

GUIDELINES FOR RENAL REPLACEMENT THERAPY IN HIV-INFECTED INDIVIDUALS IN SOUTH AFRICA

South African Renal Society, South African Transplant Society, Southern African HIV Clinicians Society

1. DIALYSIS IN PATIENTS WITH HIV INFECTION

1.1 INTRODUCTION

HIV infection is common in southern Africa and presents our society with numerous challenges. HIV can cause chronic kidney disease (CKD) and can contribute significantly to the burden of patients requiring renal replacement therapy (RRT). HIV-associated nephropathy (HIVAN) was the third commonest cause of end-stage renal failure (ESRF) in black patients in the USA after hypertension and diabetes,¹ and since the availability of antiretroviral therapy (ART) is now in 7th place. Furthermore HIV infection may coexist with ESRF of any other cause, and we have even

experienced instances of seroconversion to HIV positive of patients already on dialysis.

In southern Africa RRT is not freely available. Patients who can afford it or who have medical insurance may be able to receive these expensive therapies in the private sector in certain countries. The majority, however, do not have access to this service and it is provided to a select few in some state hospitals. Patients are selected for dialysis on the basis of state criteria for acceptance to a transplant programme (Appendix I).

In South Africa, even if patients with ESRF fulfil the state criteria most centres are limited by the availability of 'slots' for dialysis. These are defined by the institution on the basis of availability of funds, staff and equipment. Because the optimal form of RRT is renal transplantation, dialysis is seen as a bridge to transplant and the state 'criteria' are underpinned by the 'transplantability' of the patient. Any guideline on dialysis would have to keep this approach in mind, and the availability of dialysis for HIV-positive patients will be contingent on our ability to transplant them.

These guidelines are primarily aimed at South African clinicians, as limited dialysis and transplant facilities are available to them. There are none in most of the rest of southern Africa, but some countries have embarked on small-scale programmes, and can assess the relevance of the guidelines below to their situation.

1.2 DIALYSIS IN HIV-POSITIVE PATIENTS

In the pre-HAART (highly active antiretroviral therapy) era the survival of most patients with advanced HIV infection was dismal. Similarly, for patients with HIV infection on dialysis the outcome was poor even in the developed world.² This led some practitioners to recommend withholding dialysis from these patients. After the advent of antiretrovirals (ARVs), however, several retrospective studies in Europe and the USA confirmed survival rates in the short term that were similar to the non-infected non-diabetic population.³ Predictors of poor outcome include:⁴

- Low CD4 counts
- High viral loads
- HIVAN as the cause of ESRF
- Absence of HAART
- Opportunistic infections.

Given the finding that survival of HIV-positive patients receiving HAART is similar to that of non-infected dialysis pa-

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tients, it has been recommended by guidelines in both the USA and the UK that dialysis not be withheld from these patients on the basis of their HIV serostatus.^{5,6} However, the survival of HIV-positive patients on HAART on dialysis is still worse than that of the general HIV-positive population. Studies have shown a more rapid progression of HIV infection in patients with kidney failure, and evidence of kidney disease either in the form of proteinuria or a raised creatinine level portends a poorer outcome for the patient.⁵ This has led to the initiation of transplantation in stable HIV-positive patients, with encouraging early results.

Both haemodialysis (HD) and peritoneal dialysis (PD) have been employed in HIV patients with ESRD. Review of the literature shows that both maintenance HD and PD are effective modes of RRT in these patients, although there are some points of concern with both modalities.^{6,7}

1.2.1 Haemodialysis

Haemodialysis exposes the dialysis staff to blood products and contaminated needles. It is not necessary to haemodialyse patients in isolation units; the use of universal precautions is the best form of prevention of nosocomial infection.

Dialysis access in the form of an arteriovenous (AV) fistula is the best option for these patients, and similar patency rates to the non-infected population have been shown.^{6,8} Some concern has been raised because of higher rates of polytetrafluoroethylene (PTFE) graft infection in HIV-positive patients, especially those with AIDS. This has led some to avoid permanent access if an AVF cannot be successfully created. However, the use of temporary catheters and permcaths for long-term use often leads to inadequate dialysis, not to mention the risks of infection, vascular occlusion and bleeding. HIV transmission in a dialysis unit has been documented via inadequate sterilisation of re-used needles.^{9,10} Other infections have been caused by breaks in universal precautions and infection control procedures. Guidelines for infection control and machine disinfection set by the Association for the Advancement of Medical Instrumentation and the Centers for Disease Control should be adhered to at all times.

1.2.2 Peritoneal dialysis (CAPD)

Theoretically there is less exposure of staff to HIV-infected fluids with PD than with HD because peritoneal fluid is much less infectious than blood, there is less likelihood of a needle stick, and the nature of staff-to-patient contact is different. HIV was shown to survive in PD effluents at room temperature for up to 7 days and in PD exchange tubings for up to 48 hours. Both sodium hypochloride 50% (Amukin), and household bleach 10% solutions, in dilutions of 1:512, are effective in killing HIV in dialysate. Patients need to be educated on the need to dispose of these fluids properly. Peritoneal dialysis patients should be instructed to pour dialysate into the home toilet and to dispose of dialysate bags and lines by tying them in plastic bags and disposing of the plastic bags in conventional home garbage.^{6,11}

CAPD may aggravate the malnutrition and hypoalbuminaemia in HIV patients with severe wasting syndrome. The rate of peritonitis was also higher in patients with low CD4 counts in the pre-HAART era. Both Gram-positive infections and *Pseudomonas* infection as well as fungal infections have been reported as being more common.¹¹

Overall, given the fact that outcome does not seem to depend on modality of dialysis, the choice of RRT in HIV-infected patients should be based on an individual patient's lifestyle and preferences and availability of family and other support, and not on HIV seropositivity. In South Africa the dialysis modality offered will be further restricted by availability.

The substantial population prevalence of HIV infection (estimated at 6 million), even in a best-case scenario of a 1% prevalence of HIVAN in the infected population, would mean that 60 000 individuals would face this condition, which rapidly progresses to ESRF, without appropriate care. That comes to almost 1 200 patients per nephrologist! If only (conservatively again) 10% progressed to ESRF, this would mean an additional 6 000 individuals requiring dialysis – this is more than the current dialysis population in South Africa!

1.3 CHALLENGES AND RECOMMENDATIONS

1. Early detection of CKD and prevention of progression to ESRF is of prime importance. The importance of routine screening for kidney disease and appropriate early referral cannot be sufficiently stressed. Evidence indicates that treatment with HAART, angiotensin-converting enzyme (ACE) inhibitors and possibly steroids may slow or arrest progression to ESRF.⁶ Early detection also allows for counselling and preparation of patients for RRT. This includes early initiation of HAART, exploring options for RRT, allowing patients to acquire a medical aid, pre-emptive transplantation and access creation.
2. Co-infection of these patients with hepatitis B and C may contribute to the burden of renal disease and also complicates therapy. Adequate diagnosis will allow for treatment.
3. Drug roll-out issues. To allow adequate access to dialysis, the availability of ARVs to patients with ESRF must be prioritised.
4. Opportunistic infections and malignancies in patients with extremely low CD4 counts may preclude transplantation. This is especially the case with certain infections such as cryptococcosis or malignancies such as Kaposi's sarcoma. (See HIV transplantation guidelines and Department of Health guidelines for other contraindications to renal transplantation.)
5. On the basis of current data we cannot justify excluding patients with HIV infection from receiving dialysis. Patients who are stable on HAART at the time of ESRF should not be treated any differently to other patients, whatever the cause of the ESRF. Similarly, patients in whom HIV infection is coincidental should be started on HAART as soon as possible and dialysis should not be withheld. Patients with advanced HIV disease who present acutely ill will need to be assessed on an indi-

vidual basis to determine whether dialysis will be offered. This will depend on the following considerations:

- Does the patient have acute reversible renal failure?
- What is the short-term prognosis of the patient?
- What is the availability of treatment at the centre?
- Would the patient be able to reconstitute his immune system? This may depend on several things including CD4 count, previous HAART, compliance and disease complications.
- Does the patient have a contraindication to renal transplantation, e.g. lymphoma?

2. GUIDELINES FOR MANAGEMENT OF KIDNEY TRANSPLANTATION IN HIV-INFECTED PATIENTS

2.1 INTRODUCTION

Before the introduction of HAART the morbidity and mortality of HIV-infected patients were considered to be too high to justify using scarce resources in transplanting infected patients. There were concerns that immunosuppression may accelerate HIV replication and result in rapid progression of the disease and increased mortality. Most reports on the effects of immunosuppressive agents (cyclosporine and mycophenolate mofetil) *in vitro*, on non-transplant HIV-infected patients and in HIV-infected transplant patients, have not shown detrimental effects and have in fact suggested that there may be beneficial effects.

2.2 MAIN RECOMMENDATIONS

All HIV-infected patients with CKD should be considered for RRT, including dialysis and transplantation.

Before listing for transplantation HIV-infected patients must demonstrate:

- Stability on HAART therapy with good adherence to treatment for at least 6 months.
- Absence of current AIDS-defining illness.
- CD4 count >200/μl for more than 6 months.
- Paediatric criteria:
 - <1 year of age – aim to get to 1 year or 10 kg before transplantation if possible
 - 1 - 6 years – CD4% >25% (but also consider absolute count)
 - >6 years – CD4 >200.
- Undetectable viral load (<50 copies/ml) for more than 6 months.

2.3 IMPORTANT CONSIDERATIONS

It has been well established that compliance with medication and clinic attendance is essential for successful management of both HIV infection and kidney transplantation. It is recommended that:

- Patients must be able and willing to attend close and regular follow-up.
- Patients must be willing to comply with antiviral and antifungal prophylaxis regimens.
- Patients must have a negative pregnancy test and be willing to use effective contraception for at least 2 years post-transplant.

- Women must have annual Pap smears before transplant, as well as mammograms.
- Adolescents will need extra support.
- Patients need to agree to be sent to a centre where a multidisciplinary approach including HIV specialists, nephrologists, dietitian and pharmacology support is available.

2.4 EXCLUSION CRITERIA

- Advanced cardiopulmonary disease
- Active uncontrolled malignancy with reduced life expectancy (see national guidelines for solid organ transplantation)
- Significant infection that may flare up or reactivate with immunosuppression (aspergillosis and other fungal infections, severe bacterial disease and active TB)
- Active human papillomavirus infection
- Evidence of liver cirrhosis (especially if co-infected with hepatitis B or hepatitis C virus)
- Untreated hepatitis B or hepatitis C co-infection with active viral replication – consider treatment for hepatitis B or hepatitis C first
- Documented progressive multifocal leucoencephalopathy
- Kaposi's sarcoma
- EBV and human herpesvirus 8 (HHV8)-associated lymphoproliferative diseases
- Active CMV
- Documented poor compliance.

2.5 HIV-RELATED CRITERIA FOR RENAL DIALYSIS AND TRANSPLANT PROGRAMMES

HIV infection should not be a reason for exclusion from renal dialysis or renal transplant programmes *per se*. However, like patients with other medical conditions the HIV-infected patient with ESRD needs to be assessed in terms of co-morbidities and psychosocial factors for suitability for these programmes.

Renal transplantation should only be undertaken in HIV-infected patients when the following criteria are met, in order to optimise the outcome after transplantation:

1. Patient on antiretroviral therapy (ART) for at least 6 months.
2. Adherence to ART is demonstrated and there is a commitment to lifelong therapy.
3. CD4 count >200 cells/μl.
4. HIV viral load undetectable.
5. No active opportunistic infections (OIs). If the patient has had a WHO stage 4 infection or TB they should have been fully treated and have been asymptomatic from this infection for at least 6 months.
6. No history of malignancies. However, if the patient has had a previous solid tumour that has been adequately treated and is now in remission they may be considered if they meet criteria for sufficient duration of remission prior to transplantation for HIV-uninfected patients (consult IPTTR prelisting).
7. Absence of certain HIV-related conditions:
 - a. History of progressive multifocal leucoencephalopathy (PML)
 - b. History of EBV or HHV-8-associated lymphoprolif-

erative disorders (lymphoma and multicentric Castleman's disease)

- c. History of visceral Kaposi's sarcoma
- d. Current advanced human papillomavirus-associated cervical or anal intra-epithelial neoplasia or carcinoma *in situ*.

Where resources are limited these are the most appropriate patients to consider for dialysis programmes as well. However, where resources permit, even HIV-infected patients who do not fulfil the CD4 and viral load criteria or have had recent OIs, but are committed to starting ART and maintaining adherence, may be considered for dialysis. The majority of such patients will subsequently fulfil these criteria when on ART (and when opportunistic infections have been treated).

In addition, in patients with the conditions described in 7b and 7c who are in remission transplantation with subsequent immunosuppressive therapy is inappropriate, but chronic dialysis should be offered for ESRD where possible. This also applies to patients with current advanced human papillomavirus-associated cervical or anal intra-epithelial neoplasia or carcinoma *in situ* (7d) in whom a transplant could be considered once these conditions have been optimally managed.

2.6 SOURCE OF ORGANS

Most units are using both cadaver and live related donors. Because most studies have shown nearly equivalent graft and patient survival with HIV-infected versus non-infected recipients, exclusion of HIV patients from the cadaver list cannot be justified.

Patients should be encouraged to use live related or unrelated donors wherever possible. It is generally considered essential that live donors are fully informed regarding the recipient's HIV status.

It is not currently considered safe to use HIV-infected donors, but little data are available.

2.7 IMMUNOSUPPRESSIVE PROTOCOLS

2.7.1. Induction

Most studies have shown that HIV-infected patients have at least as frequent and more acute rejection than non-HIV recipients. They should all be considered at 'high immunological risk'. It is considered safe to use monoclonal antibodies (basilixumab or dacluzimab), but polyclonal antibody induction therapy (OKT3) should be avoided. Some studies have had beneficial outcomes using thymoglobulin.

2.7.2. Maintenance protocols

It is generally believed that the apparent anti-HIV effects of cyclosporin and mycophenolate mofetil make these preferred first-line immunosuppression together with standard doses of prednisone.

Sirolimus, tacrolimus and azathioprine have been used, but there is very little literature available to support using them as first-line immunosuppression.

Because of interactions between immunosuppressive and antiretroviral drugs, regular drug level monitoring is essential. Once a stable immunosuppressive dose has been achieved the HAART therapy should only be changed under careful supervision.

2.7.3. Acute rejection

A transplant renal biopsy should be considered in all cases of suspected rejection.

Standard high-dose/short-course corticosteroid therapy is considered optimal treatment for acute rejection.

2.8 TRANSPLANT KIDNEY BIOPSY

Many transplant units consider it essential to perform protocol biopsies, and units should inform potential recipients before the transplant that this policy may be adopted. Early biopsy may be indicated for delayed graft function or following an acute decline in renal function, but protocol biopsies should be considered at 1, 3 and 12 months.

2.9 PSYCHOLOGICAL ASSESSMENT AND SUPPORT

All potential recipients should have a full psychological assessment and identified problems should be managed appropriately. Following the transplant, the recipient, live donor and family may also need further support – this is especially true in adolescent patients.

2.10 HAART

Patients must be continued on full therapy following the transplant. It is essential that the transplant unit work with the HIV physician to ensure correct use of all drugs.

- Protease inhibitors (PIs) significantly affect metabolism of cyclosporine, tacrolimus and sirolimus, requiring dose reduction and increased time intervals.
- Efavirenz increases transplant drug requirements.
- Some drugs are antagonistic with mycophenolate and the combination may result in reduced antiviral effects. Stavudine is generally avoided, and zidovudine (AZT) must be used with care, as it shares toxicities with many transplant medications.
- Atazanavir is also usually avoided because of the frequent use of PPIs for acid suppression.

Several published guidelines exist describing interactions between drugs commonly used in HIV-positive recipients and immunosuppressants.

2.11 SPECIAL CONSIDERATIONS IN CHILDREN

- Adequate vaccination is important in children – especially live virus vaccines – prior to transplantation.
- INH prophylaxis is necessary in high-risk TB areas.

APPENDIX I: NATIONAL SOUTH AFRICAN HEALTH GUIDELINES FOR CHRONIC RENAL DIALYSIS

INTRODUCTION

It is the aim of the health services of South Africa to provide all South African citizens and permanent residents equita-

ble access to chronic renal dialysis. Dialysis is a method of removing waste products from the body for patients with kidney failure. The settings where dialysis is undertaken are: Hospitals, satellite units and homes.

These guidelines must therefore be used to make efficient use of limited resources and assist clinicians to decide who should be accepted onto the programme and who should not. Patients who do not satisfy these criteria but who are nevertheless accepted onto a chronic renal dialysis programme in the private sector, should remain the responsibility of the private sector. Kidney transplantation is the choice for many patients, but about a third are not suitable for transplantation and the supply of donor organs is limited.

However, owing to the lack of resources, it has to be accepted that there is a need to set boundaries for medical treatment, including renal dialysis.

OBJECTIVES

The main objectives of the guidelines are as follows:

- To optimise the use of scarce resources.
- To promote cost-effectiveness.
- To promote public/private partnership.
- To improve services to users.

1. PRINCIPLES

Unlike the public sector, renal transplantation should not be the major criterion for acceptance for chronic dialysis in the private sector.

Individual patients with diabetes and patients with acceptable co-morbid conditions may be considered for long-term renal dialysis, although research shows that they do not respond well in the long term.

Patients who satisfy the set criteria and are accepted onto a chronic dialysis programme in the private sector should remain the responsibility of the private sector provider unless there is timeous and specific agreement between the public and private sector to shift the responsibility.

Treatment options for chronic dialysis should be discussed with the patient and the family. They should be allowed to choose the technique that is optimal for the patient with due consideration of medical, social and geographical factors. Treatment that is offered should be cost-effective. In order to make an informed choice the potential impact on the patient's life and that of the family should be explained.

Physical and psychological symptoms related to chronic renal dialysis should be treated appropriately and monitored.

Public-private partnerships should be encouraged as a model for service delivery in chronic renal dialysis.

The service providers must take reasonable measures, within the resources available, to achieve the progressive realisation of the services to be offered.

2. EXCLUSION RATHER THAN INCLUSION CRITERIA SHOULD BE APPLIED FOR THE SELECTION OF A SUITABLE PATIENT

Before it is decided that dialysis is a suitable option for an individual, there should be a full assessment of the patient's health care needs such as economic, social, school and work circumstances. The consequences of long-term dialysis for the patient and their family are significant.

2.1 Medical exclusion criteria

- Active, uncontrollable malignancy or short life expectancy
- Advanced, irreversible progressive disease of vital organs such as:
 - cardiac, cerebrovascular or vascular disease
 - advanced cirrhosis and liver disease
 - medically or surgically irreversible coronary artery disease
 - lung disease
 - unresponsive infections e.g. HPV, hepatitis B and C.

2.2 HIV and AIDS are not medical exclusion criteria provided the patient has access to a comprehensive AIDS treatment plan including antiretroviral treatment and has been stable for at least 6 months and the above exclusion factors are absent.

2.3 Age (provided the above exclusion factors are absent) is not a contraindication to chronic renal dialysis. In the UK the median age of starting renal replacement therapy is 63 years and the median age of the population is 54 years.

2.4 Psychological exclusion criteria

- Any form of mental illness that has resulted in diminished capacity for patients to take responsibility for their actions.
- Active substance abuse or dependency including tobacco use.
- Obesity.

2.5 Compliance

Patients with proven habitual non-compliance with dialysis treatment and lifestyle modification will be excluded or removed from the chronic renal dialysis programme.

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APPENDIX IV. DOSAGE OF ANTIRETROVIRAL DRUGS FOR HIV-INFECTED ADULTS WITH CHRONIC KIDNEY DISEASE (CKD) OR RENAL DISEASE (ESRD) (TABLE 3, DIALYSIS REFERENCE 6, GUPTA SK, et al.)

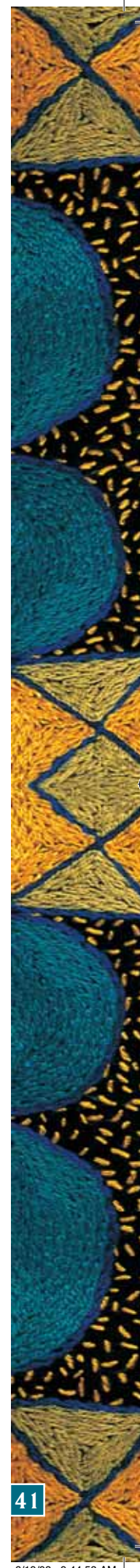
Antiretroviral drug, dosing category	Dosage	Rating*	References
Nucleoside reverse transcriptase inhibitors			
Zidovudine [†]		B-II	[109-116]
Usual dosage	300 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥15 ml/min	No adjustment		
Creatinine clearance <15 ml/min	100 mg po q 6 - 8 h		
Receiving haemodialysis	100 mg po q 6 - 8 h [†]		
Receiving peritoneal dialysis	100 mg po q 6 - 8 h		
Lamivudine [†]		B-I	[117-119]
Usual dosage	150 mg po bid/300 po qd		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥50 ml/min	No adjustment		
Creatinine clearance 30 - 49 ml/min	150 mg po qd		
Creatinine clearance 15 - 29 ml/min	150 mg po first dose, then 100 mg po qd		
Creatinine clearance 5 - 14 ml/min	150 mg po first dose, then 50 mg po qd		
Creatinine clearance <5 ml/min	50 mg po first dose, then 25 mg po qd		
Receiving haemodialysis	50 mg po first dose, then 25 mg po qd [†]		
Receiving peritoneal dialysis	50 mg po first dose, then 25 mg po qd		
Abacavir [§]		B-I	[120]
Usual dosage	300 mg po bid/600 mg po qd		
Dosage for patients with CKD or ESRD			
All creatinine clearances	No adjustment		
Receiving haemodialysis	No adjustment [†]		
Receiving peritoneal dialysis	Unknown, use with caution		
Stavudine immediate release (IR)		B-II	
Body weight ≥60 kg			
Usual dosage	30 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance >50 ml/min	No adjustment		
Creatinine clearance 26 - 50 ml/min	20 mg po bid		
Creatinine clearance ≤25 ml/min	20 mg po qd		
Receiving haemodialysis	20 mg po qd [†]		
Receiving peritoneal dialysis	Unknown, use with caution		
Body weight <60 kg			
Usual dosage	30 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance >50 ml/min	No adjustment		

APPENDIX IV. CONTINUED

Antiretroviral drug, dosing category	Dosage	Rating*	References
Creatinine clearance 26 - 50 ml/min	20 mg po bid		
Creatinine clearance ≤25 ml/min	20 mg po qd		
Receiving haemodialysis	20 mg po qd [†]		
Receiving peritoneal dialysis	Unknown, use with caution		
Body weight <60 kg			
Usual dosage	30 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance >50 ml/min	No adjustment		
Creatinine clearance 26 - 50 ml/min	15 mg po bid		
Creatinine clearance ≤25 ml/min	15 mg po bid		
Receiving haemodialysis	15 mg po qd [†]		
Receiving peritoneal dialysis	Unknown, use with caution		
Didanosine buffered tablets		B-II	[123, 124]
Body weight ≥60 kg			
Usual dosage	200 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥60 ml/min	No adjustment		
Creatinine clearance 30 - 59 ml/min	200 mg po qd		
Creatinine clearance 10 - 29 ml/min	150 mg po qd		
Creatinine clearance <10 ml/min	100 mg po qd		
Receiving haemodialysis	100 mg po qd [†]		
Receiving peritoneal dialysis	100 mg po qd		
Body weight <60 kg			
Usual dosage	125 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥60 ml/min	No adjustment		
Creatinine clearance 30 - 59 ml/min	150 mg po qd		
Creatinine clearance 10 - 29 ml/min	100 mg po qd		
Creatinine clearance <10 ml/min	75 mg po qd		
Receiving haemodialysis	75 mg po qd [†]		
Receiving peritoneal dialysis	75 mg po qd		
Didanosine EC		B-II	[123-125]
Body weight ≥60 kg			
Usual dosage	400 mg po qd		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥60 ml/min	No adjustment		
Creatinine clearance 30 - 59 ml/min	200 mg po qd		
Creatinine clearance 10 - 29 ml/min	125 mg po qd		
Creatinine clearance <10 ml/min	125 mg po qd		
Receiving haemodialysis	125 mg po qd [†]		
Receiving peritoneal dialysis	125 mg po qd		
Body weight <60 kg			
Usual dosage	250 mg po qd		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥60 ml/min	No adjustment		
Creatinine clearance 30 - 59 ml/min	125 mg po qd		
Creatinine clearance 10 - 29 ml/min	125 mg po qd		
Creatinine clearance <10 ml/min	Do not use; use buffered tablets instead		
Receiving haemodialysis	Do not use; use buffered tablets instead		
Receiving peritoneal dialysis	Do not use; use buffered tablets instead		
Emtricitabine		B-II	[127]
Usual dosage	200 mg po qd		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥50 ml/min	No adjustment		
Creatinine clearance 30 - 49 ml/min	200 mg po q 48 h		
Creatinine clearance 15 - 29 ml/min	200 mg po q 72 h		
Creatinine clearance <15 ml/min	200 mg po q 96 h		
Receiving haemodialysis	200 mg po q 96 h [†]		
Receiving peritoneal dialysis	Unknown, use with caution		

APPENDIX IV. CONTINUED

Antiretroviral drug, dosing category	Dosage	Rating*	References
Tenofovir		B-II	[128,129]
Usual dosage	300 mg po qd		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥ 50 ml/min	No adjustment		
Creatinine clearance 30 - 49 ml/min	300 mg po q 48 h		
Creatinine clearance 10 - 29 ml/min	300 mg po q 72 h		
Receiving haemodialysis	300 mg po every 7 days [†]		
Receiving peritoneal dialysis	Unknown, use with caution		
Emtricitabine/tenofovir		C-III	[130]
Usual dosage	200 mg/300 mg po qd		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥ 50 ml/min	No adjustment		
Creatinine clearance 30 - 49 ml/min	One tab po q 48 h		
Creatinine clearance < 30 ml/min	Unknown, should not use combination tablet		
Non-nucleoside reverse transcriptase inhibitors			
Nevirapine		B-II	[131-135]
Usual dosage	200 mg po bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance > 20 ml/min	No adjustment		
Receiving haemodialysis	No adjustment [†]		
Receiving peritoneal dialysis	Unknown, use with caution		
Efavirenz		C-III	[136-138]
Usual dosage	600 mg po qd		
Dosage for patients with CKD or ESRD	No adjustment		
Delavirdine		C-III	[139]
Usual dosage	400 mg po tid		
Dosage for patients with CKD or ESRD	No adjustment		
Protease inhibitors			
Indinavir		C-III	[140, 141]
Usual dosage	800 mg po tid		
Dosage for patients with CKD or ESRD	No adjustment		
Saquinavir soft gel		C-III	[132, 142, 143]
Usual dosage	1 200 mg po tid		
Dosage for patients with CKD or ESRD	No adjustment		
Saquinavir hard gel		C-II	[132, 142, 144]
Usual dosage	600 mg po tid		
Dosage for patients for CKD or ESRD	No adjustment		
Nelfinavir		C-III	[133, 145, 146]
Usual dosage	1 250 mg po bid		
Dosage for patients with CKD or ESRD	No adjustment		
Amprenavir		C-III	[147]
Usual dosage	1 200 mg po bid		
Dosage for patients with CKD or ESRD	No adjustment		
Fosamprenavir		C-III	[148]
Usual dosage	1 400 mg po qd/700 mg po bid		
Dosage for patients with CKD or ESRD	No adjustment		
Ritonavir		C-III	[135, 142, 149]
Usual dosage	600 mg po bid		
Dosage for patients with CKD or ESRD	No adjustment		
Lopinavir/ritonavir		C-III	[150, 151]
Usual dosage	400 mg/100 mg po bid		
Dosage for patients with CKD or ESRD	No adjustment		
Atazanavir		C-III	[152]
Usual dosage	400 mg po qd		
Dosage for patients with CKD or ESRD	No adjustment		



APPENDIX IV. CONTINUED

Antiretroviral drug, dosing category	Dosage	Rating*	References
Entry/fusion inhibitors			
Enfuvirtide		B-II	[153]
Usual dosage	90 mg sc bid		
Dosage for patients with CKD or ESRD			
Creatinine clearance ≥ 35 ml/min	No adjustment		
Creatinine clearance < 35 ml/min	Unknown, use with caution		
*The rating is for the recommendations on dose adjustment for patients with reduced renal function.			
[†] Zidovudine/lamivudine (Combivir; GlaxoSmithKline) should be administered as separate component medications in patients with creatinine clearance < 50 ml/min.			
[‡] Administer either the daily dose or one of the daily doses after haemodialysis.			
[§] Zidovudine/lamivudine/abacavir (Trizivir; GlaxoSmithKline) and lamivudine/abacavir (Epzicom; GlaxoSmithKline) should be administered as separate component medications in patients with creatinine clearance < 50 ml/min.			

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