refresher course so that they have access to the most recent evidence-based information on drugs and the management of HIV/AIDS patients.			
HIV/AIDS Refresher Seminar	30-May-09	Durban	R 1,300.00
HIV/AIDS Refresher Seminar	5-Nov-09	Cape Town	R 1,300.00
HIV/AIDS Refresher Seminar	1-Dec-09	Durban	R 1,300.00
Paediatric HIV/AIDS Management Course: Children with HIV/AIDS are dying unnecessarily because of a lack of access to ARV treatment. The problems arise mainly from a lack of cheap feasible diagnostic tests for children under 18 months, lack of trained health personnel and the affordable child-friendly ARV drugs. Simplified treatment guidelines coupled with a range of fixed-dose combinations of ARVs that require only one or two pills twice a day make it easier to treat HIV/AIDS in adults, but development of simplified drugs for children lags behind. Despite WHO simplified treatment guidelines that specify which drugs to use in children, countries have difficulty in getting simple and affordable combinations of the drugs. Two generic fixed-dose combinations should enter clinical trials this year, and there are frighteningly few second-line ARV drugs available for children in countries with large numbers of infected children.			
Paediatric HIV/AIDS Management Course	8-10 May 2009	CT	R 3,200.00
Paediatric HIV/AIDS Management Course	2-4 Oct 2009	PTA	R 3,200.00
Clinical and Ethical Refresher Course for GP's: The Clinical and Ethical Refresher Seminar is designed to offer a unique learning experience by combining clinical and ethical issues in an effort to help general practitioners to update their skills and knowledge in specific areas. Most healthcare professionals have limited time available to attend clinical programmes. Furthermore, attending individual courses is costly and may be time consuming. The FPD Summer Academy therefore intends to offer healthcare professionals an opportunity to get away, save time and money, gain CPD points for attending this learning experience and get the best of what FPD has to offer.			
Clinical and Ethical Refresher Course for GP's	30/5-1/6 2009	Midrand	R 3,140.00
Clinical and Ethical Refresher Course for GP's	26-28 June 2009	Durban	R 3,140.00

For more information contact on the above courses, please contact the FPD:

Ilana van der Merwe

Tel: (012) 481-2154 or 0861 98 88 98

Fax: (012) 481-2083 or 086 558 9535

E-mail: llanavdM@foundation.co.za or foundation@foundation.co.za

Website: www.foundation.co.za

Important Information on CPD Points

Meetings

All Society branch and focus group meetings held in South Africa are accredited with the HPCSA and SAMA. In terms of SAMA guidelines, health care workers who attend accredited meetings will receive one CPD point for each hour of the presentation. In order to receive your CPD certificate from us, you must complete the meeting register at each branch meeting that you attend. **If you do not complete the register in full, or if your details are not legible, we cannot provide you with a certificate.**

Questionnaires

Three points are awarded for the completion of each multiple choice questionnaire in the *Journal of HIV Medicine*, with a pass rate of 70%. We have now completed our transition to an electronic system. Questionnaires must now be submitted online (via www.cpdjournals.org.za) and not faxed to the Society. **Please note that the closing date for submitting faxed questionnaires from 2008 and earlier editions of the journal was 2 March 2009, and the Society is therefore no longer able to issue certificates for questionnaires from back-issues of the Journal.**

Publications

The Society is always willing to accept articles from authors for consideration for inclusion in the *Journal of HIV Medicine*. Articles should be submitted to the editor online at www.sajhivmed.org.za. Once an article has been submitted, the author will receive an acknowledgement of receipt, and the article will then be subject to a peer review. The authors of all accepted and published articles will be awarded 15 CPD points, and co-authors will receive 5 CPD points. Reviewers of published articles will receive 3 CPD points. We are happy to accept articles from people writing for publication for the first time, and will provide support to first-time authors.

The latest edition of the Journal can be viewed online at: <http://www.sajhivmed.org.za/index.php/sajhivmed/issue> and previous editions are available on the Journal website: go to www.sajhivmed.org.za and click on "Archives".

Services Available

BACK ISSUES OF THE JOURNAL OF HIV MEDICINE

The Society has a limited number of back issues of the Journal of HIV Medicine, available free of charge to members on a first come, first served basis. To order back issues, please contact Chloe at 011 341 0162 or email: hardyc@sahivsoc.org

UNAIDS NEWSLETTER

The UNAIDS Quarterly Newsletter provides useful summaries of recent studies on HIV in developing countries. Subscribe online for free at: <http://www.unaids.org/Services/Subscribe.aspx?displaylang=en>

PROBONO.ORG HIV / AIDS LEGAL CLINIC

When: 9h00 – 12h00 every Tuesday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg

Contact: Tel: 011 336 9510 fax: 011 336 9511

E-mail: esther@probono.org-org

ProBono.Org, a non-profit clearing house for public interest law matters currently operating in Gauteng, provides a weekly legal clinic offering **free legal advice and services** to people experiencing **HIV/AIDS related discrimination**.

The Clinic operates as follows:

- The clinic will open from 9:00 to 12:00 every Tuesday of the year (unless it is a public holiday).
- The clinic will be staffed by attorneys who make themselves available on a pro bono basis.
- Clients will be consulted on 'first come first serve' basis.
- Attorneys will assist clients with: advice, opinions, non-litigation interventions, alternative dispute resolution, and/or litigation.
- As far as possible, attorneys will attempt to resolve the problems immediately. Where this is not possible, the client will become a client of the relevant firm, and the attorney will finalise the matter on a pro bono basis.

PROBONO.ORG REFUGEE LEGAL CLINIC

When: 9h00 – 12h00 every Thursday

Where: 9th Floor Schreiner Chambers – South Wing
94 Pritchard Street, Johannesburg

Contact: Tel: 011 336 9510 fax: 011 336 9511

E-mail: phumi@probono-org.org

ProBono.Org provides a weekly legal clinic where refugees and asylum seekers can access free legal advice and services.

AID FOR AIDS CLINICAL GUIDELINES

The new (7th edition) of the Aid for AIDS Clinical Guidelines were printed at the end of January 2009. Members may obtain copies, free of charge as a service to the profession, by contacting Ms Lameez Samuels on (021) 514 1304 or by email on LameezS@medscheme.co.za. The Guidelines are also available on the Aid for AIDS website: www.aidforaids.co.za

The Society Guidelines

The Society has published the following guidelines in the *Journal of HIV Medicine*:

- **Displaced Populations:** Published in 2007 (Issue 26).
- **Nutrition:** Chapters 1 & 2 published in June 2007 (Issue 27). Chapters 3 - 6 published in April 2008 (Issue 29).
- **Cryptococcal Meningitis:** Published in December 2007, with poster (Issue 28).
- **Adult ART:** Published in April 2008 (Issue 29).
- **Prisoners:** Published in June 2008, with poster (Issue 30).
- **Renal Replacement Therapy:** Published in June 2008 (Issue 30).
- **Post-Exposure Prophylaxis:** Published in November 2008 (Issue 31).
- **Criteria for Expedited ARV Initiation:** Published in March 2009 (Issue 33).

The above guidelines are available from the Society (contact Chloe at 011 341 0162 or e-mail: hardyc@sahivsoc.org). They can also be downloaded from the Society website: www.sahivsoc.org or the SA Journal of HIV Medicine website: www.sajhivmed.co.za

The Society would like to thank the following companies, organizations and donors for their financial support in producing the above guidelines:

ATLANTIC PHILANTHROPIES, ASPEN, CIPLA MEDPRO, PFIZER, THE UNHCR

Internet-based Discussion Groups

The Society currently operates three extremely successful internet based discussion groups:

- **Paediatric Discussion Group (Manager/Moderator: Dr Leon Levin):** Assists healthcare professionals to resolve HIV-related clinical problems through the use of case studies. Difficult and/or interesting cases are e-mailed to group members. Members may respond if they wish and their responses are emailed to all participants. Once a case has been fully discussed, opinions are usually sought from overseas and local experts. To join please send your e-mail address to Dr Leon Levin: leonlevin@54.co.za
- **Adult HIV Discussion Group (Manager/Moderator: Dr Francesca Conradie):** "Don't you ever long for those days when you had time to discuss difficult and interesting cases. Remember when working in a hospital setting you had time to attend M&M meetings. But now, you have a very busy schedule and other things have taken up your attention like practice management and debt collection. We have formulated this case discussion format so in the few minutes that you have to spare in a week for academic pursuit you can access the latest case study. You will have an opportunity to put in your opinion. You can even send me some of your difficult cases and when the time is right I will post them. All you need to do is to send me your name, surname and email address and I will include you on the list." If you wish to join this discussion group, please send your first name, surname and email address to: adghiv@witshealth.co.za
- **HIV Policy and Ethics Discussion Group (Manager: Ms Marlise Richter):** The Discussion Group was launched in October 2006 and currently has over 300 subscribers. Case studies include topics such as the ethics of AIDS funding, HIV in the military, HIV testing, treatment in prisons and Dual Loyalty. To subscribe, please send your name, surname and e-mail address to Marlise at: ethics.policy@gmail.com
To view past debates: <http://groups.google.com/group/policy-ethics?hl=en>

The latest Antiretroviral (ART) SEP Prices Direct from the Manufacturer

WARNING: additional fees may be incurred when purchasing per prescription, per month, for dispensing and door-to-door delivery from pharmacies. Prices are accurate at time of going to press. Updated prices are available at: www.sahivsoc.org.za

NAME	STRENGTH	NAPPI CODES	COMPANY	QUANTITY	PRICE DIRECT FROM MANUFACTURER	GSK ACCESS PRICE
KALETRA CAPSULES		700922	ABBOTT	180	R 406.80 INC VAT	
KALETRA SYRUP		700924	ABBOTT	300ML	R 406.80 INC VAT	
NORVIR CAPSULES	100MG	836095	ABBOTT	84	R 94.92 INC VAT	
NORVIR SYRUP	80MG/ML	838527	ABBOTT	90ML	R 81.37 INC VAT	
ALUVIA TABS		710028	ABBOTT	120	R 406.80 INC VAT	

ADCO-LAMIVUDINE	150MG	707962001	ADCOCK	60	R 89.86 INC VAT	
ADCO-LAMIVUDINE alcohol and sugar free	10MG/1ML	708713001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-LUMIVUDINE SOL	10MG/1ML	708708001	ADCOCK	240ML	R 71.53 INC VAT	
ADCO-ZIDOVUDINE	300MG	707960001	ADCOCK	60	R 248.07 INC VAT	
ADCO-ZIDOVUDINE SYR	50MG/5ML	708709001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-ZIDOVUDINE alcohol and sugar free	50MG/5ML	708711001	ADCOCK	200ML	R 75.96 INC VAT	
ADCO-NEVIRAPINE (blister)	200MG	707961001	ADCOCK	60	R 192.93 INC VAT	
ADCO-EFAVIRENZ	600MG	709545001	ADCOCK	30	R 153.72 INC VAT	
ASPEN LAMZID	150/300MG	703627001	ASPEN	60	R 310.60 INC VAT	
ASPEN EFAVIRENZ	600MG	710019001	ASPEN	60	R 136.80 INC VAT	
ASPEN LAMIVUDINE	150MG	703716001	ASPEN	60	R 98.37 INC VAT	
ASPEN LAMIVUDINE SYR	10MG/ML	703715001	ASPEN	240ML	R 75.22 INC VAT	
ASPEN ZIDOVUDINE	100MG	705452001	ASPEN	100	R139.66 INC VAT	
ASPEN ZIDOVUDINE	250MG	705455001	ASPEN	60	R 278.98 INC VAT	
ASPEN ZIDOVUDINE	300MG	703712002	ASPEN	60	R 275.97 INC VAT	
ASPEN ZIDOVUDINE	10MG/ML	703713001	ASPEN	200ML	R 81.99 INC VAT	
ASPEN NEVIRAPINE	200MG	703718001	ASPEN	60	R 206.16 INC VAT	
ASPEN NEVIRAPINE	10MG/ML	704731001	ASPEN	240ML	R127.32 INC VAT	
ASPEN DIDANOSINE	25MG	703330001	ASPEN	60	R 108.41 INC VAT	
ASPEN DIDANOSINE	50MG	703332001	ASPEN	60	R 121.42 INC VAT	
ASPEN DIDANOSINE	100MG	703333001	ASPEN	60	R 132.98 INC VAT	
ASPEN DIDANOSINE	150MG	703392001	ASPEN	60	R 199.48 INC VAT	
ASPEN STAVUDINE	15MG	704885001	ASPEN	60	R 31.09 INC VAT	
ASPEN STAVUDINE	20MG	701172001	ASPEN	60	R 34.70 INC VAT	
ASPEN STAVUDINE	30MG	701174001	ASPEN	60	R 41.19 INC VAT	
ASPEN STAVUDINE	40MG	701175001	ASPEN	60	R 48.59 INC VAT	
VIREAD (TENOFVIR)	300MG	708253001	ASPEN	30	R 240.27 INC VAT	
TRUVADA		708254001	ASPEN	30	R 397.72 INC VAT	
VIDEX TABLETS	25MG	793221	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	50MG	842961	BMS	60	R 114.23 INC VAT	
VIDEX TABLETS	100MG	793213	BMS	60	R 121.06 INC VAT	
VIDEX TABLETS	150MG	793205	BMS	60	R 167.69 INC VAT	
VIDEX POWDER		847518	BMS	1	R 112.79 INC VAT	
VIDEX EC TABLETS	250MG	704783	BMS	30	R 164.42 INC VAT	
VIDEX EC TABLETS	400MG	703785	BMS	30	R 212.19 INC VAT	
ZERIT CAPSULES	15MG	841315	BMS	60	R 44.71 INC VAT	
ZERIT CAPSULES	20MG	837458	BMS	56	R 44.63 INC VAT	
ZERIT CAPSULES	30MG	841323	BMS	60	R 44.63 INC VAT	
ZERIT CAPSULES	40MG	837407	BMS	60	R 44.63 INC VAT	
ZERIT SOLUTION	1MG/ML	846074	BMS	200ML	R 13.22 INC VAT	
REYATAZ	150MG	708257	BMS	60	R 284.18 INC VAT	
REYATAZ	200MG	708258	BMS	60	R 357.56 INC VAT	
HYDREA CAPSULES	500MG	731706	BMS	100	R 184.23 INC VAT	

VIRAMUNE TABLETS	200MG	840645	BOEHRINGER-INGELHEIM	60	R 189.55 INC VAT	
VIRAMUNE SYRUP	10MG/ML	861855	BOEHRINGER-INGELHEIM	240ML	R 131.64 INC VAT	
CIPLA-DUOVIR		707300001	CIPLA	60	R 310.61 INC VAT	
CIPLA –EFAVIRENZ	600MG	709331001	CIPLA	30	R 164.92 INC VAT	
CIPLA-LAMIVUDINE Tabs	150MG	701282003	CIPLA	60	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Tabs	300MG	709337001	CIPLA	30	R 103.08 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041001	CIPLA	100ML	R 31.59 INC VAT	
CIPLA-LAMIVUDINE Oral Sol	50MG/5ML	704041002	CIPLA	240ML	R75.81 INC VAT	
CIPLA-NEVIRAPINE Tabs	200MG	704036001	CIPLA	60	R 204.22 INC VAT	
CIPLA-NEVIRAPINE Oral Susp	50MG/5ML	704040001	CIPLA	240ML	R 122.32 INC VAT	
CIPLA-ZIDOVUDINE Capsules	100MG	704037001	CIPLA	120	R 207.81 INC VAT	
CIPLA-ZIDOVUDINE Tabs	300MG	704038001	CIPLA	60	R 275.97 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039001	CIPLA	100ML	R 40.25 INC VAT	
CIPLA-ZIDOVUDINE Oral Sol	50MG/5ML	704039002	CIPLA	200ML	R 80.51 INC VAT	
STAVIR 30	30MG	701342001	CIPLA	60	R 39.90 INC VAT	
TRIOMUNE -30		707970001	CIPLA	60	R 284.49 INC VAT	
TRIOMUNE -40		705968001	CIPLA	60	R 251.32 INC VAT	
COMBIVIR TABLETS		64445	GSK	60	R 365.94 INCL VAT	R 175.65 INCL VAT
3TC TABLETS	150MG	64510	GSK	60	R 112.18 INCL VAT	R 56.83 INCL VAT
3TC SYRUP	10MG/ML	64232	GSK	240ML	R 79.62 INCL VAT	R 58.89 INCL VAT
RETROVIR CAPSULES	100MG	64363	GSK	100	R 214.32 INCL VAT	R 132.07 INCL VAT
RETROVIR TABLETS	300MG	64366	GSK	60	R 320.45 INCL VAT	R 143.67 INCL VAT
RETROVIR TABLETS	250MG	837350	GSK	60	R294.12 INCL VAT	R 179.44 INCL VAT
RETROVIR SYRUP	10MG/ML	64367	GSK	200ML	R 83.85 INCL VAT	R 68.97 INCL VAT
RETROVIR INFUSION		64364	GSK	5X20ML	R 319.46 INCL VAT	R 1245.94 INCL VAT
HIV POST EXPOSURE PACK		64368	GSK		R 49.80 INCL VAT	R 57.13 INCL VAT
ZIAGEN SYRUP	240ML	64447	GSK	240ML	R 339.13 INCL VAT	R 163.61 INCL VAT
ZIAGEN TABLETS	300MG	64446	GSK	60	R 895.41 INCL VAT	R 389.44 INCL VAT
TRIZIVIR		64389	GSK		R 1517.72 INCL VAT	R 582.42 INCL VAT
KIVEXA TABLETS		64471	GSK		R 922.26 INCL VAT	R 431.40 INCL VAT
CRIXIVAN CAPSULES	200MG	827258003	MSD	360	R 540.26 INC VAT	
CRIXIVAN CAPSULES	400MG	824445023	MSD	120	R 357.63 INC VAT	
CRIXIVAN CAPSULES	400MG	824445007	MSD	180	R 536.44 INC VAT	
STOCRIN CAPSULES	50MG	893536008	MSD	30	R 31.04 INC VAT	
STOCRIN CAPSULES	200MG	862371007	MSD	90	R 363.90 INC VAT	
STOCRIN TABLETS	50MG	712069001	MSD	30	R 43.23 INC VAT	
STOCRIN TABLETS	200MG	712070001	MSD	90	R 409.52 INC VAT	
STOCRIN TABLETS	600MG	703318001	MSD	30	R 219.01 INC VAT	

INVIRASE CAPSULES	200MG	825697	ROCHE	270	R 742.26 INC VAT	
BACTRIM DS		706442	ROCHE	10	R 69.17 INC VAT	
BACTRIM INFUSION		706418	ROCHE	AMPULES	R 206.15 INC VAT	
BACTRIM		706434	ROCHE	20	R 60.33 INC VAT	
VIRACEPT POWDER	50 MG/G	857211	ROCHE	144	R 326.18 INC VAT	
VIRACEPT TABLETS	250 MG	857203	ROCHE	270	R742.08 INC VAT	
SONKE LAMIVUDINE	150MG	703378	SONKE	60	R 44.40 INC VAT	
SONKE LAMI+ZIDO		707971	SONKE	60	R 250.80 INC VAT	
SONKE NEVIRAPINE	200MG	709533	SONKE	60	R 171.00 INC VAT	
SONKE LAMI NEV STAV		709840	SONKE	60	R 231.19 INC VAT	
SONKE ZIDOVUDINE	300MG	709531	SONKE	60	R 228.00 INC VAT	
SONKE DIDANOSINE	25MG	709870001	SONKE	60	R 89.92 INC VAT	
SONKE DIDANOSINE	50MG	709871001	SONKE	60	R 100.55 INC VAT	
SONKE DIDANOSINE	100MG	709872001	SONKE	60	R 110.31 INC VAT	
SONKE STAVUDINE	30MG	709530001	SONKE	60	R 34.18 INC VAT	

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