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**How to access benefits for my HIV
positive medical aid patients**
Dr Noluthando Nematswerani

HIV as a Prescribed Minimum Benefit

Prevention

HIV Counselling and Testing
Prevention of mother to child transmission
Post Exposure Prophylaxis
Prophylactic treatment of opportunistic infections

Monitoring & Treatment

Antiretroviral Therapy
Pathology testing
Treatment of opportunistic infections

📌 Published local guidelines

- SA HIV Clinicians Guidelines
- National Department of Health guidelines

📌 Published international guidelines

- In the absence of published local guidelines
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Plan Benefits

- ④ Medicine Formularies
 - ④ GP networks
 - ④ Specialist Benefits
 - ④ Designated Service Providers
 - ④ Preferred Pathology service providers
 - ④ Other network restrictions
 - ④ HIV Panel Support
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📌 Evidence Based

📌 In line with PMB

- **Keycare plans**
 - Formulary or nothing
 - Clinical appeals process
 - **Other plans**
 - Chronic drug amounts
 - Clinical appeals process
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Medicine Formularies

 ARV formulary

 Supportive formulary

- ④ National footprint
 - ④ Network doctors are members of the Southern African HIV Clinicians Society
 - ④ Passionate about HIV management
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Specialist Benefits

- ④ Limited to 1 visit per year
- ④ Clinical appeals process applies

- ④ Services received from a designated service provider are paid for in full
 - ④ Support to members to improve compliance on chronic medicine, as well as the drug utilisation review process are both enhanced.
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Pathology Preferred Provider

- ④ Discounted rates on all HIV and non-HIV related pathology for HIV enrolled members
- ④ Preserve Medical Savings Account

④ Designated Hospitals for Network plans

- Emergency admissions
- Non-emergency admissions

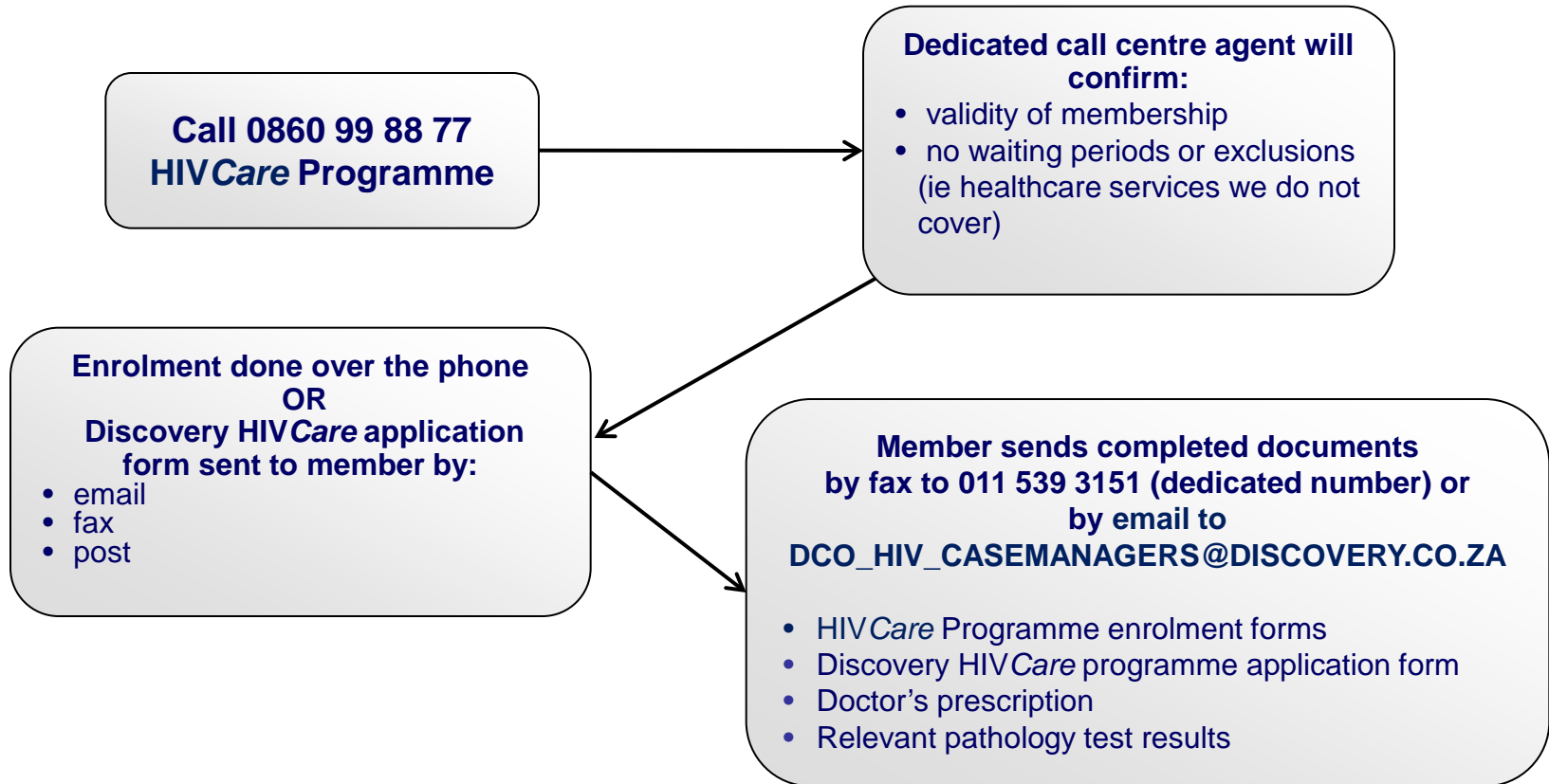
HIV Panel

- ④ The panel supports Network doctors with complicated cases
 - ④ Clinical case review for all complex cases
 - ④ Drug Utilisation Review
 - ④ HIV benefit review
 - ④ Well respected in the field of HIV management
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- ④ All HIV positive members must enrol on the Programme so that they can access PMB
 - Regardless of CD4 count
- ④ Members not enrolled on the Programme
 - Access benefits from Savings subject to availability of funds and chosen plan type
 - Limited funds
 - Poor monitoring
 - Poor compliance

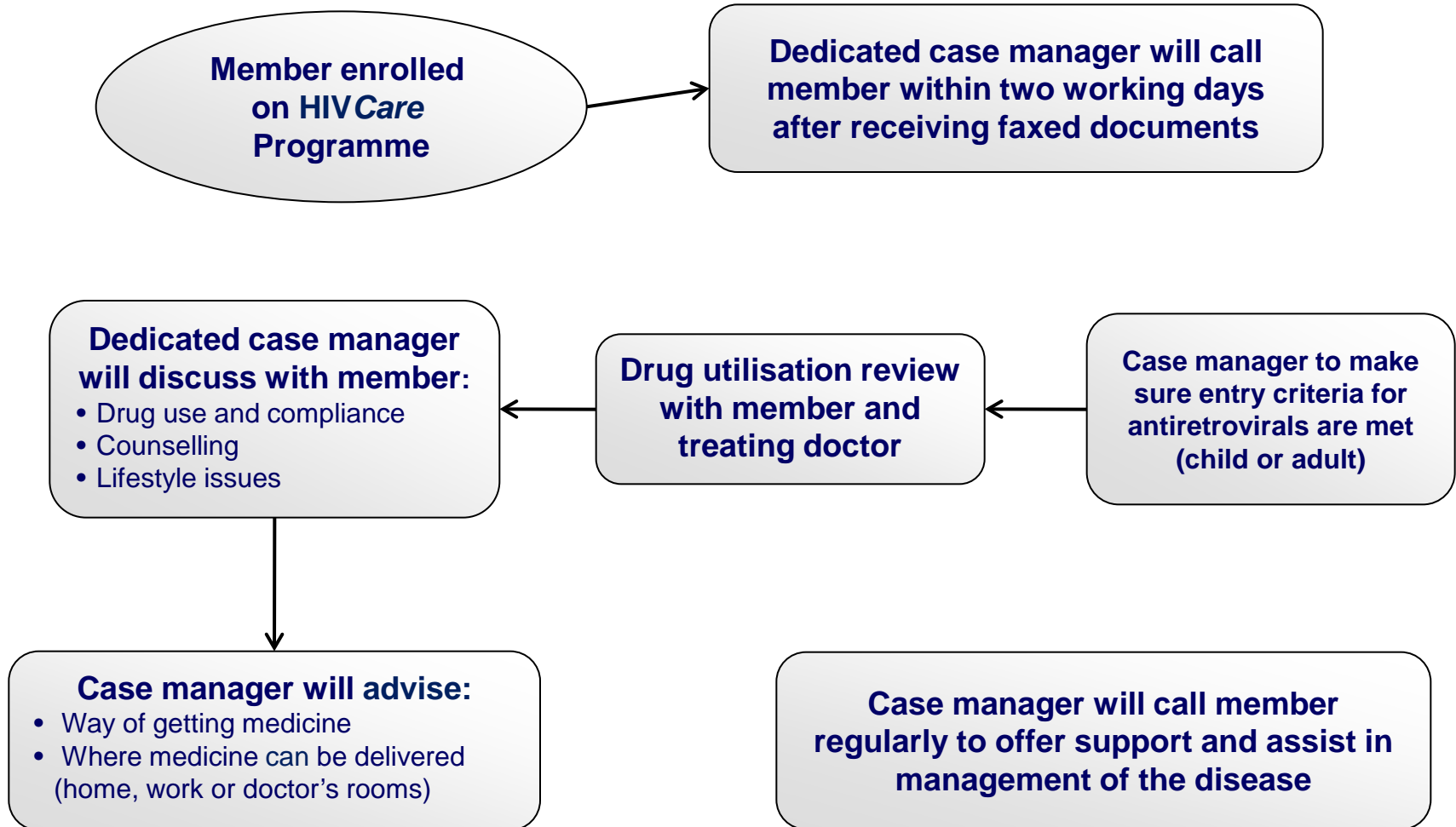
Enrollment process

Call received from member:



Defined process ensures absolute confidentiality

Enrollment process



Hospitalisation

④ Unlimited

④ Subject to preauthorization and rules of specific plans

📌 ARV Formulary

- Subject to clinical entry criteria based on the Southern African HIV Clinicians Society's antiretroviral guidelines
- Subject to preauthorisation
- HIV Chronic Drug Amount (CDA) for all plan types except for KeyCare

📌 Supportive Formulary

- HIV supportive medicine formulary applies
- Subject to treatment guidelines and preauthorisation

Multivitamins & Vaccine Benefit

- Ⓞ Rand amount per person per year
- Ⓞ Includes 3 doses Hepatitis B vaccine
- Ⓞ Annual Flu vaccine

📌 PMTCT

- As per Southern African HIV Clinicians guidelines
- ARV Formulary applies
- No waiting periods
- Infant formula for 6 months (subject to formulary)

📌 Post Exposure Prophylaxis

- As per Southern African HIV Clinicians guidelines
- ARV Formulary applies
- No waiting periods

Monitoring tests

Test	Frequency
CD4 count	4
Viral load	4
FBC	4
LFT	1
ALT	3
U&E	1
Fasting Glucose	1
Fasting Lipogram	1
HIV Genotype	1 (subject to preauthorisation)

Doctor visits

 GP visits x 4

 Specialist Visits x 1

- Clinical Appeals Process

Conclusion

- ④ HIVCare Programme is available to all Discovery Health members
 - ④ Enrolment to the Programme is critical in order to access PMB
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Thank you
