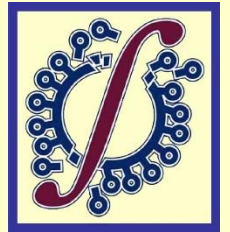


Thinking about numbers: Mathematical models and the control of HIV

Brian Williams



WRHI, Johannesburg and SACEMA,
Stellenbosch, South Africa



SA HIV Clinicians Society Conference 2016
Sandton, South Africa. 13–16 April 2016

The purpose of models is not to fit the data but to
sharpen the question. Karlin, S.

Modelling for modellers

- Stay as close to the data as you can
- Put in as much biology as you can
- Keep it simple

Modelling for non-modellers

- Examine the data carefully
- Question all the assumptions
- Assume that the modellers know what they are doing

The case reproduction number

$$R_0$$

The number of secondary cases you get from one primary case of infection

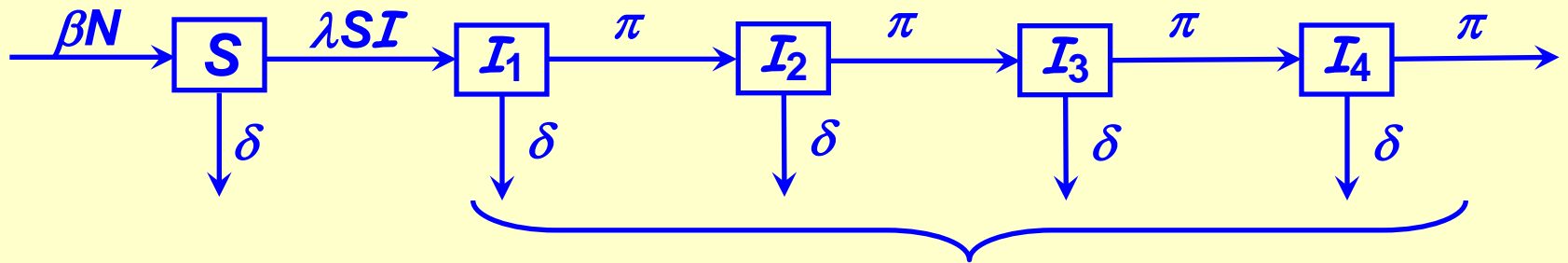
Why is R_0 so important?

1. It tells us if things are getting better or worse
 - $R_0 > 1$: prevalence increases exponentially
 - $R_0 < 1$: prevalence falls exponentially
2. It tells us the magnitude of the control problem. If we reduce transmission by a factor of R_0 we will eventually eliminate the disease.
3. It tells us the expected prevalence if we do nothing and the vaccination coverage needed for elimination

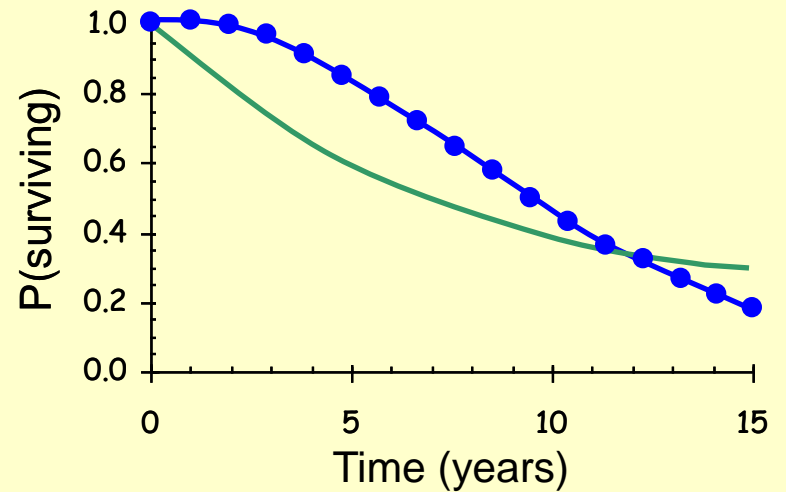
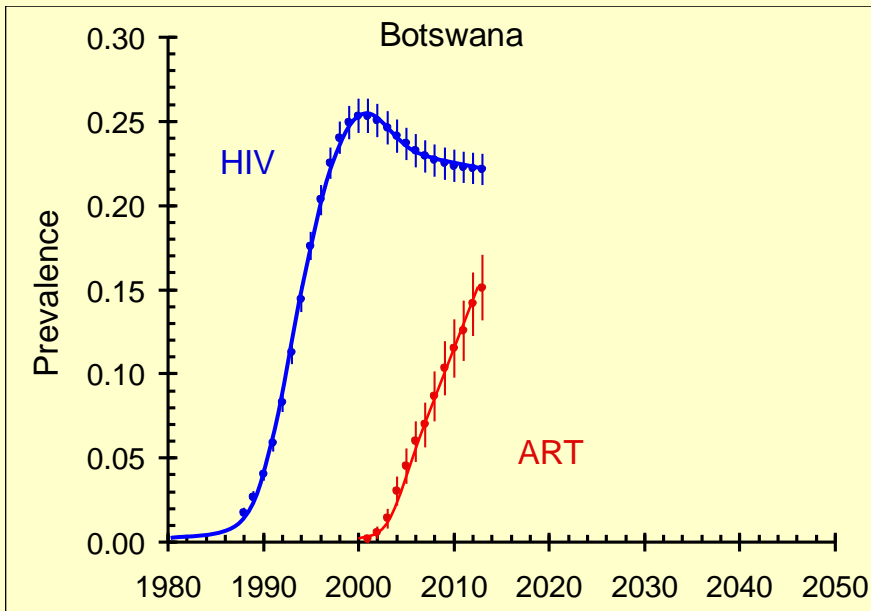
$$P = (R_0 - 1) / R_0$$

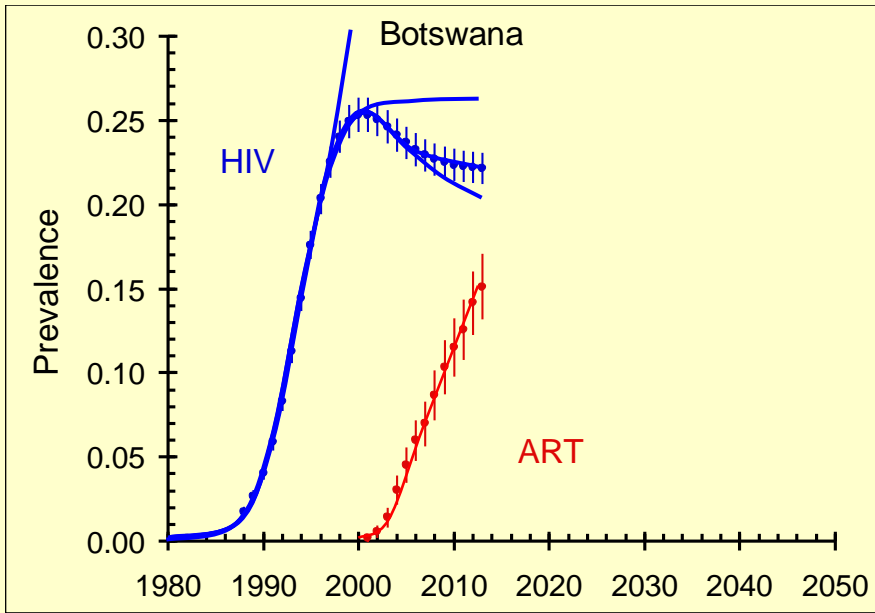
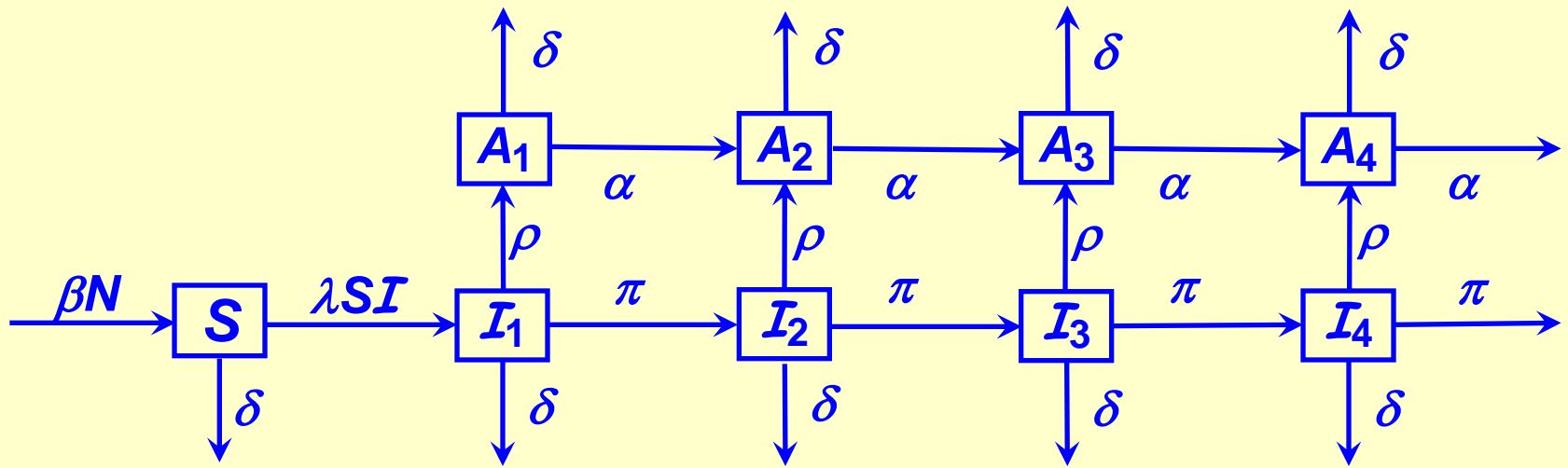
HIV in Botswana

Trends, estimates and projections



4 stages of infection to get the right survival

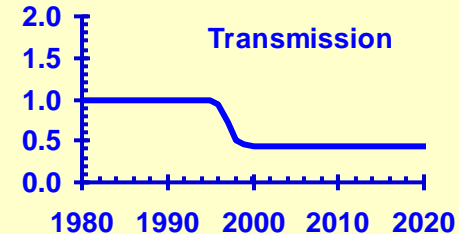




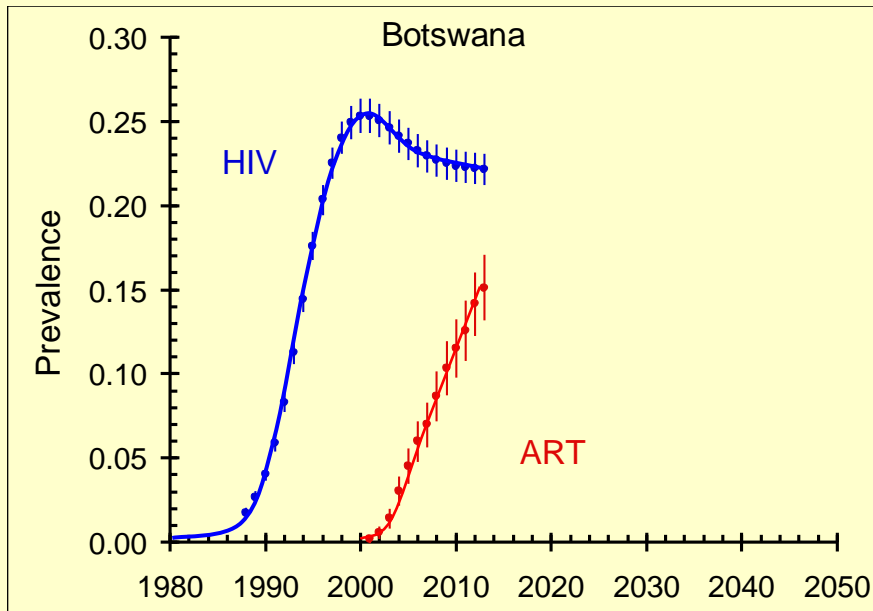
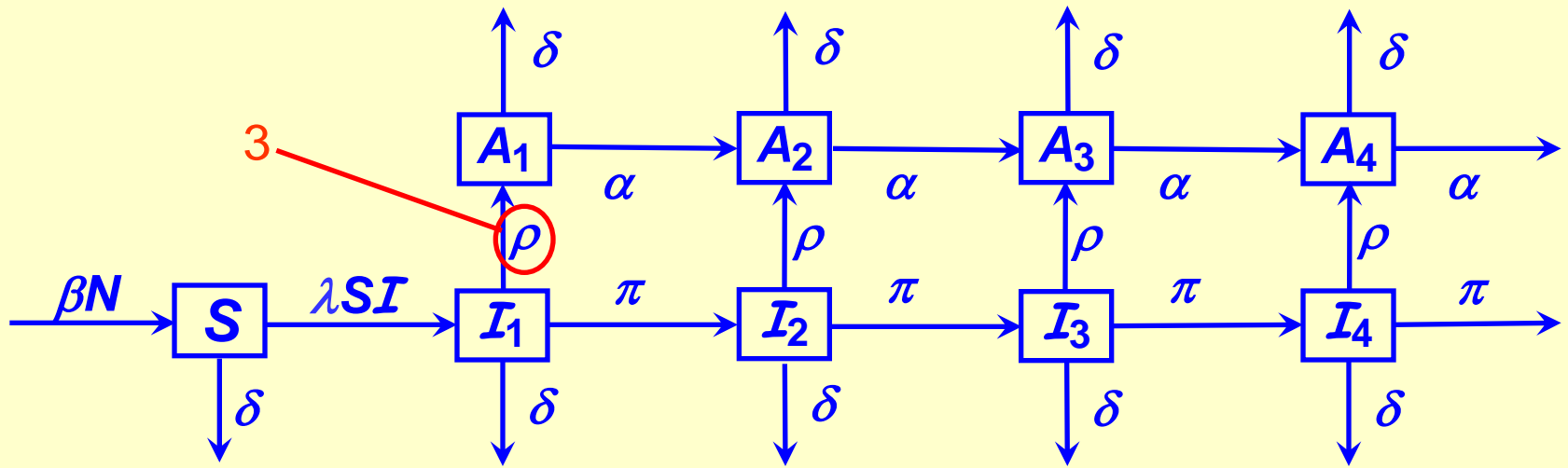
Doubling time ≈ 1.5 yrs
 Life expectancy ≈ 10 yrs
 $R_0 \approx 10/1.5 \approx 7$

Heterogeneity in risk
 $\lambda \rightarrow \lambda \left(1 - \frac{P}{P^*}\right)$

Change in behaviour



Anti-retroviral therapy

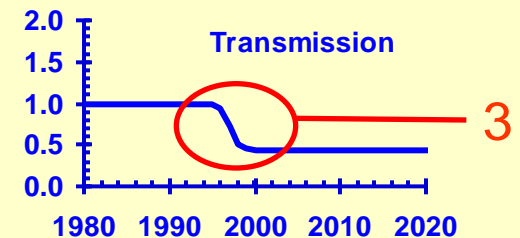


↑ Initial prevalence

Doubling time ≈ 1.5 yrs
 Life expectancy ≈ 10 yrs
 $R_0 \approx 10/1.5 \approx 7$

Heterogeneity in risk
 $\lambda \rightarrow \lambda \left(1 - \frac{P}{P^*}\right)$

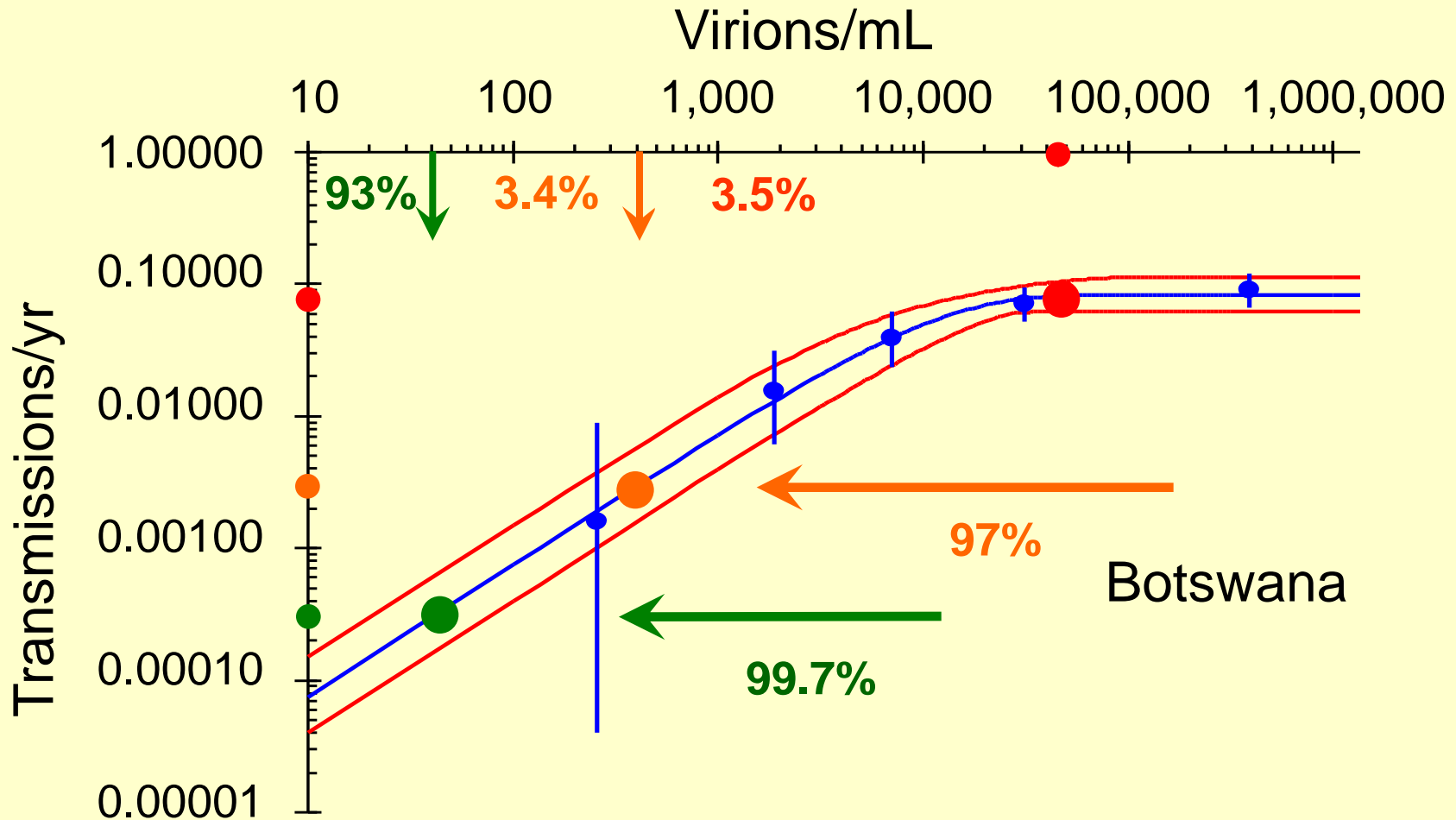
Change in behaviour

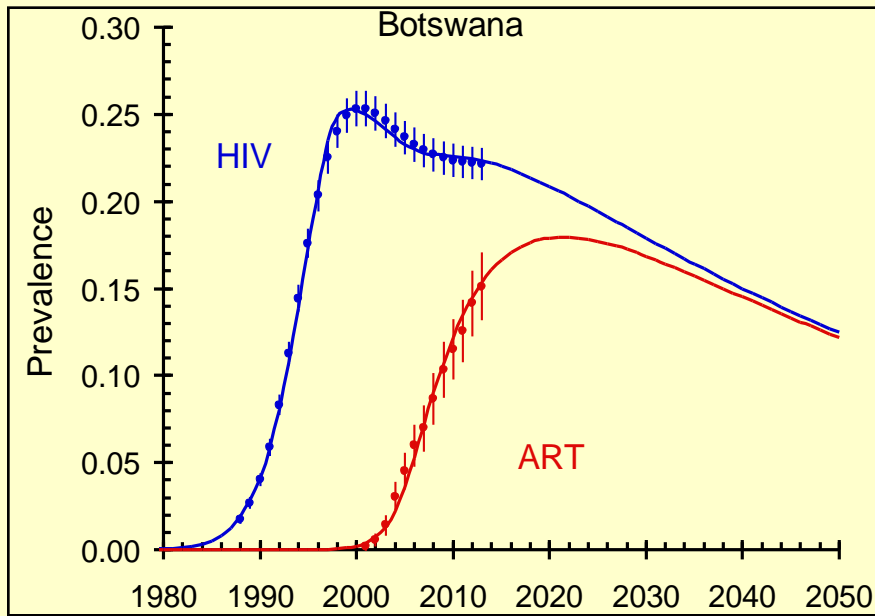
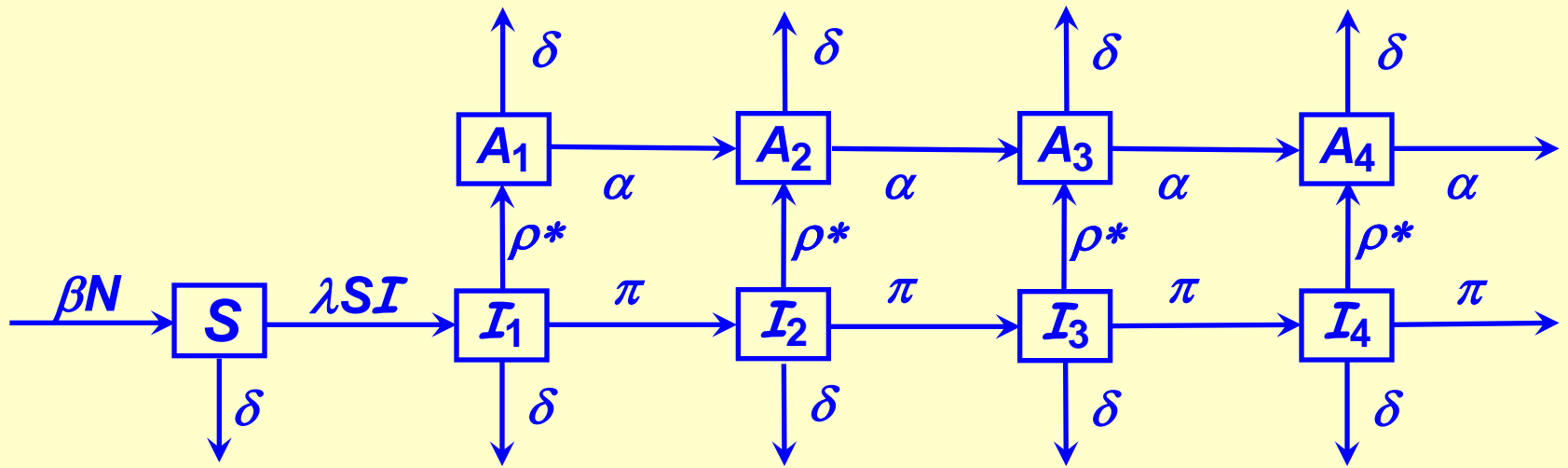


Anti-retroviral therapy

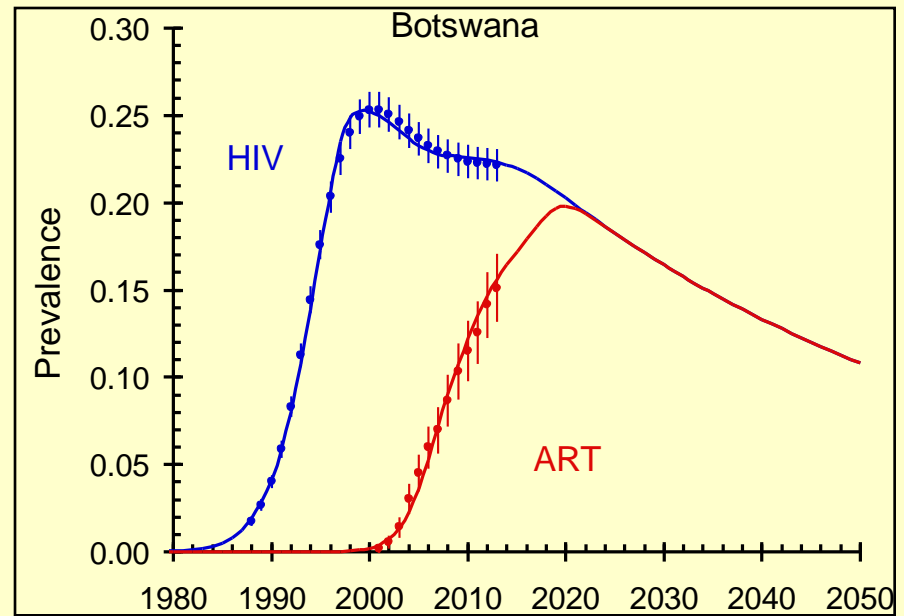
How infectious are people on ART?

Viral load and transmission



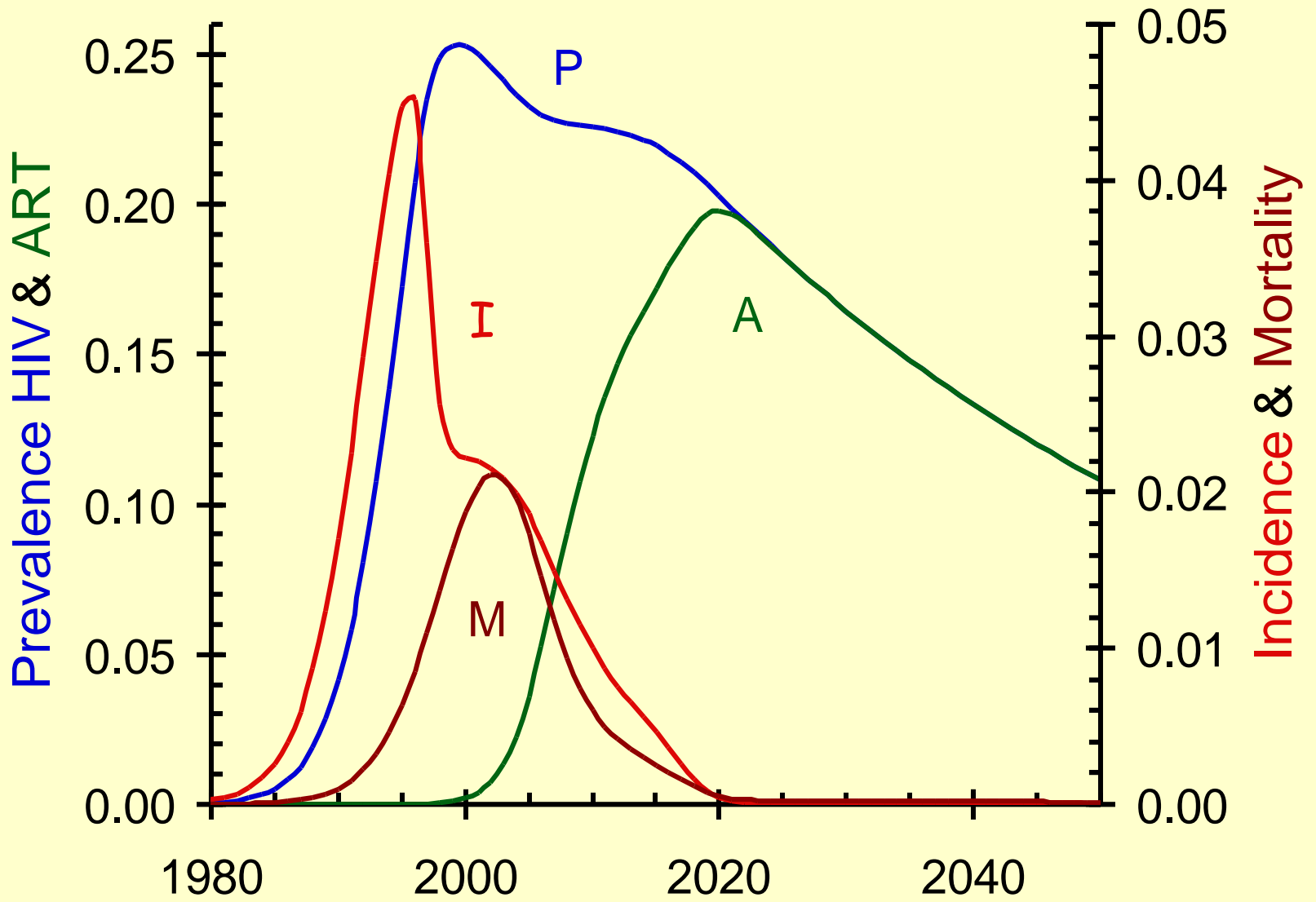


Constant effort



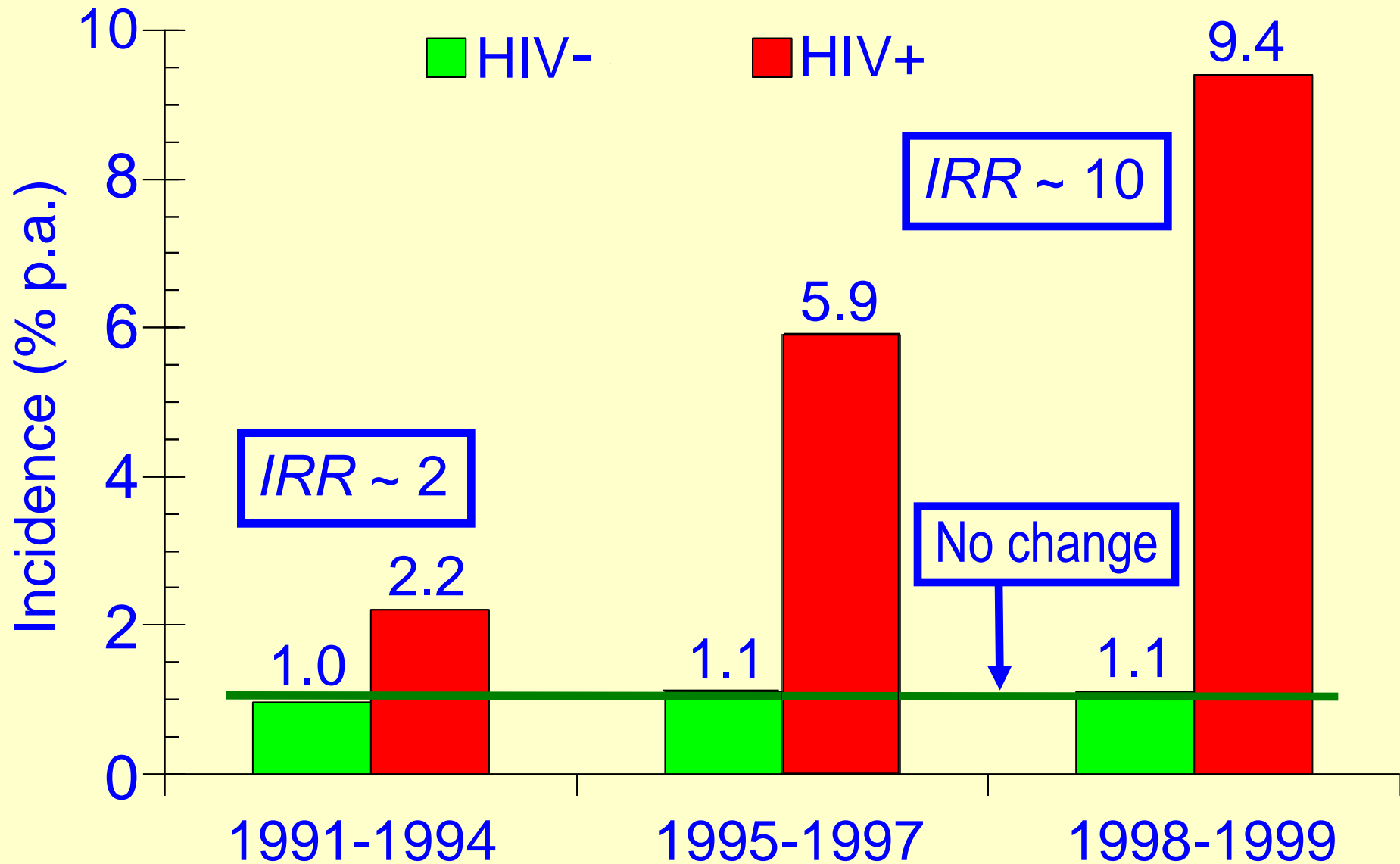
90-90-90 + Prevention

Botswana

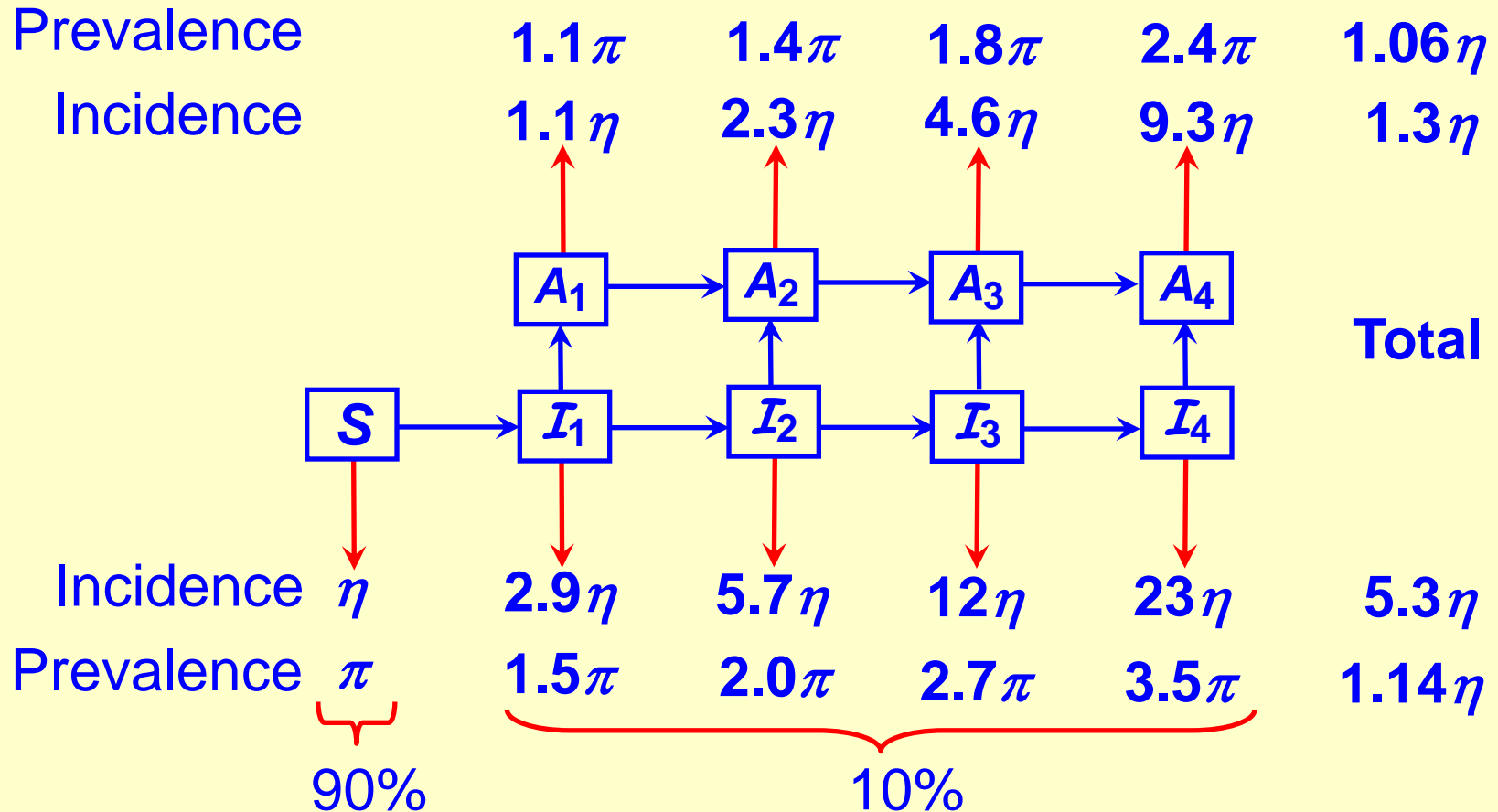


What does HIV do to TB?

TB and HIV: Gold Miners in South Africa



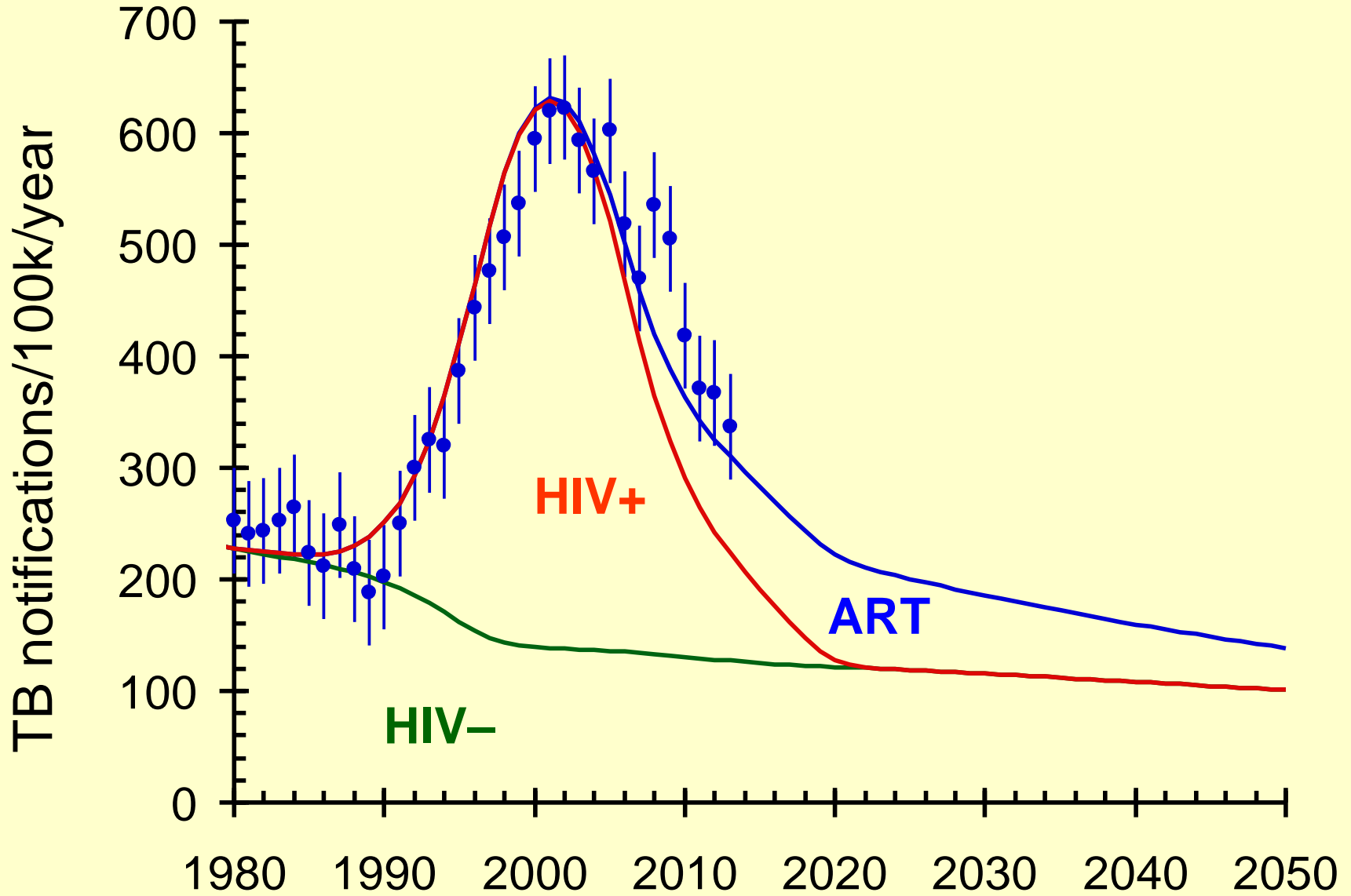
Impact of HIV and ART on TB



Three variable parameters: Incidence pre-HIV, rate of increase with HIV-progression, reduction in disease duration

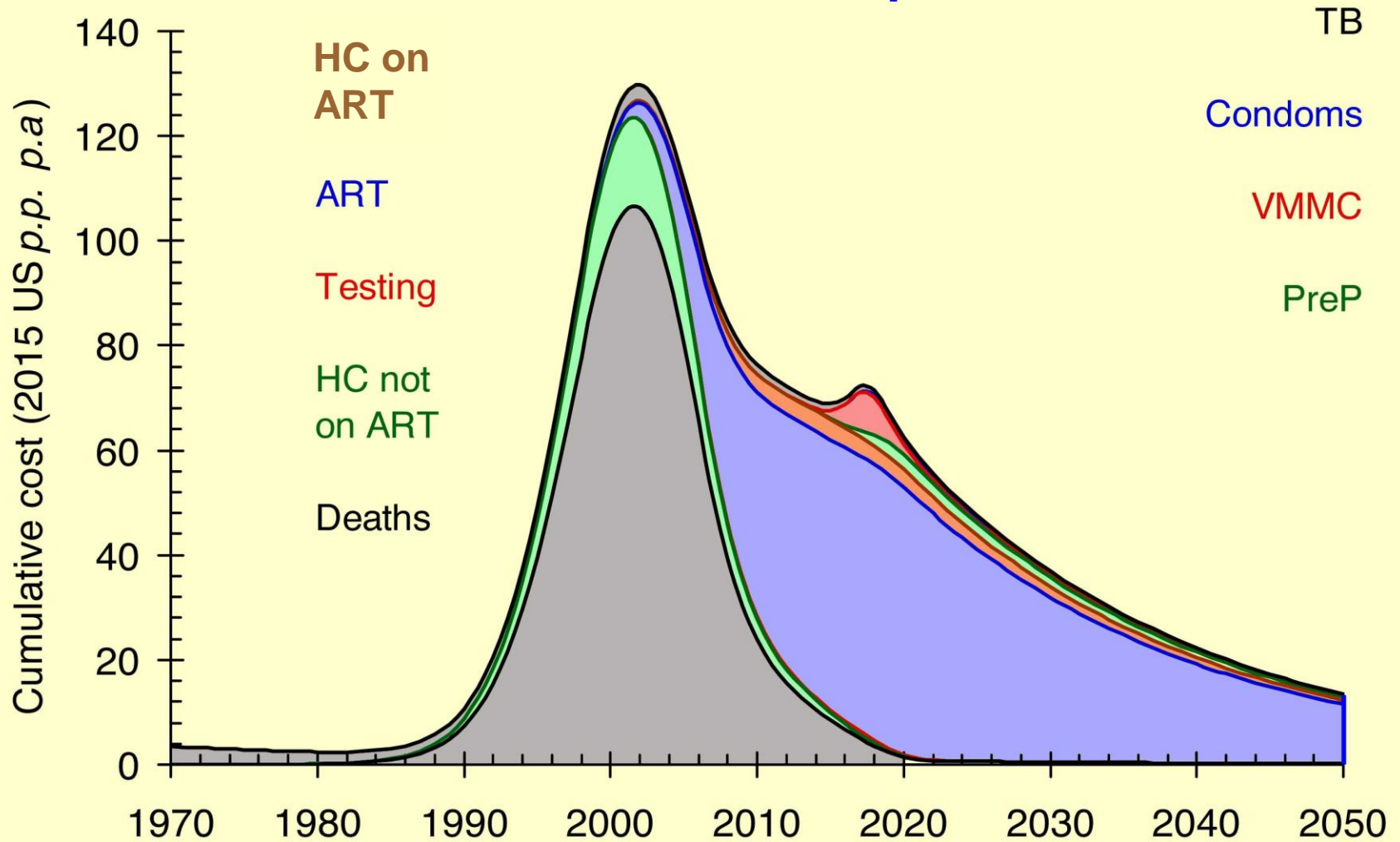
Botswana

TB



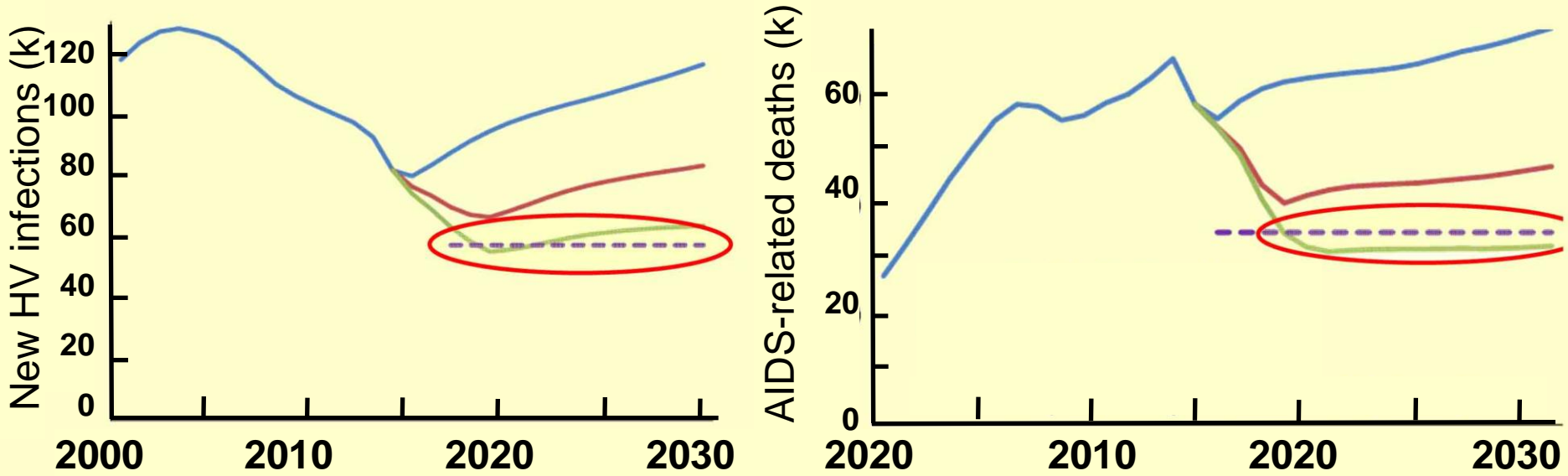
Botswana

Cost of treatment and prevention



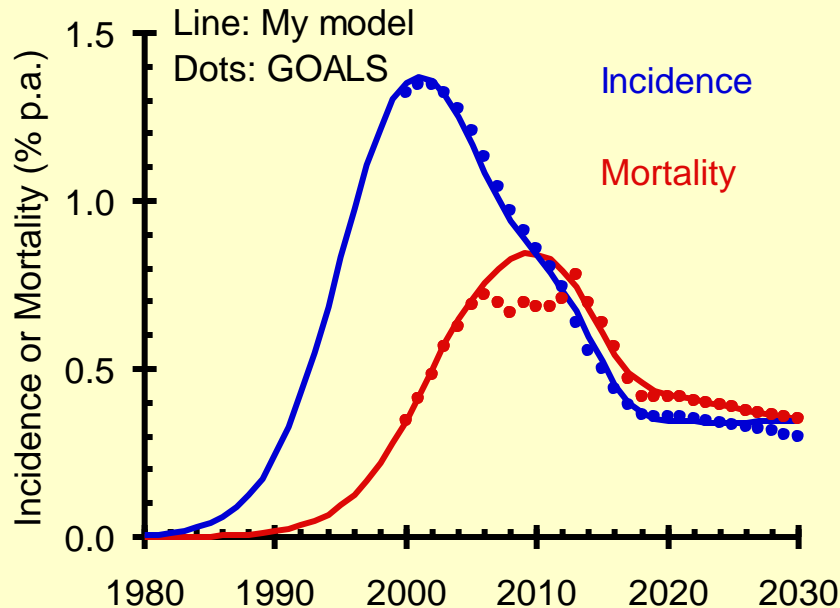
US\$1.5 Bn 2016 to 2030 or US\$150 M *p.a.*

Impact of treatment and prevention in Mozambique



Constant coverage Current targets Accelerated scale-up

GOALS model ART
50% coverage
20% as infectious



My model ART
65% coverage
35% as infectious

Thank you