



























| Drug names | | Recommended adult dose * | Total daily pills |
|---|---|---|----------------------------|
| Fixed dose combinations | | | |
| Atripla (efavirenz 600 mg + emtricitabine 200 mg + tenofovir DF 300 mg) |  | One tablet, once-daily. Take at night and not with a high fat meal. See info on separate drugs. | 1 |
| Eviplera (rilpivirine 25 mg + emtricitabine 200 mg + tenofovir DF 300 mg) |  | One tablet, once-daily, with food (400 kcal). See separate drug info. | 1 |
| Odefsey (rilpivirine 25 mg + emtricitabine 200 mg + TAF 25 mg) |  | One tablet, once-daily, take with food. See info on separate drugs. | 1 |
| Triumeq (dolutegravir 50 mg + abacavir 600 mg + lamivudine 300 mg) |  | One tablet, once-daily. Take with or without food. See info on separate drugs. | 1 |
| Genvoya (elvitegravir 150 mg + cobicistat 150 mg + emtricitabine 200 mg + TAF 10 mg) |  | One tablet, once-daily. Take with food. See info on separate drugs. | 1 |
| Stribild (elvitegravir 150 mg + cobicistat 150 mg + emtricitabine 200 mg + tenofovir DF 300 mg) |  | One tablet, once-daily, take with food. See info on separate drugs. | 1 |
| Nukes: nucleoside or nucleotide reverse transcriptase inhibitors (NRTIs) | | | |
| Dual nukes | | | |
| Truvada (tenofovir DF 300 mg + emtricitabine 200 mg) |  | One tablet, once-daily. | 1 |
| Descovy (TAF 25 mg + emtricitabine 200 mg) |  | One tablet, once-daily. | 1 |
| Kivexa (abacavir 600 mg + lamivudine 300 mg) |  | One tablet, once-daily. | 1 |
| Single nukes | | | |
| lamivudine (3TC) ** (EpiVir [pictured] - or generic) |  | 1 x 300 mg or 2 x 150 mg (150 mg shown), (taken as a once-daily or twice-daily dose). | 1 if 300 mg 2 if 150 mg |
| abacavir (Ziagen) |  | 2 x 300 mg tablets (taken as a once-daily or twice-daily dose). | 2 |
| emtricitabine (FTC) (Emtriva) |  | 1 x 200 mg capsule, once-daily. | 1 |
| tenofovir DF (Viread) |  | 1 x 300 mg tablet, once-daily. | 1 |

* Different doses and formulations might be used - always check the dose with your doctor and pharmacist.

** Generic versions of lamivudine, nevirapine and efavirenz may be a different colour and shape. Some drugs are not recommended for first-line therapy. Smaller pills are for children or if larger pills are difficult to swallow. Some syrups are available. Pictures approximate to actual size.

| Drug names | | Recommended adult dose * | Total daily pills |
|--|---|---|--|
| NNRTIs: non-nucleoside reverse transcriptase inhibitors (non-nukes) | | | |
| efavirenz ** (Sustiva) 600 mg or 200 mg |  | 1 x 600 tablet (or 3 x 200 caps) once-daily; at night, not with high fat meal. | 1 tablet (or 3 capsules) |
| nevirapine ** 200 / 400 mg |  200 mg  400 mg | 1 x 200 mg twice-daily; or 2 x 200 mg once a day; or 1 x 400 mg once a day. | 1 x 400 mg or 2 x 200 mg |
| etravirine (Intence)  | | 1 x 200 mg tablet, twice daily, take with food. Dispersible in water. | 2 |
| rilpivirine (Edurant)  | | 1 x 25 mg tablet, once-daily, take with main meal (500 kcal). | 1 |
| INIs: integrase inhibitors | | | |
| raltegravir (Isentress)  | | 1 x 400 mg tablet, twice-daily. Take with or without food. | 2 |
| dolutegravir (Tivicay) *  | | 1 x 50 mg tablet, once-daily (or 1 x 50 mg twice -daily). With food if twice-daily but with or without otherwise. | 1 or 2 |
| elvitegravir – only available in fixed dose combinations – see Stribild and Genvoya. | | | 1 |
| CCR5 inhibitors (entry inhibitor) | | | |
| maraviroc * (Celsentri)  | | 150 mg or 300 mg or 600 mg, as directed, depending on other ARVs in the combination. | 1 or 2 or 4 |
| b/PI: boosted protease inhibitors | | | |
| atazanavir * (Reyataz)  | | 1 x 300 mg cap + booster, once-daily. Take with food. 150 mg and 200 mg capsules also available. | 1 (+ 1 booster) |
| darunavir * (Prezista)  | | 1 x 800 mg + booster once-daily (or 1 x 600 mg + 100 mg booster twice-daily if resistance). Take with food. | 1 or 2 (+ 1 or 2 boosters based on dose) |
| atazanavir/cobicistat (Evotaz)  | | 1 tablet, once-daily. Take with food. | 1 |
| darunavir/cobicistat (Prezcobix)  | | 1 tablet, once-daily. Take with food. | 1 |
| PK (pharmacokinetic) boosters | | | |
| cobicistat (c) (Tybost)  | | 150 mg tablet, once daily. Used to boost atazanavir, darunavir and elvitegravir. | depends on boosted drug |
| ritonavir (r) * (Norvir)  | | 100 mg tablets used at different doses to boost other PIs. | depends on PI |